KwLl.wkÿv wkÿY- 2

†Kvm †KvW :EDBN- 2532

e¨v‡Pj i Ae GW‡fKkb (weGW) †cvMvg

gwWDj : 4 Ges 5

iPbv

mydqv †eMg
W. G Gm Gg †Mvjvg giZve
W. †gv: Avey‡Zv‡je
†invbv †eMg
Av‡bvqviv Lvbg

m¤úv`bvq

†invbv †eMg

TQI Working For Quality	¯‹zi Ae GW‡fKkb evsjv‡`k D›gy³ wekwe`¨vjq	evsjv‡`k D›gy³ wekwe`¨vjq

KwLl.wkÿv wkÿY- 2

†Kvm †KvW : EDBN- 2532

weGW †cvMvg

c_g gyÝY
GwcÖj, 2009
c_g cwigvwRZ ms¯‹iY
†m‡Þ¤i, 2010
cÖv: gyÝY
b‡f¤i, 2011
gvP, 2013

© evsjv‡`k Dbœ³ wekwe`¨vjq

ISBN-984-34-0090-9

cKvkbvq
cKvkbv, gyÝY I weZiY wefvM
evDwe, MvRxcÿ-1705|

gyÝ‡Y
Avj-Kv‡`i Ad‡mU wc›Uvm
57, üwl‡Kk `vm †ivW m‡Îvcÿ
XvKv-1100|

fwgKv

Ávb I `ÿZvi cZxqZ-ccÂ mZZ cwieZbkxj| AvR‡Ki Ávb I `ÿZv fweI¨‡Zi P¨v‡jÄ †gvKv‡ejvq h‡_ó n‡e bv- GUvB ¯'vfweK| GRb¨ c‡qvRb cwZwbqZ G †ÿÎmg‡ni bevqb I AvaywbKxKiY|

wkÿv I wkÿK cwkÿY Kgm¨Pi cwZôvwbK avivi G Dcgnv‡`‡k cvq `ßi kZ eQi a‡i P‡j Avm‡Q| AZx‡Zi G wkÿv`vb c×wZ wQj A‡bK‡ks‡k ¸i“ Z_v wkÿK‡K»`K| wkÿv`v‡bi G avivi Ggb Kx wesk kZvãxi †kl cvš chš P‡j Avm¨Qj| eZgv‡b G wPšÍavivi e¨vcK cwieZb N‡U‡Q| AvaywbK wkÿv`vb c×wZ wkÿv_x‡K»`K I Kgw fËK| GQvovI wkÿY-wkLb wel‡q weke¨vcx wbZ¨ bZzb wPšÍavivi D™e NU‡Q| we‡ki wewfb †`‡k G¸‡jv Abymv‡e n‡"Q| evsjv‡`‡k Gi ceZb GLb mg‡qi `vex|

Gme AvaywbK wekRbxb wPšÍaviv‡K evsjv‡`‡ki wkÿv e¨e¯'vq ceZ‡bi gva¨‡g wkÿvi gv‡bvbq‡bi j‡ÿ¨ miKvi e¨vcK D‡`¨vM MnY K‡i| Gi avivewnKZvq 2005 mv‡j MÖnxZ nq Teaching Quality Improvement in Secondary Education Project (TQI-SEP)| G cK‡íi Ab¨Zg D‡Ïk¨ nj gva¨wgK wkÿK cwkÿY Kgm¨Pi gvb Dbqb I AvaywbKvq‡bi gva¨‡g gva¨wgK we`¨vj‡qi wkÿY-wkL‡bi gv‡bvbqb| †Kbbv GKgvÎ AvaywbK gvbm¤úb cwkÿZ wkÿ‡Ki gva¨‡gB gvbm¤úZ wkÿv`vb m¤úe|

gva¨wgK wkÿK cwkÿY Kgm¨Pi gv‡bvbq‡b B‡Zvc‡e †mwmc cK‡íi AvIZvq weGW wkÿvµ‡g e¨vcK cwieZb mvab Kiv nq| cYqb Kiv nq AvaywbK I wekgv‡bi wkÿvµg| wUwKDAvB-†mc cK‡íi D‡`¨v‡M 2006 mvj †_‡K G wkÿvµg RvZxq wekwe`¨vj‡qi gva¨‡g mKj miKwi I †emiKwi wUwUwm-†Z ev¯'ewqZ n‡q‡Q| miKv‡ii wm×vš Abymv‡i GKB mv‡_ Zv evsjv‡`k D¤§³ wekwe`¨vj‡q (evDwe) `¨wkÿ‡Yi gva¨‡gI ev¯'evq‡bi D‡`¨vM MnY Kiv nq| G j‡ÿ¨ 2008 mv‡j evDwe I wUwKDAvB-†mc cK‡íi g‡a¨ GKwU Pz³ ¯'ÿwiZ nq| G Pz³ Abyhvqx evsjv‡`k Db¥³ wekwe`¨vj‡q ¯'¦i Ae GW‡Kkb 2008-2009 wkÿvel †_‡K GKB wkÿvµ‡gi Aax‡b we GW †cvMvg cwiPvjbv Ki‡Q|

eZgv‡b `¨wkÿ‡Y weGW †cvMv‡gi wkÿv_xiv g‡Lvg‡L weGW †cvMv‡gi wkÿv_x‡`i mv‡_ Awfb wkÿvµ‡gi gva¨‡g GKB gv‡bi weGW wWM ARb Kivi mgvhvM cv‡"Q| G †cvMv‡gi GKwU D‡jL‡hvM¨ Ask G cvV mvgMx| eZgv‡b Dfq avivq GKB cvVmvgMx Pvjyi‡q‡Q| ¯'¦i Ae GW‡Kkb Ges wUwKDAvB-†mc Gi mswkó Rb K‡Vvi cwik‡gi gva¨‡g G cvVmvgMx cYqb K‡i‡Qb| GRb¨ Zuiv cksmvi `we`vi|

G cvVmvgMx‡Z wkÿY-wkL‡bi AvaywbK I wekgv‡bi wPšÍavivi cwZdjb NUv‡bvi cqvm Pvjv‡bv n‡q‡Q| Avkv Kiv n‡"Q Gi gva¨‡g evsjv‡`‡k hyMvc‡hvMx gvbm¤úb `ÿ wkÿKgÐjx ^Zwi Kiv m¤e n‡e hviv evsjv‡`‡ki gva¨wgK wkÿvi gv‡bvbq‡b `ÿ I BwZevPK fwgKv ivL‡e|

†gvt bRi¤^j Bmjvg
cKí cwiPvjK (hyM¥ mwPe)
wUwKDAvB-†mc
wkÿv gš¿Yvjq, XvKv|

c‡dmi W. mybxj Kwš† `
Wxb(fvicvß)
¯'¦i Ae GW‡Kkb
evsjv‡`k D¤§³ wekwe`¨vjq

cvV wb‡`kbv

wcq cwk¶Yv_x,

`iwk¶Y gva¨‡g weGW †cvMv‡g fwZ nIqvi Rb¨ Avcbv‡K ¯’vqx Ae GWfKkb AvšÍwiK Awfb›`b Rvbv‡”Q| ÔKwL.wk¶v wk¶Y-2Õ eBwU ¯’vqx Ae GWfKkbi weGW †cvMv‡gi GKwU ˆbevPwbK †KvmeB| wk¶‡Ki mvnvh¨ QvovB Avcbvi hv‡Z wb‡R c‡o eBwU e¨envi‡Z cv‡ib †mRb¨ †Kvm eBwUi Awí½K I Dc¯’vcbv cPwjZ cvV¨eB †_‡K wKQzev wfb|

G eBwUi cvV¨e¯‡K cwPwU BDwb‡U fvM Kiv n‡q‡Q| c‡Z¨KwU BDwb‡U Avevi GKwaK Awa‡ekb i‡q‡Q|

ÔKwL.wk¶v wk¶Y-2Õ †Kvm eBwU cvV I Abykxj‡b Avcbvi Kiv Yxq Kx?

- *¯’wkLb c×wZi gva¨‡g wk¶v_x wbR `wq‡Z wb‡Ri myeavg‡Zv mg‡q †kLvi Kv‡R wb‡qwRZ nb| e¯Z G D‡Ïk¨‡K mvg‡b †i‡LB ¯’vqx Ae GWfKkb-Gi weGW †cvMv‡gi wewfb †Kv‡mi eB¸‡jv iwPZ| G‡Z fveMZ HK¨ i¶v K‡i cv‡Vi welqe¯‡K KZ¸‡jv BDwb‡U fvM Kiv n‡q‡Q| Avevi BDwbU¸‡jv‡K KZ¸‡jv Awa‡ekb fvM Kiv n‡q‡Q| cwZwU Awa‡ekb cv_wgKfv‡e GKevi co‡Z Avcbvi 45/90 wgwbU mgq jvM‡e e‡j a‡i †blqv n‡q‡Q| cwZwU BDwb‡Ui †k‡l Avcwb wb‡RB wb‡Ri cv‡Vi AMMwZ g‡¨vqb Ki‡Z cvi‡eb| GRb¨ cv‡Vi †k‡l i‡q‡Q g‡¨vqb ckgvjv|*

- **we GW †cvMv‡gi †KvmeB covi mgq Kx Kx Kv‡Ri Ici ¸i“Z w`‡Z n‡e?**
  - *cvV I cv‡VvËi g‡¨vq‡bi ck¸‡jvi DËi wb‡R wb‡R Ki“b| Avcbvi DË¸‡jv mwVK nj wK bv, Zv cv‡Vi †k‡l †`Iqv ÔÔm¤ve¨ DËiÕÕ †`‡L hvPvB K‡i wbb|*
  - *cvV I cv‡VvËi g‡¨vq‡bi me¸‡jv c‡ki DËi mwVK n‡j cieZx BDwb‡U GwM‡q hvb|*
  - *Avcbvi DË¸‡jv mwVK bv n‡j cvV¸‡jv Avevi cob| cov †kl n‡j cv‡VvËi g‡¨vq‡bi ck¸‡jvi DËi Ki“b| DËi mwVK n‡j ci ci cv‡V GwM‡q hvb|*
  - *†Kvb cv‡V me¸‡jv c‡ki DËi mwVK bv n‡j †m cv‡Vi wb`ó Ask Avevi cob| Gfv‡e cwZwU BDwb‡Ui cvV¸‡jv †kl Ki“b|*

eBwU‡Z †h mg¯– wb‡`kbvg‡K wPý e¨eüZ n‡q‡Q †m¸‡jv n‡jv:

	Avewk¨K cvV		*c‡ei KvR*
	cv‡VvËi g‡¨vq‡bi ckgvjv		*m¤ve¨ DËi*

- **cvV mnvqK Avi Kx Kgm¨P i‡q‡Q we GW †cvMv‡g?**
  - *¯’vqx Ae GWfKkb GB eBwU QvovI ¯’vbxq ÷wW †m›Uv‡i Avcbvi Rb¨ cwZ mßv‡n wUD‡Uwiqvj Awa‡ek‡bi e¨e¯v MnY K‡i‡Q| Gme Awa‡ek‡b †hvM w`‡q Avcwb eBwU co‡Z wM‡q †Kvb mgm¨vq co‡j †m wel‡q c‡qvRbxq civgk I wb‡`kbv MnY Ki‡Z cv‡ib| Z‡e Avcbv‡`i c‡qvRb n‡j wUDUi ¸i“Zc¥ Awa‡ekb¸‡jv †kYxK‡¶ cwk¶K-cwk¶Yv_x gyLvgyL †KŠk‡jI cwiPvjbv Ki‡Z cv‡ib|*
  - *GQvov ¯’vqx Ae GWfKkb †eZvi I wUwf‡Z cwZ mßv‡n Avcbvi Rb¨ cvV¨ welqe¯‘wfËK Awa‡ek‡bi e¨e¯v MnY K‡i‡Q| Avcwb wbawiZ mg‡q N‡i e‡m Gme Awa‡ek‡b AskMnY Ki‡Z cv‡ib|*

mwPcÎ

BDwbU	Awa‡ekb	we‡qe¯	cô
		wkLb-wk¶Y mvgMx Ges wk‡¶vcKiY msMn I Dbqb	
	1	¯ígª‡j¨i Ges wbtLiPvq wk¶Y-wkLb DcKiY msMn I Dbqb	09
5	2	Kwl.Lvgvi, evMvb I Kwl.e¨emv cwi`kb	20
	3	Ab¨vb¨ cvV¨cy–K, Ab¨vb¨ wk¶Y-wkLb mvgMx, wfwWI, †Uwjwfkb, B›Uvi‡bU	36
		wk¶Y-wkLb Kvhµ‡g gª¨hvPvB mgwšZ Kiv	
	4	Kwl.wk¶v wk¶Y-wkL‡b gª¨hvPvB-Gi fwgKv t Avbôvwb K I Abvbôvwb K	55
	5	Kwl.wk¶v wk¶Y-wkL‡b gª¨ hvPvB‡qi fwgKv t MvVwbK, cwš–K I ¯‹zwfwËK (SBA)	70
6	6	gª¨hvPvB Kv‡Ri cwimi Dbqb	84
	7	ck Kiv I †jLv hv e¨w³MZ Ges †eŠw×K `¶Zv cwZôv Ki‡e	102
	8	ck Kiv I †jLv hv g‡bvfve Ges gª¨‡eva cwZôv Ki‡e	119
	9	gª¨hvPvB G e¨envh Kgmgn- mZx_ ch‡e¶Y Abykxj‡bi gva¨‡g hvPvB K‡i †`Lv	130
	10	gª¨hvPvB Aš–f¨³Ki‡Y wbw`ó wel‡qi Dci cvV`v‡bi Rb¨ cvV cwiKíbv	141
	11	gª¨hvPvB Aš–f¨³Ki‡Y wk¶vµ‡gi wbw`ó wel‡qi Dci cvV cwiKíbvi chv‡jvPbv	153
		Kwl.wk¶v †kYxi mKj wk¶v_xi Pwn`v ci‡Yi Dcvq	
	12	wk¶v Kvhµ‡g Kwl.weÁv‡bi wbR¯ Ávb c‡qv‡M cwk¶Yv_x‡`i mvg_ †Rvi`viKiY	171
	13	wk¶v_x‡`i we`¨gvb avivYv kbv³KiY I we‡kl‡Y MVbKvjxb gª¨hvPvB‡qi c‡qvM	181
7	14	wkLb ÿgZvi ¯vZš e¨vL¨vKiY I `jxq KvR	193
	15	mZx_ wk¶Y I m¤cmwiZ KvR	200
	16	evjK ewjKv Df‡qi wk¶v Mn‡Y mnvqZv Kiv I AvM‡ni cÿvcyi Zwß.mva‡bi cwiKíbv	209
	17	Abyk¶‡Yi gva¨‡g wk¶Y-wkLb c×wZ I †KŠkj cwiKíbvi ci×¶Y	218
	18	QÙ wk¶Y I djveZ‡bi gva¨‡g wkLb c×wZ I cwiKíbvi ci×¶Y	227

BDwbU	Awa‡ekb	welqe¯	cô‡v
		†kYx I AMMwZ Afx¶v cYqb Ges b¤i c`vb t b¤i c`v‡bi gvb`Û wbaviY	
	19	†kYx I AMMwZ Afx¶v cYqb Ges b¤i c`vb t b¤i c`v‡bi gvb`Û wbavi Y	239
8	20	we`¨vjq cix¶vq ckcÎ cYqb I b¤i e›Ub t b¤i c`v‡bi mwP, c`Ë b¤i hvPvBKiY I ms‡kvab|	252
	21	wk¶v_x‡`i djvdj msi¶Y I Zv‡`i ARb cwiex¶Y	265
	22	Gm Gm wm cix¶vq Kwl.wk¶v wel‡qi ckcÎ AZxZ I bgybv cix¶v Ges ¯Zš ck chv‡jvPbv	277
	23	Kwl.wkÿv cybt Aa¨q‡bi Dcvq	282
		Kwl.wk¶vi cvV-`¶Zv t mgvb I wkLb Af¨vm	
	24	Kwl.wk¶vi cvV `¶Zv t mgvb I wkLb Af¨vm	293
	25	Kwl.wk¶vi cvV `¶Zv t Kwl.wk¶v cybtAa¨q‡bi Dcvq	298
9	26	Kwl.wkÿvq †ckvMZ gvb Dbqb	303
	27	Kwl.wkÿvq Ávb I `ÿZv Dbqb	310
	28	KgmnvqK M‡elYvq cwZdjb c×wZ	318
	29	Kwl.wkÿv wkÿ‡Y Am‡ej I DB‡U‡Ki wkLbZ‡Ëi c‡qvM	324
	30	Kwl.wkÿv AR‡b AskMnYg~jK wk¶Y-wkLb c×wZ m¤ú‡K avivYv I cvi`wkZv ARb	329
		MšcwÄ	**336**

BDwbU 5
wkÿY-wkLb mvgMx Ges wk‡ÿvcKiY msMn I Dbqb

Awa‡ekb-1 : ¯ígª‡j¨i Ges wbtLiPvq wk¶Y-wkLb DcKiY msMn I Dbqb

Awa‡ekb-2 : KwLL.Lvgvi, evMvb I KwLL.e¨emv cwi`kb

Awa‡ekb-3 : Ab¨vb¨ cvV¨cÿ–K, Ab¨vb¨ wk¶Y-wkLb mvgMx, wfwWI, †Uwjwfkb, B›Uvi‡bU

¯ígš¿j¨i Ges wb:LiPvq wk¶Y-wkLb DcKiY msMn I Dbqb

fwgKv

AwaK msL¨K B»`q‡K wk¶vi Kv‡R e¨envi Ki‡Z cvi‡j wk¶v_x‡`i wk¶v e¨vcKfv‡e djcm¬nIqvi m¤vebv mÿó nq| mvaviYZ ejv n‡q _v‡K, "A seen thing is better than a heard thing." GB Seen thing Gi †¶‡Î wk‡¶vcKiY e¨vcK Ae`vb ivL‡Z cv‡i| evsjv‡`‡ki gZ `wi` I Dbqbkxj †`k¸‡jv‡Z wk¶v_x‡`i wk¶v`v‡bi †¶‡Î AwaK g‡j¨i wk‡¶vcKiY e¨envi Kiv m¤e nq bv| ZvB wk¶v Kvhµg‡K cwiPvjbv Kivi Rb¨ ¯ígš¿j¨i I wb:LiPvq wk¶Y-wkLb DcKiY msMn I Dbq‡bi Rb¨ wk¶K‡K fve‡Z nq| GKRb Kwl.wk¶v wk¶‡Ki gj- KvR n‡jv welqe¯‡K h_vm¤e nv‡ZKj‡g Kv‡Ri gva¨‡g cvYeš– K‡i wk¶v_x‡`i †kLvi g‡Zv ¯v"Q›`gq cwi‡ek ˆZwi K‡i †`qv| ¯ígš¿j¨i wk¶Y-wkLb DcKiY m¤ú‡K Kwl.wk¶v wk¶‡Ki cwi"Qb avivYv _vK‡j, ¯ígš¿j¨i I wb:LiPvq wk¶v DcKiY msMn, ˆZwi I e¨env‡ii c_ Ges c×wZ Rvbv _vK‡j Kwl.wk¶v Kvhµg mdj nIqvi m¤vebv mÿó nq|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- ¯ígš¿j¨i wk‡¶vcKi‡Yi avivYv e¨vL¨v Ki‡Z cvi‡eb Ges Gi c‡qvRbxqZv wbi¦cY Ki‡Z cvi‡eb|
- Kwl.wk¶v wk¶Y-wkL‡b ¯ígš¿j¨i Ges wb:LiPvq e¨envi‡hvM¨ wk‡¶vcKi‡Yi ZwjKv c¯Z Ges Zv msMn Ki‡Z cvi‡eb|
- nv‡ZKj‡g ¯ígš¿j¨i wk‡¶vcKiY ˆZwi Ki‡Z cvi‡eb|

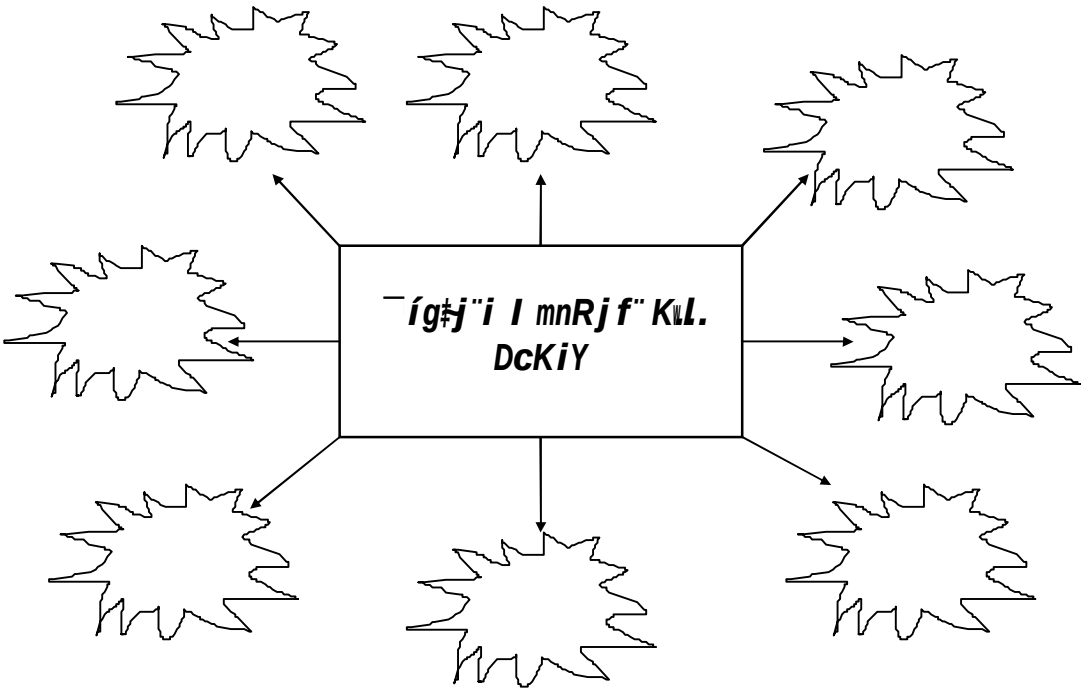
cemgn-

ce-K: ¯ígi¨ wk¶vcKi¨Yi avivq I c¨qvRbxqZv wbi¦cY

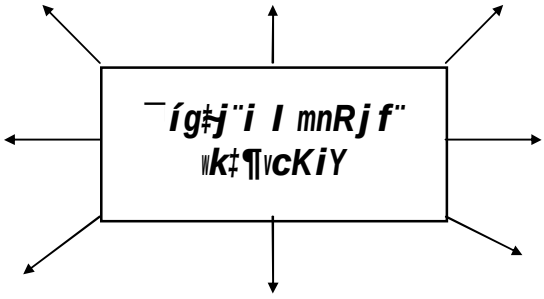
†hme DcKiY Aí Li¨P, mnR Dcv¨q c¯Z Kiv hvq ev mn¨R msMn Kiv hvq ev webvgi¨/bvggvÎ gi¨ cvIqv hvq †mme DcKiY¨KB ¯ígi¨ I mnRjf¨ DcKiY ejv hvq|

wk¶v_x eÜzv, wb¨Pi Aw¼Z wP¨Î 8wU ¯ígi¨ I mnRjf¨ Kwl.DcKi¨Yi bvg wjLby Ges K¨qKwU `ÿf Kwl.DcKi¨Yi bvg wjLby|

wk¶v_x eÜzv, evsjv¨`¨ki gZ ¯¨ívbZ I `wi` †`¨k ¯ígi¨ wk¨¶vcKi¨Yi e¨vcK c¨qvRbxqZv i¨q¨Q| ¯ígi¨ wk¨¶vcKiY wk¶v_x¨`i mwókxj g¨bv¨fve ˆZwi I D™vebx ¶gZvi weKv¨k mnvqK fwgKv cvjb K¨i|



wb‡Pi wP‡Î ¯ígv‡j¨i wk‡¶vcKi‡Yi K‡qKwU c‡qvRbxqZv D‡j-L Ki“b :



ce-L: KwL.wk¶v wk¶Y-wkL‡b ¯ígv‡j¨i I wb:LiPvq e¨envi‡hvM¨ wk‡¶vcKi‡Yi ZwjKv c¯Z Ges Zv msMn Kiv

RvZxq wk¶vµg I cvV¨cÖK †evW 1997 mvj †_‡K evsjv‡`‡ki gva¨wgK ¯–‡ii mßg †kYxi wk¶v\_x‡`i Rb¨ KwL.wk¶v bvgK GKwU cvV¨cÖK ceZb K‡i‡Q| cÖK wU cwPwU Aa¨vq i‡q‡Q| Aa¨vq¸‡jv chv‡jvPbv K‡i welqwfwËK m¯–v I mnRjf¨ †hme DcKiY ˆZwi Ges msMn Kiv hvq Zvi GKwU ZwjKv cYqb Ki“b| wb‡P GKwU D`vniY †`qv n‡jv—

mßg †kYxi welqwfwËK wk‡¶vcKiY :

welqe¯	D™veb‡hvM¨ / msMn‡hvM¨ DcKiY
D`¨vb dmj	PvU / bgybv Dw™` (msMn)
exR	
A½R we¯–vi	
d‡ji Pvl	
dzji Pvl	
Mvfxcvjb	

Iô †kYxi KwI.wk¶v eB‡qi ¯í Li‡P I mnRjf¨ wk¶v DcKiY¸‡jvi Zwj Kv ˆZwi Ki“b| wb‡P GKwU D`vniY †`qv n‡jv :

- gwUi MVb Dcv`vb —— g‡Wj / PvU
- Dw™‡`i cyó Dcv`vb I †kYx wefvM ——
- wewfb cKvi mvi ——
- K‡¤úv÷ mvi ——
- kvK- mewR ——
- wewfb cKvi wfUvwgb ——
- Drcv`b †gŠmgwfwËK †kYxwefvM ——
- exRZjv c¯ZKiY ——
- cv‡Î exRZjv ˆZwi ——
- exRZjvq Pviv †ivcY I mvi †`Iqv ——
- mewR cwiwPwZ ——
- bvmvwi †eW ——
- gvQ PvI ——
- cÖKvi ev¯ms¯vb ——
- M„cwjZ cwL ——
- M„cwjZ cï ——
- M„cwjZ cïi ¸i“Z ——

ce-M: nv‡ZKj‡g ¯ígv‡j¨i wk‡¶vcKiY ‰Zwi Kiv

cwk¶Yv_x‡`i `yB `‡j wef³ K‡i c_g `j‡K k³ KwUR †ccvi (mv`v is), eo KvM‡Ri KvUv, †cv÷vi †ccvi, †QvU †QvU cwb is‡qi cwj e¨vM, KwP, bgybv mvi, gvKvi Kjg (¯vqx), AvBKv Mvg, ¯‹P‡Uc t`qv n‡jv| Gevi c_g `‡j i wk¶v_xMY e‡j wUb †evW (bgybv mvi) ˆZwi Ki‡eb|

wØZxq `j‡K — †cv÷vi †ccvi, KwP, AvBKv, †cwÝj, ‡¯‹j t`qv n‡jv| Gevi wØZxq `‡j i wk¶v_xMY G¸‡jv e¨envi K‡i wewfb cKvi gv‡Qi PvU ˆZwi Ki“b|

g‡j wkLbxq welq

¯ígš¿j¨i Ges wb:LiPvq wk¶Y-wkLb DcKiY msMn I Dbqb

wk¶v`v‡bi mgq wk¶v_x‡`i hZ †ewk msL¨K B»`q‡K mwµq ivLv m¤e n‡e wk¶Y-wkLb ZZ †ewk djmm¬nIqvi m¤vebv mÿó n‡e| e¨vcK msL¨K B»`q‡K ZLbB mwµq ivLv m¤e hLb wk¶Y-wkLb n‡e ˆewPÎgq, Avb›``vqK, GK‡N‡qwggy³| wk¶Y-wkLb cwµqvq ˆewPÎZv Avbq‡b wk‡¶vcKi‡Yi ¸i“Zc¥ fwgKv i‡q‡Q| evsjv‡`‡ki g‡Zv `wi` I ¯‡ívbZ †`‡k AwaKg‡j¨i wk‡¶vcKiY e¨envi‡i mÿhvM †bB| ZvB G‡¶‡Î ¯ígš¿j¨i I wb:LiPvq KwI.wk¶Y-wkLb DcKiY c¯Z I msM‡ni K_v fve‡Z nq|

¯ígš¿j¨i I wb:LiPvq KwI.wk¶Y-wkLb DcKiY

mnR Dcv‡q Aí Li‡P ˆZwi Ges bvggvÎ g‡j¨ ev webvg‡j¨ cwß‡hvM¨, wbKU cwi‡ek †_‡K msMÖnxZ wkLb mnvqK hš¿cwZ I miÄvg‡K ¯ígš¿j¨i wk¶v DcKiY ejv nq| KwI. weÁvb PPvi g‡j¨K_v n‡jv AbymÜvb I cix¶v| ZvB we`¨vj‡q AbymÜvbg‡j¨K wk¶v`v‡bi e¨e¯v Ki‡Z cvi‡j KwI.wk¶v‡K mv_K I mdj Kiv †h‡Z cv‡i| GZØ¨ZxZ KwI.weÁvb weÁv‡bi dwjZ kvLv nIqvi `i“Y Gi wk¶vKvhµg we`¨vj‡qi †fZ‡i Ges evB‡i cwiPvjbv Kivi c‡qvRbxqZv †`Lv †`q| GRb¨B gvbyl i ev¯–e Rxe‡bi mv‡_ m¤ú„³ bvbv ai‡bi wk¶v mnvqK DcKiY KwI.wk¶vi Kv‡R e¨envi‡i D‡`¨vM †bqv c‡qvRb| G j‡¶¨ wk¶v_xi Rxeb I cwi‡e‡ki wewfb Dcv`vb cix¶v-wbix¶v I M‡elYvi Kv‡R e¨envi Kiv †h‡Z cv‡i| ZvB ¯vbxq DcKiY I AwfÁZv‡K KwI.wk¶v`v‡bi A½xfz³ Kiv GKvš– Acwinvh|

eZgvb mg‡qi wk¶vµ‡gi Pwn`v Abyhvqx KwI.wk¶vq nv‡ZKj‡g Kv‡Ri gva¨‡g `¶Zvi Ges ev¯–e Rxe‡bi mgm¨v mgvav‡bi Dci ¸i“Z Av‡ivc Kiv c‡qvRb| wk¶v_x wbR¯

mwµqZv, Ávb, e¨vL¨v I cÁvi mvnv‡h¨ c‡qvRbxq DcKiY e¨envi K‡i nv‡ZKj‡g Kv‡Ri gva¨‡g Kwlwe Ávb m¤ú‡K© wkL‡e| G‡¶‡Î Kwl. wk¶vq wk¶v_x‡`i wbKU cwi‡e‡k cwß‡hvM¨; nv‡Z ^Zwi m¯–v, mnRjf¨, ¯ígj¨, D™vebxgj¨K hšcwZ I wk¶v miÄvg KvhKix fwgKv cvjb K‡i|

wbg gva¨wgK I gva¨wgK ¯–‡ii Kwl.wk¶v‡K djcm¨K‡i †Zvjvi Rb¨ wbKU cwi‡e‡ki m¯–v, mnRjf¨ I †d‡j †`Iqv wRwbmc‡Îi mvnv‡h¨ AvKIYxq, ¯vqx I mwVK DcKiY ^Zwii e¨vcv‡i Kwl. we Áv‡bi wk¶K‡`i AvMnx nIqv Avek¨K| ¯ígj¨i Kwl. DcKiY¸‡jvi g‡a¨ i‡q‡Q — jv½j, †Rvqvj, Awdov, †Kv`vj, Kv‡¯–, gyi cfwZ| GQvov AwaKg‡j¨i Kwl.hšcwZi g‡a¨ i‡q‡Q — Uv±i, cvIqvi cv¤ú, †c‡Wj †_mvi cfwZ|

¯ígj¨i wk‡¶vcKi‡Yi c‡qvRbxqZv

¯ígj¨i wk‡¶vcKiY wk¶v_x‡`i mwókxj g‡bvfve ^Zwi I D™vebx ¶gZv weKv‡k mnvqZv K‡i| G‡Z ¯í e¨‡q wk¶v`v‡bi d‡j e¨vcK msL¨K wk¶v_x‡K wk¶vi AvIZvq Avbv m¤e nq| d‡j Dbqbkxj I `wi` †`kmg‡n Kwlwe Ávb PPvi, wk¶vi I M‡elYvi cwimi ewµ× cvq| ¯ígj¨i mnRjf¨ wk‡¶vcKi‡Yi mvnv‡h¨ wk¶v_x‡`i AvKIYxqfv‡e cvV`vb Kiv m¤e nq| G‡Z cv‡V GK‡N‡qwg _v‡Kbv| wk¶v_x‡`i `wófw½ n‡q D‡V AbywÜvbgj¨K| Zv‡`i `¶Zvi Dbqb N‡U| ev¯–e DcKi‡Yi mvnv‡h¨ Zviv ev¯–e Rxe‡bi mgm¨v mgvav‡b AMmi nq| bvbv iKg cix¶v-wbix¶v I M‡elYvi gva¨‡g wk¶v MnY Kivi d‡j, wk¶v_x‡`i wk¶vi ¯wqZ ewµ× cvq| wk¶v_xMY n‡q D‡Vb KgV I mwµq| Zv‡`i cvV mnR‡eva¨ nq| wk¶v_xMY wbR cwi‡ek I mgvR m¤ú‡K© Ávb jv‡f mg_ nb|

KwLl. wk¶v wk¶Y-wkL‡b ¯ígš¿j¨i I wb:LiPvq e¨envi‡hvM¨ wk‡¶vcKi‡Yi ZwjKv ˆZwi Ges Zv msMnKiY

gva¨wgK we`¨vj‡qi lô †kYx †\_‡K beg-`kg †kYx chš– Pvi wU KwLl.wk¶v cvV¨cÖ–K i‡q‡Q| G mKj cvV¨cÖ–‡Ki welqe¯ we‡k-lY Ki‡j wewfb ai‡bi wk‡¶vcKi‡Yi Dcw¯wZ j¶¨ Kiv hvq| wb‡P GKwU D`vniY †`qv n‡jv :

mßg †kYxi welqwfwËK wk‡¶vcKiY :

welqe¯	D™veb‡hvM¨ / msMn‡hvM¨ DcKiY
D`¨vb dmj	PvU / bgybv Dw™` (msMn)
exR	e¨vjwUb †evW / bgybv exR (msMn)
A½R we¯–vi	PvU / g‡Wj / nv‡ZKj‡g ˆZwi
d‡j i Pvl	wewfb cKvi Av‡gi g‡Wj / PvU / mv‡ii e¨envi / †cvKv msMn
dzj i Pvl	bgybv dzj MvQ / PvU / †eW ˆZwi (gv‡Vi KvR)
Mvfx cvjb	Mvfxi i¶Yv‡e¶Y (PvU), Mvfxi RvZ, Rb¨vb I `ßi Drcv`b PvU, DbZ Rv‡Zi Nvm (nv‡ewiqvb)

lô †kYxi KwLl.wk¶v eB‡qi ¯íLi‡P I mnRjf¨ wk¶v DcKiY ¸‡jvi ZwjKv wbgi¦c :

welqe¯	DcKiY
Kwli cavb welq	PvU
gwUi MVb Dcv`vb	g‡Wj / PvU
Dw™‡`i cyó Dcv`vb I †kYx wefvM	PvU
mv‡ii cKvi‡f`	e¨vjwUb †evW
K‡¤úv÷ mvi	g‡Wj / bgybv
kvK- mewR	g‡Wj / Rxeš– bgybv (msMn)
wewfb cKvi wfUwgb	e¨vjwUb †evW

Drcv`b †gŠmgvgwfwËK †kYxwefvM	PvU
exRZjv c¯ZKiY	PvU / gvV cwi`kb
exRZjvq Pvivi †ivcY I Pvjv †`Iqv	g‡Wj / gvV ch‡e¶Y
mewR cwiwPwZ	bgbv / g‡Wj
bvmwi †eW	g‡Wj
gvQ PvI	e¨vjwUb †evW / PvU / g‡Wj
ckvKvi ev¯ms¯vb	g‡Wj / PvU / m‡iRwg‡b cwi`kb
Mn,cwjZ cwL	e¨vjwUb †evW
Mn,cwjZ cï	e¨vjwUb †evW
Mn,cwjZ cïi ¸i“Z	e¨vjwUb †evW / PvU

DcKiY msMn

wk¶K wb‡R DcKiY¸‡jv msMn I msi¶Y Ki‡Z cv‡ib| Z‡e Drmvnx wk¶v_x‡`i I wZwb mybw`ó wb‡`kbvi gva¨‡g KvR Kwi‡q wb‡Z cv‡ib| Kwl.wkÿv wk¶Y-wkL‡bi †¶‡Î e¨eüZ ¯ígvb¨¡¨i DcKiYmgn-msM‡ni †¶‡Î wb‡gv³ Dcv`vb¸‡jv _vK‡Z cv‡i|

- bgbv D™¢` I cvYx
- †ivMvµvš– D™¢` I cvYx
- `ÿf D™¢` I cvYx
- PvU, g‡Wj, e¨vjwUb †evW, gvbwPÎ, †cv÷vi, b·v, Qwe
- cvV¨cÿ–K, mnvqK Mš, g¨vMvwRb, cwÎKv, †µvocÎ, wmwW, nv‡ewiqvg

wKQywKQyDcKiY ¯íe¨‡q µq K‡i I msMn Kiv †h‡Z cv‡i|

nv‡ZKj‡g ¯ígvb¨¡¨i wk‡¶vcKiY ˆZwi

cwk¶K I cwk¶Yv_xMY nv‡ZKj‡g wewfb ai‡bi wk‡¶vcKiY ˆZwi Ki‡Z cv‡ib| wb‡P bgbv mvi-Gi e¨vjwUb †evW ˆZwi m¤ú‡K Av‡jvKcvZ Kiv n‡jv|

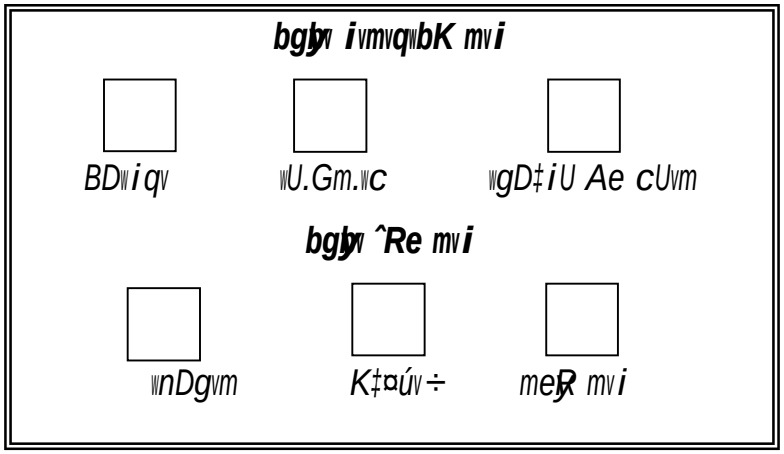
[1] e¨vjwUb †evW [bgybv mvi]

eYbv : G ai‡bi e¨vjwUb †evW ch‡e¶‡Yi gva¨‡g wk¶v_xMY wewfb ai‡bi ivmvqwbK mvi I ˆeR mvi m¤ú‡K mg¨K avi Yv jvf Ki‡Z m¶g n‡e|

D‡ïk¨

- wk¶v_xiv e¨vjwUb †ev‡Wi mvnv‡h¨ BDwiqv, G‡gwbqvg †Kvi vBW, wgD‡iU Ae cUvk BZ¨vw` ivmvqwbK mvi wPb‡Z cvi‡e|
- wnDgvm, K‡¤úv÷ mvi I mej¤^ mvi ch‡e¶Y Ki‡Z cvi‡e|
- Gme mv‡ii e¨envi c×wZ Av‡jvKcvZ Ki‡Z cvi‡e|

DcKiY : mvi ivLvi cvÎ, k³ KwUR †ccvi (mv`v is), †cv÷vi †ccvi, †QvU †QvU cwje¨vM, KwP, bgybv mvi gvKvi Kjg (¯vqx), AvBKv Mvg, ¯‹P‡Uc|



wPÎ : e¨vjwUb †evW

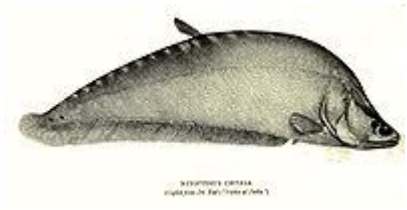
c¯Z cYvjx

- †QvU †QvU cwjw_b e¨v‡M ivmvqwbK mvi Xy¨K‡q KwUR †ccv‡ii Dci ¯‹P‡Uc w`‡q jwM‡q w`‡Z n‡e|
- GKBfv‡e cwjw_b e¨v‡M ˆRe mvi Xy¨K‡q ¯‹P‡Uc w`‡q jwM‡q w`‡Z n‡e|
- gvKvi w`‡q c‡Z¨K cKvi mv‡ii wb‡P bvg wjL‡Z n‡e|

[2] PvU (wewfb cKvi gvQ)

eYbv : Pv‡Ui mvnv‡h¨ wgVv cwb I †jvbv cwbi wewfb cKvi gv‡Qi mv‡_ wk¶v_x‡`i cwiPq NUv‡bv m¤e|

DcKiY : †cv÷vi †ccvi, KwP, AvBKv, †cwÝj, †¯‹j|



c¯Z cYvjx

- nvjKv i‡Oi †cv÷vi †ccv‡ii Pviw`‡K †h †Kvb Mvp is‡qi †cv÷vi †ccvi w`‡q gwRb Ki‡Z n‡e|
- wgVv cwb I †jvbv cwbi wewfb ai‡bi gv‡Qi wPÎ wfb wfb is‡qi †cv÷vi KvM‡R G‡K KwP w`‡q hZ mnKv‡i †K‡U wb‡Z n‡e|
- AvBKv w`‡q Gme gv‡Qi KvM‡Ri g‡Wj †cv÷vi †ccv‡i jwM‡q gvKvi w`‡q wb‡P bvg wjL‡Z n‡e|

gj¨vqb:

1. ¯ígš¿j¨i wk‡¶vcKiY ej‡Z wK †evSvq?
2. ¯ígš¿j¨i wk‡¶vcKi‡Yi c‡qvRbxqZv e¨vL¨v Ki“b|
3. evsjv‡`‡ki gva¨wgK we`¨vj‡q Kwl. wkÿv wk¶Y-wkL‡b ¯ígš¿j¨i †h mKj wk‡¶vcKiY e¨envi Kiv †h‡Z cv‡i †m¸‡jvi GKwU Zwjv ˆZwi Ki“b|
4. ¯ígš¿j¨i DcKiY e¨envi K‡i wk¶v_x‡`i Rb¨ wKfv‡e †jvbv I wgVv cwbi gv‡Qi g‡Wj ˆZwi Kiv hvq Ges c`kb Kiv hvq Zv eYbv Ki“b|

BDwbU-5 **Awa‡ekb-2**

Kwl.Lvgvi, evMvb I Kwl.e¨emv cwi`kb

fwgKv

Rvbvi AvK•¶v gvbyl i gv‡S wPiš—b| bZzb †Kvb ¯'vb, we‡q‡K Rvbvi I †evSvi Rb¨ gvbyl mvavi YZ m‡iRwg‡b cwi`k‡b hvb| Kwl.wk¶v we‡qi cwk¶Yv_xMY wb‡R‡`i Áv‡bi Mfxi Zv e„w×, ev¯—e AwfÁZv mÂq, bZzb Z_¨ msMn, wb‡Ri Rvbv Z‡_¨i mwVKZv hvPvB, wb‡R‡`i fyl åwš— ms‡kvab, bZzb chy³ i mdjZv hvPvB, cf„wZ bvbv Kvi‡Y Kwl.Lvgvi, evMvb I Kwl.e¨emv cwi`kb Ki‡Z cv‡ib| Kwl.Lvgvi, evMvb I Kwl.e¨emv cwi`kbKv‡j cwk¶Yv_xMY wb‡R‡`i c‡qvRbxq ¸i“Zc¥ Z_¨mgm¨ †bvUeyK ev Ww‡qwi‡Z wj‡L Avb‡Z cv‡ib Ges cieZx‡Z Ab¨vb¨ cwk¶Yv_x I cwk¶‡Ki m‡½ cvß Z_¨ m¤ú‡K Av‡jvPbv Ki‡Z cv‡ib A_ev Ab¨vb¨ cwk¶Yv_x‡`i m¤§yL wb‡R‡`i cvß Z_¨vw`, Ávb, avi Yv Dc¯'vcb K‡i MVbgj¨K Av‡jvPbv I mgv‡jvPbvi gva¨‡g mwVK wm×v‡š— Dcbx Z n‡Z cv‡ib| Gfv‡e Kwl.wk¶v we‡qi cwk¶Yv_xMY †h Ávb, AwfÁZv mÂq Ki‡eb Zv n‡e `xN¯'vqx I dj`vqK|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- Kwl.Lvgvi, evMvb I e¨emv cwi`k‡bi avi Yv Ges D‡Ïk¨ eYbv Ki‡Z cvi‡eb
- Kwl.we‡qK wewfb cwZôvb cwi`k‡bi cwiKíbv cYqb I ev¯—evq‡bi Dcvqmgm¨ wbavi Y Ki‡Z cvi‡eb
- Kwl.Lvgvi, evMvb I Kwl.e¨emv cwi`k‡bi ¸i“Z e¨vL¨v Ki‡Z cvi‡eb|

cemgn-

ce-K: Kwl.Lvgvi, evMvb I e¨emv cwi`k‡bi avivYv I D‡Ïk¨mgn-wPwýZKiY

†h †Kvb †`‡kB Kwl.A_bxwZi GKwU AZ¨š– ¸i“Zc¥ LvZ wn‡m‡e we‡ewPZ| Kwl.Lvgv‡i Drcw`Z `e¨ mvgwM cwZw`b Avgiv Rxeb avi‡Yi Rb¨ e¨envi K‡i _wK| G mKj `e¨ mvgwM Drcv`‡bi Kv‡R evsjv‡`‡ki Rbkw³i GK weivU Ask RwoZ i‡q‡Q| evsjv‡`k cwimsL¨vb eÿ¨iv cwiPvwjZ 2005-2006 mv‡ji kgkw³ Rwic †_‡K Rvbv hvq †h, 15 I Z`ªæ eQi eq‡mi evsjv‡`‡k KgiZ kgkw³i g‡a¨ cvq kZKiv 48 Rb Kwlkv‡R wb‡qwRZ i‡q‡Q| GB kgkw³ Kwl‡Z bvbvgyLx KgKvÛ m¤úv`b K†i _v‡K| G mKj KgKv‡Ûi g‡a¨ i‡q‡Q Kwl.Lvgvi, Kwl.evMvb, D`¨vb cfvZ| GQvov evsjv‡`‡ki kgkw³i GKwU D‡j-L‡hvM¨ Ask Mvg I kni GjvKvq bvbv ai‡bi KwlR `‡e¨i e¨emv‡qi mv‡_ RwoZ| ¯fveZ:B ck DV‡Z cv‡i Kwl.Lvgvi ej‡Z wK †evSvq? Kwl.R `e¨vgMx Drcv`‡bi j‡¶¨ †Kvb wbw`ó ¯v‡b/ fwg‡Z/ Rjvfwg‡Z †Kvb e¨w³ ev †Mvôx wbw`ó cwigvY cwiR I kg wewb‡qvM Ki‡j Zv‡K Kwl.Lvgvi e‡j| Kwl.Lvgvi mvavivYZ: ewYwR¨K wfwË‡Z ¯vcb Kiv nq| Z‡e †Kvb †Kvb †¶‡Î ïaycwiev‡ii c‡qvRb †gUv‡bvi Rb¨I Lvgvi cwZôv Kiv nq| wewfb ai‡bi Lvgv‡ii A¯–Z Avgiv j¶¨ K‡i _wK| G¸‡jv n‡jv — gywMi Lvgvi, nvdmi Lvgvi, Mi“i Lvgvi, `ywó Lvgvi, dm‡ji Lvgvi, djg‡ji Lvgvi cfvZ| GKwU Kwl.Lvgvi mvavivYZ: Rwg, kg, g‡ab, hšcwZ BZ¨vw` wb‡q MwVZ|

evMvb ej‡Z AwaKvsk †¶‡Î mvavivYZ: dywó evMvb‡KB †evSv‡bv n‡q _v‡K| wKš dj Pv‡li Rb¨I Kwl.evMvb n‡Z cv‡i| GK ev GKwaK ai‡bi dzj, dj hLb cwiewiK, cwZôvbK Ges ewYwR¨K c‡qvR‡b PvI Kiv nq ZLb Zv‡K evMvb ejv †h‡Z cv‡i|

mvavivYZ: e¨emv‡qi D‡Ï‡k¨ Kwlcv¨ Drcv`b, msi¶Y, cwµqvRvZKiY, wecYb, evRviRvZKiY BZ¨vw`‡K Kwl.e¨emv ejv †h‡Z cv‡i| Avevi cwi`kb ej‡Z mvavivYZ: GKK ev `jMZfv‡e Dcw¯Z n‡q †Kvb Kwl.Lvgvi, evMvb, e¨emv m¤ú‡K Rvb‡Z ev eÜ‡Z m‡iRwg‡b hvIqv‡K †evSv‡bv nq| wk¶v_xMY wb‡P c`Ë welq¸‡jv‡K c`Ë Q‡K mvRvb| Q‡K GKwU K‡i D`vniY †`qv n‡jv|

QK - 1 : KwI.Lvgvi, evMvb I e¨emv msµvš–

- grm¨ Pvl
- gvki "g Pvl
- cï cvjb
- cwL cvjb
- nvwm gÿwM cvjb
- gv‡Qi AvoZ
- mewRi AvoZ
- †ctc Pvl
- gvV dmj
- D`¨vb
- evjvB wbqšY
- Avjÿ AvoZ
- Kv‡Vi AvoZ
- gvQ cwµqvRvZKiY

Kwl.Lvgvi	Kwl.evMvb	Kwl.e¨emv msµvš–
grm¨ Pvl	†ctc Pvl	gv‡Qi AvoZ

wkÿv_x eÜzv, G chš– cvß e³e¨¸‡jvi Av‡jv‡K Avcbviv cwi`k‡bi avivYwU m¤ú‡K †f‡e wbb| GQvov †f‡e †`Lby Kwl.Lvgvi, Kwl.evMvb, Kwl.e¨emv cwi`k‡bi D‡Ïk¨mgn-wK n‡Z cv‡i Ges wb‡Pi QKwU‡Z wjLby, Avcbv‡`i †evSvi myeav‡_ GKwU K‡i D`vniY wb‡P †`qv n‡jv|

QK - 2 : KwL.Lvgvi, KwL.evMvb I KwL.e¨emv cwi`k‡bi D‡Ïk¨vejx

KwL.Lvgvi	KwL.evMvb	KwL.e¨emv msµvš–
▪ KwL.Lvgvi m¤ú‡K ev¯–e AwfÁZv ARb	▪ DbZ KwL.evMvb ¯vc‡bi c×wZ AvZ¦¯Kiy	▪ KwL.e¨emv m¤ú‡K D™vebx kw³i Dbqb

ce-L: Kwl.welqK wewfb cwZôvb cwi`k‡bi cwiKíbv cYqb I ev¯–evq‡bi Dcvqmgn-wbavi Y

wk¶v_xe„`` Avcbviv Kwl.welqK wewfb cwZôvb cwi`kb Ki‡Z cv‡ib| G¸‡jvi g‡a¨ Aš–fy³ n‡Z cv‡i Kwl.Lvgvi, Kwl.evMvb, Kwl.e¨emv cf¨vZ| G ai‡bi cwi`k‡bi Rb¨ GKwU cwiKíbv Aek¨B cwi`k‡bi c‡eB ˆZwi Ki‡Z nq| cwi`k‡bi mybw`ó wKQy D‡Ïk¨ Aek¨B _vK‡Z n‡e| cwi`k‡bi D‡Ï‡k¨i Dci wbfi K‡iB cwi`k‡bi welq, welqe¯, ¯vb wbawiZ n‡e| AZ:ci cwi`k‡bi D‡Ïk¨¸‡jv AR‡bi j‡¶¨ GKwU cwiKíbv cYqb Kiv †h‡Z cv‡i| Avevi D³ cwiKíbv‡K ev¯–evq‡bi Rb¨ wewfb cš’v _vK‡Z cv‡i| g‡b Ki“b, Avcbv‡`i AvK•¶v n‡jv GKwU Kwl.Lvgvi (†cwë dvg) m¤ú‡K, Gi c_g wewb‡qvMKZ.cwiR, AvqZb cf¨vZ m¤ú‡K Ges eZgvb Ae¯v m¤ú‡K Ávbv Rb Kiv Ges †cwë wk‡íi fwel¨r m¤vebv hvPvB Kiv| GRb¨ welqe¯ wbavi‡Yi ci Kw•LZ D‡Ïk¨ AR‡bi j‡¶¨ wb‡Pi Q‡K D‡Ïk¨ †gvZv‡eK cwiKíbv I cwiKíbv ev¯–evq‡bi Dcvqmgn- wjLyb| GKwU K‡i D`vniY Avcbv‡`i †evSvi mycav‡_ D‡j-L Kiv n‡jv :

QK - 3 : Kwl.Lvgvi, Kwl.evMvb I Kwl.e¨emv cwi`k‡bi cwiKíbv

welqe¯	D‡Ïk¨ †gvZv‡eK cwiKíbv cYqb	cwiKíbv ev¯–evq‡bi Dcvqmgn-
▪ Kwl.Lvgvi / †cwë dvg	▪ welq I ¯vb wbYqKiY	▪ †cwë dvg cwi`kb

ce-M: KwL.Lvgvi, evMvb I KwL.e¨emv cwi`k‡bi ¸i“Z wbavi Y

KwL. Lvgvi, evMvb I KwL. e¨emv cwi`k‡bi ¸i“Z m¤ú‡K gj-Z: Gme cwZôvb cwi`k‡bi D‡Ïk¨ Av‡jvPbv Ki‡jB wKQyUv avivYv cvIqv †h‡Z cv‡i| G Qvov I wk¶v_xMY Gme cwZôv‡bi ¸i“Z m¤ú‡K GKUz†f‡e wb‡Z cv‡ib| KwL. welqK cwi`k‡bi ¯vbmgn- Ges KwL.welqK wewfb msMVb/cwZôvb wK n‡Z cv‡i ZvI †f‡e †`L‡Z cv‡ib| Avcbv‡`i Rvbv I †evSvi myeav‡_ wb‡Pi Q‡K GKwU K‡i D`vniY †`qv n‡jv| QKwUi evKx AskUkzZAvcbvi cÖ-Y Ki“b|

QK - 4 : KwL.Lvgvi, evMvb, e¨emv cwi`k‡bi ¸i“Z : KwL.welqK cwi`k‡bi ¯vb Ges KwL.welqK cwZôv‡bi bvg

KwL.Lvgvi, evMvb I e¨emv cwi`k‡bi ¸i“Z	KwL.welqK cwi`k‡bi ¯vb	KwL.welqK cwZôvb/msMV‡bi bvg
1. KwL.Kv‡Ri mgm¨v m¤ú‡K Ávb ARb Kiv hvq|	1.†WBwi Lvgvi	1. evsjv‡`k KwL.wekwe`¨vjq
2.	2.	2.
3.	3.	4.
4.	4.	5.
5.	5.	6.
6.	6.	7.
7.	7.	8.
8.	8.	9.
9.	9.	10.
10.	10.	

BDwbU-5 **Awa‡ekb-2**

gj- wkLbxq welq

Kwl.Lvgvi, evMvb I Kwl.e¨emv cwi`kb

Rvbv, †evSv, AwfÁZv ARb, †mŠ›`h Ae‡jvKb cfwZ Kvi‡Y gvby¥ mvaviYZ: m‡iRwg‡b †Kvb wKQycwi`k‡b hvb| cwi`k‡bi gva¨‡g cwk¶Yv_xMY wb‡R‡`i Áv‡bi Mfxi Zv e„× Ki‡Z cv‡ib| bvbv ai‡bi mgm¨v, mgvav‡bi c_, c×wZ m¤ú‡K ÁvbvRb Ki‡Z cv‡ib| †h †Kvb cwi`k‡bi GKUv mvgwRK, gb¯–wËK I A_‰bwZK ¸i“Z i‡q‡Q| wk¶v_xiv Kwl.welqK †Kvb evMvb, Lvgvi, e¨emv cwZôvb cwi`k‡b †M‡j Zv Ab¨vb¨ wk¶v_x I mgv‡Ri wewfb †kYxi gvby¥K cfweZ Ki‡Z cv‡i| ¯vfweKfv‡eB Ab¨vb¨ wk¶v_x I gvby¥ cwi`k‡bi gva¨‡g wb‡R‡`i Áv‡bi Mfxi Zv e„× Ki‡Z cv‡ib, ZwËK Ávb‡K ev¯–e cwi‡ek I cwiw¯wZi gva¨‡g hvPvB Ki‡Z cv‡ib, cy¥MZ Ávb‡K `xN¯vqx Ki‡Z cv‡ib| Gfv‡e mgv‡R cwi`kb, ågY, Aby¥wÜrmv m¤ú‡K GK ai‡bi RvMiY m„ó n‡Z cv‡i| G ai‡bi RvMiY m„óB n‡jv gvby¥li gv‡S cwi`k‡bi gb¯–wËK Dcw¯wZi ewn:cKvk| Avevi Kwl.Lvgvi, evMvb I e¨emv cwi`k‡bi A_‰bwZK ¸i“ZI AZ¨š–m¥ỳ- cmvix| c_gZ: cwk¶Yv_xiv m‡iRwg‡b cwi`k‡bi gva¨‡g hw` Kwl‡K †ckv wn‡m‡e MnY K‡ib - Gi A_ n‡jv Kwl.LvZ DbZ ZË, Z_¨ I chy³MZ Ávbm¤úb GKRb †ckvRxwe‡K †cj| G mKj †ckvRxwe‡`i Drcv`bkxjZv †ewk _vKvi m¤vebv _v‡K hv †`‡L Ab¨vb¨ †ckvRxwei Zv‡`i djb e„× Ki‡Z m¶g n‡Z cv‡ib| ZZxqZ: Kwl‡¶‡Î cwi`k‡bi gva¨‡g cvß Áv‡bi Av‡jv‡K cwk¶Yv_xiv Kwl‡K †ckv wn‡m‡e †e‡Q wb‡j Drcv`‡bi wewfb Lv‡Z e¨q mvkq Ki‡Z cv‡ib| PZzZ: Kwli ¸`vgRvZKiY, msi¶Y, cwµqvRvZKiY cfwZ m¤ú‡K ev¯–e Ávb AR‡bi gva¨‡g Kwl.e¨emvi cwZ wk¶v_xiv AvKó.n‡Z cv‡ib Ges Gfv‡e Kwl‡R c‡Y¨i e¨emv‡q MwZkxjZv m„ó n‡Z cv‡i|

KwL.Lvgvi, evMvb I e¨emv cwi`k‡bi avivYv

GK`j cwk¶Yv_x KIK ev KwLwe` hLb †Kvb GKwU Lvgvi, evMvb A_ev KwL.e¨emv cwZôvb Nyi wd‡i †`‡Lb, ZËxq Ávb‡K ev¯–eZvi wbwi‡L hvPvB K‡ib, bZzb chy³ I Kjv‡KŠkj m¤ú‡K Ávb ARb K‡ib, KwLi ev¯–e mgm¨v mgvav‡bi bZzb c_ I c×wZ m¤ú‡K AeMZ nb - Zv‡K cwi`kb ejv †h‡Z cv‡i| G mKj †¶‡Î cwk¶Yv_xiv cwZôv‡bi cwiPvjK, we‡klÁ cfvZi wbKU †_‡K c‡ki gva¨‡g Zv‡`i ARvbv welqmgn- AeMZ n‡Z cv‡ib; wb‡R‡`i Av‡jvPbv I MVbgvj-K mgv‡jvPbvi gva¨‡g wel‡qi Mfx‡i †h‡Z m¶g nb Ges wbR wbR cwZôv‡b wM‡q AwRZ Ávb I cvß Z_¨mgn- †mwgbvi ev IqvKm‡ci gva¨‡g Dc¯vcb K‡i Ab¨‡`i I Ávbmg„× Ki‡Z cv‡ib|

cwi`k‡bi D‡Ïk¨

- KwL.Lvgvi, evMvb I KwLe¨emv cwk¶Yv_x‡`i ¯P‡¶ †`Lvi myhvM K‡i †`qv
- bZzb †Kvb chy³ c‡qvM m¤ú‡K Ávbv Rb Ki‡Z mnvqZv Kiv
- KwL.Lvgvi, evMvb ˆZwii c_ I c×wZ m¤ú‡K Rvbv
- KwL.Lvgvi, evMvb-Gi mgm¨v m¤ú‡K AeMZ nIqv
- Lvgvi e¨e¯v I e¨e¯vcbv we‡k- lY I Dbq‡bi myhvM K‡i ‡`qv
- KwL.Lvgvi I evMvb jvfRbK cwZôvb wn‡m‡e cwZwôZ Kivi Dcvqmgn- m¤ú‡K Rvbv
- KwL.Lvgvi I evMvb Ajvf RbK nIqvi Kv iYmgn- D`NvUb Ki‡Z cv iv
- KwL.Lvgvi, evMvb I e¨emv‡q kgk w³ wb‡qvR‡bi m¤vebv m¤ú‡K Ávbm¤úb nIqv
- KwL‡¶‡Î evjvB `g‡bi mgwšZ c_ I c×wZ m¤ú‡K Rvbv
- mgwšZ KwL.PvI c×wZ m¤ú‡K I Gi m¤vebv m¤ú‡K Rvb‡Z cv iv
- KwL.†m‡Pi cwb e¨e¯vcbv I Gi †hš¿K e¨envi m¤ú‡K Rvb‡Z cv iv
- ¯vbxqfv‡e cvß ˆRemvi Gi cwigvY I Gi e¨envi m¤ú‡K e¨Š‡Z cv iv
- Ômeg„R wec- ‡eiÕ mvgwRK I A_©bwZK cfve m¤ú‡K Ávbv Rb Ki‡Z cv iv
- KwL.†¶‡Î FY cwßi Drmmgn- Ges mgm¨vejx m¤ú‡K e¨Š‡Z cv iv

- Kwl.ewYR¨ Dbœq‡bi dwjZ w`Kmgn¨ m¤ú‡K Rvb‡Z cvi v
- Kwl.ewY‡R¨i wewfb mgm¨v m¤ú‡K AewnZ nIqv
- Kwl.ewY‡R¨i mgm¨vmgn¨ mgvav‡bi c_ I c×wZ m¤ú‡K Rvbv
- bZzb I hyMvc‡hvMx Kwl.ewYR¨ m¤ú‡K AeMZ nIqv|

QK-1 Abyhvqx Kwl.Lvgvi, evMvb I e¨emv Avjv`vfv‡e Dc¯vcb Kiv n‡jv|

Kwl.Lvgvi	Kwl.evMvb	Kwl.e¨emv msµvš–
grm¨ Pvl gvki“g Pvl cï cvjb cwL cvjb nwm-gyjwM cvjb gvV dmj evjvB wbqšY	†cŠlc Pvl D`¨vb evjvB wbqšb	gv‡Qi AvoZ mewRi AvoZ Avjyj AvoZ Kv‡Vi AvoZ gvQ cwµqvRvZKiY

Kwl.Lvgvi, evMvb I Kwl.e¨emv cwi`k‡bi cwiKíbv cYqb

GK ev GKwaK D‡Ïk¨‡K mvg‡b ‡i‡LB mvaviYZ: cwi`k‡bi cwiKíbv cYqb Kiv nq| Kwl.Lvgvi, evMvb I Kwl.e¨emv cwZôv‡bi g‡a¨ †KvbwU cwi`kb Kiv n‡e c_‡g G wel‡q wm×vš– wb‡Z n‡e| G wm×vš– পরিদর্শনকারী, বিষয় শিক্ষক ও অন্যান্য সংশি□ষ্ট e¨w³e‡Mi Dcw¯‹Z‡Z Av‡jvPbvµ‡g †bqvB hy³m½Z n‡e| wb‡gv³fv‡e Kwl.Lvgvi, evMvb I Kwl.e¨emv cwi`k‡bi cwiKíbv cYqb Kiv †h†Z cv‡i :

- cwi`k‡bi Rb¨ c‡qvRbxq D‡Ïk¨mgn¨ wbYqKiY
- D‡Ïk¨mg‡ni Av‡jv‡K wel‡q I ¯vb wbaviY
- cwi`k‡bi Rb¨ wbawiZ ¯v‡b c‡eB 2/1 Rb‡K cwV‡q hvZvqv‡Zi wel‡qwU m¤ú‡K †R‡b †bqv
- cwi`k‡bi ¯vbwUi e¨e¯vcbv KZc‡¶i mv‡_ †hvMv‡hvM K‡i wb‡R‡`i D‡Ïk¨ m¤ú‡K Zv‡`i AewnZ Kiv Ges Abyhvqx †bqv
- cwi`k‡b AskMnYKvix‡`i mv‡_ Av‡jvPbvi gva¨‡g cwi`k‡bi ZwiL I mgq

wbavi Y Kiv

- cwi`kbxq Lvgvi, e¨emv cwZôvb, evMv‡bi e¨e¯vcbv KZc¶‡K cwi`k‡bi Zwi L I mgq m¤ú‡K Aewn Z Kiv
- cwi`kbxq Lvgvi, evMvb I e¨emv cwZôv‡bi e¨e¯vcbv KZc¶‡K cwk¶Yv_xiv †h mKj ZË, Z_¨, mgm¨v, chy³ cf¶Z m¤ú‡K Rvbvi AvK•Lv i‡q‡Q m¤e n‡j †m¸‡jv c‡eB ck AvKv‡i cwV‡q †`qv|
- cwi`kbxq Lvgvi, evMvb I e¨emv cwZôv‡bi †h mKj we‡klÁ m¤ve¨ c‡qvRbxq ZË, Z_¨, mgm¨v chy³ m¤ú‡K e¨vL¨v I we‡k-lY `v‡b m¶g Zv‡`i‡K cwi`k‡bi mgq Dcw¯Z ivLvi Rb¨ e¨e¯vcbv KZc¶‡K Abyiva Rvbv‡bv|
- cwi`k‡bi †¶‡Î m¤ve¨ e¨‡qi LvZ¸‡jv wPwýZ K‡i †gvU m¤ve¨ e¨‡qi wnmve Kiv|
- cwi`k‡bi †¶‡Î c‡qvRbxq A_ wKfv‡e msMnxZ n‡e Zv wbavi Y Kiv Ges m¤ve¨ Drmgn- †_‡K cwi`k‡bi 2/3 w`b c‡e A_ msMn K‡i wbw`ó e¨w³i wbKU Rgv †`lqv|
- cwi`k‡bi Rb¨ c‡qvRbxq hvbevn‡bi e¨e¯v Kiv|
- cwi`k‡bi c‡e mKj cwi`kbKvixi Dcw¯Z‡Z cwk¶Yv_x‡`i wewfb `‡j wef³ K‡i c‡Z¨K `‡j GKRb‡K `j‡bZv wn‡m‡e wbewPZ Kiv|
- cwi`k‡b hvIqvi mgq c‡qvRbxq Levi, cvbx‡qi e¨e¯v Kiv|
- cwi`k‡bi KvR mgvßvzI my`i f¨v‡e m¤úb Kivi Rb¨ Ges †h mKj c‡qvRbxq Z_¨w` msMn Kiv c‡qvRb cwi`k‡bi c‡eB †m m¤ú‡K wk¶v_x‡`i w`K wb‡`kbv †`qv|
- `‡ji m`m¨‡`i mn‡hwMZvq cwi`k‡bi ci msMnxZ Z_¨w`i e¨vL¨v wek–lYmn `j‡bZvi mKj cwk¶Yv_x‡`i †mwgbv‡i Dc¯vcb Kiv|

Kwl.Lvgvi, evMvb I e¨emv cwZôvb cwi`kb cwiKíbv ev¯—evq‡bi Dcvqmgn-

- Kwl. Lvgvi, evMvb I e¨emv cwZôvb cwi`kb cwiKíbv ev¯—evq‡bi j‡¶¨ cwk¶K, cwk¶Yv_x‡`i cwZwbwa Ges Lvgvi, evMvb I e¨emv cwZôvb e¨e¯'vcbvi mv‡_ mswk-ó DaŸZb KgKZv‡`i mv‡_ cwiKíbv ev¯—evq‡bi c_ I c×wZ m¤ú‡K Av‡jvPbv Kiv †h‡Z cv‡i|
- cwi`kbKv‡j we‡klq I chy³ mswk-ó we‡klÁ‡`i Dcw¯'wZ wbwðZ Kivi e¨vcv‡i e¨e¯'vcK‡`i mv‡_ Av‡jvPbvi gva¨‡g w¯'i Ki‡Z n‡e|
- cwk¶Yv_xiv hv‡Z ¯'"Q‡› ck DÌvcb Ki‡Z cv‡ib - †miKg GKwU cwi‡ek mwó Ki‡Z n‡e|
- cwZôvb cwi`k‡bi gj- j¶¨ I D‡Ïk¨ m¤ú‡K cwk¶Yv_x Ges we‡klq I chy³ we‡klÁ‡`i m¤úófv‡e eySv‡q w`‡Z n‡e|
- cwk¶K Ges Kwl. Lvgvi, evMvb I Kwl. e¨emv e¨e¯'vcK‡`i mgš‡q MwVZ KwgwUi gva¨‡g cwi`kb msµvš– QK ev bKkv ˆZwi Kiv Ges cieZx‡Z cwk¶Yv_x‡`i eySv‡q †`qv †h‡Z cv‡i|
- cwi`kbKvix‡`i cwiPvjbvi Rb¨ Kwl.Lvgvi, evMvb I Kwl.e¨emv cwZôv‡bi c¶ †_‡K mybw`ófv‡e KvD‡K `wqZ †`qv †h‡Z cv‡i|
- cwi`kbKv‡j Kwl. Lvgvi, evMvb I e¨emv cwZôv‡bi we‡klq I chy³ mswk-ó we‡klÁMY cwk¶Yv_x‡`i wewfb c‡ki DËi Ges e¨vL¨v †`‡eb|
- Lvgvi cwiPvjbvKvix KlK wewfb mgm¨v I m¤vebv m¤ú‡K cwk¶Yv_x‡`i AewnZ Ki‡eb|
- bZzb †Kvb D™wewZ c×wZ I chy³ m¤ú‡K D™veK e¨vL¨v, we‡k-lY DÌvcb Ki‡j cwk¶Yv_x‡`i mn‡RB †evaMg¨ n‡Z cv‡i|
- AskMnYKvix cwk¶Yv_x‡`i ck Ki‡Z Drmvwn Z Kiv|
- cwk¶Yv_x‡`i †bvU eB‡Z wewfb Z‡_¨i msw¶ß AvKv‡i †bvU †bqv|
- cwi`kb †k‡l Kwl. Lvgvi, evMvb I e¨emv cwZôv‡bi e¨e¯'vcK, we‡klÁ,

cwk¶K I AskMnYKvix cwk¶Yv_x‡`i mfvq c‡Z¨K `‡ji `j‡bZv cavb wkLb welqmg‡ni mvims‡¶c Dc¯vcb Ki‡eb Ges c‡qvR‡b Av‡iv wKQywe l‡qi e¨vL¨v we‡k- lY Rvb‡Z PvB‡eb|

- cwi`k‡bi †¶‡Î wPwbKj, cvUKj, cvU M‡elYv †K›`, B¶zM‡elYv †K›`, Zzjv Dbqb †evW, wewo I wmMv‡iU d¨v±ix cfwZ‡K ¸i“Z †`qv †h‡Z cv‡i|
- Kwli †m mKj dwjZ kvLv Kwl.ewY‡R¨i mv‡_ mivmwi RwoZ †m¸‡jv n‡jv—
  - eb wefvM
  - D`¨vb wefvM
  - grm¨ Pvl
  - wPswo Pvl
  - Mevw`cï cvjb
  - nwm-gyjwM cvjb
  - evjvB wbqšY
  - eb¨cvYx msi¶Y cfwZ

Kwl.Lvgvi, evMvb I Kwl.e¨emv cwi`k‡bi ¸i“Z

†Kvb †`‡ki RbM‡Yi Ab, e¯, wk¶v, wPwKrmv, evm¯vb, we‡bv`b, Rxe‡bi gvb Dbqb cfwZ mivmwi A_ev c‡iv¶fv‡e Kwli Dci wbfikxj| Kwli m‡½ m¤ú„³ i‡q‡Q gvby‡li kg wb‡qvRb Ges `vwi`¨ we‡gvP‡bi gZ ¸i“Zc¥ welq| wk‡íbqb Ges cwi‡ek msi¶Yl Kwli mv‡_ Nwbôfv‡e m¤ú„³| Ávb, weÁvb, chy³, `¶Zv cfwZi e¨vcK Dbqb Kwl.Drcv`‡bi †¶‡Î G‡b w`‡q‡Q ˆec-weK cwieZb| Kwl.Drcv`b e„×i j‡¶¨ GKw`‡K M‡o D‡V‡Q wewfb Kwl. wk¶v cwZôvb, Kwl. M‡elYv cwZôvb, Kwl‡¶‡Î FY`vbKvix wewfb msMVb I ms¯v, KwlZ_¨ msMn I msi¶YKvix ms¯v, Kwl.ewYR¨ welqK bvbwea cwZôvb| Kwl.Lvgvi, evMvb I Kwl.e¨emv cwi`k‡bi gva¨‡g GKRb cwk¶Yv_x —

- GKwU cwZôv‡b wewfb Kwl.welqK msMV‡bi Kv‡Ri cwiwa (†hgb- Kwl.e¨vsK, Kwl.wekwe`¨vjq cfwZ), mgm¨v, m¤vebv cfwZ m¤ú‡K Ávbv Rb Ki‡Z cv‡ib|

- cwk¶Yv_xMY AwRZ Ávb‡K ev¯–eZvi wbwi‡L hvPvB K‡i wb‡Z cv‡ib|
- cwk¶Yv_x‡`i Ávb I avivYvi cwieZb mwaZ nq|
- cwk¶Yv_xM‡Yi D™vebx kw³i weKvk N‡U|
- miKv‡ii KwlbxwZ m¤ú‡K avivYv mwó nq|
- Kwl‡¶‡Î KvR Kivi gvbwmKZv mwó nq|
- Kwl‡¶‡Î AvZ¥Kgms¯v‡bi gva¨‡g RxweKv wbev‡ni AvK•Lv mwó nq|
- Kwl.Lvgvi, evMvb I e¨emv cwZôvb ˆZwii cwiKíbv cYq‡b m‡Pó nq|
- Kwl.Lvgvi, evMvb I e¨emv cwZôvb cwiPvjbvi `¶Zv ARb K‡ib|
- Kwl.Drcv`‡b cwZeÜKZv mwóKvix mgm¨vmgn- wPwýZ Ki‡Z I mgvav‡b m¶g nb|
- Kwl‡¶‡Î wewfb Aw_K I M‡elYvgj-K cwZôv‡bi Ae`vb Abyôvb m¶g nb|
- Kwl‡¶‡Î M‡elYvq cvß bZzb chy³ c‡qv‡M m¶g nb|
- AwaK cwigvY Kwl‡R `e¨, cY¨ Drcv`‡b m¶g nb|
- Kwl‡¶‡Î wewfb DcKiY mgqgZ e¨envi‡ii DcKvixZv m¤ú‡K Abyôvb m¶g nb|
- Kwl.c‡Y¨i h‡_vchy³ msi¶Y c×wZ m¤ú‡K Ávb‡R‡b m¶g nb|
- Kwl.e¨emvi RwUjZv Ges Zv wbim‡bi c_ m¤ú‡K Aewnb nb|
- Kwl.evMv‡bi A_©bwZK Dc‡hvMZv m¤ú‡K Ávb ARb K‡ib|
- A_©bwZK Dbq‡bi gva¨g wn‡m‡e Kwl.wk¶v‡K gj-¨vqb K‡ib|
- Kwl.Dbq‡b wewb‡qvM ewn×i c‡qvRbxqZv Dcjwä Ki‡Z cv‡ib|
- FY`vbKvix wewfb Aw_K cwZôv‡bi mejZv I `ªjZv m¤ú‡K Ávb mgx„× nb|
- ¯íe¨‡q AwaK Drcv`‡b m¶g c×wZ I chy³ c‡qv‡M `¶Zv ARb K‡ib|
- Kwli wewfb †¶‡Î Drcv`b e¨q m¤ú‡K ey‡Z cv‡ib|
- RvZxq Dbq‡b Kwli Ae`vb m¤ú‡K Ávbv Rb K‡ib|

Kwl.welqK cwi`k‡bi ¯vbmgn-

- †WBix Lvgvi
- †cwë Lvgvi
- grm¨ Lvgvi
- D`¨vb bvmvix

- D`¨vb dmj
- gvV dmj
- †ikg I †gŠgwQ Pvl
- RvZxq †evUwbK¨j Mv‡Wb, ejav Mv‡Wb
- Kwl.wekwe`¨vjqmgn-
- Kwl.M‡elYv cwZôvbmgn-
- gvki "g Pvl
- dzj Pvl
- Kwl.FY`vbKvix ms¯vmgn-
- Kwl.gšYvjq cfvZ|

Kwl.welqK cwZôvb

cwk¶Yv_xMY —

- Kwl.wekwe`¨vjq, Kwl.K‡jR, Kwl.cwk¶Y Bbw÷wUDU, Kwl.M‡elYv ‡K›`, Kwl.Z_¨ †K›`, Kwl.e¨vsK, Kwl.gšYvjq, Kwl.Dbqb ms¯v, weAviAviAvB, Kwl.welqK e¨emv-ewYR¨ m¤úKxq cvBKvix I LÞvi e¨emv cwZôvb, Kwl.k‡m¨i bZzb RvZ D™vebgjK cwZôvb, Kwl.Dbq‡b wbhy³ FY c`vbKvix ms¯v m¤ú‡K Ávb ARb Ki‡Z cv‡ib|
- Kwl.e¨emv cwZôvb Kxfv‡e msMwVZ I cwiPwjZ Kiv hvq Zv Rvb‡Z cv‡ib|
- ZwËK Ávb‡K e¨envwiK ev cv‡qvwMK i¡c`v‡bi gva¨‡g Kwl.wk¶vi cKZ.D‡Ïk¨ mdj Ki‡Z m¶g nb|
- e¨w³, mgvR I RvZxq Dbq‡b Kwl‡K e¨vcKfv‡e Kv‡R jvMv‡bvi Øvi D‡bwPZ Ki‡Z cv‡ib|

gj¨vqb:

1. Kwl.Lvgvi, evMvb I e¨emv cwi`k‡bi avivYv I D‡Ïk¨ eYbv Ki“b|
2. wKfv‡e Kwl.Lvgvi, evMvb I e¨emv cwi`k‡bi cwiKíbv Kiv †h‡Z cv‡i — eYbv Ki“b|
3. Kwl.Lvgvi, evMvb I e¨emv cwi`k‡bi Dcvq¸‡jv eYbv Ki“b|
4. Kwl.Lvgvi, evMvb I e¨emv cwi`k‡bi ¸i“Z eYbv Ki“b|

BDwbU - 5 **Awa‡ekb-3**

Ab¨vb¨ cvV¨cÿ–K, Ab¨vb¨ wk¶Y-wkLb mvgMx, wfwWI, †Uwjwfkb, B›Uvi‡bU

fwgKv

cÂ Bw›`‡qi mvnv‡h¨B GKRb wk¶v_x Zvi Av‡kcv‡ki cwi‡e‡ki mv‡_ cwiPq jvf K‡i Ges Ávb, wk¶v I AwfÁZv ARb K‡i| gvbyl i G mKj Bw›`‡qi g‡a¨ †PvL Ges Kv‡bi ¸i“Z Zzjbvgj¨Kfv‡e AwaK| Kviv †Pv‡Li mvnv‡h¨ †`‡L I Kv‡bi mvnv‡h¨ ï‡b gvbyl i †h Ávb, AwfÁZv I wk¶v AwRZ nq Zv `xN¯vqx nq| G Rb¨B Kwl.wk¶v wk¶v`vbKv‡j cvV¨cÿ–K, gvbwPÎ, PvU, g‡Wj, wPÎ, wb‡`wkKv cfwZ †kYxK‡¶i DcKiY Qvovl `v, Kv‡¯–, †Kv`vj, Lš–v, wewfb ivmvqwbK mvi, cvKwZK mvi, exR, gwU cfwZi ¸i“Z i‡q‡Q Acwimxg| Z‡e D‡j-wLZ Gme DcKiY Qvovl Av‡iv wKQywk‡¶vcKiY i‡q‡Q Ges †mme DcKi‡Yi g‡a¨ Aš–fy³ n‡Z cv‡i Ab¨vb¨ cvV¨cÿ–K, Ab¨vb¨ wk¶Y-wkLb mvgMx, wfwWI, †Uwjwfkb, B›Uvi‡bU cfwZ| G Awa‡ek‡b Kwl.wk¶v wk¶Y-wkL‡b c‡qvRbxq Ab¨vb¨ cvV¨cÿ–K, Ab¨vb¨ wk¶Y-wkLb mvgMx, wfwWI, †Uwjwfkb I B›Uvi‡b‡Ui e¨envi, c‡qvRbxqZv I ¸i“Z m¤ú‡K Av‡jvKcvZ Kiv n‡q‡Q|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- Kwl.wk¶v wk¶Y-wkL‡b e¨eüZ Ab¨vb¨ cvV¨cÿ–‡Ki Zwjkv c¯Z Ki‡Z Ges c‡qvRbxqZv mbv³ Ki‡Z m¶g n‡eb
- wk‡¶vcKiY wn‡m‡e wfwWI Ges †Uwjwfk‡bi fwgKv e¨vL¨v Ki‡Z cvi‡eb
- Kwl.wk¶vq B›Uvi‡b‡Ui ¸i“Z eYbv Ki‡Z cvi‡eb
- †kYxK‡¶ wfwWI, †Uwjwfkb I B›Uvi‡bU e¨envi‡i bxwZgvjv Rvb‡Z, msMn, msi¶Y I Dbqb †KŠkj AvqË K‡i Kg‡¶‡Î G¸‡jv h_vh_ fv‡e c‡qvM Ki‡Z m¶g n‡eb|

cemgn-

ce-K: Kwl.wk¶v wk¶Y-wkL‡b e¨eüZ Ab¨vb¨ cvV¨cÖ‡Ki Zwj Kv c¯ZKiY I c‡qvRbxqZv kbv³KiY

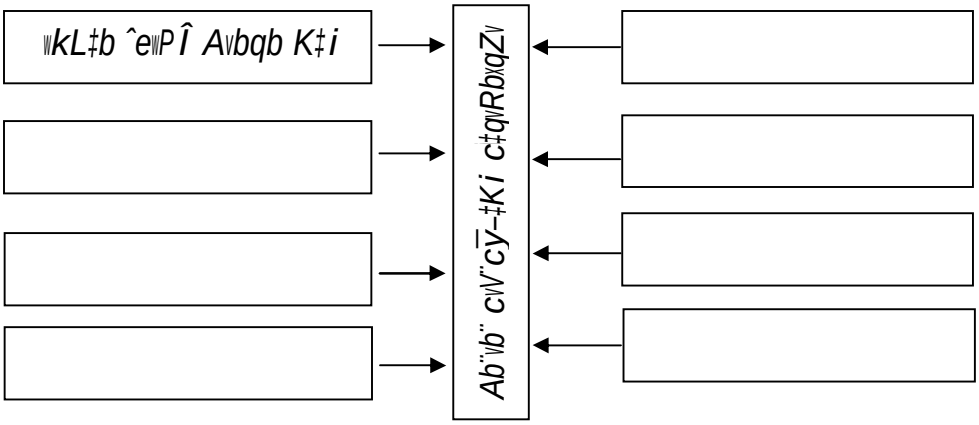
wk¶v_x‡`i wk¶Y-wkL‡b cvV¨cÖ–K Qvov I Ab¨vb¨ cvV¨cÖ–K bv‡g wKQywk‡¶vcKiY e¨envi Kiv n‡q _v‡K| Ab¨vb¨ cvV¨cÖ–K ej‡Z mvaviYZ: †mmKj cvV¨cÖ–K I cvVmvgMx‡K †evSv‡bv nq hv cv‡Vi gva¨‡g wk¶v_x‡`i Kwl.wk¶v m¤úwKZ Ávb‡K we¯ZZ.I m¤cmwiZ Ki‡Z mnvqK fwgKv cvjb K‡i| G¸‡jv n‡Z cv‡i Kwl.Lei welqK †ccvi KwUs, cwÎKv ev g¨vMvwR‡bi d‡UvKwc, Kwl.gvbwPÎ cfvZ| cwk¶Yv_x eÜzv, wb‡Pi Q‡K Avcbviv Avcbv‡`i Kwl.wk¶v wk¶Y-wkL‡b e¨eüZ Ab¨vb¨ cvV¨cÖ–‡Ki GKwU Zwj Kv ˆZwi Ki“b| Avcbv‡`i mvgvwRi Rb¨ GKwU D`vniY †`qv nj|

Kwl.wk¶v wk¶Y-wkL‡b e¨eüZ Ab¨vb¨ cvV¨cÖ–‡Ki Zwj Kv :

- grm¨we`¨vi cvV¨cÖ–K

wk¶v_x eÜzv, Avcbvi AeMZ Av‡Qb †h, Kwl. wk¶v wk¶Y-wkL‡b wk‡¶vcKiY wn‡m‡e cvV¨cÿ–‡Ki e¨envi RvZxq I Avš–RwZKfv‡e ¯xKZ¡ †h mKj DcKiY e¨envi K‡i wk¶v_xi wk¶v jvf K‡i _v‡Kb Zv‡`i g‡a¨ cvV¨cÿ–‡Ki e¨envi m¤eZ: me‡P‡q †ewk| wKš Zv m‡Ë I Ab¨vb¨ cvV¨cÿ–K ev cvVmvgwM wk¶v_x‡`i wk¶Y-wkL‡b e¨eüZ n‡q _v‡K| Ab¨vb¨ cvV¨cÿ–‡Ki wk¶Y-wkL‡b Aek¨B c‡qvRbxqZv i‡q‡Q| wb‡P Ab¨vb¨ cvV¨cÿ–‡Ki GKwU c‡qvRbxqZv Avcbv‡`i †evSvi mvgvb¨ Av‡_ †`qv nj| Avcbvi Ab¨vb¨ cvV¨cÿ–‡Ki Av‡i c‡qvRbxqZv Lwj Ni¸‡jv‡Z wjLyb|

Ab¨vb¨ cvV¨cÿ–‡Ki c‡qvRbxqZv



ce-L: wk‡¶vcKiY wn‡m‡e wfwWI Ges †Uwjwfk‡bi fwgKv wbi|cY

Kwl. wk¶vi Aš–fy³ welqe¯‡K †kYxK‡¶ wkLb-‡kLv‡bvi Kv‡R ‡h mKj DcKiY e¨envi Kiv nq, †m¸‡jv‡K Kwl.wk‡¶vcKiY ejv hvq| G¸‡jv n‡jv — PK‡evW, g‡Wj PvU, I fvi‡nW c‡R±i, wdg w÷c, ¬vBW c‡R±i, †Uc‡iKWvi, †iwWI, wfwWI, †Uwjwfkb cfy¨Z| cwk¶Yv_x eÜzv wb‡Pi Q‡K wk‡¶vcKiY wn‡m‡e wfwWI-i fwgKv eYbv Ki“b| Avcbv‡`i mvgvb¨ Av‡_ GKwU D`vniY †`qv nj|

wk‡¶vcKiY wn‡m‡e wfwWI -Gi fwgKv

- wk¶K Zui cwiKíbv Abjyvqx wfwWI ˆZwi Ki‡Z cv‡ib|
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wk¶v_x eÜzv, Kwl.wk¶vi welqe¯‡K †Uwjwfk‡bi gva¨‡g Dc¯vcb Ki‡j Avcbvi GKB mv‡_ wk¶‡Ki Qwe †`‡L I K_v ï‡b cvVwU‡K mn‡R AvqË Ki‡Z cv‡ib| wk‡¶vcKiY wn‡m‡e †Uwjwfk‡bi GKUv BwZevPK fwgKv i‡q‡Q Ges Gi wKQyAmyeavI i‡q‡Q| wb‡P c`Ë c_g QKwU‡Z Avcbvi wk‡¶vcKiY wn‡m‡e †Uwjwfk‡bi BwZevPK w`K¸‡jv wjLyr

Ges cieZx Q‡K wk‡¶vcKiY wn‡m‡e †Uwjwfkb e¨envi Amyeavq ‡jv wjLyb| c‡Z¨K †¶‡Î GKwU K‡i D`vniY †`qv nj|

wk‡¶vcKiY wn‡m‡e †Uwjwfk‡bi fwgKv

• G‡Z wk¶Y-wkL‡b †kYxK‡¶i KvQvKwQ GKwU cwi‡ek mÿó nq|
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wk‡¶vcKiY wn‡m‡e †Uwjwfkb e¨envi Amyeavmgn-

- evsjv‡`‡ki cwk¶Yv_x‡`i `wi`Zvi Kvi‡Y †Uwjwfkb †Kbv m¤e nqbv d‡j †Uwjwfk‡bi gva¨‡g Dc¯vcbKZ.cvV t_‡K A‡b‡KB DcKZ.nb bv|
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ce-M: KwL.wk¶vq B›Uvi‡bU-Gi ¸i“Z wbYqKiY

Kwl. wk¶v wk¶Y-wkL‡b eZgvb mg‡q B›Uvi‡b‡Ui Ae`vb Ab¨xKvh| B›Uvi‡bU-Gi mvnvh¨ wk¶v_xMY A‡bK `ÿzf welq m¤ú‡K AeMZ n‡Z cv‡ib| wel‡qi Mfx‡i †h‡Z B›Uvi‡bU ¸i“Zc¥ Ae`vb ivL‡Q| wkÿv_x eÜzv, wb‡Pi Q‡K wk‡¶vciY wn‡m‡e B›Uvi‡bU-Gi ¸i“Z m¤ú‡K eYbv Ki“b| Avcbv‡`i myeav‡_ GKwU D`vniY †`qv nj|

wk‡¶vcKiY wn‡m‡e B›Uvi‡bU e¨envi¨ ¸i“Z

- Kwl.wk¶v wk¶Y-wkL‡b B›Uvi‡bU-Gi gva¨‡g wewfb †`k †_‡K A‡bK ¸i“Zc¥ZË I Z_¨ e¨envi Kiv hvq|
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ce-N: wfwWI, †Uwjwfkb I B›Uvi‡bU e¨envi‡ii bxwZgvjv Ges Gme DcKiY msi¶Y I DbqbKiY

wkÿv_x eÜzv, †kYxK‡¶ wfwWI, †Uwjwfkb I B›Uvi‡bU e¨envi Kivi Rb¨ GKwU mybw`ó bxwZgvjv _vK‡Z cv‡i| mKj cwk¶Yv_x I cwk¶‡Ki Dcw¯wZ‡Z D³ bxwZgvjv ˆZwi Kiv †h‡Z cv‡i| GQvov wfwWI, †Uwjwfkb I B›Uvi‡bU-Gi cvß ZË I Z_¨mgm¨ msMn, msi¶Y I Dbq‡bi Dcvq wb‡q Av‡jvPbvi ci G m¤ú‡K wKQywm×vš– MnY Kiv †h‡Z cv‡i-hv cieZx‡Z mKj cwk¶Yv_xi †¶‡Î c‡qvM‡hvM¨ e‡j we‡ewPZ n‡e|

cwk¶Yv_x eÜzv, wfwWI, †Uwjwfkb I B›Uvi‡bU e¨envi‡ii m¤ve¨ DcKiY msM‡ni Dcvq Ges DcKiY msi¶Y I Dbq‡bi c_ I c×wZ m¤ú‡K wb‡Pi QK¸‡jv‡Z h_vµ‡g wjLyb| Avcbv‡`i mnvqvZv_ c‡Z¨K †¶‡Î GKwU K‡i D`vniY †`qv nj|

wfwWI, †Uwjwfkb I B›Uvi‡bU e¨envi‡ii m¤ve¨ bxwZgvjv

- Kwl.welqK †Kvb avivYvi e¨vL¨v w`‡Z wfwWI, †Uwjwfkb I B›Uvi‡bU e¨envi Kiv †h‡Z cv‡i|
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wfwWI, †Uwjwfkb I B›Uvi‡bU-Gi gva¨‡g cPv‡ii Rb¨ Kwl.wk¶v m¤úwKZ DcKiY msM‡ni Dcvqmgn¨

- we`¨vj‡qi Af¨š–ixY e¨e¯vcbvq msMn Kiv †h‡Z cv‡i|
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¦f¦W l, †U¦j¦fkb I B›Uvi‡bU e¨envi‡i i Rb¨ msMÖnxZ DcKiY msi¶Y I Dbq‡bi c_ I c×¦Zmgn¨

- ¦f¦W l, †U¦j¦fkb I B›Uvi‡b‡U e¨envi‡i i Rb¨ msMÖnxZ DcKiY¸‡jv ¦bq¦gZ c¦i¯«vi c¦i"Qb ivLv|
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BDwbU-5 **Awa‡ekb-3**

g‡j- wkLbxq welq

Ab¨vb¨ cvV¨cÖ–K, Ab¨vb¨ wk¶Y-wkLb mvgMx, wfwWI, †Uwjwfkb, B›Uvi‡bU

wk¶v_x‡`i wbKU Kwl. wk¶vi welqe¯‡K mÿúó, cvÄj, AvKlYxq, GK‡N‡qwggy³ I djcm¤¢e Dc¯vc‡bi j‡¶¨ wewfb ai‡bi wk‡¶vcKiY e¨envi Kiv n‡q _v‡K| Ab¨vb¨ cvV¨cÖ–K I B›Uvi‡b‡Ui gva¨‡g msMÖnxZ ZË I Z_¨ wk¶v_x‡`i `kbvbyfwZ‡K m¤ú„³ K‡i Avevi wfwWI I †Uwjwfk‡bi gva¨‡g Dc¯wcZ I msMÖnwZ ZË I Z_¨vejx wk¶v_x‡`i keYvbyfwg I `kbvbyfwZ Dfq B»`q‡K m¤ú„³ K‡i| Gw`K †_‡K †`Lv hvq, wk¶Y-wkLb‡K `xN¯vqx, ˆewPÎgq, Avb›`Nb Kivi †¶‡Î Ab¨vb¨ cvV¨cÖ–K I B›Uvi‡b‡Ui gva¨‡g cvß welqe¯i Zzjbvq wfwWI Ges †Uwjwfk‡bi gva¨‡g Dc¯wcZ I msMÖnxZ Kwl. welqK welqe¯i ¸i“Z AwaK| Gi g‡j- KviY n‡jv c_‡gv³ wk‡¶vcKiY¸‡jvi Zzjbvq †k‡lv³ wk‡¶vcKiY¸‡jv‡Z AwaK cwigv‡Y B»`q‡K m¤ú„³ Kiv m¤e nq| A_vr hZ †ewk msL¨K B»`q‡K wk¶Y-wkLb Kv‡R e¨envi Kiv hvq - wk¶vi ¯wqZ, ˆewPÎ ZZ †ewk nIqvi m¤¢ebv mÿó nq|

DcKiY wn‡m‡e cvV¨cÖ–K I Ab¨vb¨ cvV¨cÖ–K

mKj wk¶v e¨e¯vq cvV¨cÖ–K n‡jv g‡j- wb‡`kbv mvgMx| †h mKj DcKiY e¨envi K‡i wk¶v_xiv wk¶v jvf K‡i Zb¥‡a¨ cvV¨cÖ–‡Ki e¨envi mev‡c¶v †ewk| GKwU wb`ó †kYx ev ¯–‡ii wk¶vµ‡gi Aš–fy³ Kwl.weÁvb wel‡qi j¶¨, D‡Ïk¨ Ges wkLbdj AR‡bi Rb¨ wk¶v_xi †gav, †hvM¨Zv, Awfi“wP, eqm, Pwn`v I cwiYg‡bi cwZ †Lqvj †i‡L wk¶Y-wkLb Kvhµg‡K mnRZi I mvdj¨gwÊZ Kivi Rb¨ Kwl.weÁv‡bi wb`ó cvV¨mwP Abjbvqx ZË, Z_¨, DcvË I welqe¯ m¤¢jZ myjwLZ, myeb¨¯– I msw¶ß cÖ–K‡K Kwl. weÁv‡bi cvV¨cÖ–K e‡j| eZgvb mg‡q †kYxK‡¶ cvV`v‡bi †¶‡Î cvV¨cÖ–‡Ki cvkvcwk Ab¨vb¨ cvV¨cÖ–KI e¨eüZ n‡"Q| Kwl. wk¶v welqwU Rxewe‡Á‡bi GKwU dwjZ kvLv nIqvi Kvi‡Y Gi cvV¨mwP‡Z †hgb Dw™` we`¨vi welqvejx ¯vb †c‡q‡Q Avevi grm¨ PvI, nwm-gyjvM cvjb, cï¤ú` Dbqb cfwZ cvYxwe`¨vi welqvejxI ¯vb †c‡q‡Q| Rxewe`¨vi †gŠwjK ZËvejx dwjZ AvKv‡i Kwl.wk¶vq Av‡jvPZ nq| myZivs

Rxe¨weÁv‡bi cvV¨cÖKmgn-I Kwl.weÁv‡bi Kv‡k wk‡¶vcKiY wn‡m‡e e¨eüZ nq|

Kwl.wk¶v wel‡q wk¶v_x‡`i mg¨K avivYv AR‡bi Rb¨ Kwl.wk¶v সংশি□ষ্ট অন্যান্য cvV¨cÖ‡Ki ZË, Z_¨, Qwe, mviwY, MwdK wPÎ, PvU, cwimsL¨vb, gvbwPÎ cf¨vZ BwZevPK fwgKv cvjb K‡i _v‡K| welq wk¶K Gme cvV¨cÖ‡K msMn K‡i e¨envi Ki‡Z nq| A_vr †kYx wk¶K‡K G mKj wk¶v DcKiY msM‡ni Rb¨ m¤ve¨ Drmmgn-Lv‡R †ei Ki‡Z nq| GQvov GmKj DcKi‡Yi Rb¨ Aw_K e¨‡qi l c‡qvRb nq| welq wk¶K we`¨vj‡qi Af¨š—ixY Znwej, ¯vbxq `vbkxj e¨w³e‡Mi Abyôvb, wewfb `vZv ms¯v, GbwRI, miKvix Abyôvb cf¨vZi mvnv‡h¨ GmKj c‡qvRbxq DcKiY msMn Ki‡Z cv‡ib|

Kwl.wk¶v wk¶Y-wkL‡b e¨eüZ Ab¨vb¨ cvV¨cÖ‡Ki Zwj‡Kv

- grm¨we`¨vi cvV¨cÖ—K
- mnvqK Mš cvYxwe`¨v I Dw™`we`¨vi dwjZ welqmgn-
- cwk¶Y g¨vbyqvj I wk¶K wb‡`wkKv
- Kwl.weÁv‡bi Awfavb I j¨ve‡iUix wb‡`wkKv
- ‰`wbK cwÎKvi Kwl.msev`, Rvbvj
- Kwl.welqK M‡elYvcÎ
- ågYKwnbx I cwi`kb eB
- mewR I km¨ Drcv`b welqK welqK †ccvi KwUs
- Kwl.welqK ¯§iwYKv, g¨vMvwRb cÖ—K/iPbvejx
- Kwl.ebvqb welqK e¨vjwUb
- Kwl.gšYvjq, cwimsL¨vb e¨vivi, cwiKíbv gšYvj‡qi wewfb cKvkbv
- RwZms‡Ni - Lv`¨ I Kwl.ms¯vi (FAO) cKvkbv cf¨vZ

KwLwk¶v wk¶Y-wkL‡b Ab¨vb¨ cvV¨cÖ–‡Ki c‡qvRbxqZv

- Ab¨vb¨ cvV¨cÖ–‡Ki mvnvh¨ Mn‡Yi gva¨‡g welq wk¶K mgvwiKwíZfv‡e wb‡`ó cwim‡i cvV Dc¯vcb Ki‡Z cv‡ib|
- wk¶v_xi wk¶Y-wkL‡b ˆePÎ Avbqb K‡i|
- wk¶Y-wkLb‡K ZË I Z_¨ wbfi Kiv hvq
- wkL‡bi Mfxi Zv e„× cvq|
- wkLb‡K h‡Mvc‡hvMx Ki‡Z mvnvh¨ K‡i|
- c„_exi Ab¨vb¨ †`k, RwZ I mgv‡Ri mv‡_ wkLb‡K cwZ‡hvwMZvgj¨K Ki‡Z mnvqZv K‡i|
- welqe¯ m¤úKxq ZwËK I cv‡qwMK Ávb Ges AwfÁZvi fvÛvi mg„× nq|
- wk¶v_x‡`i cvV Mn‡Yi Abj¨gj¨ cwi‡ek m„ó‡Z mnvqZv K‡i|
- wk¶v`v‡bi †¶‡Î wk¶K‡K mevZ¥Kfv‡e c¯wZ Mn‡Y mvnvh¨ K‡i|
- wk¶v_xi wbKU cwk¶K welqe¯‡K mgvZI mÿúófv‡e Z¡j ai‡Z cv‡ib|
- †kYxK‡¶i †fZ‡i I evB‡i wkLb‡K mnR, †evaMg¨, ü`qMvnx I `xN¯vqx Ki‡Z mnvqZv K‡i|
- Ab¨vb¨ cvV¨cÖ–K †_‡K welqe¯MZ †gŠwjK Z_¨, PvU, mviwY, wPÎ, gvbwPÎ, MwdK wPÎ, cwimsL¨vb BZ¨vw` Z_¨ cvIqv hvq|
- cwk¶‡Ki cvV Dc¯vcb mnR nq|
- wk¶v_xi Áv‡bi AvKv•Lv †gUv‡Z m¶g nq|
- cwk¶‡Ki Ávb wccvmv wbav‡i‡Y Dc‡hvMx
- cwk¶K-cwk¶Yv_x‡K `¶ I †hvM¨ K‡i †Zv‡j|

wk‡¶vcKiY wn‡m‡e wfwWI-i fwgKv

wk‡¶vcKiY wn‡m‡e wfwWI keY-`kb wfwËK DcKi‡Yi Aš–fy³ | wk¶v_xi Kíbv kw³ e„w× Ges wk¶‡Yi cwZ AvMn mµó‡Z keY-`kb wfwËK DcKiY we‡klfv‡e KvhKix fwgKv cvjb K‡i | Kwl.wk¶v wk¶Y-wkL‡b wfwWI-i fwgKv wbgi¡c :

- wk¶K Zui cwiKíbv †gvZv‡eK wfwWI ^Zwi Ki‡Z cv‡ib|
- wk¶v_x‡`i Pwn`v, AwfÁZv we‡ePbvq †i‡L wfwWI ^Zwi Kiv †h‡Z cv‡i|
- AwfÁZvm¤úb †gavex wk¶K‡`i Øviv wfwWI ^Zwii d‡j wk¶v_x‡`i cvV `xN¯vqx n‡Z cv‡i|
- wfwWI wk¶v Kvjxb wk¶v_x‡`i g‡b †Kvb ck mµó n‡j ZLbB wk¶K wfwWI eÜ †i‡L c‡_x‡`i mye„av g‡Zv mg‡q c`kb Kiv hvq|
- wfwWI Pjvki DËi w`‡Z cv‡ib|
- cÖKvi e„wËK Kivi mÿgZvM _vKvi d‡j K‡qKevi wfwWI †`‡L wk¶v_xiv wk¶Y-wkLb KvR mÿgvÛ I †evaMg¨ Ki‡Z cv‡ib|
- wfwWI‡Z ¯í mg‡q AwaK Z_¨‡K mÿgsMVZfv‡e Dc¯vcb Kivi mÿgZvM i‡q‡Q|
- Rxeš– I ev¯–ewfwËK e‡j wfwWI-i gva¨‡g AwRZ wk¶v `xN¯vqx I ü`qMvnx n‡q D‡V|
- cvYx‡`‡ni e„w×, Dw™‡`i dzj, †Kvl cfwZ axi cwµqv¸‡jv wfwWIi gva¨‡g Dc¯vcb Kiv hvq|

wk‡¶vcKiY wn‡m‡e †Uwjwfk‡bi fwgKv

Avayb‡K we‡ki A‡bK †`‡kB wk‡¶vcKiY wn‡m‡e †Uwjwfk‡bi ¸i“Zc¥ fwgKv i‡q‡Q| wk‡¶vcKiY wn‡m‡e †Uwjwfk‡bi wb‡gv³ mye„avewj i‡q‡Q :

- keY I `kb B»`q‡K mwµq K‡i cvV‡K ^ewPÎgq I ü`qMvnx K‡i ‡Zv‡j|
- AwfÁ I †gavex wk¶K Øviv Dc¯vc‡bi d‡j wk¶v_xMY mn‡RB cv‡Vi we‡qe¯e„ß‡Z cv‡ib|
- `ÿf we‡qe¯‡K mivmwi wk¶v_x‡`i m¤§yL mnRfv‡e Dc¯vcb Kiv hvq|
- km¨ Drcv`b c×wZ, nvm-gÿvM cvjb cfwZ `¶Zvgj¨K KvR¸‡jv myiÿfv‡e †Uwjwfk‡bi gva¨‡g Dc¯vcb Kiv hvq|
- GKB mg‡q A‡bK wk¶v_x †`L‡Z cv‡ib|

- GKB mg‡q wewfb ¯v‡b †`Lv m¤e| ZvB wk¶v e¨q Kwg‡q Avbv †h‡Z cv‡i|
- wk¶v `xN¯vqx n‡q D‡V|

wk‡¶vcKiY wn‡m‡e †Uwjwfkb e¨envi‡i Amyweavmgn-

- evsjv‡`‡ki cwk¶Yv_x‡`i `wi`Zvi `i“Y A‡b‡Ki c‡¶B †Uwjwfkb †Kbv m¤e nqbv, d‡j †Uwjwfk‡b Dc¯vcbKZ.cvV t_‡K A‡b‡KB DcKZ.n‡Z cv‡ib bv|
- G‡Z wk¶K-wk¶v_xi gv‡S wg_¯qvi mÿhvM †bB|
- wk¶v_xi A‡bK c‡ki DËi G‡Z mgvav‡bi mÿhvM †bB|
- ¯í mg‡q A‡bK Z_¨ †`qvi d‡j A‡bK wk¶v_x c‡qvRbxq me †bvU wb‡Z cv‡ib bv|
- wbR nv‡Z I ev¯–‡e KvR Kivi mÿhvM _v‡K bv|
- G‡Z wk¶v_x‡`i Zvr¶wYK gj¨vq‡bi mÿhvM †bB|
- AwaK mgq †Uwjwfkb †`Lvi d‡j wk¶v_x‡`i †PvL I vqÿ Dci Pvc mwó n‡Z cv‡i|
- mvgwMK cwµqvwU e¨qeûj|
- †jvW‡kWs n‡j wk¶v_xiv cvVMnY Ki‡Z cv‡ib bv|

KwL.wk¶vq B›Uvi‡b‡Ui ¸i“Z wbYqKiY

- KwL.wk¶vq B›Uvi‡bU wel‡qi Mfx‡i †h‡Z mvnvh¨ K‡i
- KwL.wk¶vq `ÿfZË I Z_¨mgn-msMn Kiv hvq
- wewfb †`k I mgvR t_‡K ZË I Z_¨ msMn Kiv hvq
- KwL.wk¶v m¤ú‡K mv¤úwZK Z_¨ I M‡elYvi djvdj e¨envi Kivi mÿhvM i‡q‡Q
- `ÿfwPÎ DbZ chy³ i gva¨‡g msMn Kiv hvq
- DbZ †`kmg‡ni wkLb †KŠkj m¤ú‡K AeMZ nIqv hvq
- wbR †`k I mgv‡Ri KwL.wk¶vi welqe¯i mxgve×Zv m¤ú‡K Rvbv hvq
- wk¶v_xMY AvaywbK chy³ e¨envi‡i m¶g n‡q D‡Vb
- wk¶v_x‡`i gv‡S M‡elYvagx I mwókxj g‡bvfve weKvk jvf K‡i
- wk¶v_xMY wbR¯ Ávb fvÊvi mg„× Ki‡Z cv‡ib|

wfwWI, †Uwjwfkb I B›Uvi‡bU e¨envi‡i m¤úv¨ bxwZgvjv

- Kwl.wel qK †Kvb avi Yvi e¨vL¨v w`‡Z wfwWI, †Uwjwfkb I B›Uvi‡bU e¨envi Kiv †h‡Z cv‡i|
- wk¶v_x‡`i wewfb `‡j fvM K‡i wfwWI, †Uwjwfkb I B›Uvi‡bU e¨envi‡i myweavi†`qv †h‡Z cv‡i|
- cwZwU `j‡K wfwWI, †Uwjwfkb I B›Uvi‡bU e¨envi Kivi Rb¨ w`‡bi GKUv wbw`ó mgq eivÏ †`qv †h‡Z cv‡i|
- c‡Z¨K `‡ji msMnxZ ZË I Z_¨ Ab¨‡`i e¨envi‡i Rb¨ Dby³ Kiv †h‡Z cv‡i|
- c‡Z¨K `j‡K Avjv`v wel‡q gv‡m GKevi msMnxZ ZË I Z_¨ Ab¨‡`i m¤úbœ cwk¶‡Ki Dcw¯wZ‡Z Dc¯vc‡bi `wqZ †`qv †h‡Z cv‡i|
- B›Uvi‡b‡Ui gva¨‡g cvß weÁvb I chy³ MZ bZzb bZzb Awe®vi Ab¨vb¨ wk¶v_x‡`i gv‡S mieivn Kiv hvq|
- welqe¯i ¸i“Z we‡ePbv K‡i we‡kl we‡kl cv‡Vi wfwWI avi Y K‡i †kYx wk¶‡Ki Abyôvw¯wZ‡Z I wk¶v_x‡`i m¤úbœ c`kb Kiv †h‡Z cv‡i|

wfwWI, †Uwjwfkb I B›Uvi‡b‡Ui DcKiY msM‡ni Dcvqmgn¨

- cwk¶Y`vbKvix cwZôv‡bi Af¨š—ixY e¨e¯vcbvq msMn Kiv †h‡Z cv‡i|
- miKvix Abyôvb cwßi gva¨‡g msMn Kiv †h‡Z cv‡i|
- abx I `vbkxj e¨w³‡`i mvnv‡h¨ msMn Kiv †h‡Z cv‡i|
- GbwRI-i mvnv‡h¨ msMn Kiv †h‡Z cv‡i|
- cwk¶Y `vbKvix cwZôv‡bi cÖKvi gvQ PvI K‡i, †`vKvb _vK‡j †`vKvb fvov †_‡K cvß A‡_i mvnv‡h¨ msMn Kiv †h‡Z cv‡i|
- ¯vbxq miKv‡ii wbKU †_‡K Abyôvb wb‡q msMn Kiv †h‡Z cv‡i|
- DcKiYmgn¨ msM‡ni Rb¨ †UÛvi AvnŸvb Kiv †h‡Z cv‡i Ges †UÛvicÎ evQvB‡qi Rb¨ GKwU KwgwU _vK‡Z cv‡i|
- †UÛvi KwgwU c‡e cYxZ †UÛvi bxwZgvjv †gvZv‡eK †UÛvicÎ evQvB Ki‡e|

wfwWI, †Uwjwfkb I B›Uvi‡b‡Ui Rb¨ msMnxZ DcKiY msi¶Y I Dbq‡bi c_ I cׇZmgn-

- wfwWI, †Uwjwfkb, B›Uvi‡b‡U e¨envi‡i Rb¨ msMnxZ DcKiY ¸‡jv wbqwgZ cwi®vi cwi"Qb ivLv|
- DcKiY ¸‡jv wb`ó mgqmwP Abjxvqx mvwfwms Kiv|
- c‡Z¨KwU DcKi‡Yi mv‡_ ÷vwejvBRvi Ges AvBwcGm-Gi ms‡hvM ivLv †h‡Z cv‡i|
- DcKiYmgn- i¶Yv‡e¶‡Yi Rb¨ `¶ I AwfÁ †UKwbwmqv‡bi mvnvh¨ †bqv †h‡Z cv‡i|
- c‡Z¨KwU DcKi‡Yi Rb¨ c‡qvRbxq hš¿vsk gRy` ivLvi e¨e¯v Kiv †h‡Z cv‡i|

gj¨vqb:

1. cvV¨cÖ–K I Ab¨vb¨ cvV¨cÖ–‡Ki avivYv eYbv Ki"b|
2. Ab¨vb¨ cvV¨cÖ–‡Ki GKwU Zwjkv ˆZwi Ki"b|
3. Ab¨vb¨ cvV¨cÖ–‡Ki c‡qvRbxqZv e¨vL¨v Ki"b|
4. wk‡¶vcKiY wn‡m‡e wfwWI I †Uwjwfk‡bi fwgKv eYbv Ki"b|
5. Kwl.wk¶v wk¶Y-wkL‡b B›Uvi‡b‡Ui ¸i"Z m¤ú‡K wjLyb|
6. Avcbvi g‡Z wfwWI, †Uwjwfkb I B›Uvi‡b‡Ui bxwZgvjv wK ai‡bi n‡Z cv‡i eYbv Ki"b|
7. wfwWI, †Uwjwfkb I B›Uvi‡bU msM‡ni, i¶Yv‡e¶‡Yi I Dbq‡bi Dcvqmgn- eYbv Ki"b|

BDwbU-6
wkÿY-wkLb Kvhµ‡g gj¨hvPvB mgwšZ Kiv

Awa‡ekb-4 : Kwl.wk¶v wk¶Y-wkL‡b gj¨hvPvB-Gi fwgKv t Avbqvwb K I Abvbqvwb K

Awa‡ekb-5 : Kwl.wk¶v wk¶Y-wkL‡b gj¨ hvPvB‡qi fwgKvt MvVwbK, cwš–K I ¯‹zwfËK (SBA)

Awa‡ekb-6 : gj¨hvPvB Kv‡Ri cwimi Dbqb

Awa‡ekb-7 : ck Kiv I †jLv hv e¨w³MZ Ges †eŠw×K `¶Zv cwZôv Ki‡e

Awa‡ekb-8 : ck Kiv I †jLv hv g‡bvfve Ges gj¨‡eva cwZôv Ki‡e

Awa‡ekb-9 : gj¨hvPvB G e¨envh Kgmgn-mZx_ ch‡e¶Y Abykxj‡bi gva¨‡g hvPvB K‡i †`Lv

Awa‡ekb-10 : gj¨hvPvB Aš–fy³Ki‡Y wbw`ó wel‡qi Dci cvV`v‡bi Rb¨ cvV cwiKíbv

Awa‡ekb-11 : gj¨hvPvB Aš–fy³Ki‡Y wk¶vµ‡gi wbw`ó wel‡qi Dci cvV cwiKíbvi chv‡jvPbv

BDwbU-6 **Awa‡ekb-4**

Kwl.wk¶v wk¶Y-wkL‡b gj¨hvPvB-Gi fwgKv : Avbôwb‡K I Abvbôwb‡K

fwgKv

†h †Kvb wk¶Y-wkLb Kvh©µ‡gi wb‡`ó wKQyj ¶¨ I D‡Ïk¨ _v‡K| G mKj j¶¨ I D‡Ïk¨ ev¯–‡e KZUzKz AwRZ n‡q‡Q Zv GKUv wb‡`ó cwµqvi gva¨‡g hvPvB Kiv nq| gj¨gv‡bi GB hvPvB cwµqv‡K gj¨vqb ejv nq| GKRb wk¶K cvV`vb Kv‡j Ges cvV`v‡bi ci Zui Kv‡•LZ D‡Ïk¨ AR‡bi gvÎv wbi¡cY K‡ib| gj¨vq‡bi gva¨‡g wk¶v_xi Ávb I `¶Zv †hgb wk¶K hvPvB K‡ib, Avevi wb‡Ri cvV`v‡bi mdjZvI wePvi we‡k-lY K‡ib| wk¶v_xMY hw` c`Ë KvRwU mwVKfv‡e m¤úb Ki‡Z cv‡i Zvn‡j wk¶K e‡U‡eb †h Zui Kv‡•LZ j¶¨ AwRZ n‡q‡Q Ges wk¶Y-wkLb cwiPvjbvi †¶‡Î wZwb mdj n‡q‡Qb| wk¶K Zui mdjZvi gvÎv Rvbvi ci NvUwZ ev AKZKvhZvi gvÎv wbi¡cY K‡i cieZx mg‡q wk¶Y-wkLb KvR‡K cÖMwVZ K‡i cwic¥Zvi w`‡K wb‡q †h‡Z cv‡ib| G ai‡bi gj¨hvPvB m¤e Avbôwb‡K wk¶v e¨e¯vq| Abvbôwb‡K wk¶vi †¶‡Î wk¶v_x mvaviYZ: wb‡Ri cwievi, cwi‡ek, mgvR cfwZ †_‡K ¯D‡`¨v‡M †`‡L ï‡b I e‡U wk¶v MnY K‡ib — G‡¶‡Î ZvB cwZôwbK †Kvb QK gj¨vq‡bi †¶‡Î c‡hvR¨ bq| G‡¶‡Î wk¶v_x wb‡RB Kv‡Ri dj cwß‡i mv‡_ mvgÄm¨ wea‡bi gva¨‡g wb‡R‡K ev wb‡Ri Kv‡Ri gj¨vqb Ki‡Z cv‡ib| eZgvb Awa‡ekb Avbôwb‡K I Abvbôwb‡K Kwl.wk¶v wk¶Y-wkL‡b gj¨ hvPvB‡qi fwgKv m¤ú‡K Av‡jvKcvZ Kiv n‡q‡Q|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- Avbôwb‡K I Abvbôwb‡K Kwl.wk¶v wk¶Y-wkL‡bi avivYv I ˆewkó¨mgn- eYbv Ki‡Z cvi‡eb|
- Kwl.wk¶v wk¶Y-wkL‡b Avbôwb‡K I Abvbôwb‡K gj¨hvPvB‡qi Dcvqmgn- e¨vL¨v Ki‡Z cvi‡eb|
- Kwl.wk¶v wk¶Y-wkL‡b Avbôwb‡K I Abvbôwb‡K gj¨hvPvB‡qi ¸i“Z eYbv Ki‡Z cvi‡eb|

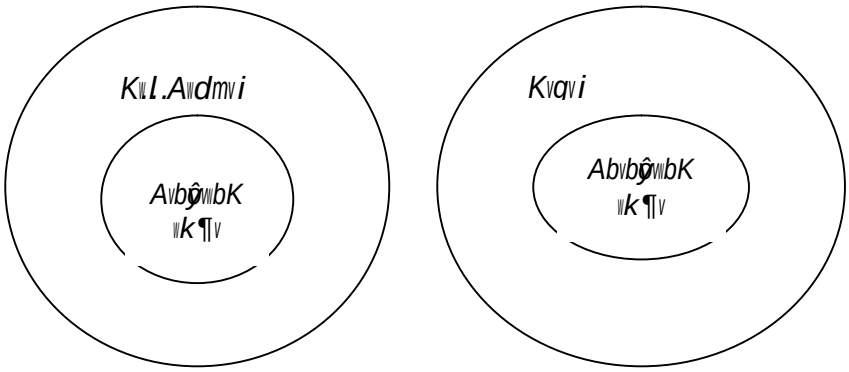
cemgn¨

ce-K:Avbôv wbK I Abvbôv wbK Kwl.wk¶v wk¶Y-wkL‡bi avivq I ^ewkó¨mgn¨ wbi|cY

Avbôv wbK wk¶v n‡jv gj¨Z: ¯¿x, K‡jR I wekwe`¨vj‡qi gva¨‡g AwRZ wk¶v| GB wk¶v wbw`ó mgq mxgvi g‡a¨ m¤úb Ki‡Z nq| Acic‡¶ †h wk¶v †Kvb wbw`ó wk¶vµg, cvV¨mwP, wk¶v cwZôvb I wk¶K e¨ZxZ ARb Kiv †h‡Z cv‡i Zv‡K Abvbôv wbK wk¶v ejv hvq|

wk¶v_xe›`, wb‡Pi kã¸‡jv‡K Avbôv wbK I Abvbôv wbK wk¶vi e‡Ë mvwR‡q wjLb| Avcbv‡`i mwnZv‡_ GKwU K‡i D`vniY †`qv n‡jv|

Kvgvi, Kgvi, KIK, Wv³vi, BwÄbqvi, bvm, †R‡j, nvZ¥o Wv³vi, Kwl. Awdmvi, wk¶K|



wk¶v_xe›`, Kwl.wk¶v wk¶Y-wkL‡b Avbôv wbK I Abvbôv wbK Dfq ai‡bi wk¶vi mvnvM i‡q‡Q| wb‡P K‡qKwU evK¨ †`qv n‡q‡Q| G mKj evK¨¸‡jv c‡o Avcbvi Avbôv wbK I Abvbôv wbK wk¶vi ^ewkó¨mgn¨ wbYq Ki“b| Avcbv‡`i mwnZv‡_ GKwU K‡i D`vniY †`qv n‡jv|

K. mwdK beg †kYx‡Z covKvjxb mg‡q cvV¨cÖK †_‡K K‡¤úv÷ mvi ^Zwii c×wZ wk‡L‡Qb|

L. ^Re mv‡ii g‡a¨ Mv‡Qi c‡qvRbxq cvq mKj Dcv`vb i‡q‡Q — GwU wegj lô †kYxi Kwl.wk¶v cvV¨cÖK c‡o‡Qb|

M. Agj †kYx wk¶‡Ki wk¶v`vb Kv‡j ï‡b‡Qb †h, wfUwgb wm †`n‡K †iv‡Mi Avµg Y †_‡K i¶v K‡i|

N. iwng, Kwig cwi‡ek †_‡K †`‡L, ï‡b Ges wcZvi wbKU n‡Z Kwl.KvR wk‡L‡Qb|

O. gwUi Dei v kw³ K‡g hvIqvi Zv‡`i Rwgi dmj K‡g †Mj|

P. dRjyRwg‡Z K‡¤úv÷ mvi †`b Ges k‡m¨i chvqµg Aej¤b K‡i PvI K‡ib| GwU wZwb GKRb AwfÁ KI‡Ki KvQ †_‡K †R‡b‡Qb|

Avbqbwe‡ewkó¨	Abvbqbwe‡ewkó¨
K. cvV¨mwP Abqvwqx wjwLZ cvV¨cÖ–K †_‡K wk¶v MnY|	N. cwi‡ek I wcZvi wbKU †_‡K we`¨vj‡qi evB‡i †R‡b‡Qb|

wk¶v_x eÜzi, Avbqbwe‡ewkó¨mgn- m¤ú‡K Avkv Kwi Avcbvi eSb‡Z †c‡i‡Qb| G chv‡q Avbqbwe‡ewkó¨ I Abvbqbwe‡ewkó¨ Kwl.wk¶v ej‡Z wK †evSvq †f‡e wbb Ges wb‡P wjLbv|

Avbqbwe‡ewkó¨ Kwl.wk¶v —

Abvbqbwe‡ewkó¨ Kwl.wk¶v —

ce-L: KwLl. wk¶v wk¶Y-wkL‡b Avbôvwb I Abvbôvwb gj¨ hvPvB‡qi Dcvqmgn¨

wk¶v_x eÜzv, Avcbvi v eS‡Z †c‡i‡Qb †h, GKwU wb`ó eq‡m, wb`ó wk¶vµg I cvV¨mwP †gvZv‡eK wb`ó wk¶v cwZôv‡bi ZËvea v‡b †kYxK‡¶i †fZ‡i I evB‡i wbawiZ wbqg-bxwZ‡Z †h wk¶v AwRZ nq — Zv‡KB Avbôvwb wk¶v e‡j | Avevi †Kvb wk¶v cwZôvb e¨wZ‡i‡K, †Kvb wewae× wbqg e¨ZxZ, wb`ó cvV¨µg, cvV¨mwP, cvV¨cÿ–K I wk¶K e¨ZxZ Rxeb, cwi‡ek, mgvR cfwZ †_‡K AwRZ wk¶v‡K Abvbôvwb wk¶v e‡j |

wk¶v_x eÜzv, Avbôvwb wk¶v wk¶‡Y gj¨ hvPvB‡qi Dcvqmgn¨ wb‡P D‡j-L Ki “b | Avcbv‡`i mvea v‡_ GKwU D`vniY †`qv n‡jv |

Avbôvwb wk¶v-wk¶‡Y gj¨hvPvB‡qi Dcvqmgn¨

- cix¶v
  - →
  - → wjwLZ
  - →

- wjwLZ cix¶v
  - →
  - →
  - →
  - → kb¨¯—vb cwiY

- Afx¶v
  - → GKK
  - → } wjwLZ I Kvhm¤úv`bgj¨K

•

GLb Avcbvi v Abvbôvwb wk¶v-wk¶‡Y gj¨hvPvB‡qi Dcvqmgn¨ wjLyb | Avcbv‡`i mvea v‡_ GKwU D`vniY †`qv n‡jv |

Abvbgwb K KwÍ.wk¶v-wk¶‡Y gj¨hvPvB‡qi Dcvqmgn

- ch‡e¶Y `¶Zv
-
-
-
-
-

ce-M: KwLl. wk¶v wk¶Y-wkL‡b Avbôvwb K I Abvbôvwb K gj¨ hvPvB‡qi ¸i“Z wbYqKiY

wk¶v_x eÜzv, wb‡P Q‡K AvUwU evK¨ i‡q‡Q| evK¨¸‡jv‡Z Avbôvwb K I Abvbôvwb K gj¨hvPvB‡qi fwgKv m¤ú‡K ejv n‡q‡Q| fwgKv¸‡jv †_‡K Avcbviv Avbôvwb K I Abvbôvwb K wk¶v mbv³ Ki“b| Avcbv‡`i mvwe©vPvi `ÛvU D`vniY †`qv n‡jv|

KwLl.wk¶vq Avbôvwb K I Abvbôvwb K gj¨hvPvB‡qi fwgKv	Avbôvwb K	Abvbôvwb K
j¶¨ AR‡b wk¶v_xi cviMZvi gvÎv cwigvc Kiv|	√	
we¯ZZ.cwim‡i KwLl.Av‡›`vjb Ziwš Z Kiv|		√
cvV`v‡bi beZi †KŠkj D™veb Kiv|		
wk¶v_xi cviMZvi gvÎv cwigvc K‡i cieZx c`‡¶c MnY Kiv|		
KwLl.Dbq‡b mvaviY gvby‡li m¤ú„³ Zv Kv‡R jvMv‡bv hvq|		
KwLl.AÂj mbv³ K‡i e¨vcK nv‡i KwLl.we lqK KgKvÛ m¤úb Kiv hvq|		
KwLl.wk¶vi j¶¨ I D‡Ïk¨ cwigvRb I cwieZb Kiv hvq|		
we lqwfwËK e¨envwiK Kv‡Ri `¶Zv cwigvc Kiv hvq|		

wk¶v_x eÜzv, Dchy³ e³e¨¸‡jvi Av‡jv‡K Avcbviv KwLl.wk¶v wk¶Y-wkL‡b Avbôvwb K I Abvbôvwb K gj¨hvPvB‡qi ¸i“Zmgn¨ m¤ú‡K eYbv Ki“b|

BDwbU-6 **Awa‡ekb-4**

gj¨ wkLbxq welq

Kwl.wk¶v wk¶Y-wkL‡b gj¨vPvB-Gi fwgKv : Avbôvwb‡K I Abvbôvwb‡K

†h †Kvb wk¶Y-wkLb Kvhµg wKQyj ¶¨ I D‡Ïk¨‡K wb‡q cwiPvwjZ nq| wk¶Y-wkLb Kvhµ‡gi gva¨‡g G mKj j¶¨ I D‡Ïk¨ wK cwigvY AwRZ n‡q‡Q Zv Rvbv‡i gva¨g n‡jv gj¨vqb| A_vr wk¶vi Afxó j¶¨ KZUzKz AwRZ n‡q‡Q Zv gj¨vq‡bi gva¨‡g Rvbv hvq| gj¨vqb n‡jv Ggb GKwU cwµqv hvi mvnv‡h¨ wk¶Y-wkL‡bi ¸YMZ I cwigvYMZ cwigvc Kiv hvq| ÷vdjweg Gi g‡Z, ÔÔ‡Kvb wKQy gj¨ wbav‡i‡Yi cwµqv‡KB gj¨vqb ejv nq|ÕÕ gj¨vqb n‡jv GKwU avivevwnK cwµqv| gj¨vq‡bi mv‡_ †Kvb Kv‡Ri mdjZvi gj¨ wePvi Ges gZvgZ c`vb I wm×vš– MnY Nwbôfv‡e RwoZ| gj¨vq‡bi gva¨‡g wk¶v_xi Ávb I `¶Zv †hgb wk¶K hvPvB K‡ib Avevi wb‡Ri cvV`v‡bi mdjZv m¤ú‡K I Rvb‡Z cv‡ib| wk¶v_xi Ávb, `¶Zv hvPvB‡qi ci Zvi †Kv_vI †Kvb NvUwZ †`L‡Z †c‡j cieZx‡Z H NvUwZ ci‡Y wk¶K m‡Pó n‡eb|

evsjv‡`‡ki A_bxwZ I DbqbKg gj¨Z Kwl‡wfwËK| G †`‡ki lô †_‡K `kg †kYx chš– Kwl.wk¶v GKwU Avewk¨K cvV¨ welq wn‡m‡e cov‡bv n‡"Q| G‡Z wk¶v_x‡`i Kwl‡¶‡Î c‡qvM‡hvM¨ chy³ mg‡ni ZËxq I e¨enwiK Ávb e¨×i c‡Póv MnY Kiv n‡q‡Q| lô †_‡K `kg †kYxi Kwl.wk¶vi welqe¯, wk¶vµg I cvV¨mwPi ZËxq I cv‡qvwMK welq¸‡jv wk¶Y-wkL‡bi gva¨‡g wk¶v_x‡`i ¯Kgms¯v‡b DØ×x Kiv †h‡Z cv‡i| e¨enwiK Kv‡Ri gva¨‡g wk¶v_xMY k‡gi cwZ k×vkxj n‡eb Ges Zv‡`i gv‡S Kv‡Ri cwZ BwZevPK `¶ó f½x M‡o DV‡e| Z‡e wk¶v_x‡`i wk¶Y-wkL‡bi gva¨‡g Ávb, `¶Zv I †hvM¨Zv KZUzKz AwRZ n‡"Q Zv mwVK, Î "wUgy³ I †hŠw³K gj¨vq‡bi gva¨‡g Rvbv hv‡e| gj¨vPvB ev gj¨vqb gj¨Z Avbôvwb‡K wk¶vi †¶‡Î Kiv †h‡Z cv‡i| Abvbôvwb‡K wk¶v wk¶v_x Zvi cwievi, cwi‡ek I mgvR †_‡K ARb K‡i| Z‡e Abvbôvwb‡K wk¶vq wk¶v_x wb‡RB wb‡R‡K gj¨vqb Ki‡Z cv‡ib| KviY wk¶v_xi cv‡ki evoxi ev Mv‡gi GKRb KI.K †h c×wZ c‡qvM K‡i fvj djb †c‡q‡Q Zv wk¶v_x hw` mwVKfv‡e c‡qvM Ki‡Z cv‡ib Z‡e wk¶v_xi djbI Kg n‡e bv wb:m‡›`‡n| hw` djb Kg n‡q _v‡K Zvn‡j e¨‡Z n‡e †h, †Kv_vI †Kvb NvUwZ i‡q †M‡Q| G‡¶‡Î wk¶v_x Zvi NvUwZ mbv³ Ki‡Z cvi‡j-GUvB n‡e Abvbôvwb‡K wk¶vi Abvbôvwb‡K gj¨vqb| mZ¨vs Kwl.wk¶v wk¶Y-wkL‡b Avbôvwb‡K I Abvbôvwb‡K gj¨vqb wk¶v_x, wk¶K, wk¶we`, ckvmK, Awffveavq‡Ki fwgKv cvjb K‡i|

Avbqvwbi I Abvbqvwbi Kwgkb wk¶Y-wkL‡bi avivq

Abvbqvwbi wk¶v

wPÎ t Abvbqvwbi wk¶v

gvbyl i Rxe‡b wk¶vi mÎ cvZ nq Abvbqvwbi wk¶v avivq Ges GB cwµqv Avgiv‡Zi Ae¨vnZ _v‡K| Rb¨ jM †_‡K ïi“ K‡i Rxebe¨vcx ^`bv`b Rxeb hvc‡bi ga¨ w`‡q gvbyl ï‡b, †`‡L, Abykiv K‡i I †V‡K hv †k‡L ZvB Abvbqvwbi wk¶v| G wk¶vi cÖvkvjv n‡”Q cKwZ, cwi‡ek, cwievi, mgvR I K‡gi fvlv| GLbI Avgv‡`i g‡Zv Dbqbkxj

†`kmg‡ni Mvgxb mgv‡R wkï eq‡mB †Q‡j I †g‡q‡`i RxebeË wPwýZ n‡q hvq| GB eq‡mB †Q‡j-‡g‡qiv Mi"-QvMj †`Lv-ïbv, dm‡ji †¶‡Z cwb †`Iqv, dmj cvnvi v †`Iqv, MvQ jvMv‡bv I cwiPhv Kiv BZ¨vw` Kv‡R wb‡qwRZ _v‡K| Gme KvR K‡gi ga¨ w`‡q RxeRši cwiPhv m¤ú‡K, dmj m¤ú‡K, †`kxq MvQ MvQov m¤ú‡K Ggb wK Avenv Iqv m¤ú‡KI Ávb jvf K‡i| Aí eq‡mB Zvi v `wqZ cvj‡b Af¨¯– n‡q I‡V, Zv‡`i g‡a¨ M‡o I‡V ¯v_Z¨v‡Mi g‡bvfve I `wqZ‡eva| ˆK‡kvi I †hŠe‡b G wk¶v we¯ZZ.nq|

mš–v‡bi v hv‡Z fwel¨r Rxeb msMv‡gi Rb¨ k³, mg_ I Kg¶g n‡q M‡o DV‡Z cv‡i GRb¨ bvbv iKg Kómwnòz Kv‡R Af¨¯– K‡i, gvZv-wcZv Zv‡`i `¶ I Dchy³ n Iqv i wk¶v †`b| Kg Rxe‡b c‡ek Kiv i ci mgeqmx I mnKgx‡`i mnvqZvq Zvi v Kg`¶Zv ARb K‡i| Zv‡`i mvnP‡h bvbv iKg Rxeb AwfÁZv ARb K‡i Ges e¨vwe„Ë i weKvk mwaZ nq| Kwl.†gjv, Kwl.c`kbx, MYgva¨g mg‡ni Kwl.weIqK Abyôvb, Kwl.g¨vMvwRb, Kwl.weZK BZ¨vw` weIq¸‡jv I Abvbyôvwb bK wk¶v i Aš–fy³|

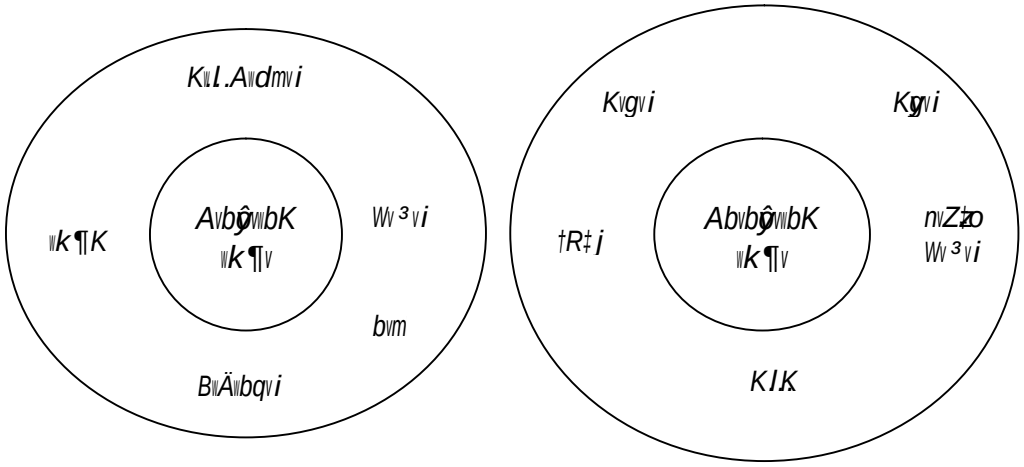
Abyôvwb bK wk¶v

wPÎ : cvZ¨nK mgv‡ek

Avbqvwbi wk¶v n‡"Q ¯–iwfwËK, †kYxwfwËK, eqtµwgK, D‡Ïk¨g‡–K, c¥Kvjxb, msMwVZ I wbqwšZ wk¶v e¨e¯v|

evsjv‡`‡ki wbggva¨wgK I gva¨wgK ¯–‡i Kwl.wk¶v GKwU Avewk¨K wel‡q wn‡m‡e cov‡bv n‡"Q| gva¨wgK ¯–‡ii Kwl.wk¶vµg Abbxvqx c‡Z¨KwU †kYxi cvV¨mwP †gvZv‡eK cvV¨cÖ–K¸‡jv cYqb Kiv n‡q‡Q| G mKj cvV¨cÖ–‡K wbggva¨wgK I gva¨wgK ¯–‡ii wk¶v_x‡`i `¶Zv AR‡bi Rb¨ Kwl‡¶‡Î MnY‡hvM¨ chy³mg‡ni ZwËK I e¨envwiK w`Kmgn-Zzj aiv n‡q‡Q| G‡Z Kwl.wk¶v, Kwl.D`¨vb, dmj, kvKmewR Drcv`b, ebvqb, gvQ Pvl, Mn¡cwjZ cwL cvjb, Mn¡cwjZ c¨cvjb cfwZi ZËxq I e¨envwiK w`Kmgn-mnR, mij, †evaMg¨ I cvÄj fvlvq eYbv Kiv n‡q‡Q|

Avbqvwbi I Abvbqvwbi wk¶vi eÜz



Avbqvwbi wk¶vi ˆewkó¨	Abvbqvwbi wk¶vi ˆewkó¨
K. cvV¨mwP Abbxvqx wjwLZ cvV¨cÖ–K †_‡K wk¶v MnY|	N. cwi‡ek I wcZvi wbKU †_‡K we`¨vj‡qi evB‡i †R‡b‡Qb|
L. wbw`ó †kYxi cvV¨cÖ–K †_‡K ZËxq Ávb ARb|	O. Rxe‡bi ev¯–e AwfÁZv †_‡K wk¶v MnY / ARb|
M. †kYx wk¶K cvV¨cÖ–K I cvV¨mwP †gvZv‡eK †ivM cwZKv‡ii Dcvq m¤ú‡K wk¶v_x‡K ZËxq ÁvbvR‡b mnvqZv K‡i‡Qb|	P. `¶ I AwfÁ KI‡Ki AwfÁZv †_‡K wk¶v MnY|

- **Avbôvwb K wl.wk¶v**
  - wk¶v cwZôv‡b wbw`ó cvV¨mwP I mg‡qi g‡a¨ G wk¶vMnY Ki‡Z nq|
  - Kwl.wel‡q ZËxq I e¨enwiK Dfq cKvi `¶Zv AR‡bi mÿgvM _v‡K|
  - G‡Z wbw`ó cvV¨µg _v‡K|
  - G‡Z wk¶K cavb fwgKvq _v‡Kb Ges Ab¨vb¨ DcKiY e¨envi Kiv nq|
  - G‡Z cPz‡i A_ e¨q nq|

- **Abvbôvwb K wl.wk¶v**
  - Rb¥jM †_‡K ï‡i “ K‡i Rxebe¨vcx G wk¶v Mn‡Yi mÿgvM _v‡K|
  - cvZ¨vnK Rxeb-hvc‡bi gva¨‡g cwievi, wbKU cwi‡ek I mgvR †_‡K †`‡L, ï‡b Ges Z_¨ Abyôvi Y K‡i G wk¶v MnY K‡i|
  - Aí eqm n‡Z Kwl.welqK KgKvÛ cvj‡bi d‡j Kwli cwZ BwZevPK g‡bvfve ^Zwi nq|
  - Kwl.welqK cÎ cwÎKv, Rvbvj, Kwl.†gjv, Kwl.g¨vMvwRb, Kwl.Lvgvi cwi`kb, †iwWI †Uwjwfk‡bi Kwl.welqK Abôvb GmeB Abvbôvwb K wl.wk¶vi Aš—fy³|
  - G‡Z e¨‡qi cwigvY Zzjbvgj¤Kfv‡e Kg|

Avbôvwb K wk¶vi cKwZ.I ^ewkó¨

D‡Ïk¨t G wk¶vi D‡Ïk¨vewj wbavi‡Yi mgq we‡klfv‡e j¶¨ ivLv nq †hb †m¸‡jv mKj wk¶v_xi wk¶vi ck¯—fxZ M‡o †Zvjvi Dc‡hvMx nq|

mwUwd‡KU gyLx t wk¶vi cwZwU ¯—i †k‡l gj¤¨vq‡bi gva¨‡g mwUwd‡KU c`vb Kiv nq| hw` I wk¶vRxeb †kl Ki‡Z `xN mgq j‡M Z‡e AwRZ wWMxi Rb¨ mn‡R A_‰bZwK I mvgwRK mÿeav cvIqv hvq|

Avbôvwb K wk¶vq wkïKvj †_‡KB fwel¨r Rxe‡bi c¯—Zi j‡¶¨ wk¶v cwZôv‡bi Øvi¯—n‡Z nq|

Avbqvwbi wk¶v cÖKvjxb|

cvV¨we`q ce©wbawiZ I Av`kvwqZ|

evsjv‡e`Ë I `¶Zv Dbqb msµvš–|

cwZôvwbK A_vr wk¶v Kgm¨P ev¯–evq‡bi Rb¨ wk¶v cwZôvb cwZôv Kiv nq|

Avbqvwbi wk¶v cwi‡ek we‡Qb, e¨qeûj, Abgbxq|

gj¨hvPvB ev gj¨vqb

gj¨vq‡bi A_ gj¨ wbaviY Kiv| B`vwbs wk¶v †¶‡Î hvPvB ev gj¨vqb kãwU e¨vcKfv‡e e¨envi n‡"Q| wk¶vµg †hgb mvgMxK wk¶ve¨e¯vi cvY‡K›`| Avevi gj¨hvPvB ev gj¨vqb wk¶vµg cYqb I ev¯–evq‡bi †¶‡Î ga¨gvb wn‡m‡e e¨eüZ n‡"Q| gj¨vq‡bi Awfavbi A_ gvb ev ¸i"Z wbi¦cY Kiv ev ¸Y wePvi Kiv| †Kvb Kvhµg, c×wZ ev cwµqvi djcmgZv, KvhKwiZv, D‡Ïk¨ AR‡bi m¶gZv, `ªæjZv BZ¨vw` hvPvB K‡i †m m¤ú‡K c‡qvRbxq wm×v‡š– Dcbxq nIqv ev gZ cKv‡ki cwµqv‡K ejv nq gj¨vqb ev gj¨ hvPvB|

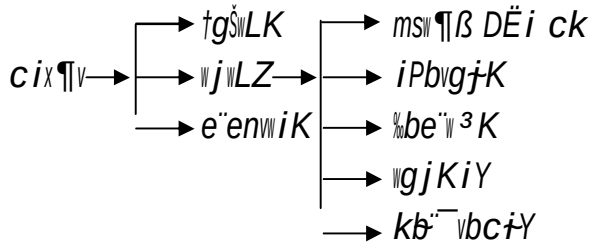
gj¨ hvPvB ev gj¨vq‡bi †¶‡Î e¨eüZ kã

- **Afx¶v [Test]** t mvavi Y A‡_ Afx¶v n‡jv ckc‡Îi GKwU Av`kwqZ †mU hvi DËi wePvi K‡i wk¶v_x‡`i Áv‡bi we¯ZwZ.cwigvc Kiv m¤e|

- **cix¶v [Examination]** t †h cwµqvq †Kvb e¨w³i Dci Afx¶v c‡qvM K‡i Zvi gj¨vqb nq Zv‡K ejv nq cix¶v| cix¶vi gva¨‡g wk¶v_xi ‰ewkó¨, ¸Yvejx, `¶Zv, Áv‡bi Mfxi Zv BZ¨w` wbi¡cY Kiv nq| A‡b‡Ki g‡Z Avbqwbwb K wk¶vq hLb mybw`ó wk¶vµg I cvV¨mwPi Dci cewbawiZ mgqmwP Abjvqx wk¶v_x‡`i AwRZ Áv‡bi cwigvc Kiv nq Zv‡K cix¶v e‡j|

- **cwigvc [Measurement]** t gj¨ hvPvB ev gj¨vq‡bi Rb¨ cwigvc Acwinvh| Afx¶vi d‡ji cwigvcMZ cKvkB cwigvc| Mbjv Û I wjb-Gi g‡Z, ÔÕ‡Kvb e¨w³i g‡a¨ †Kvb wbw`ó ˆewkó¨ KZUzKzi‡q‡Q Zvi msL¨vMZ eYbv jv‡fi cwµqvB n‡jv cwigvc|

Avbqwbwb KwL.wk¶Y-wkL‡b gj¨ hvPvB‡qi Dcvqmgn:



- Afx¶v- GKK / `jMZ } wjwLZ I Kvhm¤úv`bgj¨K

Afx¶v

[1] c‡qv‡Mi †¶Î‡f‡` t GKK I `jMZ
[2] c‡qv‡Mi c×wZ‡f‡` t †gŠwLK ev A‡gŠwLK [wjwLZ I Kvh m¤úv`bgj¨K]

wjwLZ Afx¶v Avevi `ßicKvi t
K) iPbvgj¨K [msw¶ß DËi, `xN DËi]
L) ˆbe¨w³K [wgjKiY, mZ¨-wg_¨v, kb¨¯vbcÖY, eû wbevPbx, GK k‡ã DËi]

- Kg m¤úv`b ch‡e¶Y
- Kg`¶Zv ch‡e¶Y I cwigvc
- wPš—b I mwókxjZv ch‡e¶Y I cwigvc

Abvbôvwb‡K KwL.wk¶v-wk¶‡Y gj¨ hvPvB‡qi Dcvq

- ch‡e¶Y `¶Zv
- Drmvn I AvMn
- wPš—v Kivi ¶gZv
- Kv‡Ri wbcÿZv
- nv‡Z Kj‡g KvR Kivi `¶Zv
- Af¨vm MVb gvÎv
- mgq Ávb
- cQ›` I AcQ›`
- †gŠwLK weeiY/e¨vL¨v

KwL.wk¶vq Avbôvwb‡K I Abvbôvwb‡K gj¨hvPvB‡qi fwgKv	Avbôvwb‡K	Abvbôvwb‡K
j¶¨ AR‡b wk¶v_xi cviMZvi gvÎv cwigvc Kiv|	√	
we¯ZZ.cwim‡i KwL Av‡›`vjb Ziwš‘Z Kiv|		√
cvV`v‡bi beZi †KŠkj D™veb Kiv|	√	
wk¶v_xi cviMZvi gvÎv cwigvc K‡i cieZx c`‡¶c MnY Kiv|	√	
KwL.Dbq‡b mvaviY gvbyl i m¤ú,³Zv Kv‡R jvMv‡bv hvq|		√
KwL.AÂj mbv³ K‡i e¨vcK nv‡i KwL.welqK KgKvÛ m¤úb Kiv hvq|		√
KwL.wk¶vi j¶¨ I D‡Ïk¨ cwigvRb I cwieZb Kiv hvq|	√	
welqwfwËK e¨envwiK Kv‡Ri `¶Zv cwigvc Kiv hvq|	√	

KwL.wk¶v wk¶Y-wkL‡b Avbôvwb‡K I Abvbôvwb‡K gj¨hvPvB‡qi fwgKv

†h †Kvb wk¶vgj¨K KgKvÛ‡K mdjZvi w`‡K GwM‡q †bqvi Rb¨ gj¨hvPvBGKvš—fv‡e c‡qvRb| KwL.wk¶v wk¶Y-wkLb cwiPwjZ nIqvi ci gj¨hvPvB‡qi d‡j hw` wkLbdj AwRZ bv nq Zvn‡j a‡i †bIqv †h‡Z cv‡i †h wk¶Y-wkL‡bi †¶‡Î †Kv_vI Î“wU i‡q †M‡Q| G ai‡bi cwiw¯wZ‡Z KwL.wk¶v wk¶Y-wkL‡bi j¶¨ I D‡Ïk¨‡K cwieZb ev

cwigvRb Kivi c‡qvRb nq| wk¶K †kYxK‡¶ cvV`vb I cvVMn‡Yi †h Kjv‡KŠkj c‡qvM K‡i‡Qb, †m¸‡jv KZUv h_vh_ Zvl gƒ¨hvPvB‡qi d‡j Rvbv hvq| c‡qvR‡b wfb †KŠkj Aej¤b K‡i gƒ¨hvPvB‡qi gva¨‡g wk¶v_xi cviMZvi nvi‡K ceeZx mg‡qi AMMwZi mv‡_ Zzjbv K‡i wePvi Kiv hvq| gƒ¨hvPvB‡qi d‡j cv‡V wk¶v_xi AMMwZi †h mvgMxKi‡c cvlqv hvq, Zvi Av‡jv‡K Dbq‡bi j‡¶¨ mwVK wb‡`kbv †`lqv hvq| GQvov Kwl.wk¶vi wk¶vµg cYqb I ev¯–evq‡b gƒ¨hvPvB‡qi gva¨‡g av‡c av‡c KvhKwiZv wePvi K‡i wk¶vµ‡gi Î"wU wePzZ wPwýZ Kiv hvq| mZ¨vs Kwl.wk¶v wk¶vµ‡gi cÖweb¨vm, ms¯‹vi I Dbq‡b gƒ¨hvPvB wbiwe"Qbfv‡e ZËeavq‡Ki fvlvKv cvjb K‡i| Abvbôvwb K Kwl.wk¶v welqK Kvh m¤úv`b, `¶Zv c`kb BZ¨vw` ch‡e¶Y, mv¶vrKvi MnY, †gŠwjK eYbv MnY Gi gva¨‡g gƒ¨ hvPvB K‡i cvi`wkZv ARb I g‡bvfve MV‡b cieZx c`‡¶c MnY Kiv hvq| Avgv‡`i †`‡ki AwaKvsk KlKB DËiwaKvi m‡Î Kwl‡K †ckv wn‡m‡e †e‡Q ‡bb| Zviv A‡b‡KB Aíwk¶Z ev wbi¶i| G wekvj KlKZz, hviv Abvbôvwb K avivq Kwl.welqK Ávb, AwfÁZv I `¶Zv ARb K‡i‡Qb Zv‡`i wbcÖZv, AvMn, Drmvn I Kwl.m¤ú„³Zv e„×i Rb¨ gƒ¨vq‡bi we‡kl fvlvKv i‡q‡Q| KviY e¨vcK Rb‡Mvôxi AskMnY Qvov Kwl‡Z ¯‹bfiZv ARb Kómva¨|

gƒ¨vqb:

1. Abvbôvwb I Abvbôvwb Kwl.wk¶v wk¶Y-wkL‡bi avivYv I ˆewkó¨vejx eYbv Ki"b|
2. Kwl.wk¶v wk¶Y-wkL‡b Abvbôvwb I Abvbôvwb gƒ¨hvPvB‡qi Dcvqmgn¨ e¨vL¨v Ki"b|
3. gƒ¨hvPvB ev gƒ¨vqb ej‡Z wK †evSvq? Kwl.wk¶v wk¶Y-wkL‡b Abvbôvwb I Abvbôvwb gƒ¨hvPvB‡qi ¸i"Zmgn¨ e¨vL¨v Ki"b|

BDwbU-6 **Awa‡ekb-5**

Kwl.wk¶v wk¶Y-wkL‡b gj¨hvPvB‡qi fwgKv: MvVwbK, cwš–K I ¯‹zwfwËK (SBA)

fwgKv

c‡ei Awa‡ek‡b Avcbvi Avbqvwbi I Abvbqvwbi Kwl. wk¶v wk¶Y-wkL‡b gj¨hvPvB‡qi fwgKv m¤ú‡K Rvb‡Z †c‡i‡Qb| Kwl.wk¶v wk¶Y-wkLb Kvhµ‡gi j¶¨ I D‡Ïk¨mgn- AR‡bi gvÎv wbi¦c‡Yi Rb¨, wk¶v_x‡`i mejZv I `vwqZv wbi¦c‡Yi Rb¨ Ges m‡evcwi wk¶‡Ki cvV`v‡bi mejZv I `vwqZv mbv³Ki‡Yi Rb¨ gj¨hvPvB‡qi ¸i“Zc¥- Ae`vb i‡q‡Q - G K_v Avcbvi ‡R‡b‡Qb| G Qvov gj¨vq‡bi wewfb Dcvqmgn- m¤ú‡K I Avcbvi AeMZ n‡q‡Qb| Kwl.wk¶v wk¶Y-wkL‡b MvVwbK, cwš–K I ¯‹zwfwËK gj¨vqb c×wZ e¨envi Kiv †h‡Z cv‡i| wk¶v_x‡`i wk¶v`vb Kv‡j †kYxK‡¶ ev Gi evB‡i wk¶K †h gj¨vqb K‡i _v‡Kb Zv‡K MvVwbK gj¨vqb ejv †h‡Z cv‡i| Avevi †h gj¨vqb mvaviYZ: wk¶Y-wkLb Kvhvejx m¤úb nIqvi ci Kiv nq Zv‡K cwš–K gj¨vqb ejv †h‡Z cv‡i| ¯‹zwfwËK gj¨vqb (SBA) n‡jv - ¯‹zj i welqwfwËK wk¶K cwiPwjZ avivevwnK ev MvVwbK gj¨vqb| mKj gj¨vq‡bi j¶¨B n‡jv wk¶vµ‡g ewYZ j¶¨ I D‡Ïk¨mgn- wk¶v_xiv KZUzKzARb K‡i‡Q Zv wbYq Kiv, j¶¨ I D‡Ïk¨mgn- AR‡bi c‡_ cwZeÜKZvmgn- mbv³ Kiv Ges †m mKj cwZeÜKZv `i- Kivi gva¨‡g wk¶Y-wkLb Kvhµg‡K djcm-K‡i †Zvjv| eZgvb Awa‡ek‡b MvVwbK, cwš–K I ¯‹zwfwËK gj¨vqb m¤ú‡K Av‡jvPbv Kiv n‡q‡Q|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- Kwl.wk¶v wk¶Y-wkL‡b MvVwbK, cwš–K I ¯‹zwfwËK (SBA) gj¨vq‡bi avivYv e¨vL¨v Ki‡Z cvi‡eb|
- wk¶Y-wkL‡b e¨eüZ MvVwbK I cwš–K gj¨vq‡bi †KŠkjmgn- mbv³ Ki‡Z cvi‡eb|
- Kwl.wk¶v wk¶Y-wkL‡b MvVwbK I cwš–K gj¨vq‡bi ¸i“Z e¨vL¨v Ki‡Z cvi‡eb|

cemgn¨

ce-K: MvVwbK, cwš–K I ¯¿xwfwËK gj¨vq‡bi avivYv I ^ewkó¨mgn¨ ¯úóKiY

gj¨vqb n‡jv †Kvb cv‡Vi D‡Ïk¨ mwVKfv‡e AwRZ n‡q‡Q wKbv Zv hvPvB Kivi cwµqv| gj¨vqb wewfb ai‡bi n‡Z cv‡i †hgb- MvVwbK gj¨vqb, cwš–K gj¨vqb I ¯¿xwfwËK gj¨vqb (SBA)| †Kvb †Kvm ev cvV Pjv Kvjxb mg‡q Pjw Z cv‡Vi wewfb chv‡q wk¶K †h gj¨vqb K‡ib Zv‡K MvVwbK (Fromative) gj¨vqb ejv hvq| MvVwbK gj¨vq‡bi cavb †¶Î n‡jv wk¶K, wk¶v_x Ges wk¶Y-wkL‡bi welqe¯| MvVwbK gj¨vqb wk¶Y-wkLb Kvh ïi“i c_g †_‡K †kl chš– Pj‡Z cv‡i|

wk¶v_x eÜzv, wb‡P MvVwbK gj¨vq‡bi GKwU ^ewkó¨ D‡j-L Kiv n‡jv| MvVwbK gj¨vq‡bi avivYvi Av‡jv‡K Avcbviv Av‡iv K‡qKwU ^ewkó¨ D‡j-L Ki“b|

MvVwbK gj¨vq‡bi ^ewkó¨mgn¨:

- G ai‡bi gj¨vq‡bi gva¨‡g wk¶K Zui wk¶v`vb cwµqv‡K wk¶v_xi Ávb, `¶Zv I gj¨‡eva AR‡bi mv‡_ mgvÄm¨c¥K Ki‡Z cv‡ib|
-
-
-
-

wk¶Y-wkLb Kvh©µg mgvß Kiv‡i ci mvgwMK Kvh©µ‡gi djvdj, cfve I j¶¨ AR‡bi gv‡Îv wbi¡c‡Yi Rb¨ †h g‡¨hvPvB ev g‡¨vqb Kiv nq, Zv‡K cwš–K (Summative) g‡¨vqb e‡j| Ab¨fv‡e ejv hvq, cvV`vb †k‡l mgM cv‡Vi Dci mwweK g‡¨vqbB n‡jv cwš–K g‡¨vqb|

wk¶v_x eÜzv, cwš–K g‡¨vq‡bi cvß avivi Av‡jv‡K Avcbviv Gi K‡qKwU ˆewkó¨ D‡j-L Ki“b| Avcbv‡`i mvgvb¨ GKwU D`vniY †`qv n‡jv|

cwš–K g‡¨vq‡bi ˆewkó¨mgn:

- cwš–K g‡¨vq‡bi gva¨‡g wk¶v_xi cvi`wkZv ev ARb gv‡Îvi GKwU mwweK wPÎ cvIqv hvq|
-
-
-

we`¨vj‡qi †kYxK‡¶ A_ev Gi evB‡i wk¶v_x‡`i †h g‡¨vqb Kiv nq, Zv‡K ¯‹z wfwËK g‡¨vqb (School Based Assesment) A_ev SBA ejv nq| G cwµqvq wk¶v_xi welqwfwËK g‡¨ hvPvB‡qi mv‡_ mv‡_ wk¶vµ‡gi D‡Ïk¨ AR‡bi Rb¨ Av‡iv †h welq¸‡jv we‡ePbv Kiv nq Zv n‡jv wk¶v_xi —

- Abyÿ wÜvbg‡K `¶Zv
- e¨w³MZ I †hvMv‡hvM `¶Zv
- mvgwRK ¸Yvejx I ˆbwZKZv
- nwRiv, ¯v¯¨MZ Ae¯v
- †Ljvaxb I mvs¯‹ZK KgKvÊ
- AwcZ KvR m¤úv`b I Dc¯vcb `¶Zv
- ewoi KvR BZ¨vw`|

ce-L: wk¶Y-wkL‡b e¨eüZ MvVwbK I cwš–K gj¨vq‡bi †KŠkjmgn-kbv³ KiY

wk¶v_x eÜzv, MvVwbK gj¨vq‡bi cvß avivi Av‡jv‡K Avcbvi Gi †KŠkjmgn- mbv³ Ki“b| Avcbv‡`i mnyeav‡_ GKwU D`vniY †`qv n‡jv|

MvVwbK gj¨vq‡bi †KŠkjmgn-:

- ewoi KvR
-
-
-

wk¶v_x eÜzv, cwš–K gj¨vq‡bi avivi Av‡jv‡K Avcbvi Gi †KŠkjmgn- wPwýZ Ki“b| Avcbv‡`i mnyeav‡_ GKwU D`vniY †`qv n‡jv|

cwš–K gj¨vq‡bi †KŠkjmgn-:

- wjwLZ cix¶v (c_g mvgwqK, wØZxq mvgwqK I ewlK cix¶v)
-
-
-

ce-M: KwL.wk¶v wk¶Y-wkL‡b MvVwbK I cwš–K g‡j¨vq‡bi ¸i“Z e¨vL¨vKiY

wk¶v_x‡`i wkLb AMMwZ mwVKfv‡e Abyôvb‡bi Rb¨ MvVwbK g‡j¨vqb GKvš– Acwinvh| MvVwbK g‡j¨vq‡bi gva¨‡g avivewnKfv‡e wk¶v_x‡`i AwRZ `¶Zv cwigvc Kivi mÿgZvM i‡q‡Q| G‡Z wk¶v_xi `ÿgZv mbv³Ki‡Yi gva¨‡g Zv `ÿZKi‡Y wk¶K e¨e¯v MnY Ki‡Z cv‡ib| wk¶v_xe„›`, MvVwbK g‡j¨vq‡bi ¸i“Zmgn- wb‡Pi Q‡K D‡j-L Ki“b| Avcbv‡`i mÿgZv‡_ GKwU D`vniY †`qv n‡jv|

MvVwbK g‡j¨vq‡bi ¸i“Zmgn:

- G‡Z wel‡q e¯ wk¶v_xi wbKU mnR I †evaMg¨ n‡q D‡V|
-
-
-

Kwl.wk¶v wk¶Y-wkL‡b cwš–K g‡j¨vqb wk¶v_x‡`i KwZ‡Zi cwigvb cwigv‡c mnvqZv K‡i| wk¶v_x‡`i Ávb, `¶Zv, AvPiY, g‡j¨‡eva, mgqvbÿgZv cfvZ cwš–K g‡j¨vq‡bi gva¨‡g cwigvc Kiv †h‡Z cv‡i| Avevi wk¶K KZK.Abyôv‡bi wk¶v`vb c×wZ I †KŠk‡ji mdjZvI Gi gva¨‡g wbYq Kiv †h‡Z cv‡i| wcq wk¶v_xe„›`, wb‡Pi Q‡K Avcbviv cwš–K g‡j¨vq‡bi ¸i“Zmgn- D‡j-L Ki“b| Avcbv‡`i mÿgZv‡_ cwš–K g‡j¨vq‡bi ¸i“Z m¤ú‡K GKwU D`vniY †`qv n‡jv|

cwš–K gj¨vq‡bi ¸i“Zmgm¤:

- Kwl.wk¶v wk¶Y-wkL‡bi D‡Ïk¨vejx cwš–K gj¨vq‡bi gva¨‡g cwigvc Kiv †h‡Z cv‡i|
-
-

BDwbU-6 **Awa‡ekb-5**

gj¨ wkLbxq welq

KwL.wk¶v wk¶Y-wkL‡b gj¨hvPvB‡qi fwgKv : MvVwbK, cwš–K I ¯‹zwfwËK (SBA)

†h †Kvb cv‡Vi wKQywbw`ó j¶¨ I D‡Ïk¨ _v‡K| gj¨vqb n‡jv Ggb GKwU cwµqv hvi gva¨‡g cv‡Vi j¶¨ I D‡Ïk¨mgn- mwVKfv‡e AwRZ n‡q‡Q wKbv Zv hvPvB Kiv nq| gj¨vq‡bi mv‡_ Kv‡Ri mdjZv wePvi K‡i gZvgZ c`vb Ki‡Z nq Ges c`Ë gZvg‡Zi Dci wfwË K‡i wm×vš– MnY Ki‡Z nq| wk¶v_xi cvV¨vfvm, wk¶‡Ki cvV`vb c×wZ I †KŠkj cfwZi Dci gj¨vq‡bi ¸i“Z Acwimxg| gj¨vqb †Kej welqe¯ m¤‡Ü Ávb I `¶Zv cwigvc bq| wk¶v_xi i“wP, ceYZv, AvMn, `wóf½x, e¨w³Z cfwZi cwigvcB n‡jv gj¨vqb| Kv‡RB gj¨vqb †Kej wk¶v_xi Ávb, `¶Zv, †hvM¨Zv AR‡bi w`K‡K cwigvc K‡ibv eis Zvi ¸YMZ w`K‡KI cwigvc K‡i| KwL.wk¶v wk¶Y-wkL‡b wewfb ai‡bi gj¨vqb e¨eüZ nq| G¸‡jv n‡jv MvVwbK, cwš–K I ¯‹zwfwËK (School Based Assessment ev SBA) gj¨vqb| Dc‡iv³ e³‡e¨i Av‡jv‡K ejv hvq †h, cvV`v‡bi D‡Ïk¨ AR‡b wk¶v_x‡`i cviMZvi gvÎv cwigvc Kiv‡KB gj¨hvPvB ev gj¨vqb ejv nq|

gj¨ hvPvB‡qi c‡qvRbxqZv

- gj¨ hvPvB‡qi d‡j wk¶v_xi mwµqZv ewX× cvq|
- gj¨vq‡bi mvnv‡h¨ D‡Ïk¨gyLx fv‡e av‡c av‡c cvV‡K GwM‡q †bqv hvq|
- wk¶v_x‡`i `vwqZv wbi¡cY K‡i wbivg‡qi e¨e¯v MnY Kiv hvq|
- bZzb †KŠkj Aej¤b K‡i cvV`vb‡K MwZkxj Kiv hvq|
- wk¶‡Ki cvV`v‡b mRbkxjZv Avbv hvq|
- wk¶‡Ki cvV`v‡bi `vwqZv `i- Kiv hvq|
- G‡Z wk¶v_xi kvixwiK I gvbwmK weKvk N‡U|
- wk¶v_xi mvgwRK I mvs¯‹ZK gj¨‡ev‡ai weKvk N‡U|
- wk¶v_xi ˆbwZK I Av`wkK gj¨‡ev‡ai weKvk N‡U|
- wk¶v_xi gv‡S k¦Ljv‡eva I mgqvbvwaZv mwó nq|

MvVwbK gÂ¨vqb

wk¶v`vbKv‡j †kYxK‡¶ ev Gi evB‡i wk¶K wk¶v_x‡`i †h gÂ¨vqb K‡i _v‡Kb Zv‡K MvVwbK gÂ¨vqb ejv †h‡Z cv‡i| Ab¨fv‡e ejv hvq †h, †Kvb †Kvm ev cvV PjvKvjxb mg‡q PjwZ cv‡Vi wewfb chv‡q wk¶K †h gÂ¨vqb K‡ib Zv‡K MvVwbK (Formative) gÂ¨vqb ejv hvq| MvVwbK gÂ¨vq‡bi cavb †¶Î n‡jv wk¶K, wk¶v_x Ges wk¶Y-wkL‡bi welqe¯| MvVwbK gÂ¨vqb wk¶Y-wkLb Kvh ïi“i c_g †_‡K †kl chš– Pj‡Z cv‡i|

MvVwbK gÂ¨vq‡bi ˆewkó¨mgn-

- MvVwbK gÂ¨vq‡bi gva¨‡g wk¶K Zvi wk¶v`vb cwµqv‡K wk¶v_xi Ávb I `¶Zv I gÂ¨‡eva AR‡bi mv‡_ mvgÄm¨c¥K Ki‡Z cv‡ib|
- av‡c av‡c gÂ¨vq‡bi gva¨‡g wk¶v_xi cviMZv hvPvB‡qi gva‡g AvMmi nIqvi d‡j welqe¯i cwZ wk¶v_xi AvMn e¨× cvq|
- wk¶v_x‡K Zvr¶wYK wdWe¨vK c`vb Kivi m‡hvM _v‡K e‡j wkLb KvR mnR nq|
- MvVwbK gÂ¨vq‡bi gva¨‡g wk¶v_xi mÆRbkxj g‡bvfve ˆZwi nq|
- G‡Z wk¶K-wk¶v_xi wg_¯‡qv e¨× cvq|
- wk¶K-wk¶v_xi ga¨Kvi m¤ú‡Ki Dbqb N‡U|
- wk¶v_x‡`i cwZ wk¶‡Ki ch‡e¶Y wbweo nq|
- DËi`v‡b I ckKi‡Y wk¶v_x‡`i RoZv nvm cvq|
- wk¶v_x‡`i wb‡R‡`i gv‡S mn‡hvMZvgÂ¨K g‡bvfve m¤ó nq|
- wk¶v_x‡`i gv‡S wk¶Y-wkL‡b cwZ‡hvMZvgÂ¨K g‡bvfve M‡o D‡V|

cwš–K gÂ¨vqb

wk¶Y-wkLb KvhvejxB m¤úb nIqvi ci †h gÂ¨vqb Kiv nq Zv‡K cwš–K gÂ¨vqb e‡j| A_vr wk¶Y-wkLb Kvhµg mgvß nIqvi ci mvgwMK Kvhµ‡gi djvdj, cfve I j¶¨gvÎv AR‡bi gvÎv wbi¡c‡Yi Rb¨ †h gÂ¨vhvPvB ev gÂ¨vqb Kiv nq, Zv‡K cwš–K gÂ¨vqb e‡j| Ab¨fv‡e ejv hvq †h, cvV`vb †k‡l mgM cv‡Vi Dci mvweK gÂ¨vqbB n‡jv cwš–K (Summative) gÂ¨vqb| Avi, Gb, c¨v‡Uj Gi g‡Z, "Making overall assessment or Decision with the program is a Summative evaluation."

cwš–K gƒ¨vq‡bi ^ewkó¨mgn

- cwš–K gƒ¨vq‡bi gva¨‡g wk¶v_xi cvi`wkZv ev ARb gvÎvi GKwU mvweK wPÎ cvIqv hvq|
- cvV`vbKv‡j wkLbdj ARb Ki‡Z †c‡i‡Q wKbv Zv Rvbv hvq|
- cvV`vb cwiPvjbv msµvš– fwel¨r wm×vš– †bqv hvq|
- †gav Abyôvqx wk¶v_x‡`i †kYxweb¨vm Kiv hvq|
- wk¶v_x‡`i mb` c`vb Kiv nq|
- wk¶K, wk¶vµ‡gi KvhKwiZv hvPvB Kiv hvq|

¯‹zwfwËK gƒ¨vqb

†Kvb ¯‹zj †h avivevwnK ev MvVwbK gƒ¨vqb cwµqv m¤úb Kiv nq, Zv‡K ¯‹zwfwËK (School Based Assessment ev SBA) gƒ¨vqb ejv hvq| †kYxwfwËK gƒ¨hvPvB-Gi KvRwU gƒZ ¯‹zji †kYxK‡¶B m¤úb nq| wKš ¯‹zwfwËK gƒ¨vqb ¯‹zji †kYxK‡¶ I †kYxK‡¶i evB‡i gƒZ wel‡q wk¶‡Ki mvn‡h¨ msNwUZ n‡q _v‡K| 2005 mv‡j evsjv‡`k miKv‡ii wk¶v gš¿Yvjq GK cÁvc‡bi gva¨‡g gva¨wgK wk¶vi ¸YMZ gv‡bvbq‡bi j‡¶¨ 2005 wk¶vel n‡Z ‡`‡ki mKj gva¨wgK we`¨vj‡q lô †_‡K beg †kYx chš– wk¶v_x‡`i ¯‹zwfwËK gƒ¨vqb (SBA) KvhKix Kivi †NvlYv c`vb K‡i‡Q| G cwµqvq wk¶v_xi welqwfwËK gƒ¨hvPvB‡qi mv‡_ mv‡_ wk¶vµ‡gi D‡Ïk¨ AR‡bi Rb¨ †gvU 10wU cwigvc‡Ki wfwË‡Z wk¶v_x‡`i mviv eQi gƒ¨vqb Kiv n‡e| cwigvcK¸‡jv n‡jv :

K) Kv‡k Dcw¯wZ I wk¶v Mn‡Y AvMn
L) †kYxwfwËK gƒ¨vqb
M) G¨vmvBb‡g›U (GKK/`jwfwËK)
N) AvPiY, gƒ¨‡eva I mZZv
O) e³e¨ Dc¯vcb/GKK I `jwfwËK
P) †bZ‡Zi ¸Yvejx
Q) wbqgvbyôvwZZv
R) mvs¯‹ZK KgKv‡Û AskMnY
S) †Ljvayôvq KwZZ
T) weÁvb welqK e¨enwiK Kvk

wPÎ t †Ljvaÿv

wkLb-‡kLv‡bv Kvhvewj Pjv Kv‡j †hfv‡e wk¶KMY Gme `¶Zv gj¨vqb K‡i b¤i w`‡Z cv‡ib, Zv b¤i e›Ubmn wb‡Pi Q‡K †`Lv‡bv n‡jv :

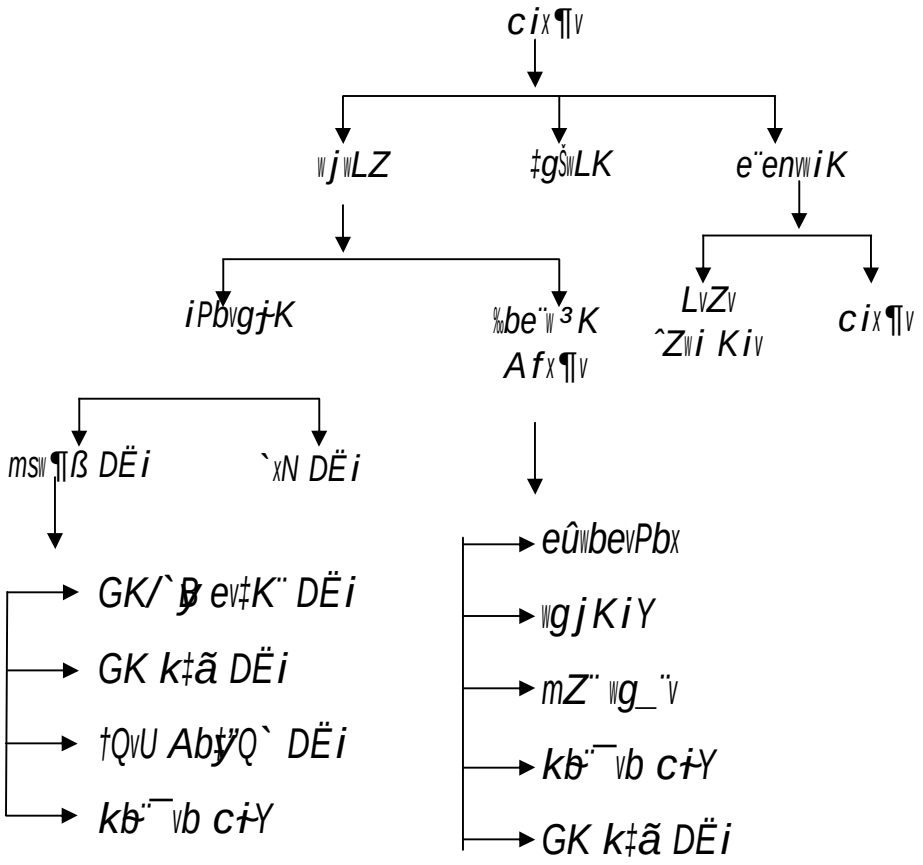
gj¨vqb c×wZi/`¶Zv	mvgwqK Afx¶v	AbymÜvbgj¨K KvR Ges c‡R±-Gi KvR	†kYxi KvR Ges ewoi KvR	`jMZ KvR	‡gvU
gbbkxjZv, KwZZ I AbymÜvb	10	10	10	10	40
mn‡hvwMZvgj¨K KvR	10	10	10	10	40
mvgvwRK ¸Yvewj I ˆbwZK gj¨‡eva	×	10	×	10	20
†gvU	20	30	20	30	100

cwZwU we‡q B‡Zvg‡a¨ D‡j-wLZ 10wU cwigvc‡Ki wfwË‡Z 30 b¤i I †mwg÷vi wfwËK ci¶vi gva¨‡g 70 b¤‡i i gj¨vqb Kiv n‡e Ges mw¤§wjZfv‡e ci¶vi djvdj wbawiZ n‡e| G c×wZ Awej‡¤ KvhKi Kivi Rb¨ gš¿Yvjq †_‡K wb‡`k †`qv n‡q‡Q|

MvVwbK gj¨vq‡bi †KŠkjmgn

- evoxi KvR
- mvgwqK ci¶v (†kY¶xi KvR)
- †gŠwLK ck (†kY¶xK‡¶)
- ci¶Y m¤úv`b (†kY¶xK‡¶)
- ch‡e¶Y `¶Zv
- AbymÜvbgj¨K KvR
- c‡R±-Gi KvR
- `jMZ KvR
- cvV Dc¯vcb
- wPÎv¼b
- mvßvwnK, gwmK, ^Îgwm K, Ivb¥wmK ci¶v
- AwcZ KvR
- Uvg †ccvi|

- **cwš–K gj¨vq‡bi †KŠkjmgn-**



KwL.wk¶v wk¶Y-wkL‡b MvVwbK gj¬¨vq‡bi ¸i“Z

- MvVwbK gj¬¨vq‡bi d‡j KwL. wk¶v wk¶Y-wkL‡b we`¨vjq m¤ú‡K wk¶v_x i RwUjZv †K‡U hvq|
- G‡Z wk¶Y-wkL‡b wk¶v_x Avb›` Dc‡fvM K‡i|
- wk¶Y-wkL‡b wk¶v_x i AvMn e¨vL¨v cvq
- wk¶Y-wkLb Kvh©vejx wkLbdj wfwËK n`q¨vi Kv‡R wk¶‡Ki cvV`vb mdj nq|
- wk¶K Zvi cvV`vb †KŠkj, wk‡¶vcKiY wbe©vPb I cwiKíbv ˆZwii gva¨‡g mwVK c`‡¶c wb‡Z cv‡ib|
- wk¶v_x i mwnZ weKv‡ki m¤§yLxq m¤ú nq|
- wk¶K cvV`v‡bi †¶‡Î wb‡Ri `vwqZv ms‡kvab Ki‡Z cv‡ib|
- wk¶v_x‡`i ci¤¶vfxwZ `i-nq|
- Gi gva¨‡g wkLbKv‡j djvdZb cv`q hvq|
- wk¶K-wk¶v_x i wg_¨vq e¨vL¨v cvq|
- wk¶K-wk¶v_x i gv‡S m¤úv¤úK© M‡o D‡V|
- wk¶‡Ki bZzb f~wg‡e j¶¨ ba©vi Y I cwiKíbv Mn‡Yi m¤§yLxq m¤ú nq|
- wk¶‡Ki gj¬¨vqb `¶Zv e¨vL¨v cvq|
- wk¶v_x‡`i gv‡S wbqwgZ wkLb KvR m¤úb Kiv i gvbwmKZv m¤ú nq|
- wk¶v_xiv wb‡R‡`i `vwqZv mbv³Ki‡Y m¶g nq|

Kwl.wk¶v wk¶Y-wkL‡b cwš–K gj¨vq‡bi ¸i“Z

- Kwl.wk¶vi D‡Ïk¨ cwigv‡ci †¶‡Î cwš–K gj¨vq‡bi ¸i“Z i‡q‡Q|
- G‡Z wk¶v_xi KwZ‡Zi gvÎv m¤ú‡K Pe©vš– avivYv cvIqv hvq|
- fwel¨r cwiKíbv cYqb I ev¯–evq‡bi Rb¨ c‡qvRbxq c`‡¶c †bqv hvq|
- wk¶Y-wkLb c×wZi KvhKwiZv cwigv‡ci mgvhvM mwó nq|
- Kwl.wk¶vµg‡K hgMvc‡hvMx I Avaywb‡K Kivi mgvhvM mwó nq|
- wk¶v_xi wkLb m‡PZbZv ewµ× cvq|
- wk¶v_x cv‡V mwµq n‡q D‡V
- wk¶v_xi AMMwZi weeiY Zvi Awffve‡Ki ÁvZv‡_ †`qvi mgvhvM mwó nq|
- wk¶v_xi wk¶Y-wkL‡bi †iKW ivLvi mgvhvM mwó nq|
- wk¶v_xi mb` cwßi mgvhvM mwó nq|

gj¨vqb:

1. Kwl. wk¶v wk¶Y-wkL‡b MvVwbK, cwš–K I ¯‹zwfwËK gj¨vq‡bi avivYv I ˆewkó¨mgn-eYbv Ki“b|
2. MvVwbK I cwš–K gj¨vq‡bi †KŠkjmgn-e¨vL¨v Ki“b|
3. Kwl.wk¶v wk¶Y-wkL‡b MvVwbK I cwš–K gj¨vq‡bi ¸i“Zmgn-weeZ Ki“b|

BDwbU - 6 **Awa‡ekb - 6**

g‡j¨hvPvB Kv‡Ri cwimi Dbqb

fwgKv

wk¶v_x‡`i g‡j¨hvPvB ev g‡j¨vqb GKwU Awei‡vg cwµqv| g‡j¨hvPvB n‡jv Ggb GKwU cwµqv hv wk¶vi mv‡_ RwoZ welq¸‡jvi ¸YMZ I cwigvYMZ Ae¯v‡K wbav‡iY K‡i| wk¶v_x‡`i g‡j¨vq‡bi j‡¶¨ MvVwbK, cwš–K I ¯‹yw fwËK g‡j¨vq‡bi wewfb †KŠkj e¨envi Kiv nq| wk¶v_xi g‡j¨ hvPvB‡qi †¶‡Î e¨eüZ Ab¨vb¨ †KŠkj¸‡jvi g‡a¨ i‡q‡Q — wjwLZ ci¤¶v, †gŠwLK ci¤¶v, mv¶vrKvi, c‡kvËwiKv, KgAwfÁZv, ch‡e¶Y, Dcw¯wZ †iKW, µgcwÄZ †iKW cfwZ| eZgv‡b evsjv‡`‡ki gva¨wgK we`¨vj‡q Kwl. wk¶v wk¶Y-wkL‡b iPbvg‡jK Af¤¶v, msw¶ß iPbvg‡jK Af¤¶v, ^be¨w³K Af¤¶v, e¨enwiK Af¤¶v cfwZ †KŠkjmgn-I e¨eüZ n‡"Q| 2010 mv‡j †h GmGmwm ci¤¶v Abyôv‡Z n‡e Zv‡Z _vK‡e eû wbevPbx Af¤¶v, KvVv‡gve× Af¤¶v, e¨enwiK Af¤¶v cfwZ| †`Lv hv‡"Q †h, GZw`b †hme ai‡bi Af¤¶vi gva¨‡g wk¶v_x‡`i g‡j¨hvPvB n‡Zv Zv‡Z GK ai‡bi cwieZb mwPZ n‡e 2010 mv‡ji GmGmwm ci¤¶vi ce-†_‡KB| A_vr g‡j¨hvPvB Kv‡Ri cwim‡i GK ai‡bi cwieZb mwaZ n‡Z hv‡"Q| wk¶v_x‡`i wk¶Y-wkLb AwfÁZv, `¶Zv, Ávb I `wófl½x AR‡bi gvÎv mybcbyfv‡e hvPvB Kivi j‡¶¨B G ai‡bi cwieZb¸‡jv mwaZ n‡"Q| †`Lv hv‡"Q †h, g‡j¨hvPvB Kv‡Ri cwimi GKwU wb`ó ¯v‡b †_‡g _vK‡Q bv| A_vr g‡j¨hvPvB Kv‡Ri cwimi GKwU MwZkxj cwµqv| Gi j¶¨ n‡jv g‡j¨hvPvB cwµqv‡K DbZ †_‡K DbZZi chv‡q wb‡q hvIqv Ges Ggb GKwU chv‡q †bqv hvi gva¨‡g wk¶v_x‡`i Kw•LZ cwieZbmgn‡K ev wkLbd‡ji mgvnvi‡K mbv³ Kiv m¤e n‡e| m½Zfv‡eB eZgvb Awa‡ek‡b g‡j¨hvPvB Kv‡Ri †¶‡Î eZgv‡b e¨eüZ †KŠkjmgn-Gme †KŠk‡ji I g‡j¨hvPvB‡qi cwimi Dbqb m¤ú‡K Av‡jvPbv Kiv n‡q‡Q|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- Kwl.wk¶v wk¶Y-wkL‡b e¨eüZ wewfb gj¨vPvB‡qi †KŠkjmg‡ni bvg I ‰ewkó¨ mbv³ Ki‡Z cvi‡eb|
- gj¨vPvB‡qi †KŠkjmgn¨ Dbœq¨‡bi Dcvq m¤ú‡K eYbv Ki‡Z cvi‡eb|
- gj¨vPvB‡qi cwimi Dbœq¨b AwZwi³ †hme †KŠkj ms‡hvRb Kiv hvq †m¸‡jv wPwýZ Ki‡Z cvi‡eb|

cemgn¨

ce-K: Kwl.wk¶v wk¶Y-wkL‡b e¨eüZ gj¨vPvB‡qi †KŠkjmg‡ni bvg I ˆewkó¨ kbv³Kiv

wk¶v_x eÜzv — Avcbvi AeMZ Av‡Qb †h, evsjv‡`‡ki gva¨wgK we`¨vj‡qi lô †_‡K Aóg †kYx chš– Kwl.wk¶v GKwU Avewk¨K welq wn‡m‡e Aš–fy³ Kiv n‡q‡Q| GQvov beg-`kg †kYx‡Zl Kwl.wk¶v GKwU cvV¨ welq wn‡m‡e Aš–fy³ Kiv n‡q‡Q| lô †kYxi Kwl.wk¶v bvgK Avewk¨K cvV¨cÖKwi c_g Aa¨v‡qi wk‡ivbvg n‡jv Kwl.wk¶v| cvV¨cÖKwi cô-2, 4 I 5 G wk¶Y-wkLb gj¨vq‡bi j‡¶¨ wKQy †KŠkj m¤ú‡K ejv n‡q‡Q| wk¶v_xe„Ë, D³ cô¸‡jv ch‡e¶Y K‡i Avcbvi †KŠkj¸‡jv mbv³ Ki“b Ges Gme †KŠk‡ji ˆewkó¨mgn¨ wjLv|| Avcbv‡`i mvaviY †`qv n‡jv|

lô †kYxi Kwl.wk¶v cvV¨cÖKi gj¨vPvB †KŠkj kbv³Kiv

1| iPbvgj¨K Afx¶v —	→ `xN DËi ck/we¯ZZ.DËi ck →

2| ˆbe¨w³K Afx¶v —	→ eû wbevPbx ck → → →

wewfb cKvi Afx¶vi ^ewkó¨ wbi¦cY

1. iPbvgj¨K Afx¶v : †h Afx¶v cix¶v_x‡K DË‡ii Dcv`vb wbevP‡b, †Kvb wel‡q eYbv †`qvi, e¨vL¨v Kivi, wbR¯ gZvgZ e¨³ Kivi, DË‡ii Dcv`vbmg‡nni webvmKi‡Y Ges ¯vaxbfv‡e wj‡L Dc¯vc‡bi mv‡hvM `vb K‡i, Zv‡K iPbvgj¨K Afx¶v ejv nq|

wk¶v_xe„`, wb‡P iPbvgj¨K Afx¶vi ^ewk‡ó¨i GKwU D`vniY †`qv n‡jv, Avcbviv Av‡iv K‡qKwU ^ewkó¨ D‡j-L Ki"b|

iPbvgj¨K Afx¶vi ^ewkó¨mgn¨ :

- GKwU c‡ki gva¨‡g †ek K‡qKwU wkLbdj cwigvc Kiv hvq e‡j 7/8 wU c‡ki mvnv‡h¨ c¥½ GKwU Afx¶v ^Zwi Kiv m¤e|
-
-
-

2. **^be¨w³K Afx¶v :** †h mKj Afx¶vi MVb, c‡qvMdj wbYq ev b¤i c`v‡b cix¶‡Ki †Kvb e¨w³MZ cfve _v‡K bv, Zv‡`i‡K ^be¨w³K Afx¶v e‡j| wk¶v_xe„`, wb‡P ^be¨w³K Afx¶vi ^ewk‡ó¨i GKwU D`vniY †`qv n‡jv, Avcbvi Av‡iv K‡qKwU ‰ewk‡ó¨i D‡j-L Ki"b|

‰be¨w³K Afx¶vi ^ewkó¨mgyn:

- c‡Z¨KwU c‡ki DËi myôw`ó _v‡K|
-
-
-

3. e¨enwiK cix¶v : †h cix¶vq wk¶v_xi nv‡Z-Kj‡g KvR Kivi Dci we‡klfv‡e ¸i"Z †`qv nq Zv‡K e¨enwiK cix¶v e‡j| wk¶v_xe„`` wb‡P e¨enwiK cix¶vi GKwU ^ewkó¨ D‡j-L Kiv n‡jv, Avcbvi Av‡iv K‡qKwU ^ewkó¨ D‡j-L Ki"b|

e¨envwiK ci¤¶vi ^ewkó¨mgn¨:

- e¨envwiK ci¤¶vq wk¶v_x‡K †Kvb wbawiZ KvR Ki‡Z †`qv nq|
-
-

ce-L : gj¨hvPvB‡qi †KŠkjmgn¨ Dbq‡bi Dcvq

Af¤¶v bvbv ai‡bi n‡Z cv‡i| ‡hgb- iPbvgj¨K, ^be¨w³K I e¨envwiK Af¤¶v cf¨vZ| wk¶v_xe›`ª msw¶ß DËi-ck Dbq‡bi bxwZgvjv Abymi Y K‡i `kg †kYx i Kwl. wk¶v eB‡qi cÂg Aa¨v‡qi c_g cwi‡"Q` †_‡K Avcbviv cuPwU ck ^Zwi Ki“b| Avcbv‡`i mnvqvZv‡_ GKwU D`vniY †`qv n‡jv|

msw¶ß DËi ck

- evsjv‡`‡ki GKwU cvß eq¯‹ Mvfxi IRb KZ †KwR?
-
-

wgjKiY RvZxq c‡k wk¶v_x‡K DËi mbv³ Ki‡Z nq| G ai‡bi c‡k GKwU c‡ki `ÿwU ¯–¤ ev mwi _v‡K| GKwU mwi‡Z †Kvb ck A_ev weewZ Ges Ab¨ mwi‡Z DËi †`qv _v‡K| wk¶v_xMY evg mwii ck ev weewZi m‡½ Wvb mwii DË‡ii wgj LvwR †ei Ki“b| wk¶v_xe„Ë` Afx¶v Dbq‡bi bxwZgvjv Abyôv‡bi Kwl.wk¶vi c_g Aa¨v‡qi PZz_ cwi‡”Q` †_‡K cwPwU wgjKiY Afx¶v cYqb Ki“b| Avcbv‡`i mnvqZv‡_ GKwU D`vniY †`qv n‡jv|

wgjKiY Afx¶v

c_g mwii weewZi m‡½ wØZxq mwii †h As‡ki wgj i‡q‡Q Zvi eYwU c_g mwii b¤‡ii evg cv‡k ewm‡q w`b|

L)	1| evsjv‡`‡k Av‡gi PvI n‡q Avm‡Q	K) dRwj
	2| evsjv‡`‡ki me‡P‡q Rbwcq Avg	L) 4000 eQi
	3| evsjv‡`‡ki me‡P‡q eo AvKv‡ii Avg	M) wKIvY‡fvM
	4| AvMvgRvZ Avg	N) Px‡b
	5| wjPz Aw` Rb¨ ¯vb	O) fvi‡Z
		P) j¨vsov

wk¶v_x eÜzv, Avcbvi AeMZ Av‡Qb †h, wkLb n‡jv wk¶v_xi AvPiYMZ cwieZb| wk¶v_xi AvPiYMZ cwieZb n‡Z cv‡i wZbwU †¶‡Î| G¸‡jv n‡jv —

1. ÁvbMZ †¶Î (Cognitive Domain)
2. Av‡ewMK †¶Î (Affective Domain)
3. g‡bv‡ckxR †¶Î (Psychomotor Domain)

†বঞ্জামিন বøম প্রgvÂi g‡Z "The cognitive domain includes those objectives which deal with the recall or recognition of knowledge and the development of intellectual abilities and skills". A_vr Áv‡bi wkLb‡¶Î †m mKj D‡Ïk¨‡K Aš—fy³ K‡i †h¸‡jv Áv‡bi ¯’iY ev kbv³KiY Ges ewY×ewËK mvg_¨ I `¶Zvi Dbqb‡K wb‡q KvR K‡i| ÁvbMZ †¶‡Î g~j¨Z: 6 ai‡bi wkLb D‡Ïk¨ _v‡K| GB 6wUi g‡a¨ 1wU n‡jv Áv‡bi Aš—fy³ Ges Ab¨ 5wU ewY×ewËK mvg_¨ I `¶Zvi Aš—fy³| wk¶v_xe„Ë`, Afx¶v Dbq‡bi bxwZgvjv Abyôvqx ÁvbMZ‡¶Î D‡j-L K‡i `kg †kYxi Kwl.wk¶v eB‡qi wØZxq Aa¨v‡qi ZZxq cwi‡”Q` ÔÔebvqbÕÕ †_‡K cwPwU eûwbevPbx ˆbe¨w³K ck cYqb Ki“b| Avcbv‡`i mnvqZv‡_ GKwU D`vniY †`qv n‡jv|

mwVK DËi wb‡`kK A¶i wU eËwqZ Ki“b : **ÁvbMZ †¶Î**

1| ebvqb c×wZ‡K Kqfv‡M fvM Kiv hvq? 1(N) Ávb

(K) cuPfv‡M (M) wZbfv‡M

(L) Pvifv‡M (N) `ßfv‡M

2| evsjv‡`‡k mec_g †Kvb mv‡j †m¸b evMvb mwµó nq?

(K) 1973 mv‡j (L) 1901 mv‡j

(M) 1873 mv‡j (N) 1877 mv‡j

3| †KvbwU mvgvwRK ebvq‡bi cavb D‡Ï‡k¨i Aš–fy³?

(K) `wi`¨ ewµ× Kiv (L) `wi`¨ `i- Kiv

(M) RbmsL¨v ewµ× (N) RbmsL¨v nvm

4| mvaviYZ KLb Pvi MvQ jvMv‡Z nq?

(K) elvi cvi‡¤ (L) elvi gv‡S

(M) elvi †k‡l (N) kx‡Zi cvi‡¤

5| ÔÔKwgDwbwU d‡iw÷ÕÕ cKí KLb ïi“ nq?

(K) weMZ kZvãxi mËi `k‡K (L) weMZ kZvãxi Awfki `k‡K

(M) weMZ kZvãxi lv‡Ui `k‡K (N) GKwesk kZvãxi c_g `k‡K

ce-M: gÿ¨hvPvB‡qi cwimi Dbq‡b AwZwi³ †KŠkj ms‡hvRbKiY

wk¶v_xe„`, G chš– gÿ¨hvPvB‡qi A‡bK¸‡jv †KŠkj m¤ú‡K Avcbvi Rvb‡Z †c‡i‡Qb| gÿ¨hvPvB‡hi cwimi Dbq‡bi Rb¨ Gi †KŠk‡jI cwieZb Kiv †h‡Z cv‡i| we`¨vj‡q wk¶v_x‡`i Øviv `jxq KvR cwiPvjbvi gva¨‡g Zv‡`i gÿ¨vqb Kiv †h‡Z cv‡i| Kwl.wk¶v msµvš– welqe¯ wk¶v_x‡`i Øviv †gŠwLKfv‡e Dc¯vcb K‡i Ges Dc¯vc‡bi `¶Zv m¤úwKZ †PKwjó ˆZwi K‡i Zv‡`i Dc¯vc‡bi gÿ¨hvPvB Kiv †h‡Z cv‡i| GUv c_vMZ gÿ¨hvPvB‡qi †KŠk‡ji †¶‡Î GKUv ms‡hvRb wn‡m‡e we‡ewPZ n‡Z cv‡i| Avcbviv †gŠwLK Dc¯vc‡bi gÿ¨hwPB‡qi Rb¨ GKwU †PK wjó ˆZwi Ki“b| Avcbv‡`i mÿgZv‡_ D`vniY †`qv n‡jv|

†gŠwLK Dc¯vcb `¶Zvi gÿ¨hvPvB m¤úwKZ †PKwjó c¯ZKiY

†gŠwLK Dc¯vcb																				
wk¶v_xi µwgK bs	†kvbv hvq			†evSv hvq			¯Zt ùz Ask Mnb			AvZ¥ wekvm			mvims‡¶c			c‡q›U			†gvU	SBA b¤i
	3	2	1	3	2	1	3	2	1	3	2	1	3	2	1	3	2	1		
1	√	√√		√√√			√√	√		√√	√		8	4		24	8		32	5

3 = AwZ DËg, 2 = DËg, 1 = fvj| ‡gŠwLK Dc¯vc‡bi gÿ¨vqb wbgwjwLZfv‡e b¤‡i i¡cvš–i Ki‡Z n‡e : 30-36 c‡q›U = 5 b¤i|

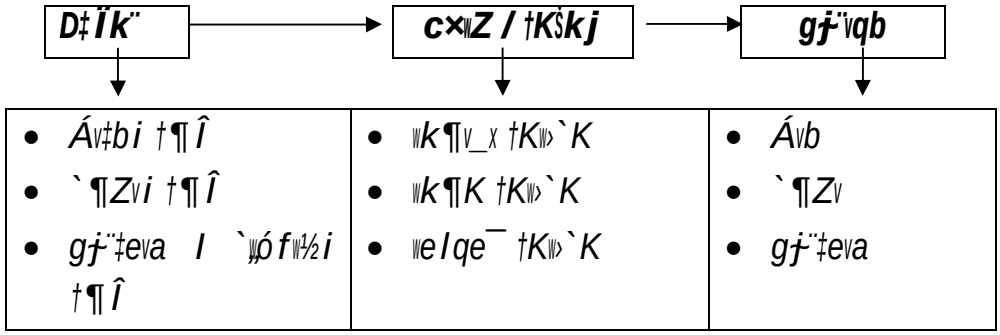
BDwbU - 6 **Awa‡ekb-6**

gj¨ wkLbxq welq

gj¨ hvPvB Kv‡Ri cwimi Dbqb

GKwU Aweivg cwµqv wn‡m‡e gj¨ hvPvB wk¶vi mv‡_ RwoZ welh¨ ‡jvi ¸YMZ I cwigvYMZ Ae¯v‡K wbi¡cY K‡i| wk¶Y-wkLb Kvhvejxi †¶‡Î KZK¸‡jv D‡Ïk¨ ev wkLbdj AR‡bi j¶¨ ce© †_‡K wbaviY Kiv n‡q _v‡K| G mKj D‡Ïk¨ ev wkLbdj KZUkzARb Kiv m¤e n‡q‡Q Zv gj¨vq‡bi gva¨‡g Rvbv hvq| GB gj¨vqb ev gj¨ hvPvB‡qi †¶‡Î bvbviKg †KŠkj e¨envi Kiv nq| †KŠkj ¸‡jv cwZwbqZ cwieZ‡bi gva¨‡g DbZZi chv‡q †cÖQv‡Z cv‡i| gÿ¨vqbKv‡j wk¶v_x m¤ú‡K hZ †ewk Z_¨ msMn Kiv hv‡e gj¨vqb ZZ‡ewk wbfi‡hvM¨ I wbfÿ n‡e| †Kvb GKwU gj¨vqb DcKiY w`‡q wk¶v_x‡`i AvPiYMZ cwieZb wbfi‡hvM¨ I wbfÿfv‡e Kiv hvq bv| ZvB gj¨vq‡bi Rb¨ ewfb †KŠkj e¨envi Ki‡Z nq| Gfv‡eB P‡j gj¨vqb Kv‡Ri cwimi e„×i Aweivg c‡Póv| wb‡P wk¶Y-wkLb cwµqvi cevn wPÎ gj¨vq‡bi ewfb cwZ / †KŠkjmgn wb‡`k Ki‡Q|

wk¶Y-wkLb cwµqvi cevn wPÎ



- **Ávb t** wk¶v_xiv wewfb wel‡q †h ZË, Z_¨ †k‡L ZvB nj Ávb| †hgb, †Kvb ¯v‡bi 20-25 eQ‡ii Avenvlqvi Mo‡K †mB ¯v‡bi Rjevqye‡j [ZË]| ÔAvlvp †_‡K fv` gvm chš– cPz e„ó nqÕ - [Z_¨]|
- **`¶Zv t** Kg‡cv÷ mvi ˆZwi Ki‡Z cviv|
- **gj¨‡eva t** Kg‡cv÷ mvi gwUi DeiZv e„× K‡i ZvB G mv‡ii e¨envi‡i AwaK ¸i“Z Av‡ivc Kiv DwPZ|

- gj¨ hvPvB‡qi KvR A‡bK e¨vcK| wk¶vi d‡j wk¶v_xi e¨w³mËvi g‡a¨ th me ¸i“Zc¥ cwieZb N‡U †m me cwieZ‡bi ¯ic I gvÎv wbYq Ges wk¶vgj¨K Kgmwi e¨vcK D‡Ïk¨vejxi KZUv ev¯–ewqZ n‡q‡Q Zvi cwigvcB nj gj¨vqb ev gj¨ hvPvB| Afx¶v ev cix¶v nj gj¨hvPvB‡qi wewfb †KŠkj|

- **ÁvbMZ gj¨vqb**

  ÁvbMZ †¶Î (Cognitive Domain**)**

  Ávb welqK †¶Î, wPš–‡bi mv‡_ Ges ey×ewËK cwµqvi mv‡_ m¤úKhy³| wk¶Y-wkLb cwµqvq wk¶K cavbZ wk¶v_x KZLwb ZË I Z_¨ wkLj Zvi gj¨vq‡bi DciB †Rvi †`b| Ávb gj¨vq‡bi Rb¨ wewfb ai‡bi ck e¨envi Kiv nq| gj¨vqb Ki‡Z n‡j wk¶K c_‡g AvPiwYK D‡Ïk¨ mbv³ Ki‡eb| AZtci gj¨vq‡bi Rb¨ D‡Ïk¨ Abyôvqx Afx¶v ˆZwi Ki‡eb| †eÄwgb e-gy Gi ZË Abyôvqx Áv‡bi †h QqwU †¶Î †_‡K ck Kiv DwPZ Zv n‡jv t

  1| Ávb (Knowledge)
  2| Abyôvb (Comprehension)
  3| c‡qvM (Application)
  4| ms‡k- lY (Synthesis)
  5| we‡k- lY (Analysis)
  6| gj¨vqb (Evaluation)

gva¨wgK we`¨vj‡qi lô †kYxi Kwl. wk¶v bvgK cvV¨cy–‡Ki 2, 4 I 5bs cô‡q gj¨hvPvB‡qi †h †KŠkj ¸‡jv D‡j-L Kiv n‡q‡Q Zvn‡jv —

1| iPbvgj¨K Afx¶v →	→ `xN DËi ck/we¯ZZ.DËi ck
	→ msw¶ß DËi ck
2| ˆbe¨w³K Afx¶v →	→ eû wbevPbx ck
	→ fyj/ï× wbYqKiY ck
	→ mwVK k‡ãi wgjKiY
	→ kb¨¯vb c‡iYKiY

wewfb cKvi Afx¶vi ^ewkó¨mgn

iPbvgj¤K Afx¶v

GKRb wk¶v_x iPbvgj¤K c‡ki DËi we¯—vwiZfv‡e wj‡L _v‡K Ges Zv‡K GKUv wb‡`ó mg‡qi g‡a¨ DËi mgvß Ki‡Z nq| iPbvgj¤K Afx¶vq mvaviYZ: mxwgZ msL¨K ck e¨envi Kiv nq| iPbvgj¤K c‡ki gva¨‡g wk¶v_x‡`i fvlv e¨envi‡i ^bc¥¨, cvÄjZv, mvejxjZv, `¶Zv cwigvc Kiv hvq| Avevi wk¶v_xi wPš—vi Mfxi Zv, mywse×Zv cf¨vl iPbvgj¤K c‡ki mvnv‡h¨ cwigvc Kiv hvq|

iPbvgj¤K Afx¶vi ^ewkó¨mgn

- GKwU c‡ki gva¨‡g †ek K‡qKwU wkLbdj cwigvc Kiv hvq e‡j 7/8wU c‡ki mvnv‡h¨ GKwU c¥v½ Afx¶v ^Zwi Kiv m¤e|
- wk¶v_xi ¯Kxq Zv, mfRbkxjZv, wPÎv¼b `¶Zvi avivYv cvlqv hvq|
- wk¶v_xi DËi msMV‡b ewx×gËvi c‡qvM, Zzjbv I cv_K¨ wbi¡c‡Yi †hvM¨Zvi cwigvc Kiv hvq|
- cix¶v_xi †jLvi MwZ, mvejxjZv cwigvc Kiv hvq|
- wk¶v_xi fvlvMZ Ávb I `¶Zv Rvbv hvq|
- cix¶v_xi we‡k-lY I ms‡k-lY ¶gZv cwigvc Kiv hvq|
- G ai‡bi Afx¶vq †Kvb cix¶v_x‡K c¥gvb †`qv nq bv|
- G‡Z `ywU e¯, avivYv ev NUbvi Zzjbv Kiv hvq ev cv_K¨ wbi¡cY Kiv hvq|
- †Kvb wel‡qi mvigg ^Zwi Kiv hvq Ges e¨vL¨v †`qv hvq|
- †Kvb NUbvi KviY I djvdj m¤ú‡K Dcjwä Kiv m¤e nq|
- †Kvb gZvg‡Zi c‡¶ A_ev wec‡¶ hyw³ c‡qvM Kiv hvq|
- †Kvb wel‡qi eYbv ev weeiY †`qv hvq|
- AwRZ Ávb‡K c‡qvM Kiv hvq|
- †Kvb mgm¨v mgvav‡bi Dcvq wbavi‡Yi m¶gZv ewx× cvq|

Dwj-wLZ ^ewkó¨mgn-e¨ZxZ iPbvgj-K c‡ki Av‡iv bvbv ai‡bi ^ewkó¨ _vK‡Z cv‡i|

iPbvgj-K Afx¶vi ckcÎ cYq‡bi bxwZgvjv

- ckcÎ iPbvKv‡j j¶¨ ivL‡Z n‡e †hb Zv wkL‡bi D‡Ïk¨wfwËK nq|
- ckc‡Îi fvlv cvÄj, w`K wb‡`kK I †evaMg¨ nIqv DwPZ|
- c‡ki c‡Z¨K As‡ki b¤i mybw`ófv‡e eÈbmn D‡j-L Ki‡Z n‡e|
- DË‡ii cwimi Abjbvqx mgqmxgv wb‡`k Ki‡Z cvi‡j fvj nq|
- weKí ck †`qvi ixwZ bv ivLvB DËg|
- ckcÎ cYqbKv‡j wk¶v_x‡`i fvlvMZ `¶Zvi welqwU g‡b ivL‡Z n‡e|
- wk¶v_xi AvRvbv kã e¨envi bv KivB fvj|
- ¯ímsL¨K we¯ZZ-DËi c‡ki cwie‡Z †ewkmsL¨K mxwgZ DËick e¨envi KivB DËg|
- cvV¨cy–‡Ki cwZwU Aa¨vq t_‡K ck Ki‡Z n‡e|
- KwVb‡b¨i w`K ‡_‡K mnR t_‡K KwVb µ‡g ck‡K mvRv‡Z n‡e|

iPbvgj-K Afx¶vi %be¨w³K gj¨vqb

- ckcÎ %Zwii mgq m¤ve¨ DËiwUI ^Zwi Kiv c‡qvRb|
- DËi ¸‡jv gj¨vq‡bi my¯úó bxwZgvjv _vK‡Z n‡e|
- cwigv‡ci Rb¨ c‡qvRbxq ^ewkó¨ †hgb- nv‡Zi †jLv, evbvb, welqe¯i Mfxi Zv BZ¨w`i Dci KZUkz¸i "Z Av‡ivc Kiv n‡e Zv ce-t_‡KB wb‡`ó Kiv DwPZ|
- c¶cwZZ `i-Kivi Rb¨ mKj wk¶v_xi GKwU ck gj¨vq‡bi KvR GKev‡i †kl Kiv evÃbxq| GKBfv‡e Ab¨vb¨ c‡ki gj¨vqb Kiv m¤e|
- GKwaK cix¶K Øviv DËicÎ gj¨vqb Kiv DwPZ|
- DËic‡Î wk¶v_xi cwiPq †Mvcb _vK‡e| wk¶v_xi bvg ev †ivj b¤‡ii cwie‡Z myeavRbK †Kvb †KvW b¤i e¨envi Kiv †h‡Z cv‡i|
- wk¶v_x m¤ú‡K †Kvb ¸i"Zc¥ wmØvš– wb‡Z n‡j GKwaK cix¶‡Ki mvnv‡h¨ DËicÎ hvPvB Kivi c‡qvRb i‡q‡Q|

^be¨w³K c‡ki ^ewkó¨mgn-

- mgM cvV¨mwP †_‡K ck Kiv hvq e‡j we¯ZZ.†¶‡Îi Ávb cwigvc Kiv hvq|
- welqe¯ m¤úwKZ Ávb mnR I wbfÿfv‡e cwigvc Kiv hvq|
- G‡Z welqe¯ m¤ú‡K †Kvb weeiY ev e¨vL¨v †`qvi mÿhvM _v‡Kbv|
- wk¶v_x‡K AZ¨š– msw¶ßfv‡e c‡ki DËi w`‡Z nq|
- c‡Z¨KwU c‡ki DËi mÿbw`ó _v‡K|
- b¤i c`vb c×wZ mnR, wbfÿ I e¨w³ cfvegy³|
- DËicÎ cix¶‡Y Kg mgq `iKvi nq|
- wbw`ómsL¨K ck evQvB K‡i gÿ¯– Kiv‡i mÿhvM _v‡Kbv|
- wk¶v_x‡`i mRbkxjZv nvm cvq
- G‡Z wk¶v_x‡`i wPš–vkw³, wePvikw³ I cKvkf½x cwigvc Kiv‡i mÿhvM _v‡K bv|

we`¨vjq mvaviYZ: †h mKj ai‡bi ^be¨w³K ckmgn- †ewk e¨envi Kiv nq Zvn‡j vwbgi¡c :

K) msw¶ß-DËi ck

L) mZ¨-wg_¨v RvZxq ck

M) eûwbevPbx ck

N) wgjKiY ck

O) kb¨¯vb ci-Y ck

Z‡e D‡j-wLZ cwP cKvi ^be¨w³K ck QvovI G‡`i mswgk‡Y Av‡iv bvbv cKvi ^be¨w³K ck ^Zwi Kiv †h‡Z cv‡i| ^be¨w³K Afx¶vq Ávb‡i mKj †¶Îi c‡qvM K‡i ck ^Zwi Ki‡Z nq|

^be¨w³K Afx¶vi Dbqb

G‡Z Ávb‡i mKj †¶Îi c‡qv‡Mi gva¨‡g ck ^Zwi Ki‡Z nq|

K) msw¶ß DËi ck

- msw¶ß DËi c‡ki fvlv n‡e msw¶ß I mÿbw`ó
- G‡Z cvV¨ eB‡qi fvlv e¨envi Kiv hv‡ebv
- GKwU c‡ki g‡a¨ A‡bK¸‡jv Ask ivLv hv‡ebv
- wk¶v_xi Ávbgj-K ^ewkó¨ cwigvc Kiv hvq
- ckcYqb Kiv mnR nq

- Abyôvb wbfi DËi c`v‡bi ceYZv nvm cvq

`kg †kYxi Kwl.wk¶v eB‡qi cÂg Aa¨v‡qi c_g cwi‡"Q` Gi cwPwU msw¶ß DËick|

1. evsjv‡`‡ki GKwU cvß eq¯‹ Mvfxi IRb KZ †KwR?
2. evsjv‡`‡ki GKwU Mvfx ^`wbK KZ wjUvi `ya †`q?
3. MfeZx Mvfx‡K 6 gvm ci †_‡K ev"Pv cme chš– ^`wbK KZ †KwR `vbv`vi Lv`¨ †`qv c‡qvRb?
4. GKwU evQvÿ ^`wbK Zvi IR‡bi KZ fvM cwigvY Lv`¨ †L‡q _v‡K?
5. ¯v¯¨evb evQvÿ †c‡Z R‡b¥i ci evQvÿ‡K KZw`b kvj `ya cvb Kiv‡bv DwPZ?

L) wgjKiY RvZxq ck

- wgjKiY RvZxq c‡k wel‡q ¸‡jv mgagx nIqv DwPZ|
- c‡ki evK¨¸‡jv hZUkzm¤e msw¶ß I mÿúó nIqv DwPZ|
- wk¶v_xiv hv‡Z Abyôvb K‡i DËi w`‡Z bv cv‡i †mRb¨ wØZxq ¯–‡ii DË‡ii msL¨v c_g ¯–‡ii Dw³i †P‡q ‡ewk nIqv `iKvi|
- GK‡mU wgjKiY ck GKB cô‡q _vKv DwPZ|
- ev‡K¨i eo AskwU c‡ki evg w`‡K _vK‡e Ges msL¨vbyôvwgK b¤i w`‡Z n‡e| DË‡ii AskwU Wvb¯–‡¤ _vK‡e Ges eYvbyôvwgK b¤i (K, L, . . .) w`‡Z n‡e|
- c‡ki wb‡`kbvq wgjKi‡Yi wfwË wK n‡e ¯úó K‡i Zv e‡j †`qv DwPZ|

Aóg †kYxi Kwl.wk¶vi c_g Aa¨v‡qi PZz_© cwi‡"Q‡`i wgjKiY ck I DËi|

(L)	1| evsjv‡`‡k Av‡gi PvI n‡q Avm‡Q	K) dRwj
(P)	2| evsjv‡`‡ki me‡P‡q Rbwcq Avg	L) 4000 eQi
(K)	3| evsjv‡`‡ki me‡P‡q eo AvKv‡ii Avg	M) wKIvY‡fvM
(M)	4| AvMvgRvZ Avg	N) Px‡b
(N)	5| wjPÞz Aww` Rb¥vb	O) fvi‡Z
		P) j¨vsov

M) eû wbevPbx ck

- eû wbevPbx c‡ki mvnv‡h¨ Áv‡bi ¯–‡ii A_vr Ávb, c‡qvM, †evaMg¨Zv, ms‡k- lY, we‡k- lY, gj¨vqb BZ¨vw`i Dc‡hvMx ck Kiv †h‡Z cv‡i|
- GKwU c‡ki A‡bK¸‡jv weKí DËi †`qv nq|

- G‡Z `ywU Ask _v‡K| GKwU n‡jv gj- ck ev mgm¨v Ges Aciw¶U weKí DË‡ii ¸”Q|
- c‡ki gj- As‡k Am¤úv- evwK¨ A‡c¶v ck‡evaK evwK¨ e¨envi Kiv fvj|
- mgm¨wU‡K m¤úó Kivi Rb¨ hZUkzwe¡qe¯ ` iKvi wVK ZZUkzwe¡qe¯B gj- As‡k Aš—fy³ Kiv DwPZ|
- gj- As‡ki mv‡_ e¨vKiYMZ w`K t_‡K DËi ¸‡jv ï× n‡Z n‡e|
- weKí DËi ¸‡jvi GKwUgvÎ DËi mwVK n‡e| Z‡e Ab¨vb¨ DËi ¸‡jv Avcv‡Z `ywó‡Z thb mwVK g‡b nq|
- m¤ve¨ DËi ¸‡jvi ^`N¨ mgvb n¡qv evÃbxq|
- c‡k tbwZevPK kã/evwK¨ cwinvi Ki‡Z n‡e
- mwVK DËi m¤ú‡K wk¶v_x thb wØavM¯ nq tmfv‡e DËi ¸‡jv w`‡Z n‡e|
- weKí DËi ¸‡jvi g‡a¨ ÔDc‡ii tKvbwU bqÕ A_ev Dc‡ii me¸‡jv G ai‡bi DËi e¨envi Kiv hv‡ebv|

`kg tkYxi Kwl.wk¶v eB‡qi wØZxq Aa¨v‡qi ZZxq cwi‡”Q` ÔÔebvqbÕÕ t_‡K cwPwU ^be¨w³K ck cYqb I DËi kbv³KiY :

mwVK DËi wb‡`kK A¶iwU eÉwqZ Ki“b : ÁvbMZ t¶Î

1| ebvqb c×wZ‡K Kqfv‡M fvM Kiv hvq?

(K) cwPfv‡M (L) Pvifv‡M

(M) wZbfv‡M **(N) `ywfv‡M** 1| (N) Ávb

2| evsjv‡`‡k mec_g tKvb mv‡j tm¸b evMvb m¤ó nq?

(K) 1973 mv‡j (L) 1901 mv‡j

(M) 1873 mv‡j (N) 1877 mv‡j 2| (M) Ávb

3| tKvbwU mvgwRK ebvq‡bi cavb D‡Ï‡k¨i Aš—fy³?

(K) `wi`¨ e¨w× Kiv **(L)** `wi`¨ `i- Kiv

(M) RbmsL¨v e¨w× (N) RbmsL¨v nvm 3| (L) Ávb

4| mvaviYZ KLb Pviv MvQ jvMv‡Z nq?

(K) elvi cvi‡¤ (L) elvi gv‡S

(M) elvi tk‡l (N) kx‡Zi cvi‡¤ 4| (K) Ávb

5| ÔÔKwgDwbwU d‡iw÷ÕÕ cKí KLb ïi“ nq?

(K) weMZ kZvãxi mËi `k‡K **(L)** weMZ kZvãxi Awki `k‡K

(M) weMZ kZvãxi Iv‡Ui `k‡K (N) GKwesk kZvãxi c_g `k‡K

5| (L) Ávb

N) mZ¨-wg_¨ wbYq RvZxq ck

- GRvZxq Afx¶vi weewZ‡Z ûeû cvV¨cÿ–‡Ki fvlv e¨envi Kiv hv‡e bv|
- weewZ Lye `xN bv KivB evÂbxq|
- weewZi fvlv wk¶v_xi Dc‡hvMx n‡Z n‡e|
- kã Pq‡bi mgq j¶¨ ivL‡Z n‡e †hb Zv ev‡K¨i mZ¨Zv ev AmZ¨Zvi cwZ B½Z bv †`q|
- mZ¨ Ges wg_¨v `ywU ev‡K¨iB ^`N¨ mgvb ivL‡ZB n‡e|
- mZ¨-wg_¨v DËi c`v‡bi Rb¨ Wvbcv‡k wbw`ó ¯vb eiv× ivL‡Z n‡e|

0) kbœ¯vb ci¶Y RvZxq ck

- kbœ¯vb ci¶Y RvZxq c‡k wk¶v_x‡K DËi mieivn Kiv nq|
- G ai‡bi c‡ki mvnv‡h¨ ÁvbMZ †¶‡Îi ˆewkó¨¸‡jv cwigvc Kiv mnR nq|
- wk¶v_xiv kbœ¯v‡b c‡e AwRZ Ávb‡K ¯§wZ †_‡K D×vi K‡i ewm‡q †`b|
- mvavi YZ: ev‡K¨i †kl w`‡K kbœ¯vb Kiv nq|
- ev‡K¨i c_gvs‡k cvß Z‡_¨i wfwË‡Z cieZx kbœ¯vb ci¶Y Kiv nq|
- wk¶v_x‡K DËi mieiv‡ni d‡j Zviv Abygvb wbfifv‡e kbœ¯vb ci¶Y K‡ibv|
- G‡Z msÁv, wbqgbxwZ m¤úwKZ Ávb cwigvc Kiv hvq|

e¨envwiK cix¶vi ˆewkó¨mgn-

- e¨envwiK cix¶vq wk¶v_x‡K †Kvb wbavwiZ KvR Ki‡Z †`qv nq|
- KvRwU wbavwiZ mg‡qi g‡a¨ mgvß Ki‡Z nq|
- wk¶v_xi KvR m¤úb Kivi c×wZ wk¶K ch‡e¶Y K‡ib|
- ch‡e¶YKv‡j wk¶K wk¶v_xi Kv‡Ri gj¨vqb K‡ib|
- G‡Z wk¶v_xi `¶Zvi cwigvc Kiv nq|

- `¶Zvi gj¨vq‡bi Rb¨ †PKwj÷ ˆZwi Kiv †h‡Z cv‡i|
- wk¶v_xi KvR †`‡L wk¶K †PKwj‡÷i mvnv‡h¨ `¶Zvi cwigvc K‡ib|

gj¨hvPvB‡qi cwimi Dbq‡b AwZwi³ ‡KŠk‡ji e¨envi m¤úwKZ †PKwj÷ ˆZwiKiY

‡gŠwLK Dc¯vcb																				
wk¶v_xi µwgK bs	†kvbv hvq			†evSv hvq			¯Zt ùz Ask Mnb			AvZ¥ wekvm			mvims‡¶c			c‡qvU			†gvU	SBA b¤i
	3	2	1	3	2	1	3	2	1	3	2	1	3	2	1	3	2	1		
1	√	√√		√√√			√√	√		√√	√		8	4		24	8		32	5
2		√	√√		√√	√			√√√			√√√		3	9	6	9		15	2
3																				

3 = AwZ DËg, 2 = DËg, 1 = fvj|

†gŠwLK Dc¯vc‡bi gj¨vqb wbgwjwLZfv‡e b¤‡ii i¡cvš–i Ki‡Z n‡e :

30-36 c‡qvU = 5 b¤i, 25-29 c‡qvU = 4 b¤i, 20-24 c‡qvU = 3 b¤i, 15-19 c‡qvU = 2 b¤i Ges 12-14 c‡qvU = 1 b¤i|

□ **`jMZ KvR cwiPvjbv I b¤i c`vb**

□ **`jMZ KvR msMVb I gj¨ hvPvB**

G Rb¨ c_‡gB Dchy³ mgm¨v wPwýZ Ki‡Z n‡e| wk¶v_x msL¨v, †RÛvi, cviMZv †kYx cwi‡ek BZ¨vw` we‡q we‡ePbv K‡i `j MVb Ki‡Z n‡e| GKwaK KvR Kiv‡Z n‡j `j c¥web¨vm Ki‡Z n‡e| `‡j Lvgv †ewk msL¨K wk¶v_x n‡j, `‡ji c‡Z¨K m`m¨‡K GKB b¤i w`‡Z n‡e| wk¶v_x‡`i c‡Z¨K‡K GKB w`‡b gj¨hvPvB Ki‡Z n‡e Ggb †Kvb aivevav wbqg †bB| `jMZ KvR PjvKjxb wewfb w`‡b mfthvM mgyeav Abjvqx mKj wk¶v_xi gj¨hvPvB‡qi KvR m¤úv`b Kiv †h‡Z cv‡i| eo †kYx‡Z GKB te‡Âi wk¶v_xiv GKwU ev 2wU‡Z `‡j wef³ n‡q `j MVb Ki‡Z cv‡i|

□ **GKK ev `jMZ †gŠwLK Dc¯vcb gj¨vqb**

SBA Gi †¶‡Î c‡Z¨KwU wk¶v_xi †gŠwLK `¶Zv gj¨ hvPvB‡qi Rb¨ wk¶K KZK. †kYxK‡¶ ck wRÁvmv A_ev e¨enwiK KvR A_ev `jMZ cvV Dc¯vcb, `jxq Av‡jvPbvi Ask wnmv‡e wk¶v_xi K_v ejv Ges Av‡jvPbvi mfthvM w`‡Z n‡e| c‡Z¨K wk¶v_xi †gŠwLK Dc¯vcbvi †¶‡Î b¤i c`v‡bi Rb¨ wk¶K cwZwU mvgwq‡K Kgc‡¶ wZbevi ixwZe×fv‡e wk¶v_xi †gŠwLK `¶Zvi gj¨ hvPvB Ki‡eb| mybw`ó †PKwj÷ e¨envi K‡i

wk¶K, wk¶v_xi †gŠwLK `¶Zv gj¨hvPvB K‡i b¤i †`‡eb Ges †MwWs Ki‡eb|

□ **†gŠwLK `¶Zv gj¨hvPvB msµvš– †PKwj ÷ ^Zwii wb‡`kKmgn-**

- wk¶v_x †kYxK‡¶ A_ev †QvU `‡j K_v ej‡j †kvbv hvq wK?
- wk¶v_xi e³e¨ KZUv †evSv hvq?
- wk¶v_x wbqwgZ Ges ¯Ztùz‡fv‡e †kYx‡Z c‡ki DËi †`q wKbv Ges `jMZ Av‡jvPbvq AskMnY K‡i wKbv ?
- wk¶v_x AvZ¥ekv‡mi mv‡_ K_v ej‡Z cv‡i wKbv?
- wk¶v_xi e³e¨ mwVK wKbv?

gj¨vqb:

1. iPbvgj¨K Afx¶v ej‡Z wK †evSvq? iPbvgj¨K Afx¶vi ^ewkó¨mgn- I iPbvgj¨K Afx¶vi ckcÎ cYq‡bi bxwZgvjv eYbv Ki“b|
2. ‰be¨w³K c‡ki ^ewkó¨mgn- I ^be¨w³K Afx¶vi Dbq‡b Avcbvi c¯–vebv Dc¯vcb Ki“b|
3. gj¨hvPvB‡qi †KŠkj Dbq‡b Avcbvi c¯–vebv hy³mn e¨vL¨v Ki“b|
4. evsjv‡`‡ki gva¨wgK we`¨vj‡q Kwl.wkÿv wel‡q gj¨hvPvB‡qi †¶‡Î thme †KŠkj e¨eüZ nq †m¸‡jvi Î“wU¸‡jv wPwýZ Ki“b Ges Î“wUmgn- `i- Kivi c_ wb‡`k Ki“b|

BDwbU-6 **Awa‡ekb-7**

ck Kiv I †jLv hv e¨w³MZ Ges †eŠw×K `ÿZv cwZôv Ki‡e

fwgKv

Avgv‡`i mK‡ji g‡b ivLv `iKvi †h, mKj ai‡bi Dbq‡bi cekZ n‡"Q cwiKíbv cYqb Kiv| Avi cwiKíbv cYqb Ki‡j mevi Av‡M c‡qvRb D‡Ïk¨ wbevPb Kiv| GKRb wk¶‡Ki cavb KvR nj DbZgv‡bi wk¶Y-wkLb wbwðZ Kiv| G Rb¨ D‡Ïk¨wfwËK †kYx wk¶Y Kvhµg cwiPwjZ n‡"Q wKbv, Zv hvPvB K‡i †`Lv Acwinvh| ïaywK ZvB? wb‡`ó cvV¨mwP Abykvqx wk¶Y-wkLb Kvhµg †kl n‡j wk¶v_xi cvi`wkZv hvPvB Kivi gva¨‡g gj¨vqb Kiv I Avi GKwU ¸i"Zc¥ KvR| †kYx‡Z wk¶v_xi welqe¯wfwËK Ávb, `¶Zv I †hvM¨Zv KZUv AwRZ n‡"Q Zv hvPvB Kiv Ges wb‡`ó cvV¨mwP †k‡l wk¶v_xi cviM¶gZv ciL Kivi Ab¨Zg nvwZqvi n‡"Q ckKiY| Avgv‡`i A‡b‡KiB g‡b n‡Z cv‡i ck Kiv KvRwU Avi Ggb KwVb wK, ZvBbv? wk¶v_x eÜzv — mwVK I gvbm¤úb ck ˆZwi Kivi KvRwU wKš †gv‡UI mnR welq bq| G Rb¨ `iKvi ck m¤úKxq h‡_ó ZwËK I e¨envwiK Ávb| hvi chvß Abykxj‡bi gva¨‡g ck ˆZwii `¶Zv AwRZ nq| †kYxK‡¶ wk¶K †hgb wk¶v_xi cvi`wkZv I ey×gËv hvPvB‡qi Rb¨ ck K‡ib| wk¶v_xI †Zgwb welqe¯ m¤ú‡K Zvi avivYv ¯úó Kiv Ges †KŠZnj cwiZß. Kivi Rb¨ ck K‡i _v‡K| †gvUK_v wk¶K wn‡m‡e Avgiv wk¶v_xi cvi`wkZv hvPvB‡qi GKwU cavb Dcvq wn‡m‡e ckKiY‡K GKwU †KŠkj wn‡m‡e e¨envi Kwi| GKRb gvbm¤úb wk¶‡Ki Aek¨B Rvbv _vK‡Z n‡e, e¨w³MZ I †eŠw×K `¶Zvi Dbq‡b KvhKwi ckKiY I †jLv Kx fv‡e fwgKv iv‡L| G Awa‡ek‡b Avcbviv KvhKwi ckKiY I †jLvi ¸i"Z Abyaveb Ki‡Z cvi‡eb| wewfb ai‡bi c‡ki ZwËK Ávb c‡qvM K‡i D`vniY ˆZwi Ki‡Z cvi‡eb| †KvbwU wK ai‡bi ck Zvi c‡¶ hy³ w`‡Z cvi‡eb| Aa¨vqwfwËK Abykxjbxi ckmgn-mbv³ Ki‡Z cvi‡eb| e-gym U¨v‡·vbwg Abykvqx Áv‡bi wewfb ¯–i Dc‡hvMx ck cYqb Ki‡Z cvi‡eb| wewfb cKvi c‡ki chvß Abykxjbxi gva¨‡g Avcwb n‡eb GKRb mdj ck c‡YZv|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- e¨w³MZ I †eŠw×K `¶Zv cwZôvq ck Kiv Ges †jLvi fwgKv D‡j-L Ki‡Z cvi‡eb|
- e× ck, Dbœ³ ck, DËg v‡bi ck I wbgv‡bi ck ˆZwi Ki‡Z cvi‡eb|
- Blooms-Gi Áv‡bi wewfb ¯–i Dc‡hvMx GK‡mU iPbvgj-K I GK‡mU ˆbe¨w³K ckcYqb Ki‡Z cvi‡eb|

cemgn-

ce-K : e¨w³MZ I †eŠw×K `¶Zv cwZôvq ck Kiv Ges †jLvi fwgKv

wk¶v_x eÜzv — †kYx wk¶Y-wkLb Kvhµ‡g AskMn‡Yi d‡j, wk¶v_x‡`i welqe¯ m¤úKxq Dcjwä‡eva Zv‡`i e¨w³‡Z KZUv cfve we¯–vi Ki‡e, Zv‡`i gbbkxjZvq Kx ai‡bi cwieZb Avb‡e hv Zv‡`i AvPi‡Y cKvk cv‡e Ges Zv‡`i mÆRbkxjZvi weKvk Kxfv‡e NU‡e Zv A‡bKvs‡k wbfi K‡i KvhKix ckKiY I †jLvi mdj c‡qv‡Mi Dci| †kYx‡Z KvhKix ckKiY I †jLvi mwVK c‡qvM NUv‡j wk¶v_x‡`i e¨w³MZ I †eŠw×K `¶Zvi Dbqb Kxfv‡e mwaZ nq Zv wb‡q †eBb †÷wgs Ki“b| AZ:ci KvR-1 Gi DËi wbR LvZvq wjLb| Gevi gWÿzj c`Ë m¤ve¨ DË‡ii mv‡_ wgwj‡q †`Lb Avcwb KZUv mdj n‡eb|

KvR - 1 : e¨w³MZ I †eŠw×K `¶Zv Dbq‡b KvhKwi ckKiY Ges †jLv

e¨w³MZ I †eŠw×K `¶Zv Dbqb Ges KvhKwi ckKiY

-
-
-
-

e¨w³MZ I †eŠw×K `¶Zv Dbqb I †jLv

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ce-L: gj¨hvPvB‡qi Rb¨ wewfb cKvi ck I Zvi c‡qvRbxqZv

wk¶v_x eÜzv — c`Ë ck¸‡jv j¶ Ki“b| ckmg‡ni m¤ve¨ DËi wK iKg n‡Z cv‡i †m m¤ú‡K I GKUz‡f‡e †`Lv‡e| AZ:ci G Awa‡ek‡bi gj¨ wkLbxq welq n‡Z e× ck, Db¥y³ ck I D”Pgv‡bi ck m¤ú‡K fvjfv‡e †R‡b wbb|

1| e× ck :

- grm AvBb Agvb¨Kvixi kvw¯– wK?

2| Db¥y³ ck :

- Db¥y³ Rjvk‡q gv‡Qi Drcv`b evov‡bvi c`‡¶c †bIqv DwPZ †Kb?

3| wbg gv‡bi ck :

- †`vuAvk gwUi MVb eYbv Ki|

4| D”P gv‡bi ck :

- Gtvuj gwU A‡c¶v †`vuAvk gwU dm‡ji Rb¨ AwaK Dc‡hvMx Gi KviY e¨vL¨v Ki|

wk¶v_x eÜzi — Gevi KvR - 2 I KvR - 3 Gi DËi ˆZwi Ki“b|

KvR - 2 : gj¨hvPvB‡qi Rb¨ wewfb cKvi ck cYqb

1| e× ck	• •
2| Db¥y³ ck	• •
3| wbggv‡bi ck	• •
4| D”Pgv‡bi ck	• •

KvR - 3 : wewfb cKvi c‡ki c‡qvRbxqZv

eÜz, †Kejgv Î DËg‡bi ckB wk¶v_xi g‡¨hvPvB‡qi Rb¨ ¸i“Zc¥| G D³wUi c‡¶ I wec‡¶ Avcbvi gZvgZmgn¨ wbR LvZvq wjLv| G Rb¨ Aek¨B wewfb cKvi c‡ki ˆewkó¨ m¤ú‡K Avcbvi avivYv AwaKZi ¯úó K‡i †blqvi Rb¨ g‡¨ wkLbxq wel‡qi mvnvh¨ wbb| AZ:ci weZ‡Ki wel‡q wbgi¡c KvR-3 Gi DËi ˆZwi Ki“b| GKKfv‡e wm×vš– wbb| g‡b ivL‡eb G weZ‡K Avcbv‡K c¶ I wec‡¶i fwgKv Aej¤b Ki‡Z n‡e|

KvR - 3 : wewfb cKvi c‡ki c‡qvRbxqZv m¤úKxq weZK

weZ‡Ki welq : †Kejgv Î DËg‡bi ckB wk¶v_xi g‡¨hvPvB‡qi Rb¨ ¸i“Zc¥| c‡¶ :

-
-
-
-

wec‡¶ :

-
-
-
-

wm×vš– :

ce-M: Blooms Gi Á‡bi wewfb ¯–i Dc‡hvMx ck kbv³ KiY

wk¶v_x eÜzv — Avkv Kwi G Awa‡ek‡bi ôce - Lô n‡Z c‡ki Avavb K †kYxweb¨v‡mi mvavi Y cKvi‡f` m¤ú‡K Avcbv‡`i avi Yv ¯úó n‡q‡Q| Gevi Avmvb wk¶vµg we‡klÁ Benjamin Bloom Zvui Taxonomy of Education Objectives M‡š wkL‡bi 3wU cavb †¶Î¸‡jv wK Zv D‡j-L K‡i‡Qb| Ávbgvb K †¶‡Îi D‡Ïk¨¸‡jv KqwU ¯–‡i we f³ K‡i‡Qb Ges ¯–i¸‡jv wK? Gme c‡ki DËi Avcbviv gvb wkLbxq we lq n‡Z †R‡b wbb| GLb G †_‡K Avcbviv Avi l fvjfv‡e †R‡b wbb Áv‡bi QqwU ¯–i Dc‡hvMx ck¸‡jv Kx iKg? GiKg ck wb‡R mgRb Ki“b| AZ:ci KvR-4 Gi DËi ˆZwi Ki“b l m¤ve¨ DË‡ii mv‡_ wgwj‡q wb‡Ri cvi`wkZv hvPvB Ki“b| eÜzv - Zvn‡j GLb cgvY †c‡jb‡Zv KvhKix ckcYq‡bi `¶Zv ARb m¤úKxq G ¸i“Zc¥ KvRwU h‡_ó ˆah, c‡Póv Ges Abykxj‡bi gva¨‡g m¤úb Ki‡Z nq|

KvR - 4 : cYxZ iPbvgvb K l ˆbe¨w³K ck kbv³Kiv

c`Ë iPbvgvb K l ˆbe¨wËK ckmgn Blooms Taxonomy Abyhvqx Áv‡bi †Kvb ¯–‡ii Dc‡hvMx Zv wbYq Ki“b|

K. iPbvgvb K ck

µg.	iPbvgvb K ck	Áv‡bi ¯–i
1.	†`vAvk gwUi Dcv`vb¸‡jv wK?	
2.	†jvbv cwbi gvQ wgVv cwb‡Z evP‡Z cv‡i bv, Gi KviY Kx?	
3.	wK wK D™‡` †PvL Kjg ˆZwi Kivi gva¨‡g esk we¯–vi Kiv hvq?	
4.	we ï× cRwZ msi¶‡Y A½R cRbb Acwinvh Zv e¨vL¨v Ki|	
5.	wK wK Kvi‡Y fwg ¶q nq?	
6.	gwUi cwb avi Y ¶gZv e„×‡Z ivmvqwbK mvi A‡c¶v ˆRe mvi †ewk Dc‡hvMx Zv wbYq Ki|	

L. ‰be¨wËK ck

µg.	‰be¨wËK ck	Áv‡bi ¯–i
1.	dj Drcv`‡bi mvdj¨ cavbZ wK‡mi Dci wbfi K‡i? (K) fvj ¸Ym¤úb ewR (L) mvi (M) †mP (N) cwiPhv	
2.	`vev Kjg ˆZwii Rb¨ †Kvbwu wbevPb Kiv DwPZ? ~~(K)~~ gvwUi KvQvKwQ Aew¯Z Wvj (L) gvwUi Ic‡i Aew¯Z Wvj (M) gvwUi wb‡Pi Wvj (N) gvwU n‡Z A‡bK DPvZ Aew¯Z Wvj	
3.	Mv‡Qi kvLv, wkKo, †PvL ev Kvwo BZ¨vw` gvZMvQ n‡Z wewQb K‡i Pvi v Drcv`‡bi cwµqv‡K Kx e‡j? ~~(K)~~ A½R esk we¯–vi (L) ¯vfvweK A½R esk we¯–vi (M) Kwlg A½R evsk we¯–vi (N) Pvi v Drcv`b cwµqv	
4.	†h c×wZ‡Z Mv‡Qi †Mvov, K›`, KvÊ, cvZv BZ¨vw` n‡Z Pvi v Drcw`Z nq, Zv‡K Kx e‡j? ~~(K)~~ ¯vfvweK A½R esk we¯–vi (L) cKZ.A½R esk we¯–vi (M) Kwlg A½R esk we¯–vi (N) mshy³ A½R esk we¯–vi	
5.	Av‡jvi dù †cvKvgvKo `g‡bi †Kvb c×wZ? (K) ˆRweK c×wZ (L) mgwšZ c×wZ ~~(M)~~ hwšK `gb c×wZ (N) ivmvqwbK `gb c×wZ	

BDwbU-6 **Awa‡ekb-7**

gj¬ wkLbxq welq

ck Kiv I †jLv hv e¨w³MZ Ges †eŠ×K `ÿZv cwZôv Ki‡e

□ **ck t** wk¶v_xi AwRZ Ávb, `¶Zv I gj¬¨‡eva hvPvB‡qi ev gj¬¨vq‡bi eûwea †KŠk‡ji g‡a¨ ck Kiv GKwU Ab¨Zg †KŠkj| †kYxK‡¶ wk¶Y-wkLb cwµqv PjvKv‡j wk¶K Ges wk¶v_x Df‡q ck Ki‡Z cv‡ib| wk¶K ck K‡ib wk¶v_x‡K gj¬¨vq‡bi Rb¨| Avi wk¶v_xI wk¶K‡K ck K‡i welqe¯ m¤ú‡K Zvi avivYv ¯úó K‡i wb‡Z cv‡i, wb‡Ri †KŠZj cwiZß.Ki‡Z cv‡i| wk¶K-wk¶v_x Ges wk¶v_x wk¶‡Ki g‡a¨ c‡kvË‡ii Av`vb-c`vb, wk¶v_x‡`i AwaKZi wkL‡b †clYv thvMvq Ges wk¶v_x‡`i wbR‡K AvZ¥gj¬¨vq‡b e¨¯– iv‡L| d‡j wkLb djcm¬I ¯vqx nq|

□ **c‡ki cKvi‡f`**

- e× ck (Closed Question) t

  G me c‡ki DËi c`v‡b gj¬Z wk¶v_xi wPš—b¶gZvi DrKl mva‡bi mÿthvM _v‡K bv| wk¶v_x ¯§iYkw³i mvnv‡h¨ DËi w`‡q _v‡K| G ai‡bi c‡ki DËi ¯í cwimi, we¯ZZ.cwimi, GK K_vq, nüv, bv, mZ¨, wg_¨v BZ¨vw` n‡q _v‡K| †hgbt

  1| gvwUi DeiZv ej‡Z Kx ey‡Sb ? [DËi ¯í cwimi]

  2| gvwUi DeiZvi wbqvgK¸‡jvi eYbv `vI| [DËi we¯ZZ.cwimi]

  3| evsjv‡`‡ki A_bxwZ Kwl.wbfi (nüv)

□ **Dbœ³ ck (**Open Question**)**

  †h me c‡ki DËi c`v‡b wk¶v_x eûgyLx wPš—b I ¯KxqZv †ev‡ai cKvk NUv‡Z cv‡i †m¸‡jv Dbœ³ ck| G‡Z c‡ki DËi `vZvi ¯vaxbZv _v‡K Ges GKwaK DËi wjL‡Z cv‡ib| †hgb t

- †Zvgvi GjvKvi gwnU wKi¡c? gwnUi ˆewkó¨ Abjyqx DeiZv evov‡bvi Rb¨ KxiKg mvi c‡qvM Kiv DwPZ ?
- G ai‡bi gwnU‡Z wK wK dmj fvj nq?

□ **wbgv‡bi ck (**Low order Question**)**

G ai‡bi c‡ki DËi wk¶v_x gyL¯– Ávb ev AwRZ `¶Zvi mvnv‡h¨ w`‡Z cv‡ib| †hgb t

- †`vlAvk gwnUi MVb eYbv Ki|
- gwnU MV‡bi Dcv`vb¸‡jv|

□ **D"Pgv‡bi ck (**High order Question**)**

‡h me c‡ki DËi †`Iqvi Rb¨ wk¶v_x‡K welqe¯ m¤ú‡K Mfxi Ávb ARb, welqe¯, we‡k-lY, ms‡k-lY I c‡qvM `¶Zv ARb Ki‡Z nq Ges m¤Rbkxj Zvi ewnt cKvk NUv‡Z nq Zv‡K D"P gv‡bi ck ejv nq|

- G‡Uwjwi gwnU‡Z dmj fvj bv nIqvi KviY mgm¨Kx Kx ?
- AwZewóó I Abvewóó DfqB dm‡ji Rb¨ ¶wZKi, †Kb ?
- Gtlwj gwnUi DeiZv ew× Kivi Rb¨ wK Kiv DwPZ?

- Bengamin Bloom Zvui Taxonomy of Education objectives M‡š wkL‡bi 3wU †¶‡Îi K_v D‡jL K‡i‡Qb| G¸‡jv n‡jv -
  1| Ávbgj¨K †¶Î ev ewy×ewËK (Cognitive Domain)
  2| g‡bv‡ckxR †¶Î (Psychomotor Dimain)
  3| Av‡ewMK †¶Î (Affective Domain)

[1] Ávbgj¨K †¶Î ev ewy×ewËK t

wk¶vwe` Bloom Gi g‡Z, Ò‡h me wkLb D‡Ïk¨ Ávbxq †¶‡Îi Aš–fy³ †m¸‡jv Áv‡bi ¯§iY, †Pbv ev kbv³KiY I ewy×wfwËK mvg_¨ I `¶Zvi weKvk‡K Zv‡`i welq wn‡m‡e Aš–fy³ K‡i|Ó

Bnv gÿ-Z wPš–b I ey×wfwËK (Intellectual) cwµqvi mv‡_ m¤úKhy³ | †Kvb wKQy m¤ú‡K Ávb ARb I mgm¨v mgvavb RvZxq D‡Ïk¨ GB †¶‡Îi Aš–f~³ | Ávbgÿ-K †¶‡Îi D‡Ïk¨¸‡jv‡K Bloom QqwU ¯–‡i fvM K‡i‡Qb| c_gwU Áv‡bi Aš–fy³ | Ab¨ 5wU ey×wfwËK mg_ I `¶Zvi chvqfy³ | Zvui GB ¯–imgn¨ we‡ePbvq †i‡L ck cYq‡bi cwiKíbv Ki‡Z n‡e|

□ **Ávb (**Knowledge**)**

Ávb ej‡Z c‡e ‡kLv †Kvb ZZ, Z_¨, NUbv cevn, KvVv‡gv, AwfÁZv ¯§iY ev cÖvi "‡`K Kivi gvbwmK ¶gZv‡K ey§vq| †hgb t

- Avenv Iqvi Dcv`vb¸‡jvi bvg wK wK?
- †`tuAvk gwUi MVb eYbv Ki|

□ **ey×ewËK ¶gZv (**Intellectual abilities**)**

K) Áv‡bi Dcjwä / Abyaveb (Comprehension**) t** Dcjwä ev Abyaveb nj †Kvb welq mwVKfv‡e †evSvi ¶gZv| †Kvb Z_¨ ev avivY‡K ey§S mnRfv‡e eYbv Kivi ¶gZv‡K †evaMg¨Zv e‡j | †hgb t

- mey®mvi ej‡Z Kxey§vq Zv e¨vL¨v Ki‡Z cvi‡e ?
- Dw™‡`i cÖó Dcv`vb¸‡jvi c‡qvRbxqZv eYbv Ki‡Z cvi‡e|
- $(a + b)^2 = a^2 + 2ab + b^2$ m¤ú~wU e¨vL¨v Ki‡Z cvi‡e|

[L] c‡qvM (Application**) t** welqe¯ Aa¨vq‡bi ci †Kvb Ávb, ZË, m¤ú~, bxwZ, c×wZ, avivY, ev¯–‡e bZzb †¶‡Î e¨envi Kivi ¶gZv‡K c‡qvM ejv nq| Gi Rb¨ Ávb I †evaMg¨Zv _vK‡Z n‡e|

- $(a + b)^2$ Gi m¤ú~ c‡qvM K‡i $(3x + 2y)^2$ Gi gvb †ei Ki‡Z cvi‡e|
- fwg ¶‡qi wewfb KviY †R‡b Zv †iva Kivi Dcvq wbYq Ki‡Z cvi‡e|
- wewfb mv‡ii ˆewkó¨ †R‡b gwUi mwVK mvi e¨envi‡ii D‡`¨vM wb‡Z cvi‡e|

[M] we‡k-lY (Analysis**)t** ‡Kvb welq‡K wewfb As‡k c„_K K‡i Ask¸‡jv‡K mbv³, Zzjbv, m¤úK© wbYq I hy³mn Ask¸‡jv‡K e¨vL¨v Ki‡Z cvi‡j Zv G ¯–‡ii AvPi‡Yi g‡a¨ c‡o| †hgb t

- mv‡jvKms‡k-lY I km‡bi cv_K¨ wbYq Ki‡Z cvi‡e|
- exR we‡×Zv I RvZ we‡×Zvi Zzjbv Ki‡Z cvi‡e|
- D™‡`i DbœZ cKib ˆZwi‡Z †Kvb ai‡bi civMvqb ¸i“Zc¥Zvi c‡¶ hy³ w`‡Z cvi‡e|

N) ms‡k-lY (Synthesis**) t** ms‡k-lY nj Dcv`b ev Ask‡K GKwÎZ K‡i c¥½ avivi ˆZwi Kiv| †hgb t

- wWg dbœv‡bvi Dcvq eYbv Ki‡Z cvi‡e|
- fwg ¶‡qi Kviv mgn¨ e¨vL¨v Ki‡Z cvi‡e|
- wb‡lK cwµqv eYbv Ki‡Z cvi‡e|

0) gj¨vqb t (Evaluation**)t** †Kvb we‡kl wbqvg‡Ki Dci wfwË K‡i we‡kl D‡Ï‡k¨i civ‡cw¶‡Z †Kvb wKQzi gj¨vqb wePviKiY ev hvPvB Kivi ¶gZv nj gj¨vqb| G ¯–‡ii AvPiwYK cwieZb LvBB RwUj cKwZi|

- ivmvqwbK mvi I ˆRe mv‡ii g‡a¨ †Kvb mvi gwUi DeiZv e„× Ki‡Z †ewk Dc‡hvMx Zv wePvi Ki‡Z cvi‡e|
- cwi‡e‡ki ˆRe I A¼Re Dcv`vb mgn¨ civMvq‡bi Rb¨ †Kb ¸i“Zc¥Zv wbYq Ki‡Z cvi‡e|

[2] g‡bv‡ckxR †¶Î (Psychomotor Domain**) t**

g‡bv‡ckxR †¶‡Îi D‡Ïk¨ AR‡bi Rb¨ gb I †ckx GK mv‡_ KvR K‡i| GwU nv‡Z Kj‡g KvR Kivi mv‡_ m¤úKhy³| G‡K mvavivYfv‡e ejv nq `¶Zv| †hgbt exRZjvi b·v G‡K †`Lv‡Z cvi‡e| ‡PvL Kjg I `vev Kjg ‰Zwi Ki‡Z cvi‡e|

[3] Av‡ewMK †¶Î (Affective Domain**) t**

D‡Ï‡k¨i G †¶ÎwU wk¶v_xi Av‡eM I Abyfw³Zi mv‡_ m¤úKhy³| Gi D‡Ï‡k¨mgn- `wó fw½, gj¨‡eva, AvMn I h‡_wPZ ¸Y wePviKiY ¶gZvi cwieZb wb‡q KvR K‡i| †hgb t cwi‡ek msi¶‡Y ebvq‡bi fwgKv ej‡Z cvi‡e| AvZ¥Kgms¯—vb I fvM¨Dbq‡b Kwl.Kv‡Ri ‡¶Î wbaviY I fwgKv wbi¡c Ki‡Z cvi‡e|

gj¨vqb

1. e¨w³MZ I †eŠw×K `¶Zv cwZôvq KvhKix ckKiY I †jLvi fwgKvmgn- Kx Kx?
2. c‡ki mvavi Y †kYxwefvM Abjxwqx KvhKix ck^Zwi Ki‡Z cwi Kx?
3. Blooms Taxonomy Abjxwqx cvV¨cy–‡Ki Abjxkxjbxi ckmgn- mbv³ Ki‡Z cwi Kx?

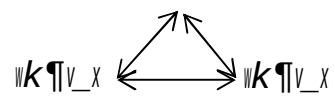
m¤ve¨ DËi

KvR - 1 : e¨w³MZ I †eŠw×K `¶Zv Dbq‡b KvhKix ckKiY Ges †jLv

e¨w³MZ I †eŠw×K `¶Zv Dbqb Ges KvhKwi ckKiY

- ck Kivi gva¨‡g †kYx mwµqZv wbwðZ Kiv hvq|
- wk¶v_x‡`i Drmvn DÏxcbv †e‡o hvq Ges av‡c av‡c cvi`wkZv hvPvB‡qi d‡j wb‡Ri Ae¯—vb e¨vS cieZx Kgcšv wbYq Kiv hvq|
- wel‡qi cwZ wk¶v_x‡`i g‡bv‡hvM AvKlY I g‡bv‡hvM a‡i ivLv hvq|
- eûwea †KŠkj c‡qv‡Mi ga¨‡g ck Ki‡j DËi c`v‡b wPš—b `¶Zvi DrKl mva‡bi m¤¢hvM _v‡K|
- mgm¨v mgvavb Kivi d‡j AvZwekvm †e‡o hvq|
- wÎgyLx †hvMv‡hvM ¯—vc‡bi d‡j wk¶v_xi e¨w³MZ I †eŠw×K `¶Zv e„w×cvq|

wk¶K



e¨w³MZ I †eŠ×K `¶Zv Dbqb Ges †jLv

- wPÎ A¼b Gi gva¨‡g welqe¯ úó Kiv|
- c‡ki DËi †jLv|
- †kYxK‡¶ wk¶‡Ki e³Zv.Abyôv‡bi K‡i †jLv|
- ce‡Üi mvi ms‡¶c ‰Zwi Kiv|
- cwÎKvi m¤úv`Kxq iPbv Kiv|
- mwPókxj ceÜ, KweZv iPbv Kiv|
- †bvU Kiv, M‡elYvagx †jLv|

KvR - 2 : gj¨hvPvB‡qi Rb¨ wewfb cKvi ck cYqb

wewfb cKvi ck	D`vniY
1| e× ck	▪ gwUi DeiZvi wbqvgK¸‡jv wK wK? ▪ ¯vfvweK A½R cRbb KZ cKvi I wK wK?
2| Dbœ³ ck	▪ ‡Zvgv‡i GjvKvi gwUi ˆewkó¨ Abyôvqx DeiZv evov‡bvi Rb¨ Kx iKg mvi c‡qvM Kiv DwPZ? ▪ dmj Drcv`‡bi Rb¨ †`uAvk gwU AwaK Dc‡hvMx †Kb?
3| wbggv‡bi ck	▪ †`uAvk gwUi MVb eYbv Ki| ▪ exR †kva‡bi Dcvq wjL|
4| D”Pgv‡bi ck	▪ ¶wZKi KxUcZ½ `g‡b ivmvqwbK KxUbvkK A‡c¶v ˆRe `gb AwaK Dc‡hvMx †Kb? ▪ cwi‡ek msi¶‡Y Kwl. ebvqb Kx fv‡e Ae`vb ivL‡Z cv‡i?

KvR - 3 : wewfb cKvi c‡ki c‡qvRbxqZv

weZ‡Ki welq : g‡j¨hvPvB‡qi †¶‡Î †Kejgv Î DËg‡bi ckB wk¶v_xi cKZ.†gav hvPvB‡qi Rb¨ ¸i“Zc¥|

c‡¶t

- G ai‡bi c‡ki DËi c`v‡bi Rb¨ welqe¯i Dci Aeva `Lj ARb Ki‡Z nq|
- welqe¯i Mfx‡i c‡ek Kivi Rb¨ welqe¯ msMk-ó Ab¨vb¨ welq m¤ú‡K Rvb‡Z nq|
- welqe¯i wewfb Ask ms‡k- lY K‡i bZzb D™veb m¤e|
- welqe¯i AwRZ Ávb I `¶Zv Ab¨vb¨ †¶‡Î c‡qvRb Kiv m¤e nq|
- mwµókxjZv e„× cvq|

d‡j wk¶v_xi g‡j¨hvPvB‡qi †¶‡Î DËg‡bi ckB ¸i“Zc¥G wel‡q Kv‡iviB wØgZ _vKvi †Kvb KviY †bB ?

wec‡¶ :

†cwUb mg„× Lvevi ¯v‡¯¨i Rb¨ LyuB DcKvix Zv Avgiv mevB Rwb| wKš †Kejgv Î †cwUb mg„× Lvevi Mn‡Yi d‡j †hgb ¯v‡¯¨i gvivZ¥K ¶wZ n‡q _v‡K wVK †Zgwb †Kejgv Î DËg‡bi c‡ki mvnv‡h¨ wk¶v_xi g‡j¨hvPvB Kivi c‡Póv Pvjv‡bv n‡j wk¶v_xi ARb gv Îv hvPvB A‡bK mg‡qB m¤e n‡e bv| hvi wei¡c cwZwµqv m¤ú¥ wk¶Y wkLb cwµqv‡K e¨_K‡i w`‡Z cv‡i KviY-

- mKj wk¶v_x mg‡gav m¤úb nq bv weavq G ai‡bi c‡ki DËi w`‡Z cv‡i bv|
- mKj wk¶v_xi g‡bv‡hvM I ^ah mgvb nq bv d‡j welq e¯i Mfx‡i c‡ek Kiv Zv‡`i Rb¨ KwVb nq|
- we‡k- lY I ms‡k- lY DËg‡bi `¶Zv weavq wk¶v_x mn‡R Zv ARb Ki‡Z cv‡i bv|
- Ab¨w`‡K e× I wbggv‡bi c‡ki DËi wk¶v_x mn‡R w`‡Z cv‡i e‡j gv‡V Drmvn e„× cvq|
- wk¶v_xi AvZ¥ekvm e„× cvq|
- cv‡Vi mwµqZv e„× cvq|
- wk¶K wk¶v_xi Avš—iKZv e„× cvq|

- wÎgyLx †hvMv‡hvM ¯wcZ nq e‡j Dby³ c‡k e¨w³MZ I †eŠw×K `¶Zv e„w× cvq
- eûgyLx wPš—‡bi mvgvwRK _v‡K d‡j wk¶v_xi ¯vaxb gZvgZ e¨³ Kivi mvgvwRK _v‡K|

mvZivs †Kejgv Î DËgv‡bi ck bq mKj cKvi c‡ki c‡qv‡Mi gva¨‡g wk¶v_xi cKZ. †gav mgfv‡e hvPvB Kiv m¤e|

KvR - 4 (K) : cYxZ iPbvgj¨K ck kbv³Kiv

µg.	iPbvgj¨K ck	Áv‡bi ¯—i (m¤ve¨ DËi)
1.	‡`tAvk gwUi Dcv`vb¸‡jv wK wK?	Ávb
2.	‡jvbv cwbi gvQ wgVv cwb‡Z evuP‡Z cv‡i bv, Gi Kvi Y Kx?	Abyaveb
3.	wK wK D™‡` †PvL Kjg ˆZwi Kivi gva¨‡g esk e¯—vi Kiv hvq?	c‡qvM
4.	we‡ï× cRwZ msi¶‡Y A½R cRbb Acwinvh Zv e¨vL¨v Ki|	we‡k-lY
5.	wK wK Kvi‡Y fwg ¶q nq?	we‡k-lY
6.	gwUi cwb avi Y ¶gZv e„w×‡Z ivmvqwbK mvi A‡c¶v ˆRe mvi †ewk Dc‡hvMx Zv wbYq Ki|	gj¨vqb

KvR - 4 (L) : cYxZ ‰be¨wËK ck kbv³ KiY

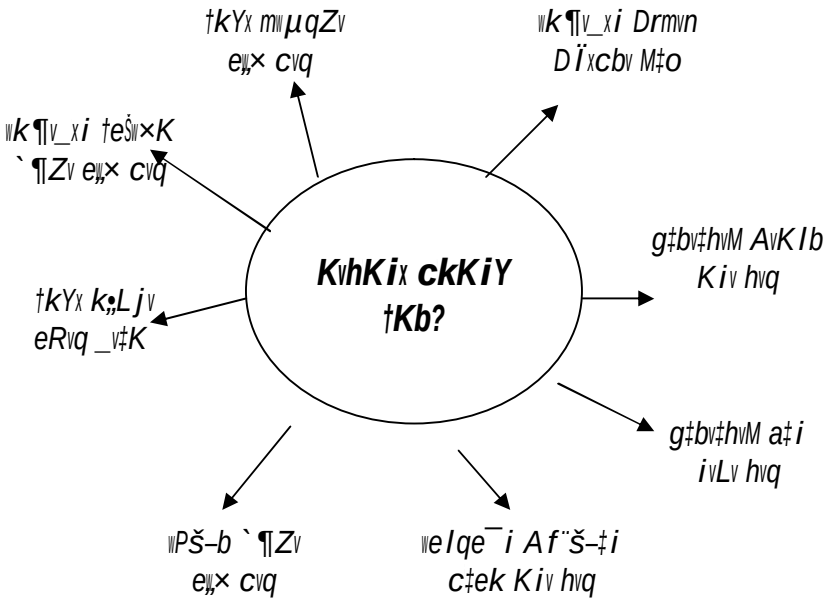
µg.	‰be¨wËK ck	Áv‡bi ¯–i (m¤ve¨ DËi)
1.	dj Drcv`‡bi mvdj¨ cavbZ wK‡mi Dci wbfi K‡i? (K) fvj ¸Ym¤úb exR (L) mvi (M) †mP (N) cwiPhv	Abxweb
2.	`vev Kjg ˆZwii Rb¨ †KvbwU wbevPb Kiv DwPZ? (K) gwUi KvQvKwQ Aew¯Z Wvj (L) gwUi Ic‡i Aew¯Z Wvj (M) gwUi wb‡Pi Wvj (N) gwU n‡Z A‡bK DËZ Aew¯Z Wvj	we‡k- lY
3.	Mv‡Qi kvLv, wkKo, †PvL ev Kxo BZ¨vw` gvZMvQ n‡Z wewQb K‡i Pviv Drcv`‡bi cwµqv‡K Kx e‡j? (K) A½R esk we¯–vi (L) ¯vfvweK A½R esk we¯–vi (M) Kwlg A½R evsk we¯–vi (N) Pviv Drcv`b cwµqv	c‡qvM
4.	‡h c×wZ‡Z Mv‡Qi †Mvov, K›`, KvÊ, cvZv BZ¨vw` n‡Z Pviv Drcvw`Z nq, Zv‡K Kx e‡j? (K) ¯vfvweK A½R esk we¯–vi (L) cKZ.A½R esk we¯–vi (M) Kwlg A½R esk we¯–vi (N) mshy³ A½R esk we¯–vi	Ávb
5.	Av‡jvi dù †cvKvgvKo `g‡bi †Kvb c×wZ? (K) ˆRweK c×wZ (L) mgwšZ c×wZ (M) hvwšK `gb c×wZ (N) ivmvqwbK `gb c×wZ	ms‡k- lY

BDwbU - 6 **Awa‡ekb - 8**

ck Kiv I †jLv hv g‡bvfve Ges gj¨‡eva cwZôv Ki‡e

fwgKv

ck Kiv I †jLv wk¶v_xi e¨w³MZ I †eŠw×K `¶Zv Dbq‡b †Kb Acwinvh Zv Awa‡ekb-7 n‡Z Avcbviv †R‡b‡Qb| Z_vwc I Avmbœ G m¤úKxq avivYv bevqb I ¯úóKi‡Yi Rb¨ wb‡Pi WvqvMvgwU g‡bv‡hvM mnKv‡i j¶¨ Kwi|



wk¶v_x eÜzwZ, Mfxi fv‡e wPš—v K‡i †`Lvq, wk¶v_xi †eŠw×K `¶Zv Dbq‡b †jLvi fwgKv Kx? wVKB †f‡e‡Qb - †jLvi gva¨‡g welqe¯ m¤ú‡K wk¶v_xi avivYv ¯úó nq, wk¶‡Ki e³envi Abymi Y Kiv mnR nq, c‡ki DËi ‰Zwi‡Z wbR¯ D™veb ¶gZv c‡qvM Ki‡Z cv‡i| ïaygvK ZvB, mwPzkxj ceÜ I KweZv iPbv Ki‡Z n‡j †jLvi †Kvb weKí Av‡Q wK? mvgvwiZvs, wk¶v_xi g‡bvfve Dbqb I gj¨‡eva cwZôvi Kv‡R I KvhKix ckKiY I †jLvi c‡qvRbxqZv Acwinvh|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- g‡bvfve I gj¨‡eva Gi avivYv e¨v³ Ki‡Z cvi‡eb
- Kwl.wk¶v wk¶Y-wkL‡bi d‡j AwRZ gj¨‡evamgn-mbv³ Ki‡Z cvi‡eb
- g‡bvfve I gj¨‡eva m¤úKxq Afx¶v c¯Z Ki‡Z cvi‡eb|

cemgn-

ce - K : g‡bvfve I gj¨‡eva Gi avivYv msMVb

wk¶v_x eÜzv — †kYxK‡¶ Avgiv †h me wk¶v_x‡`i wb‡q KvR Kwi Zviv mevB gvbe wkï| G‡`i Avi GKwU cwiPq n‡jv Giv mevB Rxeš– Rxe| cwLI Rxeš– Rxe| wKš cwLmn Ab¨vb¨ mKj RxeB R‡b¥i c‡iB Zvi wbR cwiP‡q cwiwPZ nq| †hgb - Mi“i ev”Pv R‡b¥B Mi“ nq| cwLi ev”Pv R‡b¥B cwL nq| wKš gvbe wkï R‡b¥B gvby‡ nq bv| gvby‡ nIqvi Rb¨ R‡b¥i ci †_‡KB bvbviKg wk¶v Mn‡Yi gva¨‡g Zvi AvPiwYK cwieZb mvab Ki‡Z nq| Avi e¨w³i GB AvPiwYK cwieZ‡bi mv‡_ we‡klfv‡e m¤úKhy³ _v‡K Zvi gb| †m Kvi‡YB wk¶v_x‡`i wKQy‡kLv‡bvi c‡e Avgv‡`i Rvb‡Z nq Zv‡`i i“wP, AvMn, ceYZv I g‡bvfve ZvB bv? wk¶v_xi GB g‡bvfveB Zvi gj¨‡eva msMV‡b ¸i“Zc¥ fwgKv iv‡L| G m¤úKxq KvR-1 Gi DËi ˆZwi Ki“b Ges gj¨‡ev‡ai avivYv msMVb Ki“b|

KvR - 1 : wk¶v_xi g‡bvfve I gj¨‡eva

ai“b, wk¶K we`¨vj‡qi cvZ¨nK Kvhµg ïi“i c‡e wk¶v_x‡`i wb‡q RvZxq m½xZ cwi‡ekb Ki‡jb| G mgq wZwb j¶¨ Ki‡jb, me wk¶v_x mwVK AvPiY Ki‡Q bv| G m¤úKxq wbgi¡c ckmg¨ni DËi w`b|

1. wKQy wk¶v_x h_vh_ fv‡e RvZxq m½xZ cwi‡ek‡b AskMnY K‡i bvB, Gi KviY Kx Kx n‡Z cv‡i?
2. Gi d‡j Avgiv Zv‡`i Kx e¨ß‡Z cvi jvg?
3. wk¶v cwZôv‡b Kg w`e‡mi ï i“‡Z RvZxq m½xZ cwi‡ekb Kiv nq †Kb?

4. ‡`k‡cg wK‡mi D`vniY?
5. g‡bvfv‡ei mv‡_ wk¶v_xi wK‡mi m¤úK _v‡K?
6. g‡bvfv‡ei cfv‡e e¨w³ Kx K‡i?
7. g‡bvfv‡ei ˆewkó¨mgn Kx?

ce-L : Kwl.wk¶vi d‡j AwRZ gj¨‡eva

wk¶v_x eÜzv — G Awa‡ek‡bi c_g c‡e Avcbviv †R‡b‡Qb, g‡bvfve nj wk¶v_xi we‡kl ai‡bi gvbwmK msMVb, hv Zvi AvPiY wbqšY K‡i| Avi e¨w³i AvPi‡Yi †h BwZevPK ewn:cKvk ZvB nj gj¨‡eva| wfb wfb gvbyli g‡bvfve wewfb nq| d‡j Zv‡`i gj¨‡ev‡al wfbZv †`Lv hvq| Gevi ce-K †_‡K Avcbviv gj¨‡ev‡ai †h avivYv †c‡q‡Qb Zvi Dci wfwË K‡i Kwl.wk¶vi gj¨‡eva Kx Kx n‡Z cv‡i Zv mbv³ Ki“b| AZ:ci G m¤úKxq Kgc‡Î-2 Gi DËi wbR LvZvq wjLyb|

KvR - 2 : Kwl.m¤úKxq gj¨‡eva

	Kwl.m¤úKxq gj¨‡eva
gvV dmj	▪ dm‡ji DbZRvZ D™veb I e¨envi ▪ ▪
D`¨vb dmj	▪ cwiKwíwZ ebvqb ▪ ▪
cïcvjb	▪ DbZ RvZ msMn ▪ ▪

grm Pvl	▪ Db¥y³ Rjvkq msi¶Y ▪ ▪
nwm-gÿwM cvjb	▪ DbZ Lvgvi cwi`kb ▪ ▪
†ikg I †gŝgwQ Pvl	▪ ‰Re `gb c×wZ e¨envi ▪ ▪
gwU	▪ km¨eZb ▪ ▪
cwb	▪ cwb `ÆY †iva Kiv ▪ ▪
Kwl.hšcwZ	▪ msMn, †givgZ I msi¶Y ▪ ▪

ce-M : g‡bvfve I gj¨‡eva hvPvB

wk¶v_x eÜzv — G Awa‡ek‡bi c_g `ÿvU ce †_‡K g‡bvfve I gj¨‡eva m¤ú‡K Avcbviv chvß aviYv †c‡q‡Qb| ce-2 G Kwl. wk¶v m¤úKxq gj¨‡evamgn¨ mbv³ Ki‡Qb| Gevi wk¶v_xi ebfwg msi¶Y msµvš– gj¨‡eva hvPvB Gi Rb¨ KvR-3 Gi gZvgZ N‡ii mwVK ¯v‡b wUK wPý w`b| G msµvš– Dw³mg‡n wk¶v_x KZ b¤i cvq Zv kZKiv nv‡i cKvk K‡i wk¶v_xi g‡bvfve hvPvB Ki“b|

KvR - 3 : ebfwg msi¶Y msµvš– g‡bvfve

Dw³ b¤i	Dw³ mgn-	m¤úY~ GKgZ	A‡bKvsk GKgZ	wbi‡c¶	A‡bKvsk GKgZ bB	m¤úY~ GKgZ bB
		5	4	3	2	1
1	cKwZ‡Z MvQcvjv Avcbv-Avcwb R‡b¥ Kv‡RB MvQ KvU‡j Avi jvMv‡bvi c‡qvRb †bB					
2	iv¯–vi cv‡k jvMv‡bv MvQ hv‡Z bó bv nq †mw`‡K Avgv‡`i `wjó ivLv c‡qvRb					
3	ebfwg cKwZi mwjó mÿgZivs ebfwg msi¶‡Yi c‡qvRb nq bv					
4	eb¨ RxeRš cwi‡e‡ki A½| †m Kvi‡Y eb¨ RxeRš msi¶Y Avgv‡`i KZe¨					

BDwbU - 6 **Awa‡ekb -8**

gj¬ wkLbxq welq

ck Kiv I †jLv hv g‡bvfve Ges gj¬"‡eva cwZôv Ki‡e

□ ck Kiv I †jLv hv e¨w³MZ I †eŠw×K `¶Zv g‡bvfve Ges gj¬"‡ev‡ai cwZôv Ki‡e|

- *bZzb welq m¤ú‡K A`g¨ AvMn I Rvbvi Rb¨ wk¶v_x ck K‡i _v‡K| G‡Z K‡i Zvi †eŠw×K weKvk, g‡bvfve, gj¬"‡ev‡ai wfwË M‡o I‡V| ‡jLvi gva¨‡g Zv ¯wqZ jvf K‡i|*

- ***g‡bvfve (***Attitude***)***

  kvixwiK I gvbwmK MV‡b †hgb gvby‡l gvby‡l cv_K¨ i‡q‡Q wVK †Zgwb g‡bvfv‡e I GKRb gvby‡l KLb I Avi AvKRb gvby‡li gZ c‡i vcyi GK bq| g‡bvfve n‡jv GK we‡kl ai‡bi ceYZv, hv mivmwi ch‡e¶Y Kiv hvq bv Ges cwigvc I Kiv hvq bv| e¨w³i AvPiY, Pvj-Pjb, cKvkfw½, e¨w³Z BZ¨vw`i gva¨‡g Zvi g‡bvfve Abygvb K‡i wb‡Z nq| †h gvbwmK msMV‡bi cfv‡e e¨w³ we‡kl †Kvb cwiw¯wZ, c_v ev ms¯v m¤‡Ü we‡kl ai‡bi AvPiY K‡i Zv‡KB g‡bvfve e‡j|

- *g‡bwe` K¨v¤ú‡ej (*Camp bell*) Gi g‡Z, Òg‡bvfve nj mybw`ó ai‡bi DÏxc‡Ki cwi‡cw¶‡Z cwZwµqvi mvgÄm¨|Ó*
- *g‡bweÁvbx †Kv‡jmwbK e‡j‡Qb - Òg‡bvfve nj GK cKvi gvbwmK ce-c¯wZ hv †Kvb e¨w³, e¯ ev avivY‡K †K› ` K‡i gvbwmK Aby‡Zhy³ cwZwµq K‡i|Ó*

  G cwµqv ev AvPi‡Yi w`K chv‡e¶Y K‡i g‡bvfv‡ei ¯i¡c Rvbv hvq| G AvPiY‡K wePvi K‡i cwigvc Kiv nq| g‡bvfve cwieZ‡bi Rb¨ eZgv‡b Afx¶v e¨eüZ n‡"Q| g‡bvfve cwigv‡ci G Afx¶v¸‡jv‡K ejv nq g‡bvfve †¯‹j|

- **gvj¨vtevab (**Values**)**

  wk¶vi †h Dcv`vb ev Av`kmgn e¨w³ ‡K mykxjLj, gvwRZ, i“wPkxj, `wqZkxj e¨w³Zevb, mr, wbôvevb, m‡evcwi mgvRKZK.AwaKZi MnY‡hvM¨ K‡i †Zv‡j Zv‡KB ejv nq gvj¨vtevab wk¶v|

  gvj¨vtevab ej‡Z eySvq Special determination of quality A_ev Moral standard Avi Education n‡jv Development of moral character. AvaywbK avivYv Abyôvwqx wk¶v n‡jv KZ„‡jv ˆRe gvbwmK msMV‡bi Ggb GK †K›`ªfz³ mgšq hv cwi‡e‡ki eû we¯ZZ.Ask‡K e¨w³i Kv‡Q mwµqZvi w`K mg„Y m¤úb K‡i †Zv‡j Ges Zvi g‡a¨ Dchy³ AvPiY mÿó K‡i|

- gvj¨vtevab n‡”Q cwiKwíZ I cixw¶Z Dcv‡q †Kvb Kv‡Ri Dbqb mvab Kiv| Avi wk¶v n‡”Q e¨w³i AvPi‡Yi Kw•LZ cwieZb hv mgvR KZK.¯xKZ| myZivs †h wk¶v wk¶v_x‡`i g‡a¨ ˆbwZKZvi wbi‡L Ggb me „Yvejxi weKvk mvab K‡i, hv Zv‡`i‡K mr, mvnmx, Kgcxwz m¤úb bvMwiK n‡Z mvnvh¨ K‡i Zvnûj gvj¨vtevab wk¶v, Gi d‡j wb‡Ri cwZ, mgv‡Ri cwZ, ¯‡`‡ki cwZ, Avš–RwZKZv, ag, wekåvZZ.Ges cwi‡e‡ki cwZ mwVK `ÿó fw½ M‡o ‡Zv‡j Zv‡K gvj¨vtevab e‡j|

- **gvj¨vtev‡ai weKvk**

  wk¶vi m‡½ gvj¨vtev‡ai weKvk A½vA½xfv‡e RwoZ| wk¶v e¨w³ Rxe‡b Av`k gvj¨vtev‡ai weKvk NUv‡Z cv‡i| KviY e¨w³Rxe‡b gvj¨vtev‡ai weKvk memgq AwfÁZv wbfi| gvj¨vtevab weKv‡ki Rb¨ c_gZt wk¶v_x‡`i h‡_ó AwfÁZvi m¤ú„xb Ki‡Z n‡e| we`¨vj‡qi myôvewPZ cvV¨µ‡gi AwfÁZv wk¶v_xiv hv‡Z e¨enwiK Rxe‡b ¯vaxbfv‡e e¨envi Kivi wel‡q Avš–wiK nq, †m Dcjwä‡eva AR‡bi gva¨‡gB wk¶v_xi gvj¨vtevab Gi weKvk mwaZ nq|

□ Kwl.wkÿv wk¶Y-wkL‡bi gva¨‡g AwRZ gvj¨vtevab

- Kwl‡K m¤ú„v‡bi mv‡_ †`Lv Ges Kwl.Kv‡R Ask Mn‡Y AvMn c`kb Kiv|
- gvV dmj I D`¨vb dmj Drcv`‡bi „i“Z Dcjw× Kiv|
- dmj Pv‡li Kjv‡Kškj AvqË Kiv Ges Zv ev¯–‡e mdjfv‡e c‡qvM Kiv|
- Mp„cwjZ cïcwLi cwZ hZevb nIqv Ges cvj‡bi wbqg Kvbyôv AvqË Kiv|
- Mp„cwjZ I cvKwZK cïcvLx msi¶‡Y hZevb nIqv|
- gvQ PvI, †ikg PvI, †gšgwQ PvI BZ¨vw` Kwl.weIqK Kv‡R `¶Zv ARb Kiv Ges e¨w³ Rxe‡b Zv Kv‡R jvMv‡bv|

- ebvq‡b AskMnY Kiv Ges e„¶ iwRi cwiPhv I msi¶‡Y Dc‡hvMx nIqv|

□ **g‡bvfve I gj¨‡eva cix¶v**

1932 wLóv‡ã wjKvU g‡bvfve cix¶vi Rb¨ GKwU †¯‹j D™veb K‡ib| GUv‡K wjKv‡Ui †¯‹j ejv nq| Kwl. wel‡q wk¶‡Ki g‡bvfve I `ÿóf½ hvPvB‡qi Rb¨ wjKv‡Ui g‡bvfve cwigvcK †¯‹j e¨envi Kiv †h‡Z cv‡i| GwU eZgv‡b eûj cPwjZ Ges Rbwcq GKwU c×wZ|

Afx¶v c¯wZ

K) c_‡g wbewPZ †¶‡Î †cw¶‡Z KZ¸‡jv weewZ MVb Kiv nq| weewZ¸‡jv abvZ¥K I FYvZ¥K g‡bvfve cKvk Ki‡e|

L) c‡Z¨K weewZi Rb¨ 5wU DËi †`qv _v‡K, hv GKwU cwÎ GKK †¯‹‡ji ga¨ we›`ÿv wbi‡c¶ DË‡ii cwiPvqK|

D`vniY t wk¶v½‡b AskMnYg‡jK Kwl. wk¶v wk¶Y-wkLb c×wZ e¨envi‡i Rb¨ Dc‡hvMx|

D‡³	m¤úY¨ GKgZ	A‡bKvs‡k GKgZ	wbi‡c¶	A‡bKvs‡k GKgZ bB	m¤úY¨ GKgZ bB
	5	4	3	2	1
wk¶v½‡b D`¨vb ˆZwi Kiv DwPZ					

M) G c×wZ‡Z c‡Z¨KwU weewZi m‡½ hy³ cvP gvÎvi †¯‹‡ji weewZ¸‡jvi Rb¨ c„K c„K †¯‹vi gvb aivq nq|

- me‡P‡q ‡ewk mg_b‡hvM¨ weewZi Rb¨ = 5 †¯‹vi|
- me‡P‡q eRbKZ.weewZi Rb¨ = 1 †¯‹vi

Gfv‡e †¯‹vi ¸‡jv †hvM K‡i †gvU †¯‹vi cvIqv hvq Ges G Dcv‡h cwk¶Yv_x wk¶‡Ki g‡bvfve hvPvB Kiv hvq|

gj¨vqb

1. g‡bvfve I gj¨‡eva‡ai m¤úK© wbi¦cY Ki‡Z cv‡i Kx?
2. Kwl.m¤úKxq gj¨‡eva wPwýZ Ki‡Z cwi wK?
3. wk¶v_xi g‡bvfve hvPvB‡qi Afx¶v ˆZwi Ki‡Z cwi Kx?

m¤ve¨ DËi

KvR - 1 : wk¶v_xi g‡bvfve I gj¨‡eva

1. Gi KviYmgm¨v wbgi¦c —
   - wKQywk¶v_x RvZxq m½x‡Zi ghv`v m¤ú‡K m‡PZb bq
   - Zv‡`i D`vmxbZv
   - AKvi‡Y mgq bó Kiv n‡"Q †f‡e Zviv RvZxq m½xZ cwi‡ek‡b h_vh_ fv‡e AskMnY K‡i wb
1. Gi d‡j Avgiv Zv‡`i g‡bvfve Abygvb Ki‡Z cwi|
2. wk¶v_xi g‡a¨ †`k‡cg RvMZ Kivi Rb¨|
3. ‡`k‡cg wk¶v_xi m‡ev"P gj¨‡eva
4. g‡bvfv‡ei mv‡_ wk¶v_xi AvPi‡Yi m¤úK© _v‡K|
5. g‡bvfv‡ei cfv‡e e¨w³ wfb wfb AvPiY K‡i|
6. g‡bvfv‡ei ˆewkó¨mgm¨v wbgi¦c -
   - wfb wfb wk¶v_xi g‡bvfve wfb iKg nq|
   - g‡bvfve GK we‡kl ai‡bi ceYZv hv AvPiY n‡Z Abygvb Kiv hvq|
   - wk¶v_x wewfb cwi‡cw¶‡Z wewfb g‡bvfve †`Lv‡Z cv‡i|
   - Afx¶vi gva¨‡g g‡bvfve cwigvc Kiv hvq|

KvR - 2 : Kwl.m¤úKxq gj¨‡eva

Kwl †¶Î	Kwl.m¤úKxq gj¨‡eva	Kwl.cxwZ/Kwl‡K m¤ú~‡bi mv‡_ †`Lv
gvV dmj	• Pvlvev‡`i Avavbœ bK †KŠkj Rvbv • dm‡ji DbœZ RvZ e¨envi Kiv • ‰Re mv‡ii e¨envi, kl¨eZb, ˆRe-`gb, ivmvqwbK mv‡ii mxwgZ e¨envi, KxUbvkK e¨env‡i mZKZv Aej¤b	
D`¨vb dmj	• D`¨vb cwiKíbv, cwiKwíZ ebvqb, e‡bi cwiPhv I msi¶Y	
cï cvjb	• DbœZ RvZ msMn, Lvgvi cwi`kb, mwVK cwiPhv	
grm Pvl	• Dbœ³ Rjvkq msi¶b, RvUKv wbab eÜ Kiv, wWglqvjv gvQ i¶vbv‡e¶b, cwb `ª‡bi e¨vcv‡i mZKZv Aej¤b • msiw¶Z Rjvk‡q gvQ Pvl evÜe cwi‡ek mwó, gv‡Qi ¯v¯¨ cix¶v, c‡qvRbxq Lv`¨ mieivn	
nvwm-gÿvM cvjb	• DbœZ Lvgvi cwi`kb, DbœZ RvZ msMn cwi"Qb I Av‡jv evZvm c×wZ cwi‡ek wbwðZ Kiv, ¯v¯¨ cwi¶v, cwóKi Lv`¨ mieivn, wbqwgZ cwiPhv Kiv	
†ikb I †gŠgwQ Pvl	• Zzwi Mv‡Qi hZ †blqv, mwVK mg‡q ¸wU msMn, ˆRe`gb c×wZ e¨envi Kiv • ‡gŠgwQi wePib †¶Î ˆZwi, mwVK mg‡q ga¬msMn Kiv	
gwU	• dm‡ji Dc‡hvMx gwU wbevPb, gwUi DeiZv e¨×i Rb¨ ˆRe mvi, mevB mvi e¨envi, kl¨eZb, gwU ¶q‡iv‡ai c`‡¶c †blqv|	
cwb	• wbqwgZ †mP †`lqv, cwb `ª‡Y †iva Kiv	
DbœZ cRvZx ˆZix	• Kwl.M‡elbv	
evq-	• evqy`ª‡Y †iva K‡i DcKvix KxUcZ½ i¶v Kiv	
Kwl. hšcwZ	• msMn, e¨envi, †givgZ I msi¶b	

KvR - 3 : ebfwg msi¶Y msµvš– †PKwj÷

mwVK N‡i wUK (√) wPý w`b|

Dw³ b¤i	Dw³ mgn¨	m¤úv¼ GKgZ	A‡bKvsk GKgZ	wbi‡c¶	A‡bKvsk GKgZ bB	m¤úv¼ GKgZ bB
		5	4	3	2	1
1	cKwZ‡Z MvQcvjv Avcbv-Avcwb R‡b¥ Kv‡RB MvQ KvU‡j Avi jvMv‡bv i c‡qvRb †bB					√
2	iv¯–vi cv‡k jvMv‡bv MvQ hv‡Z bó bv nq †mw`‡K Avgv‡`i `wó ivLv c‡qvRb	√				
3	ebfwg cKwZ.i mwó mgZ ivs ebfwg msi¶‡Yi c‡qvRb nq bv				√	
4	eb¨ RxeRš cwi‡e‡ki A½| †m Kvi‡Y eb¨ RxeRš msi¶Y Avgv‡`i KZe¨	√				

djvdj

ebfwg msi¶Y msµvš– †PKwj÷ we‡k-lY Ki‡j †`Lv hvq 1bs Dw³‡Z 20% gZvgZ G‡m‡Q| 2bs Dw³i c‡¶ 100% gZvgZ †`lqv n‡q‡Q| 3bs Dw³i c‡¶ 40% gZvgZ †`lqv n‡q‡Q| 4bs D³i c‡¶ 100% gZvgZ †`lqv n‡q‡Q|

wm×vš– : ebfwg msi¶‡Y wk¶v_x‡`i AskMnY Kiv c‡qvRb|

g‡j¨hvPvB G e¨envh Kgmgn-mZx_ ch‡e¶Y Abykxj‡bi gva¨‡g hvPvB K‡i †`Lv

fwgK

wk¶v_x eÜzv, G gWy‡j i Awa‡ekb-4 G Avcbvi g‡j¨hvPvB ev g‡j¨vq‡bi †¶‡Î e¨eüZ kã m¤ú‡K ¯úó avi Yv jvf K‡i‡Qb| g‡j¨vqb ev g‡j¨hvPvB m¤úKxq †m me welq¸‡jv Avcbvi Avevi GKUz Svj vB K‡i wbb| gWyj-1 G cvVUxKv cYqbKv‡j Avcbvi wbðqB Abyaveb K‡i‡Qb †h wkLbdj nj GKwU cvVUxKvi ünwcÛ ¯i¡c| †h †Kvb cv‡Vi wkLbdj wbY‡q D³ cv‡Vi welqe¯wfwËK Ávb, `¶Zv I g‡j¨‡eva AR‡bi welq¸‡jv we‡klfv‡e we‡ePbvq ivL‡Z nq, Zv Aek¨B Avcbv‡`i g‡b _vKvi K_v| †kYxK‡¶ wk¶Y-wkLb Kvhµg mdj Kivi Rb¨ †hgb c‡qvRb wbf¡ cvVUxKv cYqb| †Zgwb `iKvi cvVUxKvi mwVK ev¯–evqb| Avi wkLbdj wfwËK wk¶v-wkLb cwµqv‡K mdjZvi w`‡K GwM‡q †blqvi Rb¨ g‡j¨hvPvB wb:m‡›`‡n GKwU kw³kvjx gva¨g| g‡j¨hvPvB‡qi KvR hLb wk¶Y-wkLb Kvhµ‡gi av‡c av‡c m¤úb nq, ZLb Zv‡K ejv nq avivevwnK g‡j¨vqb| Avi cvV‡k‡l hLb wk¶v_x‡`i AwRZ Ávb, `¶Zv I g‡j¨‡eva mwPeKfv‡e hvPvB Kiv nq, Zv‡K e‡j Pevš– g‡j¨vqb| †kYxK‡¶ ev †kYxK‡¶i evB‡i g‡j¨hvPvB Kvhµg wewfbfv‡e m¤úb nq| KLbI wk¶K D‡Ïk¨wfwËK wk¶v_x‡`i cviMZv g‡j¨vqb K‡ib| Avevi KLbI GKRb ev GK`j wk¶v_x Aci wk¶v_xi cviMZv GKBfv‡e g‡j¨vqb K‡i _v‡Kb| hLb ch‡e¶K wk¶v_x Zvui mn‡hvMx Ab¨ †Kvb wk¶v_xeÜzi wk¶Y-wkL‡bi wewfb w`K m-2fv‡e ciL K‡i mybw`ó bxwZgvjv Abyaveqx g‡j¨vqb K‡ib ZLb Zv‡K ejv nq mZx_ ch‡e¶Y| g‡j¨hvPvB n‡jv wkLbd‡ji wfwË‡Z wk¶v_xi cviMZv I `ßvi Zv KvhKifv‡e g‡j¨vqb Kiv| G Awa‡ek‡b g‡j¨hvPvB-G mZx_ ch‡e¶‡Yi e¨envi‡i BwZevPK w`Kmgn-Ges P¨v‡jÄmgn-m¤ú‡K Avcbvi Rvb‡Z cvi‡eb|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- mZx_ ch‡e¶Y Kx I †Kb Zv ej‡Z cvi‡eb
- gj¨hvPvB‡qi Rb¨ mZx_ ch‡e¶Y †PKwj ÷ ^Zwi I e¨envi Ki‡Z cvi‡eb
- mZx_ ch‡e¶‡Yi BwZevPK w`K Ges P¨v‡jÄmgn- D‡Ëvi‡Yi Dcvq wPwýZ Ki‡Z cvi‡eb|

cemgn-

ce-K : mZx_ ch‡e¶Y I wk¶Y Dbqb

Kwl.cwk¶Yv_x eÜzv, †kYxK‡¶ cwiKíbv gwdK mdj wk¶Y-wkLb Kvhµg ev¯–evqb KivB nj GKRb wk¶‡Ki gj- KvR| GRb¨ wk¶K wnmv‡e Avgv‡`i †hgb c‡qvRb welqe¯i Dci Aev` `Lj I c×wZMZ Kjv‡Kškj c‡qv‡Mi wbc¥Zv| Ab¨w`‡K †Zgb c‡qvRb AvZ¥ekvm, AvZ‡cZ¨q I AvZ¥bfikxjZv| Gicil ck †_‡K hvq, Zvn‡jv wb‡R‡K me mgq wb‡Ri c‡¶ mwVKfv‡e ciL Kiv m¤e bq| †kYx‡Z wk¶Y-wkLb Kvhµg KZUv mwVKfv‡e cwiPwjZ n‡"Q Zv gj¨vqb Kivi Rb¨ `iKvi mncvVx‡`i Øviv ch‡e¶Z nIqv| Avevi mncvVx‡`i cvV ch‡e¶‡Yi gva¨‡gI wbR¯ wk¶Y Kvhµ‡gi Dbqb mvab m¤e|

Avmjvg KvR-1 G Gi DËi ^Zwi K‡i mZx_ ch‡e¶Y I wk¶Y Dbqb m¤ú‡K Avcbv‡`i avivq msMwVZ K‡i wbb|

KvR - 1 : mZx_ ch‡e¶Y I wk¶Y Dbqb

1. mZx_ ch‡e¶Y Kx I †Kb?
2. mZx_ ch‡e¶‡Yi wewfb w`Kmgn- Kx Kx?

ce-L: mZx_ ch‡e¶Y †PKwj÷ ^Zwi I e¨envi‡i gva¨‡g wk¶Y-wkLb Dbqb

G c‡e, mZx_ ch‡e¶‡Yi wewfb w`K wb‡q Avcbviv Mfxifv‡e fvebv| wk¶Y-wkL‡bi †Kvb †Kvb w`K gj¨hvPvB‡qi Aš–fy³ Kiv `iKvi Zv m¤¢wZm¤¢ we‡k-l‡Yi gva¨‡g wPwýZ Ki“b| AZ:ci G welqK GKwU †PKwj÷ ^Zwi Ki“b| m¤e n‡j Mš–‡e¨ Avcbvi †Kvb mncvVxi wk¶Y-wkLb Kvhvejx ch‡e¶‡Y †PKwj÷wU e¨envi Ki“b| Avcbvi mncvV‡K G welqK civgk w`‡q Zvui wk¶Y-Dbq‡b Ae`vb ivLv‡bv|

KvR - 2 : cvV`vb Abykxjb I mZx_ ch‡e¶‡Y e¨envh †PKwj÷

we`¨vjq bvg : cvV`v‡bi welq :

cwk¶Yv_xi bvg : mgq :

†ivj bs : Zwiw L :

cvV`vbiZ cwk¶Yv_xi cvi`kxZv	gš–e¨
1. †ckv`wiZ	
2. cwiKíbv	
3. †hvMv‡hvM	
4. e¨e¯vcbv	
5. wkLbevÜe cwi‡ek	
6. wk¶v_x mwµqZv	
7. DcKiY	

8. ckKiY	
wk¶Yxq cwPwU welq hv Awg cieZx‡Z Abykxjb Kie 1| 2| 3| 4| 5|	

ce-M : gvB‡µvwUwPs Ges mZx_ ch‡e¶‡Yi BwZevPK w`K I P¨v‡jÄmgn-D‡ËviY

wkÿv_x eÜzv, GKUzg‡b K‡i †`Lv, cvVUxKvi KqwU avc i‡q‡Q? G¸‡jv nj cwiwPwZ, wkLbdj, c¯wZ ev cvVmPbvi †KŠkj, Dc¯vcb, gj¨vqb I ewnoi KvR| G avcmg‡n i ga¨ t_‡K †h †Kvb GKwU avc ai“b cvVmPbvi †KŠkjwU Avcwb Dbq‡bi Rb¨ te‡Q wb‡jb| Gevi G †KŠkjwUi Rb¨ Avcwb GKwU mvPwš–Z cwiKíbv ev cvVUxKv ˆZwi Ki“b Ges Zv Abyôv‡bi K‡i †kYx‡Z cvV`vb Ki“b| Avcbvi cvV`vb ch‡e¶‡Yi Rb¨ mncvVx‡`i K‡qKRb‡K wb‡q c‡eB GKwU ch‡e¶Y Uxg MVb Ki“b| cvV`vb Pjv Kv‡j wbw`ó †PKwj÷ Abyôv‡bi K‡i ch‡e¶Y Uxg Gi mncvVx‡`i G wel‡q gZvgZ w`‡Z ejv| Zv‡`i civgk t_‡K Avcbvi cvV`vb KZUv mdj n‡q‡Q Zv †R‡b wbb| †Kv_vI †Kvb NvUwZ _vK‡j cybivq cwiKíbv K‡i GKB Dcv‡q Avcbvi cvV`v‡bi gvb hvPvB Ki“b| Gfv‡e cybt cybt c‡Póvi gva¨‡g cv‡Vi GKwU wbw`ó av‡ci gv‡bvbqbB n‡jv gvB‡µvwUwPs|

Avcbvi wk¶Y-wkLb Dbq‡b mZx_ ch‡e¶Y Gi gva¨‡g gvB‡µvwUwPs Gi e¨envi Lvivq mnvqK| G welqK KvR-3 Gi DËi wbR LvZvq wjLv Ges wk¶Y Dbqb Ziwš‘Z Ki“b|

KvR - 3 : gvB‡µvwUwPs Ges mZx_ ch‡e¶‡Yi BwZevPK w`K I P¨v‡jÄ D‡ËviY

1. gvB‡µvwUwPs ev Abyôk¶Y

mZx_ ch‡e¶‡Yi gva¨‡g wkLb AR‡b gvB‡µvwUwPs KvhKix fwgKv cvjb K‡i| we‡kl K‡i Db¥y³ wekwe`¨vj‡qi wk¶v_x‡`i †¶‡Î, G ai‡bi cwk¶‡Yi gva¨‡g KwÎg cwi‡e‡k cvV`vb Abyôxjb Kiv Qvov A‡bK mgq weKí Dcvq _v‡K bv| G cwµqvq wk¶Y-wkL‡bi †h †Kvb GKwU †KŠkj m¤ú‡K Avcbv‡`i c‡¶ mZx_ Øviv cybt cybt ch‡ew¶Z nIqvi gva¨‡g wk¶Y wkLb gv‡bvbqb Kiv mnR|

2. mZx_ ch‡e¶‡Yi BwZevPK w`K

- wb‡Ri mejZv I `vjZv hv wb‡R wb‡R mbv³ Kiv m¤e nq bv Zv A‡b¨i †Pv‡L

aiv c‡o Ges wk¶Y-wkL‡bi Dbqb N‡U|

- wbwØavq/wbtms‡Kv‡P mncvVxi wbKU †_‡K djveZb †bIqv m¤e|
- mZx‡_i Avš–wiK mn‡hvwMZv cvIqv hvq|
- gj¨vq‡bi Criteria m¤ú‡K m¤úó avivYv cvIqv hvq| †h¸‡jv evievi Abykxj‡bi gva¨‡g cv‡qwMK `¶Zv ARb Kiv m¤e nq|
- mZx_ KZK.ch‡ew¶Z nIqvi mgq cwk¶Yv_x mvavibZt †Kvb vqybeK Pvc †eva K‡ib bv d‡j wk¶b ¯vfweK MwZ‡Z Pj‡Z cv‡i|

3. mZx_ ch‡e¶‡Yi P¨v‡jÄmgn- Ges †m¸‡jv D‡Ëvi‡Yi Dcvq

mZx_ ch‡e¶‡Yi P¨v‡jÄmgn-

- mZx‡_i djveZb †Kvb †Kvb cwk¶Yv_x mnRfv‡e MnY bvIKi‡Z cv‡ib|
- A‡bK mgq djveZb †`Iqvi e¨vcv‡i mZx‡_i chvß Ávb I `¶Zvi Afve _vKvq, Zv djcm¬nq bv|
- mZx‡_i cwZ Aby³ _vKvi Kvi‡Y djveZb c¶cwZZgj¬K n‡Z cv‡i|

P¨v‡jÄ †gvKv‡ejv Kivi Dcvq

- Ávb I `¶Zv ARb Kiv|
- eÜzfvevcb nIqv|
- cvi¯úwiK m¤ú‡Ki wfwË `p nIqv|
- mZx‡_i gZvgZ BwZevPKfv‡e MnY Kiv|
- mZx‡_i cwZ kxkxkj I Av¯vevb nIqv|
- mZx_ ch‡e¶Y msµvš– welq mgn- eS‡Z Amyeav n‡j gZvgZ ev avivYv wewbg‡qi gva¨‡g Zv ¯úó Kiv|

BDwbU - 6 **Awa‡ekb -9**

gj¨ wkLbxq welq

gj¨ hvPvB G e¨envh Kgmgn¨ mZx_ ch‡e¶Y Abykxj ‡bi gva¨‡g hvPvB K‡i †`Lv

gvB‡µwUwPs

wk¶‡Yi me¸‡jv †KŠkj GKev‡i AvqË bv K‡i Abykxj ‡bi gva¨‡g gvÎ GKwU K‡i †KŠkj AvqË Ki‡Z nq| mgM wk¶v Kvhµg‡K ¶z¶z As‡k¨wef³ K‡i c‡Z¨KwU‡K c„ôKfv‡e Abykxjb KivB Abyk¶Y| Abyk¶‡Yi cavb KvR nj Ôc‡PóÕ I fyÔ G c×wZ Aej¤‡b GKwU GKwU K‡i D‡Ïk¨ ev¯—evqb Kivi wk¶v †`Iqv|

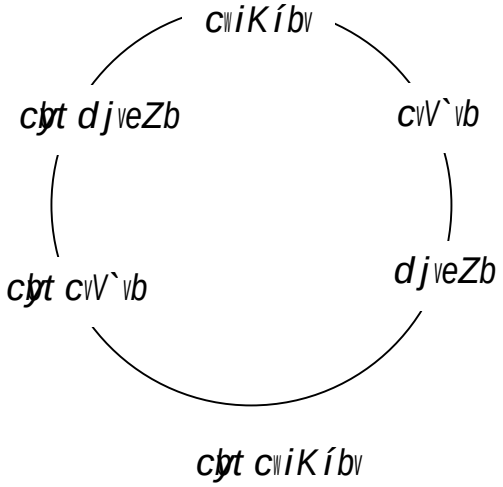
Abyk¶‡Yi †KŠkj mgn¨ [÷vg‡dvW wekwe`¨vjq, Av‡gwiKv KZK.¯xKZ].

1. cvV c¯wZ
2. DÏxcbvi Zviv Zg¨
3. m¤¢D‡Ïk¨ c‡Ywaq ck
4. ejewa×
5. ckKi‡Y `“ZZv
6. D”Pgv‡bi c‡ki e¨envi
7. wewfbgyLx ck
8. mgwßKiY c×wZ
9. wk¶‡Ki bxieZv I fvlvnxb Bw½Z
10. g‡bv‡hvMx AvPi‡Yi ¯xKwZ.
11. wel`KiY I D`vniY e¨envi
12. e³Zv †`Iqvi fw½
13. cwiKwíZ cÖvi“w³
14. ms‡hv‡Mi m¤úŸZv mvab

K¨wj‡dwbqvi dvi I‡q÷ wekwe`¨vjq KZK.Abyrm iYKZ.Avi I 4wU `¶Zv-

- keY `kb DcKi‡Yi e¨envi
- ‡kYxK‡¶ wk¶‡Ki cvYeš–Zv
- `jMZ Av‡jvPbvq Drmvne¨ÄK Bw½Z
- wk¶‡Ki msL¨v

gvB‡µwUwPs Pµ



mZx_ ch‡e¶Y I wk¶Y Dbqb

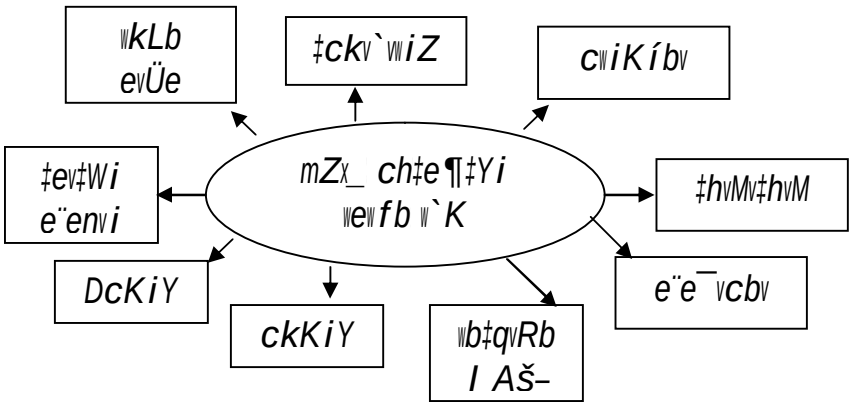
GKB wel‡qi ev †Mv‡Îi ev ˆewk‡ó¨i wk¶v_x‡`i †hŠ_ I cvi¯úwiK KvhKjv‡ci wfwË‡Z wk¶v`vb ev AR‡bi cwµqv‡K mZx_ wk¶Y (Pear Teaching) e‡j|

mZx_ wkLb Ggb GKUv wkLb cwµqv, hv‡Z wk¶v_x‡`i cvi¯úwiK AskMn‡Yi gva¨‡g AwfÁZv, Ávb, avi Yv, `¶Zv BZ¨w`i BwZevPK wewbgq N‡U| mZx_ wkLb GKwU wk¶v_x †K›`K wkLb †KŠkj| G ai‡bi wkLb †KŠkj wk¶K cwk¶Y Ges we`¨vjq wk¶v_x‡`i †kYxK¶ wk¶v`vb Dfq †¶‡ÎB KvhKixfv‡e c‡qvM K‡i wk¶Y-wkL‡bi gv‡bvbqb Kiv m¤e|

mZx_ wk¶‡Yi mv‡_ mZx_ ch‡e¶Y I‡Zv‡cvZfv‡e RwoZ| KviY wk¶Y-wkLb cwµqvq

g‡j¨hvPvB GKwU ¸i“Zc¥ Dcv`vb| g‡j¨ hvPvB‡qi gva¨‡g wk¶Y-wkLb KZUv gvbm¤úb n‡q‡Q Zv cwigvc Kiv hvq| wk¶Y-wkL‡bi gv‡bvbq‡bi Rb¨ c‡qvRbxq c`‡¶c Mnb Kiv hvq| g‡j¨hvPvB cwµqvi gva¨‡g wk¶Y Dbq‡b mZx_ ch‡e¶Y ¸i“Zc¥ fwgKv cvjb K‡i _v‡K|

wk¶Y-wkLb cwµqv Dbq‡bi D‡Ï‡k¨ mZx_ ch‡e¶‡Yi wewfb w`K t



mZx_ ch‡e¶‡Yi BwZevPK I †bwZevPK w`Kmgn-

Gai‡bi ch‡e¶‡Yi gva¨‡g cwk¶bv_x wk¶K wbR‡K bZzb K‡i wPb‡Z cv‡ib| Zvu cvVv‡bvi mej I `vwj w`Kmgn- m¤ú‡K Rvb‡Z cv‡ib Ges cieZx‡Z Zv Dbq‡bi cÖvtcwiKíbv Ki‡Z cv‡ib| g‡j¨hvPvB‡qi wewfb w`K m¤ú‡K fvjfv‡e AewnZ nIqvi mÖhvM cvb| mZx‡_i mv‡_ †Lvjv‡gjv Av‡jvPbvi gva¨‡g wbwØavq wb‡Ri m¤ú‡K mwVK avivYv jvf Ki‡Z cv‡ib Ges `vwj w`Kmgn- Kxfv‡e Dbqb Kiv hvq †m m¤ú‡K civgk MnY Ki‡Z cv‡ib| A‡bK mgq mZx‡_i wbKU †_‡K djveZb †bIqvi e¨vcv‡i †Kvb †Kvb cwk¶Yv_x-wk¶K j¾v‡eva Ki‡Z cv‡ib| Avevi djveZb †`Iqvi e¨vcv‡i KLbI KLbI mZx_ ch‡e¶‡Ki chvß Ávb I `¶Zvi Afve _vK‡Z cv‡i|

ch‡e¶Y

†Kvb NUbv ev wel‡q Kx n‡”Q ev NU‡Q Zv wk¶v_xiv wb‡RivB my² fv‡e †`L‡e Ges wePvi we‡k- lY K‡i wm×v‡š– DcbxZ n‡eb| †Kvb wel‡q Kx Kx ch‡e¶Y Ki‡Z n‡e, Kxfv‡e

Ges †Kvb Ae¯vq Ki‡Z n‡e †m m¤ú‡K cwk¶‡Ki mnvqZvq Av‡MB avivYv ¯úó K‡i wb‡Z n‡e|

gj¨vqb

1. mZx_ ch‡e¶Y Gi ga¨‡g wkLb AR‡bi welqwU Kx e‡Ø‡Z †c‡iwQ?
2. wk¶Y-wkL‡b, ch‡e¶Y Kiv I ch‡ew¶Z nIqvi c‡qvRbxqZv Dcjwä Ki‡Z †c‡iwQ Kx?
3. Abykxjbx cvV`v‡b gj¨hvPvB‡qi Rb¨ ch‡e¶Y †PKwj ÷ e¨envi Ki‡Z cwi Kx?
4. gj¨hvPvB‡q mZx_ ch‡e¶Y Kx Kx fv‡e mnvqZv K‡i Zv wPwýZ Ki‡Z cwi Kx?
5. mZx_ ch‡e¶‡Yi P¨v‡jÄmgn- mbv³ K‡i Zv †gvKv‡ejv Kivi Dcvq wbaviY Ki‡Z cwi Kx?
6. gvB‡µvwUwPs mZx_ wkL‡b Kx fv‡e mnvqZv K‡i?
7. mZx_ ch‡e¶‡Yi BwZevPK w`Kmgn- Kx?
8. mZx_ ch‡e¶‡Yi gva¨‡g wkL‡bi P¨v‡jÄmgn- DËi‡Yi Dcvq wbYq Ki“b|

m¤ve¨ DËi

KvR - 1 : mZx_ ch‡e¶Y I wk¶Y Dbqb

1. wk¶v_x‡K»`K wkLb †KŠkj nÛj mZx_ ch‡e¶Y| wkL‡bi G chv‡q GKRb cwk¶Yv_x Ab¨ cwk¶Yv_xi cvV`vb ch‡e¶Y K‡i, wb‡Ri mej I `vwj w`Kmgn-mbv³ Ki‡Z cv‡i| Avevi Ab¨ mncvVx Øviv ch‡e¶Z n‡q I wb‡Ri wk¶Y-wkLb Dbq‡bi mwVK wb‡`kbv †c‡Z cv‡i| †gvUK_v mZx_ wkLb Ggb GKUv wkLb cwµqv, hv‡Z wk¶v_x‡`i cvi¯úwiK AskMnY, gZ wewbgq, KvhKix civgk c`vb BZ¨vw`i gva¨‡g wk¶Y-wkL‡bi gv‡bvbqb Kivi chvß mÿgvM _v‡K|

2. mZx_ ch‡e¶‡Yi wewfb w`Kmgn-wbgi¡c —

   - cwiKíbvi h_v_Zv
   - ‡hvMv‡hvM `¶Zv
   - D‡Ïk¨gvjvfv‡e wk¶Y-wkLb cwiPvjbv
   - cvVmPbvi †KŠkj
   - cvV Dc¯vcb †KŠkj
   - KvhKix ckKiY
   - DcKi‡Yi h_v_Zv
   - DcKiY e¨envi †KŠkj
   - cvV¨cÿ–K I †ev‡Wi chvß e¨envi
   - wk¶Y-wkL‡bi Awfbe Z
   - wkLb evÜe cwi‡ek, BZ¨vw`

KvR - 2 : cvV`vb Abjxjb I mZx_ ch‡e¶‡Y e¨envh †PKwj ÷

1| wUwPs cvKwUm ch‡e¶Y ms‡µvš– GKwU †PKwj ÷ ^Zwi Ki "b|

2| ‡PKwj ÷ e¨envi K‡i gvB‡µvwUwPs Gi djveZb|

BDwbU - 6 **Awa‡ekb - 10**

gj¨hvPvB Aš–fy³Ki‡Y wbw`ó wel‡qi Dci cvV`v‡bi Rb¨ cvV cwiKíbv

fwgK

wUwPs cw±m ev Abykxjbx cvV`v‡b Avcwb wK wK KvR K‡i‡Qb? mec_g welqe¯ Abyhvqx cvVUxKv ˆZwi K‡i‡Qb| AZ:ci cvVUxKv Abymi Y K‡i †kYxK‡¶ cvV`vb m¤úb K‡i‡Qb| cvVUxKvi c¯wZ c‡e Kx K‡i‡Qb? welq m¤ú‡K wk¶v_x‡`i ce÷Ávb hvPvB K‡i‡Qb| wel‡qi cwZ wk¶v_x‡`i g‡bv‡hvM AvKlY K‡i‡Qb| AZ:ci cvV †Nvlbv K‡i‡Qb| Kxfv‡e G KvR¸‡jv K‡i‡Qb? welqm¤ú„³ †Kvb wKQyc`kb, cix¶Y I ckKi‡Yi gva¨‡g ZvB‡Zv| GB †h KvR¸‡jv Avcwb Ki‡jb, G‡K ejv nq wk¶v_xi ce÷Ávb hvPvB ev ce÷Ávb m¤úKxq gj¨hvPvB| Gevi ejyb cvVUxKvq me‡P‡q †ewk mgq eivÏ †`lqv nq †Kvb av‡c? Dc¯vcb chv‡q †ewk mgq eivÏ Kivi KviY Kx? Dc¯vcb chv‡qB gj¨Z: wkLbdj wfwËK mybw`ó KvR¸‡jv Kiv nq| G chv‡q wk¶K bvbv †KŠkj †hgb; c`kb, cix¶Y, c‡kvËi, fwgKwfbq, bgybv c`kb BZ¨w`i gva¨‡g welqe¯ wfwËK wk¶v_x‡`i KgZrci iv‡Lb| G chv‡qi c_g †_‡KB wk¶v_x‡`i welqe¯wfwËK AwRZ Ávb, `¶Zv I gj¨‡eva av‡c av‡c bvbv †KŠk‡j hvPvB K‡i †bb| Avevi cvV‡k‡l ckK‡i ev cix¶Y, kbv³KiY, wPÎv¼Y BZ¨w`i gva¨‡g wk¶v_x‡`i KZKvhZvi gvb hvPvB ev gj¨vqb K‡i †`Lv nq| G Awa‡ek‡b gj¨hvPvB Aš–fy³Ki‡Y wbw`ó wel‡qi Dci cvV`v‡bi Rb¨ cvVcwiKíbv cYqb m¤ú‡K Av‡jvPbv Kiv n‡e|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- gvbm¤úb wk¶Y-wkLb cwµqv I gvbm¤úb gj¨hvPvB-Gi ˆewkó ej‡Z cvi‡eb
- cvVcwiKíbvq Aš–fy³ gj¨hvPvB‡qi cKwZ. I msMVb e¨vL¨v Ges c‡qvRbxqZv D‡j-L Ki‡Z cvi‡eb
- cvVcwiKíbvi wewfb ¯–‡i Aš–fy³ gj¨hvPvB cwimi I gj¨hvPvB †KŠkjmgn-wPwýZ Ki‡Z cvi‡eb|

cemgn¨

ce-K: gvbm¤úb wk¶Y-wkLb cwµqv I gvbm¤úb gj¨hvPvB‡qi ^ewkó¨

wk¶v_x eÜzv, †kYxK‡¶ welqe¯ m¤ú‡K wk¶v_xi avivYv ¯úóKiY, Ávb mg„×KiY, c‡qvRbxq `¶Zv ARb I gj¨‡eva MV‡bi Rb¨ gvbm¤úb wk¶Y-wkLb cwµqv GKvš– Acwinvh| mdj cvV`vb ev †kYx wk¶Y-wkLb cwµqvi GKwU Awe‡"Q`¨ Ask n‡jv wk¶v_xi cviMZv I AvPiYwewa gj¨vqb Kiv ev gj¨hvPvB Kiv| Gevi Avmjvg Avgiv gvbm¤úb wk¶Y-wkLb cwµqv I gj¨hvPvB msµvš– wb‡Pi KvRwUi DËi ^Zwi Kwi|

KvR - 1 : gvbm¤úb wk¶Y-wkLb I gj¨hvPvB

1. gvbm¤úb wk¶Y-wkLb cwµqvi ^ewkó¨ Kx Kx?
2. gvbm¤úb gj¨hvPvB‡qi ^ewkó¨mg‡n Zwj Kv ^Zwi Ki"b|

ce - L : gj¨hvPvB‡qi msMVb I ¸i"Z

wk¶v_x eÜzv, †kYxK‡¶ wk¶Y-wkLb cwµqv PjvKvjxb mg‡q Ges G cwµqv †k‡l wk¶v_x‡`i cviMZv ev KwZZ cwigv‡ci Rb¨ Avgv‡`i‡K wbfi Ki‡Z nq, gj¨hvPvB ev gj¨vq‡bi Ici| G Kvi‡Y gj¨hvPvB (Assessment) Gi msMVb, cKwZ. I ¸i"Z m¤ú‡K I Avgv‡`i ¯úó aviYv _vKv `iKvi| gj¨hvPvB Aek¨B n‡Z n‡e, Diagnostic ev wkLb mgm¨v wbYqK, avivewnK I Pevš– chv‡qi| welqe¯ m¤ú‡K wk¶v_xi mgmvgwqK aviYv I AwfÁZv cwigvcK KgZrciZv mbv³KivB nj Diagnostic gj¨hvPvB‡qi Aš–fy³| cvV`vbKv‡j c_g n‡Z †kl chš– av‡c av‡c wk¶v_xi KwZZ cwigvc Kivi †h e¨e¯vcbv Zvn‡jv avivewnK gj¨vqb Dcv`vb| cvV`vb mgvcv‡š– welqe¯ m¤ú‡K wk¶v_xi mwnK Ávb I `¶Zv hvPvB‡qi Rb¨ Kiv nq Pevš– gj¨vqb| Pevš– gj¨vq‡bi gva¨‡g wk¶v_xi wkLb AwfÁZvi eYbv cvIqv hvq| Gid‡j welqe¯ m¤úKxq ZË, Z_¨ wi‡cvU I djveZb m¤ú‡K w`K wb‡`kbv cvIqv hvq| G welq wb‡Pi KvR-2 j¶¨ Ki"b I DËi LvZvq wjLjv|

KvR - 2 : gj¨hvPvB‡qi msMVb I ¸i"Z

1. gj¨hvPvB‡qi cKwZ. I msMVb e¨vL¨v Ki"b|
2. gj¨hvPvB‡qi c‡qvRbxqZvmgn¨ D‡j-L Ki"b|

ce-M : gj¨hvPvB cwimi I †KŠkj

wk¶v_x eÜzv, BwZc‡e Avcbviv fvjfv‡e †R‡b‡Qb †h cvVcwiKíbvi me¸‡jv chv‡qB wkLb mgm¨v wPwýZ K‡i gj¨vq‡bi e¨e¯v Kiv nq| Gfv‡e chvqµ‡g gj¨vq‡bi gva¨‡g wk¶v_x‡`i Rvbv welq n‡Z ARvbv wel‡qi w`‡K wb‡q hvIqv nq| G c‡e cvVcwiKíbvi wewfb ce/¯–i gj¨hvPvB cwimi wbavi Y I gj¨vqb †KŠkj wbYq m¤ú‡K Avgiv `¶Zv ARb Kiv| Gevi LvZv-Kjg wb‡q KvR-3 Gi DËi ˆZwi Ki“b Ges G wel‡q mg„× ‡nvb|

KvR-3 : cvV-cwiKíbvi wewfb ¯–‡ii gj¨hvPvB cwimi I gj¨vqb †KŠkj

cvVcwiKíbvi chvq	gj¨hvPvB cwimi	gj¨vqb †KŠkj
wkLb dj	• • • •	• • • •
wk‡¶vcKiY	• • • •	• • • •
cvV mPbv		
cvV Dc¯vcb		
gj¨vqb		
ewoi KvR		

BDwbU - 6 **Awa‡ekb -10**

gj- wkLbxq welq

gj¨hvPvB Aš–fy³Ki‡Y wbw`ó wel‡qi Dci cvV`v‡bi Rb¨ cvV cwiKíbv

Teaching/Learning and Assessment :

Good teaching and learning should :

- be Fun, enjoyable
- be challenging
- be planned and well prepared
- be based on knowledge of your kinds, subject and self
- be of interest to teachers and students
- involve rapport between teachers and learners
- be inclusive of learning styles
- be reflective
- be conducted in an environment that is non-threatening, positive and physical
- be conducted at a varied pace
- be learner-receptive
- involve achievable tasks
- allow students to experience success
- involve the teacher as an effective communicator
- be motivating to students
- give students a sense of progress and achievement

Assessment should :

- be diagnostic - to improve teaching and learning
- involve tasks that are relevant and achievable
- encourage further learning
- involve the students: where they are and where they could move to
- be appropriate to the learning needs of students
- make students aware of the assessment process : an overview of what's happening
- have outcomes shared by all stakeholders
- be used and fed back
- be challenging and progressive
- have the confidence of both teachers and learners
- show what has been learned but appreciate diversity
- be easy to implement

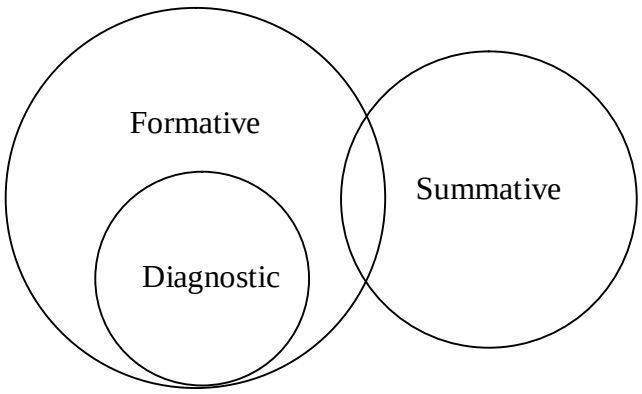
School and Classroom Procedures

- Strategic Planning-Setting Goals
- Teaching
- Assessment
- Recording/monitoring
- Reporting

Why Assess ?

1. Improve learning
2. Report Progress
3. Improve Programmes

Forms of Assessment



DIAGNOSTIC ⟶ FORMATIVE ⟶ SUMMATIVE

DIAGNOSTIC

- Activities which identify the learners existing ideas and experiences.
- Provides information which is USED to set targets for learning individual/whole class/cohort.

FORMATIVE

- Activities which involve students using performance criteria which scaffold the learning of new skills or knowledge.
- Provides information for students to improve, i.e. strategies for next steps.

SUMMATIVE

- Activities which allow students to demonstrate their learning.
- Provides information for reports, for the next teacher and feedback into learning programmes.

ACTIONS : Whole class/individual

- Provide examples of quality work
- Discuss the criteria/standards expected
- Provide alternative ideas/Procedures
- Identify strategies to improve work
- Set challenges to further advance skill

Kwl.wk¶vq gj¨hvPvB †Kb ?

- *Kwl.welqK avivYv msMVb, `¶Zv Dbqb I `wó fw½ MVb m¤úKxq AMMwZ ev cvi`wkZv m¤ú‡K Zvr¶wYK wm×vš– Mn‡Yi Rb¨ gj¨hvPvB Acwinvh|*
- *MVbgj¨K, gj¨hvPvB e¨ZxZ wk¶Y-wkLb cwµqv Kvh mdj Kiv †Kvb fv‡eB m¤e bq| myZivs wk¶Y-wkLb cwµqv‡K djcm~K‡i †Zvjvi Rb¨ gj¨hvPvB Acwinvh|*
- *djveZ‡bi gva¨‡g wk¶v_xi wkLb Dbq‡bi cieZx c`‡¶c †blqv hvq|*
- *cvV`v‡bi D‡Ïk¨ AR‡bi gvÎv cwigvc Kiv hvq|*
- *fwel¨Z cwiKíbvq KvhKwi c`‡¶c I wm×vš– †blqv hvq|*

welqwfwËK gj¨ hvPvB‡qi eZgv‡b Abyw`Z c×wZmgm¨

- `jMZ I GKK Av‡jvPbv
- GKKfv‡e wPš—vkw³ weKv‡ki mfvhvM, `jMZ ev GKKfv‡e cvV Dc¯vcb, cvV cwiKíbv cYqb, cvV¨ cÖK‡íi chv‡jvPbv, Abykxq¶Y, GmvBb‡g›U I Uvg †ccvi|
- cix¶Y, ch‡e¶Y, DcKiY wbevPb I e¨envi, DcKiY ˆZwi, wk¶bdj AR‡b ¯ígj¨vqb, we‡k-lY `¶Zv ARb cfwZ|

gj¨ hvPvB cwimi I gj¨vqb †KŠkj

- cvV cwiKíbvi wewfb¯—i Dc‡hvMx gj¨hvPvB cwimi|

cwiwPwZ

- wk¶v_xi bvg, †kYx, eqm, µwgK msL¨v
- wk¶‡Ki bvg
- mvaviY cvV, we‡kl cv‡Vi Rb¨ mg‡qvc‡hvMx welqe¯ wbevPb
- mgq wbaviY, Zwil

wkLbdj

gj¨hvPvB cwimi

- welqwfwËK wKbv ?
- mg‡qvc‡hvMx wKbv ?
- Ávb, `¶Zv I gj¨‡eva cwigvcK wKbv ?
- wk¶vµg, cvV¨mwP I welqe¯ wfwËK wKbv ?
- Rxeb m¤ú„³ Ges c‡qvMkxjZv i‡q‡Q wKbv ?

wk‡¶vcKiY

gj¨hvPvB cwimi

- welqe¯i mv‡_ m½wZc¥ wKbv
- mnRjf¨ I m¯—v wKbv ?
- nv‡Z ˆZwi wKbv ?
- bxwZgvjv Abykxq ˆZwi wKbv ?
- AvKlYxq I DÏxcbvgj¨K wKbv ?

cvV mPbv

gj¨ hvPvB cwimi

- we lqe¯ Dc‡hvMx wKbv ?
- we lqe¯i mv‡_ Abyôv× ¯vc‡b m¶g wKbv ?
- Awfbe Z Av‡Q wKbv ?
- ‡KŠZnj DÏxcK wKbv ?
- cvmw½K, Rxebwfw ËK, AvKlYxq DcKiY e¨envi Kiv n‡q‡Q wKbv ?

cvV Dc¯vcb

gj¨hvPvB cwimi

- we lqe¯ Dc‡hvMx wK ?
- wkLbdj wfwËK wK ?
- avivewnKZv i¶Z n‡q‡Q wK ?
- K‡i †kLvi mÿhvM Av‡Q wK ?
- mZx_ wkLb, `jMZ KvR l †Rvovq KvR Kivi mÿhvM Av‡Q wK ?
- cvV`v‡bi Avaywb K †KŠkj e¨envi n‡qÿQ wK ?
- wk¶v_x †Kw›`K wK ?
- Rxeb l cwi‡ek Dc‡hvMx wK ?
- ¯-gj¨vqb Gi mÿhvM wQj wK ?
- gj¨‡eva l `wó fw½ MVbgj¨K wK ?
- Dc¯vcb, wjLb, ckKiY l DËi c`v‡bi mÿhvM wQj wK ?
- gvVcwi`kb Gi mÿhvM wQj wK ?
- †clYv mwó i mÿhvM wQj wK ?

gj¨vqb

gj¨hvPvB cwimi

- mg‡qi g‡a¨ cvV`vb m¤úb n‡q‡Q wK ?
- ARbgvÎv cwigv‡ci wbgi¡c †KŠkj mgn¨c‡qvM Kiv n‡q‡Q wK ?
- kbv³KiY, wPÎv¼b, wPÎ wPwýZ KiY, gvBÛ g¨wcs, e× ck, Db¥y³ ck, msw¶ß DËi ck, Dc¯vcb l DËi c`v‡bi `¶Zv|

ewoi KvR

gj¨hvPvB cwimi

- mgm¨v mgvavb
- cKí
- A¨vmvBb‡g›U
- ck DËi ˆZwi Kiv
- wPÎv¼b, gZvgZ Rixc, cwiKíbv cYqb

cvV cwiKíbvi wewfb¯–‡ii gj¨hvPvB †KŠkj

- KvhKwi ckKiv
- `jxq Av‡jvPbv msMVb `¶Zv ch‡e¶Y
- gZvgZ Rixc, †PKwj ÷ ˆZwi Kiv, Zwjkv ˆZwi Kiv|
- mbv³ Kiv, wPÎv¼b I wPwýZKiY
- K‡i †kLv ch‡e¶Y
- cwiKíbv ch‡e¶Y, we‡k-lY I wm×vš– MnY
- Dc¯vcb gvb, DËi c`vb I †cv÷vi †ccvi ˆZwii ¶gZv
- ‡hvMv‡hvM `¶Zv ch‡e¶Y Kiv
- ‡clYv mwµqi mvg_ ch‡e¶Y
- `jMZ AbymÜvbgj¨K KvR
- †kYx KvR

gj¨vqb

1. gvbm¤úb wk¶Y-wkLb cwµqv Kx I †Kb?
2. wk¶Y-wkLb Dbœ‡b gj¨hvPvB‡qi fwgKv D‡j-L Ki|
3. gj¨hvPvB Kxfv‡e msMwVZ nq Zv WvqvMv‡gi gva¨‡g cKvk Ki|
4. cvV-cwiKíbvi wewfb¯–i Aš–fy³ gj¨hvPvB cwimi I gj¨vqb †KŠkj wbYq Ki|

m¤ve¨ DËi

KvR - 1 : gvbm¤úb wk¶Y-wkLb cwµqv I gj¨ hvPvB

gvb m¤úb wk¶Y-wkLb cwµqv n‡e -

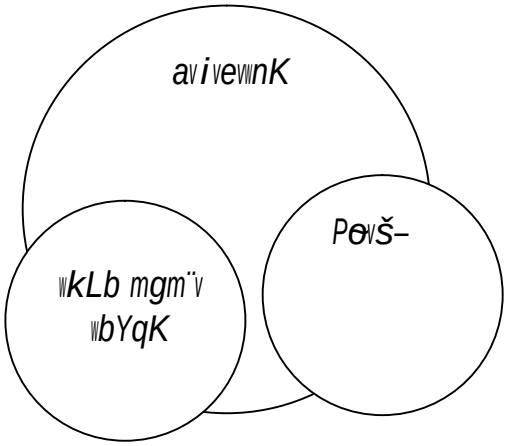
- Avb›``vqK I †KŠZn¬j DÏxcK
- P¨v‡jwÄs
- cwiKwíZ Ges mvgjwLZ
- wk¶v_x †K›`xK
- wkLbdj I weIqe¯ wfwËK
- wk¶K-wk¶v_x m¤úK eÜZcÿ Ki‡Z mnvqK
- mgwšZ wkLb cwµqvq mgšqhy³
- cwZdjbgj¨K

gvbm¤úb gj¨hvPvB‡qi †ewkó¨ -

- mvgbw`ó Ávb I `¶Zv cwigvcK
- wkLbdj wfwËK
- wkLb mswk-ó Ges ARb Dc‡hvMx KvR c`vb
- wkLb‡K Drmvwn K‡i
- wk¶v_x‡`i Kv‡R e¨¯– ‡i‡L
- wk¶v_xi wkLb-Pwn`vi cwicivK
- gj¨hvPvB m¤ú‡K m‡PZb K‡i
- wk¶K-wk¶v_x Df‡qi AvZ¥ekvm e„× K‡i
- mn‡R c‡qvM Kiv hvq

KvR - 2 : gj¨hvPvB‡qi msMVb I ¸i“Z

1. gj¨hvPvB‡qi msMVb I cKwZ.:



wkLb mgm¨v wbYvqK gj¨hvPvB → avivevwnK gj¨hvPvB → Pevš– gj¨hvPvB

wkLb mgm¨v wbYqK

- wk¶v_xi avivYv I AwfÁZv mbv³Kvix KgZrciZv
- wkL‡bi j¶¨ wbavi‡Yi Rb¨ Z_¨ Dc¯vcb

avivevwnK gj¨hvPvB

- bZzb Ávb I `¶Zv AR‡bi Rb¨ chvqµ‡g wk¶v_xi cviMZvi gvÎv e„w×KiY ZrciZv c`vb|
- wk¶v_xi gv‡bvbq‡bi cieZx chv‡q Mgb|

Pevš– gj¨hvPvB

- KgZrciZvi gva¨‡g wk¶v_xi wkLb AwfÁZvi e¨vL¨v w`‡Z cv‡i|
- wi‡cvU ˆZwii Z_¨ Dc¯vcb, wkL‡b djveZ‡bi c‡qvM †`Lv‡bv|

gj¨hvPvB‡qi ¸i“Z

- Kwl.welqK avivYv msMVb I `¶Zv Dbqb m¤ú‡K Rvbv hvq|
- Kwl.welqK `wó fw½ MVb m¤úKxq AMMwZ m¤ú‡K Rvbv hvq|
- wk¶Y-wkLb cwµqv‡K MwZkxj I djcmykivi Rb¨ gj¨hvPvB Acwinvh|
- gj¨hvPvB K‡i cieZx wkLb Dbq‡bi c`‡¶c †`Iqv hvq|

- **KvR - 3 : cvV-cwiKíbvi wewfb¨–‡ii gj¨hvPvB cwimi I gj¨vqb †KŠkj**

cvV cwiKíbvi ¨–i	gj¨hvPvB cwimi	gj¨vqb †KŠkj
wkLbdj	▪ বিষয় সংশি□ষ্টতা ▪ mg‡qvc‡hvwMZv ▪ Ávb, `¶Zv I gj¨‡eva msµvš– wel‡qi ARb gvÎv ▪ wk¶vµg, cvV¨mwP I welqe¨i cwZdjb ▪ Rxeb m¤ú„³ Zv Ges c‡qvMgŁxZv|	▪ KvhKix ck Kiv ▪ Av‡jvPbv msMVb `¶Zv ▪ gZvgZ Rixc ▪ Zwjkv ^Zwi ▪ kbv³ Kiv ▪ wPÎv¼b ▪ K‡i †kLv ▪ cwiKíbv cYqb ▪ ch‡e¶Y ▪ chv‡jvPbv Kiv ▪ we‡k-lY ▪ Dc¨vcb gvb ▪ ‡hvMv‡hvM `¶Zv|
wk‡¶vcKiY	▪ welqe¨ Dc‡hvwMZv ▪ Abyôv Ü ▪ Awfbe Z ▪ †KŠZrnj RvMZ KiY ▪ AvKlYxq, ¨vqx, Rxeb wfwËK	
cvV mPbv		
cvV Dc¨vcb		
gj¨vqb		
ewoi KvR		

BDwbU - 6 **Awa‡ekb -11**

gj¨hvPvB Aš–fy³Ki‡Y wk¶vµ‡gi wbw`ó wel‡qi Dci cvV cwiKíbv chv‡jvPbv

fwgK

wk¶v_x eÜzv, †h †Kvb KvR mÿgvi "i¡c m¤úb K‡i mdjZv ARb Ki‡Z n‡j, c‡qvRb ce© cwiKíbv| Bs‡iwR‡Z GKwU K_v Av‡Q, There is a linear relationship between development and planning. A_vr Dbqb I cwiKíbvi g‡a¨ i‡q‡Q, GKwU mij ˆiwLK m¤úK| mdj wk¶‡Ki †ejvqI GKwU K_v meRb ¯xKZ.Zvn‡jv GKRb `¶ wk¶K Aek¨B GKRb `¶ cwiKíbwe`| Avi GRb¨B gWÿj-1 n‡ZB Avcbv‡`i cvVcwiKíbv ˆZwii wel‡q, nv‡Z-Kj‡g `¶Zv AR‡bi Dci we‡klfv‡e ¸i"Z Av‡ivc Kiv n‡q‡Q| Zvn‡j, Avmÿgy Avgiv Avevi fvjfv‡e †R‡b †bB, cvVcwiKíbv Kx I †Kb? †kYx K‡¶ wk¶Y-wkLb Kvhvejx mdjfv‡e cwiPvjbvi Rb¨ wk¶K †h ce©cwiKíbv cYqb K‡ib, Zv‡KB ejv nq cvVcwiKíbv| mÿgw`ó wKQyD‡Ïk¨ Abÿgvqx †kYxKvhvejx mdjfv‡e cwiPvjbvi nwZqvi nj cvVcwiKíbv| gWÿj-1 n‡Z cvVcwiKíbvi avc¸‡jv wK wK Zv Avevi †`‡L wbb| g‡b ivL‡eb m¤úÿ¥ AvaÿgK di‡gU Abÿgvqx, G cvVcKíbv cYqb Kiv n‡q‡Q| Avcbviv AviI Rv‡bb †h, cvVcwiKíbvi gj¨fwË n‡jv wkLbdj| †h †Kvb welqe¯ wb‡q, †kYx K‡¶ wk¶Y-wkLb Kvhµg m¤úb nIqvi ci, wk¶v_xiv H wel‡q †h Ávb, `¶Zv I gj¨‡eva ARb K‡i Ges Zv‡`i AvPi‡Y Zvi ewn:cKvk Ki‡Z cv‡i, ZvB n‡jv wkLb dj| G Awa‡ek‡b Avcbviv GKwU cvVcwiKíbvi wewfb w`K ciL K‡i †`L‡Z cvi‡eb| cYxZ cvVcwiKíbvq gj¨hvPvB Kivi mÿgvM h‡_ó cwigv‡Y i‡q‡Q wKbv Zv Rvbvi Rb¨ †PKwj÷ ˆZwi Ki‡ZI m¶g n‡eb|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- cYxZ cvVcwiKíbvq Avayjvbx di‡gU Abyôv‡bi Kiv n‡q‡Q wKbv Zv ej‡Z cvi‡eb
- wkLbdj KZUv mwVK n‡q‡Q Zv hvPvB K‡i †`L‡Z cvi‡eb
- cYxZ cvVcwiKíbvi wewfb ¯–i ch‡e¶Y I cix¶v K‡i wbw`ó †PKwj÷ Abyôvqx gj¨hvPvB Aš–fy³ Ki‡Yi welqwU wbðZ n‡Z cvi‡eb|

cemgn-

ce-K : cYxZ cvV cwiKíbvi di‡gU chv‡jvPbv

wk¶v_x eÜzv, gWyj-1 I G Awa‡ek‡bi cv_wgK Av‡jvPbv n‡Z Avkv Kwi B‡Zvg‡a¨ cvV-cwiKíbv m¤ú‡K Avcbv‡`i avivYv ¯úó n‡q‡Q| Gevi gWyj-1, G c`Ë cvV-cwiKíbvi di‡gU KZUv mwVK I Avayjvbx, Zv hvPvB Kivi Rb¨ KvR-1 g‡bv‡hvM mnKv‡i cob| AZ:ci mwVK ¯v‡b wUK (√) wPý w`‡q QKwU ci‡Y Ki“b| djvdj kZKiv (%) nv‡i we‡k-lY Ki“b| AZ:ci di‡gUwUi gvb (Quality) m¤ú‡K Avcwb wb‡R GKwU wm×v‡š– †cÖQvb| cvVcwiKíbvi G di‡gUwU Avi I DbZ Kivi Rb¨ Avcbvi mycwwik (hw` _v‡K) wbR LvZvq wjLyb|

KvR-1 : cvV cwiKíbvi Avaywb K di‡gU

KvR-1; cvV cwiKíbvi Avaywb K di‡gU

cYxZ cvV cwiKíbvq e¨eüZ di‡gU Gi wewfb¨–i m¤ú‡K Avcbv‡`i `‡ji gZvgZ, G As‡k Dwj-wLZ cwZwU Dw³i cv‡k c`Ë cvP gvÎvi †iwUs †¯‹‡ji mwVK N‡i wUK (√) wPý w`‡q e¨³ Ki“b| djvdj kZKiv (%) nv‡i cKvk K‡i gZvgZ e¨³ Ki“b|

µwgK bs	cvV cwiKíbvi Avaywb K di‡g‡Ui wewfb¨–i m¤úKxq Dw³	m¤úY¨ GKgZ [5]	GKgZ [4]	wbi‡c¶ [3]	GKgZ bB [2]	†gv‡UB GKgZ bB [1]
1|	cwiKíbvi ¨–i mg‡n i avivewnKZv Av‡Q wK?					
2|	wkLbdj mwb‡ewkZ n‡q‡Q wK?					
3|	cvV mPbv D‡j-L Kiv n‡q‡Q wK?					
4|	wk¶K I wk¶v_xi Kv‡Ri Rb¨ wfb wfb Kjvg i‡q‡Q wK ?					
5|	cvV Dc¯vcb ce ms‡hvwRZ n‡q‡Q wK?					
6|	gj¨hvPvB‡qi Rb¨ mybw`ó ¨–i i‡q‡Q wK?					
7|	ewoi KvR c`vb msµvš– ¨–i i‡q‡Q wK?					
8|	¨–i wfwËK mgq e›Ub Gi mshvM Av‡Q wK?					
9|	¨–i wfwËK wk‡¶vcKiY Gi Kjvg Av‡Q wK?					

- djvd‡j i kZKiv nvi t
- gZvgZ we‡k-lY I wm×vš– MnY t
- Dbqbgj-K mgvwik [hw` _v‡K] t

ce-L : wkLbdj hvPvB

wk¶v_x eÜzi, Pwe Qvov †hgb e× `gv‡ii Zvjv †Lvjv m¤e bq| wVK †Zgwb wkLbdj Qvovl cvVcwiKíbv Kiv †Kvbfv‡eB m¤e bq| wkLbdj n‡Z n‡e Aek¨B welqe¯wfwËK| Avi wkLbdj wbY‡qi mgq wZbwU w`K Avgv‡`i we‡klfv‡e we‡ePbvq ivL‡Z nq| G w`K¸‡jv n‡jv, cvV †k‡l wk¶v_xiv —

- Kx Kx Ávb ARb Ki‡jv Zv ej‡Z cvi‡e|
- Kx Kx `¶Zv ARb Ki‡jv Zv AvPi‡Yi gva¨‡g cKvk Ki‡Z cvi‡e| †hgb; gwUi Av`Zv cix¶v K‡i †`Lv‡Z cvi‡e, gvbwP‡Î Kwl.AÂj mbv³ Ki‡Z cvi‡e|
- wk¶v_x‡`i gj¨‡eva ev gvbwmK ceYZv Kxi¦c msMwVZ n‡jv, Zv AvPi‡Y cKvk cv‡e| †hgb; ebvq‡b AskMnY Ki‡e|

wcq wk¶v_xe„›`, Gevi cYxZ cvVcwiKíbvq wkLbd‡ji gvb hvPvB Ki“b| GRb¨ KvR-2 wbR LvZvq Z‡j wbb| †PKwj ÷ ci‡Y Kiv †kl n‡j djvdj kZKiv (%) nv‡i cKvk Ki“b| wkLbdj KZUv mwVK n‡q‡Q Zv †R‡b wbb| Dbqbgj¨K †Kvb mgvcwik _vK‡j Zv c‡q›U AvKv‡i LvZvq wjLyb|

KvR - 2 : wkLbdj hvPvB

mwVK ¯v‡b wUK wPý (√) w`b| djvdj kZKiv nv‡i (%) cKvk K‡i wm×vš– wbb|

µwgK bs	cvV cwiKíbvi wkLbdj m¤úK© Dw³	m¤úv¼ GKgZ [5]	GKgZ [4]	wbi‡c¶ [3]	GKgZ bB [2]	†gv‡UB GKgZ bB [1]
1|	msw¶ß, ¯úó Ges myôw`ó					
2|	Ávbgj‡K w`K cwigvc‡hvM¨ welq ms‡hvwRZ					
3|	`¶Zv ch‡e¶b I cwigvb †hvM¨ welq ms‡hvwRZ					
4|	`wó fw½ MVb gj‡K					
5|	GKwU wkLbdj GKwU ev‡K¨ †jLv					
6|	wµqvevPK kã e¨envi n‡q‡Q					

- djvd‡j i kZKiv nvi t
- gZvgZ we‡k- lY I wm×vš– MnY t
- Dbqbgj‡K myZvwik †c‡q‡Q Zv n‡jv t

ce-M: cYxZ cvVcwiKíbvq gj¨hvPvB Aš–fy³ Ki‡Yi h_v_Zv hvPvB

wk¶v_x eÜzv, Avcbvi A‡b‡KB nq‡Zv wk¶KZv †ckvq wb‡qwRZ Av‡Qb| Avevi A‡b‡K cwk¶Y †k‡l wk¶KZv‡K †ckv wn‡m‡e MnY Ki‡Z Pvb| Zvn‡j Avmbœ Avgiv †R‡b †bB, mdj cvV`v‡bi Rb¨ wk¶K Kx Ki‡eb? †kYx-wkL‡b AskMn‡Yi Rb¨ wk¶v_xiv Kx Kx Ki‡e? mdj wkL‡b gj¨hvPvB †Kb c‡qvRb? Avcbv‡`i DËi¸‡jv LvZvq wjLbœ| Gevi Avgvi fvebvi mv‡_ wgwj‡q wb‡j †Kgb nq, Zv Dcjwä Ki“b|

- †kYx cvV`v‡b mdjZv ARb Kivi Rb¨ GKRb Av`k wk¶K mev‡M GKwU mÿgZ cvV-cwiKíbv ˆZwi Ki‡eb| wk¶Y-wkLb Kvhvejx wkLbdj Abœwqx cwiPvjbv Ki‡eb|

- †kYx wkL‡b mdjZv AR‡b wk¶v_xiv `jxq I GKK Kv‡R AskMnY Ki‡e| gj¨hvPvBgj¨K wewfb KgKv‡Û wb‡Ri †hvM¨Zvi h_vh_ cgvY ivL‡e| †hgb; c‡ki DËi †`Iqv, cvV Dc¯vcb Kiv BZ¨vw`| eÜzc¥ cwi‡e‡k Avš–wiKZv I `¶Zvi mv‡_ gZ wewbg‡q AskMnY Ki‡e|

- welqe¯wfwËK Ávb, `¶Zv I AwfÁZv AR‡b cvVcwiKíbvi cv‡qvwMK w`K wn‡m‡e gj¨hvPvB AZ¨š– ¸i“Zc¥ fwgKv iv‡L| gj¨hvPvB‡qi gva¨‡g wk¶v_x KZK.cvV`vb †KŠk‡j AskMnY Ges wkL‡bi mgvY mÿhvM N‡U| GQvov gj¨hvPvB K‡i welqe¯ m¤ú‡K wk¶v_xi ZwËK Áv‡bi cvkvcwk e¨envwiK Kv‡Ri `¶Zv I AwfÁZv Rvbv hvq| wk¶v_x eÜzv, Gevi G gWyjwUi Awa‡ekb-7 ‡_‡K wewfb cKvi ck m¤ú‡K Avcbvi cvi`wkZv Avevi GKUzSvjvB K‡i wbb| AZ:ci cYxZ cvVcwiKíbwU KvR-3 Abœwqx hvPvB K‡i †`Lbœ| cvVcwiKíbwU m¤ú‡K Avcbvi gZvgZ we‡k-lY K‡i †`Lbœ I wm×vš– wbb| Dbqbgj¨K mycwik (hw` _v‡K) Avcbvi LvZvq wjLbœ| m¤e n‡j Ab¨ †Kvb mncvVxi mv‡_ Avcbvi djvdj Zzjbv K‡i †`Lbœ|

KvR - 3 : cYxZ cvV-cwiKíbvq gj¨ hvPvB Aš–fy³KiY

mwVK N‡i wUK (√) wPý w`b| djvdj kZKiv nv‡i (%) cKvk Ki“b| gZvgZ we‡k- lY I wm×vš– wbb|

µwgK bs	cYxZ cvV cwiKíbvq gj¨hvPvB m¤úKxq Dw³	m¤úv¼ GKgZ [5]	GKgZ [4]	wbi‡c¶ [3]	GKgZ bB [2]	†gv‡UB GKgZ bB [1]
1|	kbv³KiY					
2|	e×ck					
3|	Dby³ ck					
4|	msw¶ß DËi ck					
5|	AwcZ KvR					
6|	Dc¯vcb `¶Zv					
7|	DËi c`vb `¶Zv					
8|	ce©Ávb hvPvB					
9|	we lqe¯Ávb hvPvB					
10|	mwµqZv ch‡e¶Y					
11|	†ev‡W KvR Kiv `¶Zv					
12|	wPÎv¼b `¶Zv					
13|	wPÎ wPwýZKiY `¶Zv					
14|	Kg m¤úv`b `¶Zv					
15|	`jMZ KvR Kivi gvbwmKZv					

µwgK bs	cYxZ cvV cwiKíbvq gj¨hvPvB m¤úKxq Dw³	m¤úv¥ GKgZ [5]	GKgZ [4]	wbi‡c¶ [3]	GKgZ bB [2]	†gv‡UB GKgZ bB [1]
16|	`wjówfw½i cwieZb Dbqb					
17|	Abykxjb cvi`wkZv					
18|	†clYv I AvMn					

- djvdj tkZKiv nv‡i (%) cKvk Ki“b|
- wm×vš– tgZvgZ we‡k-lY I wm×vš– MnY|
- Dbqbgj¨K mgvwik t

BDwbU - 6 **Awa‡ekb -11**

gj¨ wkLbxq welq

gj¨ÿ¨hvPvB Aš–fy³Ki‡Y wk¶vµ‡gi wbw`ó welq‡qi Dci cvV cwiKíbv chv‡jvPbv

cvV cwiKíbv I Gi mycea

GK K_vq †kYx K‡¶ wk¶Y-wkLb cwµqv msµvš– mwweK KgKvÛ cwiPvjbvi Rb¨ †h cwiKíbv Zv‡KB ejv nq cvV cwiKíbv| cvV cwiKíbv cYq‡bi c‡e wk¶K‡K †h †h w`‡K j¶ ivL‡Z nq, Zv n‡jv t

- wk¶vµg m¤ú‡K avivYv
- wk¶v_x m¤ú‡K avivYv
- welq‡qi D‡Ïk¨ †R‡b †bIqv
- wk¶Y-wkLb †KŠkj m¤ú‡K avivYv
- wk‡¶vcKi‡Yi Drm I e¨envi c×wZ m¤ú‡K avivYv
- mgq e›Ub m¤ú‡K avivYv

cvV cwiKíbv cYq‡bi mycea

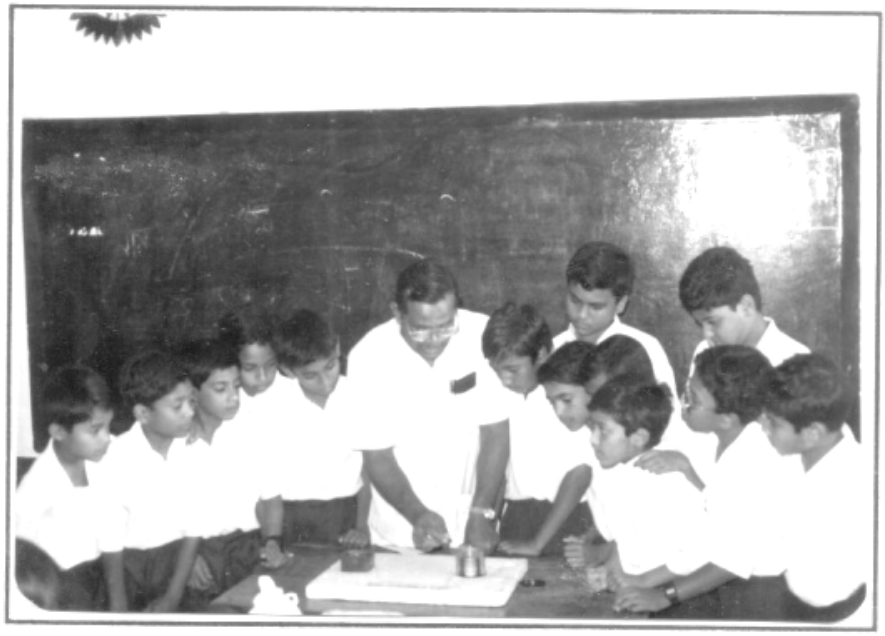
- cv‡Vi j¶ I D‡Ïk¨ m¤ú‡K avivYv m©úó nq|
- h_vh_ wk¶Y-wkLb c×wZ I gj¨vqb †KŠkj wbevPb m¤e nq|
- mg‡qi mwVK e¨envi Kiv m¤e nq|
- wk¶‡Ki AvZ¥wekvm `p nq|
- wk¶v_x‡`i wkLb AMMwZ Avkvc` nq|
- GK K_vq mdj cvV`v‡bi nwZqvi n‡"Q cvV cwiKíbv|

wkLbdj

- GUv Aek¨B msw¶ß, ¯úó I mybw`ó nq|
- ch‡e¶Y‡hvM¨ I cwigvc‡hvM¨ nq|
- wk¶v_xi AvPi‡Yi cZ¨wkZ cwieZb‡K wfwË K‡i †jLv nq|
- Ávb, `¶Zv I `wófw½i cwieZb cZ¨vkv Kiv nq|
- GKwU AvPiwbK D‡ÏÎk¨ GKwU ev‡K¨ †jLv nq|

c×wZ I †KŠkj

- wbewPZ c×wZ I †KŠkj n‡e wk¶v_x †Kw›`K, Avb›``vqK, AskMnYg‡K I wewfbgyLx| cvV cwiKíbvq mybw`ófv‡e c×wZ I †KŠkj D‡j-L Ki‡Z n‡e|



wPÎ t wk¶v_x‡Kw›`K AskMnYg‡K †KŠkj|

Kwl.wk¶vq e¨envi Dc‡hvMx c×wZ I †KŠkj

- gvV cwi`kb, ch‡e¶Y, AbymÜvb, c`kb, wk¶vg‡K ågb, bvmvix, evMvb, Kwleb, Kwl.Lvgvi, BZ¨w` ågY, cKí wb‡`wkZ KvR, weZK, †ivj †c-, Míejv, wfmÿqvjvB‡Rkb, IqwKs Iqvj, cix¶Y, ch‡e¶Y AsAkMnYg‡K, gvB ì g¨wcs, Zwjkv cYqb, wPÎv¼b, mv¶vrKvi, M‡elYvg‡K AbymÜvb|

†kYx e¨e¯vcbv

gvb m¤úb wk¶Y-wkLb cwµqv cwiPvjbvi Rb¨ †kYx e¨e¯vcbv LvwB ¸i“Zc¥| Gi Aš–fy³ w`K¸‡jv n‡jv t

- mg‡qi mvÿ e¨envi, wkLb evÜe cwi‡ek GRb¨ †RÛvi, kvixwiK mvg_, Mnb ¶gZv, Av_ mvgwRK Ae¯v wbwe‡k‡l mK‡ji wg_¯qv m¤úb cwi‡ek ˆZix|

DcKiY

wkLb‡K KvhKi I djcm~Kivi Rb¨ †h mnvqK mvgMx e¨envi Kiv nq ZvB wk‡¶vcKiY| Kwl.wk¶v GKwU dwjZ welq e‡j, G‡Z ZwËK w`K A‡c¶v e¨enwiK w`K AwaK¸i“Zc¥| GRb¨ mwVK DcKi‡Yi gva¨‡g ev¯–eagx wkLb wbwðZ Ki‡Z n‡e| c¯wZ t ï‡f”Qv wewbgq, †kYx-web¨vm, ewoi KvR Av`vq, cvV †NvlYv|

Dc¯vcb

- wkLb evÜe cwi‡ek
- welqe¯ I cvV`vb c×wZi mwVK mgšq mvab
- `jMZ KvR, GKK KvR †gvUK_v wk¶v_x †Kw›`K wkLb e¨e¯v wbwðZ Kiv| †hgb- KvhKix ckKiY, c`kb, cix¶Y, ågY, K‡i †kLv, Av‡jvPbv msMVb, Dc¯vcb BZ¨vw`|

gj¨ hvPvB‡qi KiYxq KvR

- msÁv hvPvB
- ce©Ávb ev aviYv hvPvB
- welqwfwËK ckKiv
- welq Ávb Rvbvi j‡¶¨ KvhKwi ckKiY
- mwµqZvi gvÎv
- wPÎv¼b I wkLb `¶Zv
- †clYv, AvMn
- DËi`v‡b m¶gZv
- Kg m¤úv`b `¶Zv
- Dc¯vcb `¶Zv
- `wó fw½i cwieZb/Dbqb
- Abykxjb cvi`wkZv
- wkLbdj AR‡b h_v_Zv BZ¨vw`

cYxZ cvV cwiKíbv

we`¨vj‡qi bvg t AMbx ¯‹zj GÛ K‡jR

wk¶‡Ki bvg	t	K
µwgK bs	t	1
wk¶vel	t	2006-2007
wk¶v_x msL¨v	t	50
eqm	t	12 eQi
†kYx	t	7g
welq	t	Kwl.wkÿv
mvaviY cvV	t	dj Mv‡Qi esk we¯–vi
we‡kl cvV	t	Mv‡Qi A½R esk we¯–vi
mgq	t	35 wgt
Zwi L	t	01-10-06 Bs

wkLbdj t

- mvKvi ev †ZDo ej‡Z Kx eSbvq Zv D`vniYmn ej‡Z cvi‡e|
- KjvMv‡Qi AwmPviv I cwbPviv kbv³ Ki‡Z cvi‡e|
- Avbvi‡mi mvKvi I †ZDo kbv³ Ki‡Z cvi‡e|
- wkKo Kjg, kvLv Kjg I ¸wU Kjg ˆZwi K‡i †`Lv‡Z cvi“‡e|
- KjvMv‡Qi †ZDo Ges Avbvi‡mi wewfb ai‡bi Pvivi wPÎ GtK wPwýZ Ki‡Z cvi‡e|
- A½R c×wZ‡Z D™‡`i esk we¯–vi Ki‡Z AvMnx n‡e|

avc	mgq	wk¶‡Ki KvR	wk¶v_x‡`i KvR	DcKiY
cvV mPbv	05 wgwbU	wk¶v_x‡`i mv‡_ Kvkj wewbgq Ki‡eb| †kYxi Av‡jv evZvm, Amgm¨ web¨vm Ges cwi”QbZv wbwðZ Ki‡eb| ewo KvR Av`vq Ki‡eb| AvR‡Ki cvV msMk-ó KgZrciZv	AskMnY Kiv	bgybv DËi

avc	mgq	wk¶‡Ki KvR	wk¶v_x‡`i KvR	DcKiY
		1| †Mvjvc, Rev, Kx‡i I m‡d`v Mv‡Qi Pvi‡v †`wL‡q Rvbv‡Z PvB‡eb Gme MvQ Kx fv‡e esk we¯–vi K‡i? 2| A‡½i mvnv‡h¨ esk we¯–vi K‡i GiKg Avi K‡qKwU D™‡`i bvg ej| cvV †NvlYv t AvR‡Ki cvV ÒD™‡`i A½R esk we¯–viÓ|	1| ex‡Ri mvnv‡h¨ Ges A‡½i mvnv‡h¨ 2| Kjv, Avg, †cqvi‡v BZ¨vw`| wbR wbR LvZvq cvV wk‡ivbvg wjL‡e|	
cvV Dc¯vcb	23 wgwbU	➢ wk¶K wk¶v_x‡`i mywe avgZ `j MVb Ki‡eb| ➢ ‡kYx‡Z wk¶v_x msL¨v †ewk n‡j cwZ †eÂ wb‡q GKwU `j MVb Kiv fvj| ▪ KjvMv‡Qi AwmPvi‡v I cwbPvi‡v c`kb Ki‡eb m¤e n‡j bgybv ci¶v Ki‡Z †`‡eb| ▪ Avbvi‡mi we‡fb ai‡bi Pvi‡vi wPÎ m¤wjZ PvU c`kb Ki‡eb| †ej, †cqvi‡v ev Ww‡jg Mv‡Qi wkKo Kjg ˆZwii DcKiY `j wfwËK mieivn Ki‡eb| hw` c‡Z¨K `j‡K DcKiY †`Iqv bv hvq Z‡e c`kbx †Uwej n‡Z wkKo Kjg ˆZwii cwµqv	Ask MnY Kiv| wk¶v_xiv g‡bv‡hvM mnKv‡i ch‡e¶Y I ci¶Y Ki‡e| `jMZ Av‡jvPbv K‡i, cvV¨ eB‡qi mvnvh¨ wb‡q KjvMv‡Qi we‡fb Pvi‡v mbv³ Ki‡e Ges ‰ewkó¨ †R‡b †b‡e| Avbvi‡mi we‡fb Pvi‡vi wPÎ AvK‡e| cvV¨ eB‡qi mv‡_ ˆewkó¨ wgwj‡q †`L‡e| wk¶v_xiv Gme DcKiY ewo †_‡K msMn K‡i Avb‡e wk¶‡Ki wb‡`kbv Abybvqx, cvV¨ eB‡qi mvnvh¨ wb‡q `jMZ fv‡e wkKo Kjg ‰Zix Ki‡e|	Kjv Mv‡Qi AwmPvi‡v/ cwbPvi‡v gv‡Mš bgybv/ PvU, Avbvi‡mi we‡fb ai‡bi Pvi‡vi PvU †ej, †cqvi‡v, Ww‡jgi wkKo/Rev ev †jeyw Wvj, cwj_b e¨vM gwUmn

avc	mgq	wk¶‡Ki KvR	wk¶v_x‡`i KvR	DcKiY
		c`kb Ki‡Z cv‡ib		

avc	mgq	wk¶‡Ki KvR	wk¶v_x‡`i KvR	DcKiY
		wk¶v_x‡`i 3wU `‡j fvM Ki“b Ki Yxq KvR mybw`ó Ki“b| K-`j; kvLv Kjg; L-`j; ¸wU Kjg; M-`j; `vev Kjg; c‡Z¨K `j‡K DcKiY mieivn Ki“b| c‡qvRwbq wb‡`kbv w`b| cvV¨eB e¨envi K‡i `jMZfv‡e ci x¶vY m¤úb Ki‡Z w`b| wk¶v_xiv Kxfv‡e KvR Ki‡Q Zv ch‡e¶Y Ki“b| Avcwb N‡ui N‡ui c‡qvRwbq mvnvh¨ Ki“Y| ci x¶Y PjvKv‡j wewfb `j‡K †QvU †QvU ck K‡i †R‡b wbb Zviv Kx Kx Ki‡Q, Kx Kx Dcv‡q Ki‡Q| c‡qvRwbq mZKZv Aej¤b Ki‡Z ej‡eb|	`‡j wef³ n‡e| DcKiY I wb‡`kbv e‡ÿS †b‡e| `jMZfv‡e cvV¨ cÿ–‡Ki mvnvh¨ wb‡q ci x¶Y m¤úb Ki‡e| c‡Z¨K `j LvZvq ci x¶‡bi weeiYx wjL‡e| KvR m¤úb n‡j ‡K Kxfv‡e ci x¶Y K‡i‡Q Zv e‡ÿS‡q ej‡e| wk¶v_xiv DËi †`‡e| mZKZviv mv‡_ ci x¶Y KvR †kl Ki‡e| wk¶v_xiv Ask MnY Ki‡e|	AvL MvQ, †jeyMvQ/ m‡d`v Mv‡Qi Wvj Avbvi‡mi mvKvi Gi PvU/Kgc Î/ †evW - †evW - PvU - Kgc Î
gj¨vqb	05 wgwbU	†kYxi D‡Ï‡k¨ ck Ki“Y ev e¨w³MZ ch‡e¶Y Ki“Y t 1| A½R esk we¯–vi Kx ? 2| Avbvi‡mi mvKvi Gi wP‡Îi	1| c‡ii w`b Kv‡m Kjg¸‡jv	

		wewfb Ask †`Lv I | 3| kvLv Kjg Kx Kx Mv‡Q Kiv hvq ? 4| ¸wU Kjg Kx fv‡e Ki‡Z nq?	`jMZfv‡e wk¶K‡K Rgv †`‡e| 2| †kYx †bZviv ewoi KvR msMn Ki‡e|	
ewoi KvR	02 wgwbU	1| `jMZfv‡e wk¶v_xiv kvLv Kjg I ¸wU Kjg ˆZwi Ki‡e| 2| c‡Z¨K wk¶v_x LvZvq ¸wU Kjg I kvLv Kj‡gi wPÎ Awk‡e I ms‡¶‡c eYbv wjL‡e|		

gj¨vqb

1. cvV-cwiKíbvi Avayb‡K di‡gU †_‡K djvd‡j i kZKiv nvi †ei Ki‡Z †c‡iwQ Kx?
2. cYxZ cvV-cwiKíbvi gj¨hvPvB Aš–fy³ KiY welqK †PKwj ÷wU eS‡Z †c‡iwQ Kx?
3. wkLbdj †jLvi mgq †Kvb †Kvb w`K we‡ePbvq Avbv c‡qvRb?

m¤ve¨ DËi

KvR - 2 : wkLbdj hvPvB

µwgK bs	wkLbdj m¤úKxq Dw³					
		5	4	3	2	1
1.			√			
2.		√				
3.			√			
4.		√				
5.		√				
6.		√				

djvd‡j i kZKiv nvi

$$= \frac{28 \times 100}{30}$$

$$= \frac{280}{30}$$

= 93.3%

wm×vš– : wkLbdj DËgvb m¤úb n‡q‡Q|

we:`: GKBfv‡e KvR-1 I KvR-2 Gi DËi ˆZwi Ki‡Z n‡e|

BDwbU 7
Kwl.wkÿv †kYxi mKj wkÿv_xi Pwn`v ci‡Yi Dcvq

Awa‡ekb-12: wk¶v Kvhµ‡g Kwl.weÁv‡bi wbR¯ Ávb c‡qv‡M cwk¶Yv_x‡`i mvg_ †Rvi`viKiY

Awa‡ekb-13 : wk¶v_x‡`i we`¨gvb avivYv kbv³KiY I we‡kl‡Y MVbKvjxb gj¨hvPvB‡qi c‡qvM

Awa‡ekb-14 : wkLb ÿgZvi ¯vZš e¨vL¨vKiY I `jxq KvR mZx_ wk¶Y I m¤cmwiZ KvR

Awa‡ekb-15 : evjK ewjKv Df‡qi wk¶v Mn‡Y mnvqZv Kiv I AvM‡ni cjvcyi Zwß.mva‡bi cwiKíbv

Awa‡ekb-16 : Abyk¶‡Yi gva¨‡g wk¶Y-wkLb c×wZ I cwiKíbvi cix¶Y

Awa‡ekb-17 : QÙ wk¶Y I djveZ‡bi gva¨‡g wkLb c×wZ I cwiKíbvi cix¶Y

BDwbU - 7 **Awa‡ekb -12**

wk¶v Kvhµ‡g Kwl.weÁv‡bi wbR¯ Ávb c‡qv‡M cwk¶Yv_x‡`i mvg_ †Rvi`viKiY

fwgKv

wk¶v_x eÜzv, †Kvb wel‡q Ávb I `¶Zv AR‡bi j‡¶¨, wk¶K I wk¶v_xe„` GKKfv‡e GK‡Î †h me Kvhµg m¤úb K‡ib, Zv‡KB ejv nq wk¶v Kvhµg| GKUzMfxi fv‡e †fe †`Lby — G ai‡bi wk¶v Kvhµg †Kv_vq †Kv_vq m¤úb nq? Kxfv‡e m¤úb nq? we‡kl K‡i Kwl.wk¶v msµvš– AwfÁZv I `¶Zv AR‡bi Rb¨ †kYxK‡¶i evB‡il h‡_ó mgq e¨q Kivi c‡qvRb nq| KviY Kwl.wel‡q cKZ.AwfÁZv AR‡b cvKwZK cwi‡ek I nv‡ZKj‡g Kv‡Ri †Kvb weKí †bB| GK_v mK‡jiB Rvbv †h, wk¶v Kvhµ‡g cavb `wØ gvbexq Dcv`vb nj, wk¶K I wk¶v_x| Avgv‡`i wkLb AwfÁZvi AZxZ we‡k-lY Ki‡j Avgiv †`wL †h, wk¶K n‡jb cavb e¨w³ whwb †kLvb| Avi wk¶v_x‡`i GKgvÎ KvR nj wk¶K‡K Abyiv‡Y K‡i †kLv| wKš Avayb‡KKv‡j wkLb †kLv‡bv Kvhµ‡g Avgyj cwieZb G‡m‡Q| cwieZbkxj G cwµqvq, wk¶‡Ki gj- KvR n‡jv c‡qvRbxq mn‡hvMZv c`vb Kiv| G Kvi‡YB AZx‡Zi GKgvÎx cwµqvi cwie‡Z eZgv‡b wØgvÎx I wÎgvÎx cwµqvq — wk¶K-wk¶v_x, wk¶v_x-wk¶v_x I wk¶K-Gi cvi¯úwiK wg_w¯‹qvi gva¨‡g wk¶v Kvhµg cwiPwjZ nIqvi d‡j, wk¶Y-wkLb AwaK djcm~nq| Kwl.wk¶vq welqwfwËK Ávb AR‡bi cvkvcwk Zv c‡qv‡Mi mvg_ †Rvi`viKi‡Yi welqwUI mgcwigvY ¸i“Zenb K‡i| d‡j G wel‡q cvi¯úwiK wg_w¯‹qvi gva¨‡g wk¶v_xiv c‡qvRbxq Ávb, AwfÁZv I `¶Zv AR‡b AwaK jvfevb n‡q _v‡K| G Awa‡ek‡b wk¶Y-wkL‡bi Gme Avayb‡K †KŠkj c‡qvM K‡i Avcbviv Kwl.weÁv‡bi wbR¯ Ávb Kx Kx Zv Avcbviv LyuR †ei Ki‡eb| G Qvovl G e¨vcv‡i Avcbv‡`i mvg_ †Rvi`viKi‡Y KiYxqmgn- Kx Kx Gme welqI Avcbviv G Awa‡ek‡b Rvb‡Z cvi‡eb|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- Kwl.weÁv‡bi Áv‡bi Drmmg~n Zwj Kv cYqb Ki‡Z cvi‡eb
- Kwl.wk¶v welqK mvg_ †Rvi`viKi‡Y cvV¨cÖ–K I Ab¨vb¨ wkLb mvgwMi fwgKv wbi¡cY Ki‡Z cvi‡eb
- wk¶K cwk¶Y, Kwl.weÁv‡bi wbR¯ Áv‡bi c‡qvM I mvg_ †Rvi`viKi‡Y Kx fv‡e mvnvh¨ K‡i Zv D‡j-L Ki‡Z cvi‡eb|

cemgn~

ce-K: Kwl.wk¶v Kvhµ‡g Kwl.weÁv‡bi Áv‡bi Drm ev Dcv`v‡bi Zwj Kv cYqb

wk¶v_x eÜzv, G c‡ei Af¨š–‡i c‡ek Ki‡Z n‡j c_‡gB Avcbv‡`i wbR‡K ck Ki“b Kwl.weÁvb Kx? Avcbviv wbðqB ej‡eb - cix¶v I ch‡e¶‡Yi gva¨‡g AwRZ Kwl.welqK †h we‡kl Ávb ZvB nj Kwl.weÁvb| Gevi Avcwb wb‡R Ges m¤e n‡j Avcbvi mZx_‡`i mv‡_ gZ wewbg‡qi gva¨‡g Kwl.weÁv‡bi Áv‡bi Drm ev Dcv`vbmgn~ Kx Kx Zv wbR LvZvq wjLyb| Gme Drm Kwl.wk¶v Kvhµg‡K Kx fv‡e mvnvh¨ K‡i †m welq wb‡R fvelyb| Avcbvi fvebv¸‡jvi mv‡_ Ab¨ mncvVx‡`i fvebv¸‡jv Zzjbv Ki“b| AZ:ci KvR-1, Gi DËi ^Zwi Ki“b|

KvR - 1 : Kwl.weÁv‡bi Áv‡bi Drm

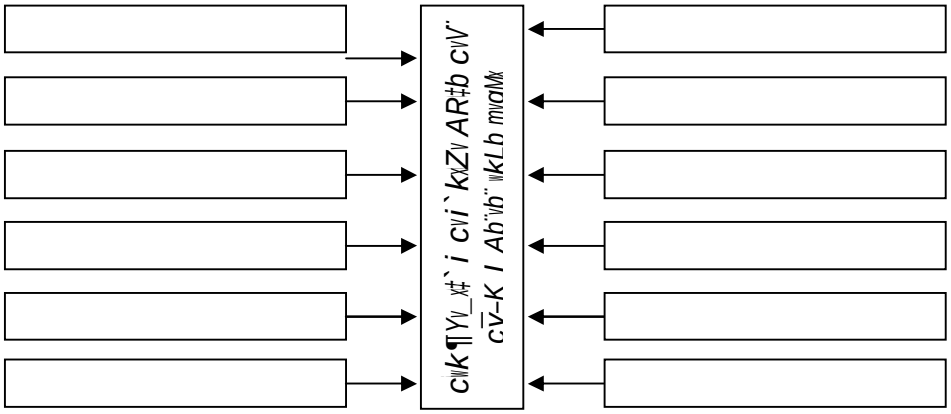
Kwl.weÁv‡bi Áv‡bi Dr‡mi bvg Zwj Kv AvKv‡i wjLyb|

-
-
-
-
-

ce-L: Kwl.wk¶v welqK mvg_ †Rvi `viKi‡Y cvV¨cÖ–K I Ab¨vb¨ wkLb mvgMxi fwgKv

B‡Zvg‡a¨ Kwl.weÁv‡bi Áv‡bi Drmmgn- m¤ú‡K Avcbv‡`i avivYv ¯úó n‡q‡Q| Gevi Kwl.wk¶v welqK mvg_ AR‡b Gme Drm Kxfv‡e e¨envi Ki‡eb Zv Rvbv c‡qvRb| GRb¨ KvR-2 wb‡q KvR Ki“b Ges LvZvq †iKW ivLyb|

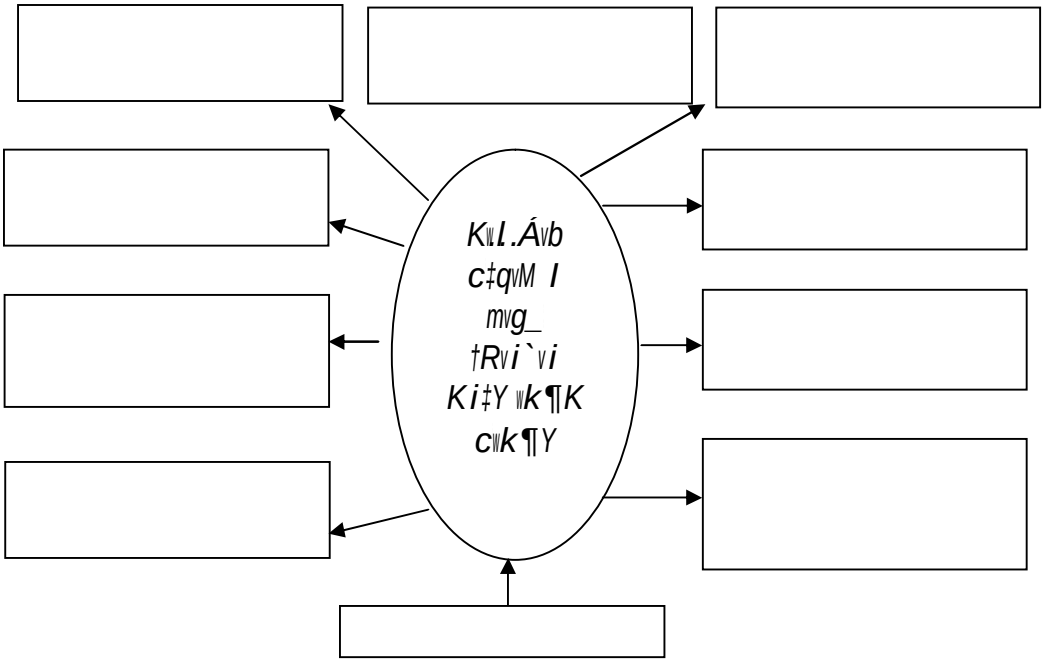
KvR - 2 : cvV¨cÖ–K I Ab¨vb¨ wkLbmvgMx



ce-M: cwk¶Yv_x‡`i Kwl.welqK Ávb c‡qvM I mvg_ †Rvi `viKi‡Y wk¶K cwk¶Y

wkÿv_x eÜzv, Avgiv mevB Rwb `¶Zv AR‡b cwk¶‡Yi †Kvb weKí †bB| mv‡_ mv‡_ GUvI Avgv‡`i mKj‡K g‡b ivL‡Z n‡e †h cwk¶Y Avcbv‡K mewKQywkwL‡q †`‡e bv| cwk¶Y Avcbv‡K wKQywKQyw`K wb‡`kbv †`‡e hvi mvnvh¨ wb‡q Avcwb wb‡RB c‡qvRbxq Ávb, AwfÁZv I `¶Zv AR‡b mg_ n‡eb| myZivs Kwl.wk¶v welqK Ávb c‡qvM I mvg_ AR‡bi Rb¨ Avcbv‡`i Rb¨ KvR-3 c`vb Kiv nj| Avcwb wbR M‡n e‡m D³ Kv‡Ri DËi ˆZwii †Póv Ki“b Avcbvi gWyj G welq Avcbv‡K w`K wb‡`kbv c`vb Kiv n‡q‡Q Z‡e gWyj c`Ë w`K wb‡`kbvi evB‡i I Avcbvi wbR¯ fvevbvi ms‡hvRb Kiv GKvš– Acwinvh|

KvR-3: cwk¶Yv_x‡` i Kwl.wk¶v wel qK mvg_ †Rvi `vi Ki‡Y wk¶K cwk¶Y

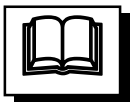


BDwbU - 7 **Awa‡ekb - 12**

gj¨ wkLbxq welq

wk¶v Kvhµ‡g Kwl.weÁv‡bi wbR¯ Ávb c‡qv‡M cwk¶Yv_x‡`i mvg_ †Rvi`viKiY

wk¶v Kvhµg



†kYxK‡¶ ev †kYxK‡¶i evB‡i Kwl.welqK Ávb I `¶Zv AR‡bi j‡¶¨ wk¶K wk¶v_x, wk¶v_x, wk¶v_x-wk¶v_x, †h wØgyLx wg_¯‹qvi gva¨‡g wk¶Y wkLb cwµqvi mwnZ KgKvÛ cwiPvwjZ nq Zv‡KB wk¶v Kvhµg e‡j|

Kwl.welqK wk¶vKvhµ‡gi mv‡_ m¤ú„³ cavb welq n‡jv welq wfwËK Ávb AR‡bi cvkvcwk Zv c‡qv‡Mi h_v_ mvg_ †Rvi`vi Kiv| G e¨vcv‡i mnvqZvKvix Dcv`vb mgn‡j v t

- we`¨vjq wfwËK gj¨ hvPvB wk¶vµg I cvV¨mwP we‡k-lY I chv‡jvPbv|
- welq wfwËK wkLbdj wbYq I cvV cwiKíbv cYqb Kiv|
- cvV cwiKíbvi h_vh_ c‡qvM Ges wk¶v_xi ARbgvÎv (Achievement level) hvPvB Kiv|
- mZx_ chv‡jvPbvi gva¨‡g cvV`vb `¶Zv e„×i Ae¨vnZ cqvk|
- wkLb m¤cmviY|
- Kg mnvqK M‡elYv|
- mgm¨v mgvavb `¶Zv|
- e¨w³MZ, mvgwRK, e„×e„ËK I wm×vš– Mn‡Yi `¶Zv|
- AskMnYgj¨K Kvhµg cwiPvjbv|
- Kwl.wk¶Y wkLb mnvqK cwi‡ek m„ó|

KwL.weÁv‡bi Á‡bi Drm

- ¯–iwfwËK wk¶vµg I cvV¨mwP|
- cvV¨cÖ–K|
- cwk¶Y g¨vbgvj, wk¶K wb‡`kKv|
- সহায়ক গ্রন্থ, বিষয় সংশি□ষ্ট জাতীয় ও আন্–RwZK Rvbvj, g¨vMvwRb, mvgwqK, miKvix cKvkbv|
- KwL.welq kU wdj¥, wmwW, †Uwjwfkb I †iwWI‡Z cPwiZ KwL.wk¶v welqK Abyôvb|
- KwL.wk¶v DcKiY| †hgb- gvbwPÎ, Qwe, PvU, g‡Wj, bgybv cfwZ|
- †ewkqvi, jvB‡eix, wk¶K cwk¶Y|
- KwL.welqK †mwgbvi, IqvKkc|
- gvV cwi`kb †hgb - Lvgvi, bvmwi, KwL.evMvb, KwL.wk¶v BbwówUDU, KwL.†gjv ev c`kbx BZ¨vw`|

KwL.wkÿv welqK m¶gZv/cvi`kZv AR‡b cvV¨cÖ–K I Ab¨vb¨ mvgMx

- wbw`ó †kYxi wk¶vµg I cvV¨mwP chv‡jvPbv|
- gva¨wgK I wbggva¨wgK ¯–‡ii KwL.weÁv‡bi Aš–fy³ welq¸‡jvi cwimi I KvVv‡gv m¤ú‡K avivYv ARb Kiv|
- Rxe-weÁv‡bi dwjZ kvLvmgn- m¤úKxq mnvqK Mš †_‡K Ávb mg„× Kiv|
- wbggva¨wgK I gva¨wgK¯–‡ii KwL.wk¶v eB‡qi welqe¯ m¤ú‡K mÿúó avivYv ARb Kiv|
- cwk¶Y K‡jR mg‡ni cvVvMv‡i KwL.mnvqK I Zvi e¨envi Kiv|
- wbR¯ D‡`¨v‡M DbZ jvB‡eixi m`m¨ nIqv Ges Ab¨vb¨ welq Qvov I KwL.wk¶v welqK eBcÎ Aa¨qb Kiv|

cwk¶Yv_x‡`i mvg_‡Rvi `viKi‡Y cwk¶Y

- †ckvMZ Ávb I `¶Zv e„×i w`K wb‡`kbv c`vb K‡i|
- wk¶YZË I cvV`v‡bi wbZ¨bZa Kjv‡KŠkj m¤ú‡K Rvbv I †m¸‡jv c‡qvM Kivi `¶Zv ARb Kiv|
- AvKlYxq cvV`vb, †kYxe¨e¯vcbv DcKi‡Yi mwVK e¨envi m¤ú‡K Ávb I `¶Zv e„× cvq|
- ‡RÛvi mgZv, `jxq KvR cwiPvjbv, gj¨hvPvB I djveZb †`lqv m¤ú‡K ev¯–e AwfÁZv ARb Kiv hvq|
- wk¶v_x‡`i Pwn`v Abyjvqx welqe¯ Dc¯vcb, wegvZ welq‡K gZ Kiv, msµq AskMnb wbwðZ Kiv, wk¶v_xi Ávb AR‡bi AvKv¶v‡K cmwiZ I cej Kivi mvg_ e„× cvq|
- GQvovI cwk¶‡Yi Ávb wk¶v_xi wPš–b `¶Zv e„× Ki‡Z, cv‡Vi GK †N‡qgx `i- Ki‡Z †kYx‡Z wkLb mnvqK ˆewPÎ¨gq cwi‡ek mwóK‡i AvaywbK Kjv‡KŠkj Aej¤b K‡i Kwl.wk¶Y-wkLb Kvhµg cwiPvjbv Ki‡Z mnvqK fwgKv cvjb K‡i|
- m‡evcwi AvaywbK gj¨hvPvB cwµqvi eûwea †KŠkj c‡qvM K‡i wk¶v_xi Ávb, `¶Zv I `wófw½ cwigv‡ci welq‡q cwk¶Y Kvhµg †_‡K cwk¶Yv_x Zv‡`i mvg_ †Rvi`vi Ki‡Z cv‡i|

gj¨vqb

1. AvaywbK wk¶Y-wkLb †KŠkj Kwl.wk¶vq c‡qvM Kiv c‡qvRb †Kb?
2. cvV¨cÖ–K I Ab¨vb¨ wkLb mvgMx Avcbvi Kwl.wk¶v mvg_ †Rvi`vi K‡i Kx?
3. Kwl.wefvR‡bi wbR¯ Ávb c‡qvM I mvg_ †Rvi`viKi‡Y cwk¶Y Avcbv‡K Kxfv‡e mvnvh¨ K‡i?

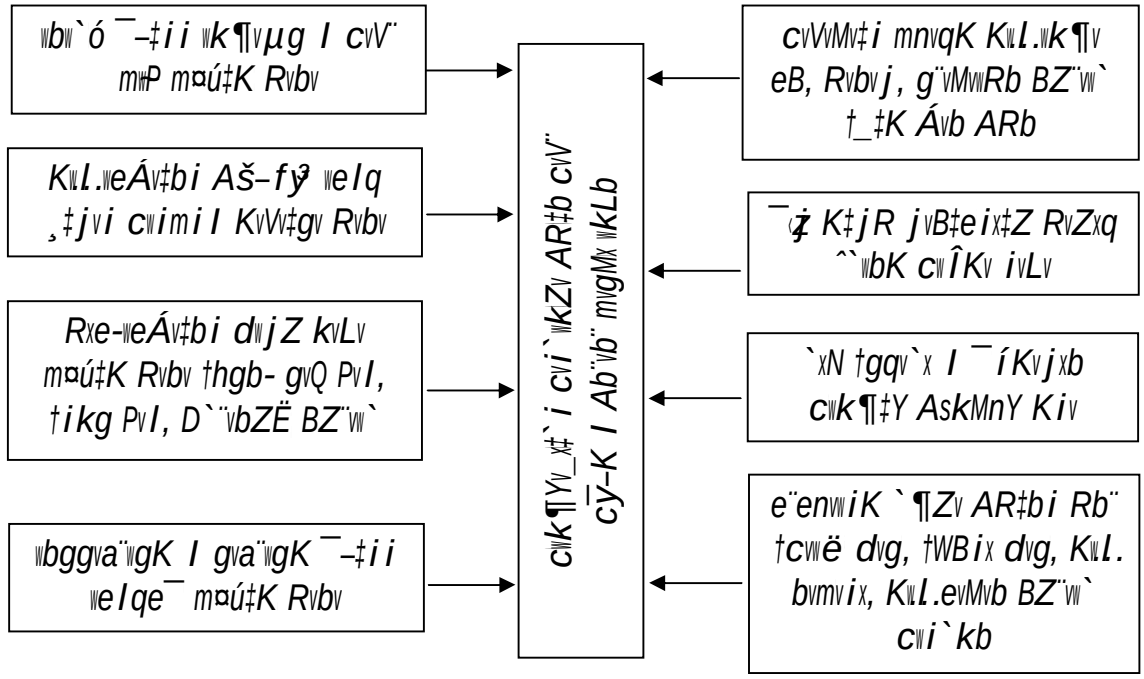
m¤ve¨ DËi

KvR - 1 : KwL.weÁv‡bi Á‡bi Drm/Dcv`vb

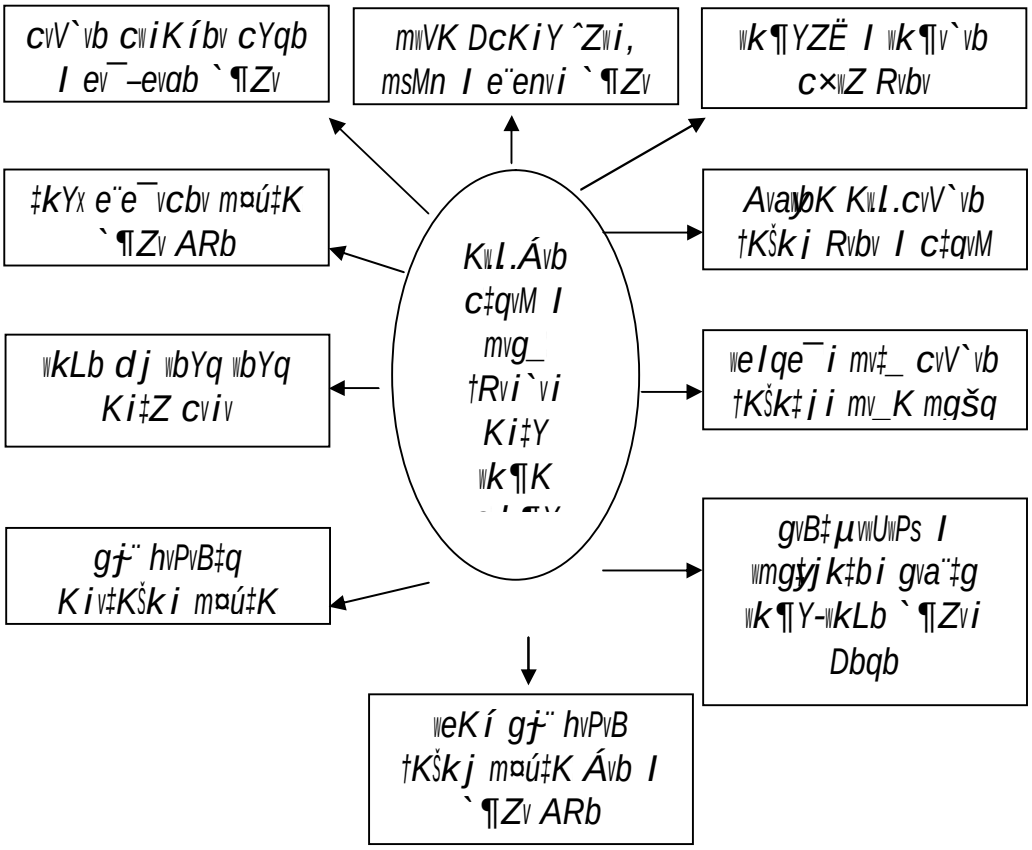
- KwL.wk¶v wk¶vµg I cvV¨mwP
- KwL.wk¶v cvV¨cÖ–K I mnvqK Mš| †hgb- cwk¶Y g¨vbgvj, wk¶K wb‡`wkKv BZ¨vw`|
- RvZxq ^`wbK cwÎKvi KwL.Lei|
- ‡ewkqi, KwL.weIqK e¨vjwUb, Rvbvj, mvgwqwK|
- miKvix cKvkbv - †hgb cwiKíbv Kwgk‡bi cKvkbv, cwimsL¨vb e¨vivi cKvkbv|
- ¯vbxq gvV dmj I D`¨vb dmj cwi`kb|
- jvB‡eix|
- B›Uvi‡bU|
- MYgva¨g †hgb - †iwWI, †Uwjwfkb|
- IqvKmc I †mwgbv‡i †hvMv`vb|
- KwL.m¤cmviY †K›`, cwk¶Y Bbw÷wUDU cwi`kb|
- KwL.evÜe cvKwZK cwi‡ek|
- KwL.DcKiY BZ¨vw`|

KvR - 2 : cvV¨cÖ–K I Ab¨vb¨ wkLb mvgMx|

m¤ve¨ DËi t



KvR - 3 : cwk¶Yv_x‡` i KwL.wk¶v weIqK mvg_ †Rvi `viKi‡Y wk¶K cwk¶Y



BDwbU - 7 **Awa‡ekb - 13**

wk¶v_x‡`i we`¨vgvb avivYv kbv³KiY I we‡k-l‡Y MVbKvjxb gj¨hvPvB‡qi c‡qvM

fwgKv

B‡Zvc‡e Av‡jvPZ wewfb Awa‡ek‡b Avcbviv Rvb‡Z †c‡i‡Qb, †h memgq mybw`ó wKQy D‡Ïk¨ wb‡q wk¶v_x‡`i wkLb KvR cwiPvwjZ nq| Avkv Kiv nq †h, wk¶Y-wkLb cwµqv mgvcv‡š– D‡Ïk¨mgn- mdj n‡e| welqe¯wfwËK Avcbvi †h cvV-cwiKíbv cYqb K‡i‡Qb, †mLv‡b D‡Ïk¨mgn‡K wkLbdj e‡j AwfwnZ K‡i‡Qb| Gevi ejyb — welqe¯ m¤ú‡K wk¶v_x‡`i Ávb I `¶Zv Rvbvi Rb¨ KiYxq Kx? nüv wk¶v_x‡`i we`¨gvb avivYv kbv³KiY I we‡k-l‡Y MVbKvjxb gj¨vq‡bi †Kvb weKí ‡bB| Avgiv Rwb, wk¶v_xi wkLb AMMwZ ev cvi`kZv Ges wk¶‡Ki wk¶Y `¶Zv hvPvB‡qi Acwinvh nwZqvi n‡"Q gj¨vqb ev gj¨hvPvB| bvbvfv‡e Avgiv G gj¨vq‡bi KvR K‡i _wK| Z‡e †kYxK‡¶ ev †kYxK‡¶i evB‡i wk¶v Kvhµg Pjvi mgq MVbKvjxq gj¨vqb LvwB ¸i"Zc¥| †kYxK‡¶ ï‡f"Qv wewbgq n‡e ewoi KvR c`vb Kiv chš– me mgq av‡c av‡c G gj¨vq‡bi KvR Pj‡Z _v‡K| MVbKvjxb gj¨vqb KZfv‡e Kiv hvq, Gid‡j wk¶K Ges wk¶v_xiv Kxfv‡e DcKZ.nq, G Awa‡ek‡b Avcbviv Zv m¤ú‡K h‡_ó cvi`kx ARb Ki‡Z cvi‡eb|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- wk¶Y Kvhµ‡g MVbKvjxb gj¨hvPvB I Gi †KŠkj e¨vL¨v Ki‡Z cvi‡eb
- wk¶v_x‡`i we`¨gvb avivYv I MVbKvjxb gj¨ hvPvB‡qi ¸i"Z eYbv Ki‡Z cvi‡eb
- wk¶v_x‡`i we`¨gvbavivYv kbv³KiY I we‡k-l‡Y MVbKvjxb gj¨hvPvB‡qi c‡qvM Ki‡Z cvi‡eb

cemgn¨

ce-K: wk¶v KvhµgMVbKvjxb gj¨hvPvB I Gi †KŠkjmgn¨

c‡Z¨K wk¶K‡K AwZ mZKZvi mv‡_ g‡b ivL‡Z n‡e wk¶Y-wkL‡bi ïi“ n‡Z †kl chš– cwZwU av‡c av‡c wk¶v_x‡`i AwRZ Ávb, `¶Zv I gj¨‡eva hvPvB Kivi mdjZvi DciB wbfi Ki‡e cvV`v‡bi mdjZv| GKRb `¶ wk¶K MVbKvjxb gj¨hvPvB‡qi mdj c‡qvM Gi gva¨‡g Zvr¶wYK fv‡e wk¶v_xi wkLb AMMwZ I AbMmiZv †R‡b wb‡q wk¶Y-wkLb KvhµgcwiPvjbv K‡i _v‡Kb| mZ¨vs MVbKvjxb gj¨hvPvB‡qi gva¨‡gB Avcwb Dcjwä Ki‡Z cvi‡eb| Avcbvi cvVv`v‡bi D‡Ïk¨ mdj n‡”Q wKbv †m Abyjvqx Zvr¶wYK e¨e¯v MnY K‡i Avcwb Avcbvi wk¶Y-wkLbKvhµg‡K mdj fv‡e GwM‡q wb‡Z cvi‡eb|

wkÿv_x eÜzv, Gevi MVbKvjxb gj¨hvPvB I Gi †KŠkjmgn¨ msµvš– KvR-1 I KvR-2 Gi ckmg‡ni DËi wbR¯ fvebv wPš–vi mvnvh¨ wb‡q ˆZwi Ki“b| mv¤ve¨ DË‡ii mv‡_ wgwj‡q †`Lv‡bv G c‡ei avivYv ¯úóKi‡Y Avcwb KZUv mdj n‡jb|

KvR-1 : MVbKvjxb gj¨hvPvB

1| MVbKvjxb gj¨ hvPvB ej‡Z Kx e‡Sb ?

2| MVbKvjxb gj¨ hvPvB‡qi ˆewkó¨ Kx Kx ?

3| wk¶K cwk¶‡Y MVbKvjxb gj¨ hvPvB‡qi †¶Îmgn¨ Kx?

4| MVbKvjxb gj¨ hvPvB‡qi gj¨wfwË Kx ?

KvR-2 : MVbKvjxb gj¨hvPvB †KŠkj

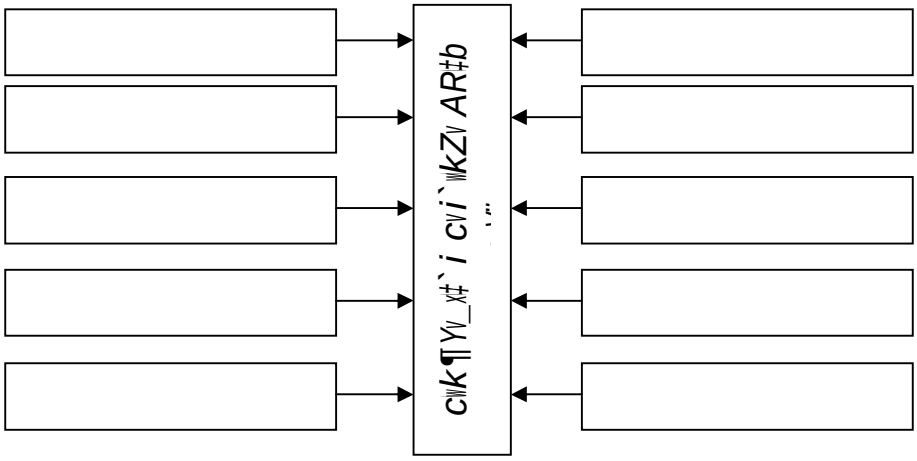
MVbKvjxb gj¨hvPvB‡qi †KŠkj mg‡ni ZwjKv cYqb Ki“b|

ce-L: MVbKvjxb gj¨hvPvB‡qi ¸i“Z

wkÿv_x eÜzv, ce-K †_‡K MVbKvjxb gj¨hvPvB Kx I †Kb †m m¤ú‡K Avcbvi ¯úó avivYv jvf K‡i‡Qb| wUD‡UwiqvjvK›`mg‡n wUwPs cwi±m Kivi mg‡q G ai‡bi gj¨hvPvB Avcwb Kxfv‡e K‡i‡Qb, †m welh¸‡jv g‡bi AwOb vq wb‡q Avmvi Rb¨ †PvL eÜ K‡i wKQygq fvebv| wbR LvZvq fvebvi c‡q›U¸‡jv wj‡L †djv| Gevi G msµvš– KvR-3 Gi DËi ˆZwi Ki“b Ges gWvjvj c`Ë m¤ve¨ DË‡ii mv‡_ Zv wgwj‡q wbb| g‡b ivL‡eb c_‡gB gWvjvj

c`Ë m¤ve¨ DËi †`L‡eb bv| G‡Z K‡i Avcbvi wbR¯ wPš–b `¶Zv m¤cmwiZ nIqvi mÿgvM K‡g hv‡e|

KvR - 3 : MVbKvjxb gj¨vPvB‡qi ¸i“Z



ce-M: wk¶v_xi we`¨gvb avivYv kbv³KiY I we‡k-l‡Y MVbKvjxb gj¨vPvB‡qi c‡qvM

G Awa‡ek‡bi B‡Zvc‡e Av‡jvPZ cemgn- n‡Z MVbKvjxb gj¨vPvB m¤ú‡K Avcbvi †hgb wbR‡K h‡_ó mg„× Kivi mÿgvM †c‡q‡Qb †Zgwb Abykxjbx cvV`v‡b Avcwb G ai‡bi gj¨vPvB cwµqv e¨envi K‡i‡Qb wK bv ZvI fvevi mÿgvM †c‡q‡Qb| Gevi Avmvgx, KvR-4 I KvR-5 Gi DËi ^Zwi Kivi gva¨‡g Avcbvi MVbKvjxb gj¨vPvB c‡qv‡Mi Dcvq I ck Kivi bxwZgvjv m¤ú‡K wbR‡K Avi I AwfÁ I `¶ K‡i Zzjvy|

KvR - 4 : MVbKvjxb gj¨vPvB c‡qv‡Mi Dcvq I ckKivi bxwZgvjv
1| wk¶v Kvhµ‡g MVbKvjxb gj¨ vPvB c‡qv‡Mi Dcvq Kx Kx ?
2| †kYx‡Z KvhKix ckKi‡Yi bxwZgvjv Kx Kx ?

KvR-5: †kYx‡Z KwL.wk¶v welqK MvVwbK gj¨ hvPvB‡q e¨eüZ wewfb cKvi c‡ki D`vniY [`kg †kYx-KwL.wk¶v km¨ msi¶Y]

c‡ki aib	D`vniY	avivYv
Ávbgj‡K ck	1| 2|	
mg‡Kw›`K ck	1| 2|	
†K›`PzwZ ck	1| 2|	
gj¨vqbgj‡K ck	1| 2|	

BDwbU - 7 **Awa‡ekb - 13**

gj¨ wkLbxq welq

wk¶v_x‡`i we`¨vgvb avivYv kbv³ KiY I we‡k-l‡Y MVbKvjxb gj¨hvPvB‡qi c‡qvM

wk¶vKvhµ‡g MVbKvjxb gj¨vqb

mvgMxKfv‡e wk¶vKvhµg‡K j¶¨gyLxfv‡e GwM‡q †blqv Ges mdj Kivi Rb¨ gj¨hvPvB GKwU Acwinvh Dcv`vb| GwU GKwU Ae¨vnZ Ges avivevwnK cwµqv hvi gva¨‡g wk¶v_xi wkLb AMMwZ I Kw¶Z †hvM¨Zv AR‡bi gvÎv cwigvc Kiv hvq| MVbKvjxb gj¨vqb gj¨hvPvB cwµqvi GKwU ¸i“Zc¥Ask| †kYxK‡¶ ev †kYx K‡¶i evB‡i wk¶Y wkLY Kvhejx cwiPvjbvi KvR‡K av‡c av‡c GwM‡q †blqvi mgq MVbKvjxb gj¨hvPvB, wk¶v_xi Zvr¶wYK ARb gvÎv Rvb‡Z mnvqZv K‡i| GwU Pewš– gj¨hvPvB †_‡K m¤úª wfb cKwZi|

cwk¶‡Yi †¶‡Î gvB‡µvwUwPs, wmgyjkb, mZx_ gj¨vqb (Pear assessment), ¯gj¨vqb (self assessment), AvZ¥cwZdjb (self reflection) AwcZ KvR, Kgmnvqk M‡elYv, †Km ÷wW G meB MVbKvjxb gj¨hvPvB‡qi Rb¨ e¨eüZ Dcv`vb|

MVbKvjxb gj¨ hvPvB‡qi gj¨wfwË

‡h †Kvb welq mdj cvV`v‡bi Rb¨ mev‡M c‡qvRb nq GKwU mwVK I c¥v½ cwiKíbv| GB cwiKíbv cYq‡bi gj¨ PvweKwV n‡jv welqwfwËK wkLb dj| cwiKíbv Abyjvqx wk¶b-wkLb Kvhvejx cwiPvjbvi mgq wk¶v_xi MvVwbK Dbqb msMVb Kivi j‡¶¨ wkLbdj wfwËK gj¨hvPvB Kiv nq|

MVbKvjxb gj¨ hvPvB †KŠkj mgn¨t

‡kYx‡Z KvhKix ckKiY, `jMZ Kv‡R AskMnY, `jxq Dc¯vcb gvb, †cv÷vi †ccvi ˆZwi Kivi gvb, wPÎ Awfkv, weZK, Míejv, fwgKwfbq Kiv, wb‡`wkZ KvR, †Km ÷wW, Kgmnvqk M‡elYv, cwZdjb w`bwjwc, mZx_ ch‡e¶Y, †PKwj÷ ci¨Y, ZwjKvKiY, †kYx cix¶v, gvwmK cix¶v, gvB‡µvwUwPs, wmgyjkb, †mwgbvi, IqvK‡mvc cfwZ|

MVbKvjxb gÄ¨ hvPvB‡qi ¸i“Z t

- wk¶Y-wkLb GKwU RwUj cwµqv| G KvRwU mv_Kfv‡e m¤úb Kiv‡i Rb¨ cvV cwiKíbvq gÄ¨hvPvB‡qi ¯–i ¸i“Zc¥ fwgKv i‡L|
- wkLbd‡ji Dciwfw˦ K‡i wk¶v_xi AwRZ Ávb I `¶Zv Kxfv‡e gÄ¨vqb Kiv hv‡e MVbKvjxb gÄ¨hvPvB Zv wbaviY K‡i †`q|
- G ai‡bi gÄ¨vq‡b cvV cwiKíbv Abyôvi‡Yi gva¨‡g gÄ¨hvPvB Kiv nq e‡j cvV`v‡bi avivewnKZv eRvq _v‡K|
- welqe¯ Dc¯vc‡b avivewnKZv eRvq _v‡K e‡j cv‡Vi D‡Ïk¨ ARb mnR nq|
- welqe¯i mKj w`K gÄ¨hvPvB‡q m¤ú„³ _v‡K e‡j wk¶v_xi Pwn`vci‡Y mnvqK nq|
- gÄ¨hvPvB‡q wewfb Kjv‡KŠk‡ji mdj c‡qvM NUv‡bv m¤e nq|
- wk¶v_x‡`i gZvgZ wewbg‡qi gva¨‡g Ávb I `¶Zvi Av`vb c`v‡b mnvqK nq|
- wkL‡b, AMMwZ I Kvw•LZ †hvM¨Zv AR‡b mnvqK fwgKv i‡L|
- m‡evcwi wk¶v_xi MvVwbK Dbq‡b ¸i“Zc¥ fwgKv i‡L|

MVbKvjxb gÄ¨ hvPvB‡qi c‡qvM

we`¨gvb avivYv wPwýZKi‡Y I mÿúóKi‡Y MVbKvjxb gÄ¨hvPvB‡qi wewfb †KŠkj Kxfv‡e c‡qvM Kiv hvq Zv eYbv Kiv n‡jv t

†kYx‡Z †gŠwLK ckKiY

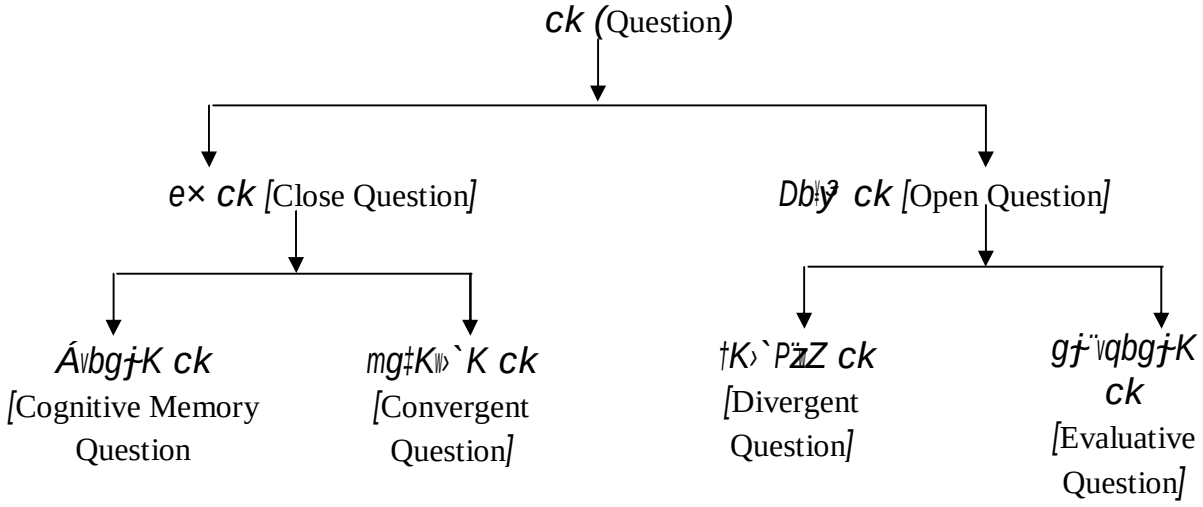
cvV Dc¯c‡bi cwZwU ¯–‡i welqe¯ Ávb I `¶Zv cwigvcK KvhKix ckKiv I DËi cwßi d‡j Zvr¶wYKfv‡e wk¶v_xi ARb gvÎv †R‡b cv‡Vi cieZx chv‡q AvMm‡i nIqv hvq| G‡Z wk¶v_x‡`i mwµq AskMnY e¨„× cvq d‡j wkLb KvhKix nq| welq e¯ m¤ú‡K wk¶v_xi we`¨gvb avivYv mÿúóKi‡Y evowZ mvnv‡h¨i c‡qvRb Av‡Q wKbv, ckKi‡Yi gva¨‡g Zv Rvbv hvq|

ckKivi bxwZgvjv t

- cvV`v‡bi D‡Ïk¨ Abyôvqx ck Ki‡Z n‡e
- wk¶K c‡ki gva¨‡g wk¶v_xi wbKU †_‡K wK Rvb‡Z Pvb Zv ¯úó n‡Z n‡e|
- †Kvb ai‡bi ck Ki‡j wk¶v_xi KvQ †_‡K Rvbvi welqwU mÿúó K‡i Rvbv hv‡e Zv wVK K‡i wb‡Z n‡e|

- c‡ki gva¨‡g D‡Ï‡k¨i KZUv Ask Aš–fy³ n‡"Q Zv wbaviY Ki‡Z n‡e|
- wk¶v_xi ey×MZ weKv‡ki cwigvc Dc‡hvMx ck Ki‡Z n‡e|

MvVwbK gj¨ hvPvB‡q e¨eüZ c‡ki †kYx wefvM



1| e× ck t G ai‡bi c‡k GKwU mybw`ó| wei× DËi _v‡K,

D`vniY t iwe †gŠmyg Kv‡K e‡j ?

wewfb cKvi gwUi Dcv`v‡bi ^ewkó¨ wjL|

K) Ávbgj¨K ck t Rvbv Z_¨ ¯§i‡Y G‡b †h c‡ki DËi †`Iqv nq| †hgb - exR ej‡Z Kx eySe ? ex‡Ri ¸i"Z wjL|

L) mg‡Kv›`K ck t wPš—vgj¨K ck, hvi GKwU i× DËi Av‡Q| ‡hgb - mvaviY A½R cRbb I Kwlîg A½R cRb‡bi g‡a¨ wZbwU cv_K¨ wjL| ex‡Ri Av`Zvi mv‡_ MRv‡bvi ¶gZvi m¤úK eySe‡q †jL|

2| Dby³ ck t G c‡ki bvbv ai‡bi DËi n‡Z cv‡i| G ai‡bi c‡ki DË‡i wk¶v_xi gZvgZ I wPš—v-‡PZbvi ¯vaxb cKvk N‡U| wk¶v_xi mRbkxj cwZfvi weKv‡k mnvqZv K‡i| D`vniY- iwe †gŠmyg dmj djv‡bvi Rb¨ cvVvb| Gtwj gwUi DeiZv ey×i Rb¨ ^Re mvi ‡`Iqv c‡qvRb †Kb ?

K) †K›`PzwZ ck t gy³ ck hvi †Kvb wbw`ó DËi †bB| h‡_ó wPš—vfvebv K‡i G ai‡bi c‡ki DËi ^Zwi Ki‡Z nq| d‡j wk¶v_xi mRbkxj cwZfvi weKvk N‡U| D`vniY t cwi‡ek msi¶‡Y ^Re mv‡ii fwgKv wjL|

L) gj¨vqbgj¨K ck t G ai‡bi c‡ki gva¨‡g †Kvb welq gj¨vqb Ki‡Z †k‡L| †hgb -

1| Zvgv wK g‡b Ki c‡Z¨K wk¶v cwZôv‡bi cvKwZK cwi‡ek g‡bvig I AvKlYxq nlqv DwPZ ? Ggbwu g‡b Kivi Kviv wK ?

2| wk¶v cwZôv‡b AvKlYxq cvKwZK cwi‡ek mÿgói Dcvq¸‡jv Kx? G e¨vcv‡i wk¶v_x wnmv‡e †Zvgvi KiYxq Kx ?

†kYxi KvRt †kYx‡Z cZ¨¶fv‡e Ges c‡iv¶fv‡e †h mKj Kvhve¡x m¤úb Kiv nq, Zvn‡jv -

- mZx_ Av‡jvPbv (`jMZ, †RvovqI)
- gvLv LvUv‡bv
- c‡kvËi
- gvBÛ g¨wcs
- Mí ej¨v, weZK, †cv÷vi KvMR Dc¯vcb fwgKwfbq
- mZx_ ch‡e¶Y
- `jxq Kv‡Ri cvi¯úwiK gj¨vqb
- ‡Km ÷wW, †PKwj ÷ ci¨Y, wPÎv¼b, e-¨vK‡evW mvgwi ^ZwiKib BZ¨w`|

cwk¶K g‡nv`q ck-DËi Ges wdWe¨vK Gi gva¨‡g cwk¶Yv_x‡`i KvR ZËeavb Ki‡Z cv‡ib Ges c‡qvRbxq wb‡`kbvi gva¨‡g we`¨gvb avivYv mÿ¨úó Ki‡Z cv‡ib|

†gŠwLK Dc¯vcbt `jMZ, †RvovqI GKK KvR ‡gŠwLK Dc¯vc‡bi gva¨‡g cwk¶Yv_x‡`i we`¨gvb avivYv wPwýZ K‡i wk¶K †m Abjxwqx cieZx Dbq‡bi c`‡¶c wb‡Z cv‡ib|

`jMZ Av‡jvPbv t

`jxq Av‡jvPbv msMV‡bi gva¨‡g †kYxi mKj wk¶v_xiv mwµq AskMn‡Yi mÿhvM cvq| wk¶K `jMZ KvR PjvKvjxb †kYx‡Z Nÿyi Nÿyi wk¶v_x‡`i e¨w³MZ I `jxq cviMZv, AvPiY ch‡e¶Y Ki‡Z cv‡ib Ges welqe¯ m¤ú‡K wk¶v_x‡`i avivYv ¯úó Ki‡Z cv‡ib| `jMZ Kv‡Ri wjwLZ wi‡cvU Ges Dc¯vcbgvb †`‡L I avivYv mÿ¨úó Kiv m¤e|

ewoi KvR t †kYx‡Z wk¶v_xiv †h Ávb I `¶Zv ARb K‡i Zv Avi I mÿp Kiv Ges ewo‡Z cÖvtAbykxjb I cÖvtPš–‡bi gva¨‡g wk¶v_xi wel‡qi Dci AwaKZi `Lj e¨×Kiv hvq|

wbawiZ KvR (Assignment)

welqe¯ msmk-ó GKUzwfb ai‡bi KvR hv wk¶v_x‡K GKKfv‡e ev `jMZfv‡e †kYxK‡¶i evB‡i m¤úb Ki‡Z nq| A‡bK iKg mnvqK M‡Ši mvnvh¨ wb‡q G KvR Ki‡Z nq e‡j wk¶v_xi Áv‡bi MfxiZv I KgZrciZv e¨×cvq| KvR †k‡l cwZ‡e`b †ck Ki‡Z nq, hv †`‡L cwk¶K welqe¯ msµvš– we`¨gvb avivYv m¤ú‡K Aewnz n‡Z cv‡ib Ges Z`vbÖvqx avivYv m¯úóKi‡Y cieZx c`‡¶c MnY Ki‡Z cv‡ib|

gÄ¨vqb

1. MVbKvjxb gÄ¨hvPvB wk¶Y-wkLb Kvhµg cwiPvjbvq GKvš– Acwinvh - Gi c‡¶ hy³ w`b|
2. c‡Z¨K wk¶‡Ki MVbKvjxb gÄ¨hvPvB msMV‡b `¶ nIqv DwPZ wK? †Kb?
3. ‡kYxK‡¶ MVbKvjxb gÄ¨hvPvB‡q Avcwb Kx Kx †KŠkj Avej¤b Ki‡eb?
4. Kwl. wk¶v cvV¨cÖ–‡Ki †h †Kvb Aa¨vq n‡Z bxwZgvjv Abymi Y K‡i MvVwbK gÄ¨vq‡bi Rb¨ 5wU KvhKix ck ˆZwi Ki“b|

m¤ve¨ DËi

KvR - 1 : MVbKvjxb gÄ¨hvPvB

1| MVbKvjxb gÄ¨hvPvB t

GwU GKwU Ae¨vnZ Ges avivewnK cwµqv hvi gva¨‡g wk¶v_xi wkLb AMMwZ I Kvw¶Z †hvM¨Zv ARb gvÎv cwigvc Kiv nq|

2| MVbKvjxb gÄ¨hvPvB‡qi ^ewkó¨ t

- GwU gÄ¨hvPvB cwµqvi GKwU ¸i“Zc¥Ask|
- ‡kYx‡K¶ wk¶L-wkLb Kvhvejx cwiPvjbvi mgq cavbZt c‡qvM Kiv nq|
- wk¶Y-wkLb Kvhvejx‡K j¶¨gyLx fv‡e Ges av‡c av‡c GwM‡q wb‡Z mvnvh¨ K‡i|
- Gi mvnv‡h¨ wk¶v_xi Zvr¶wYK ARbgvÎv Rvbv hvq|

3| wk¶K cwk¶‡Y MVbKvjxb gÄ¨ hvPvB‡qi †¶Îmgn¨t

- mZx_ gÄ¨qb
- ¯gÄ¨vqb
- cwZdjb w`bwjwc, AwcZ KvR, Kgmnvq M‡elYv, †Km÷vwW
- gvB‡µvwUwPs I wmgyjkb

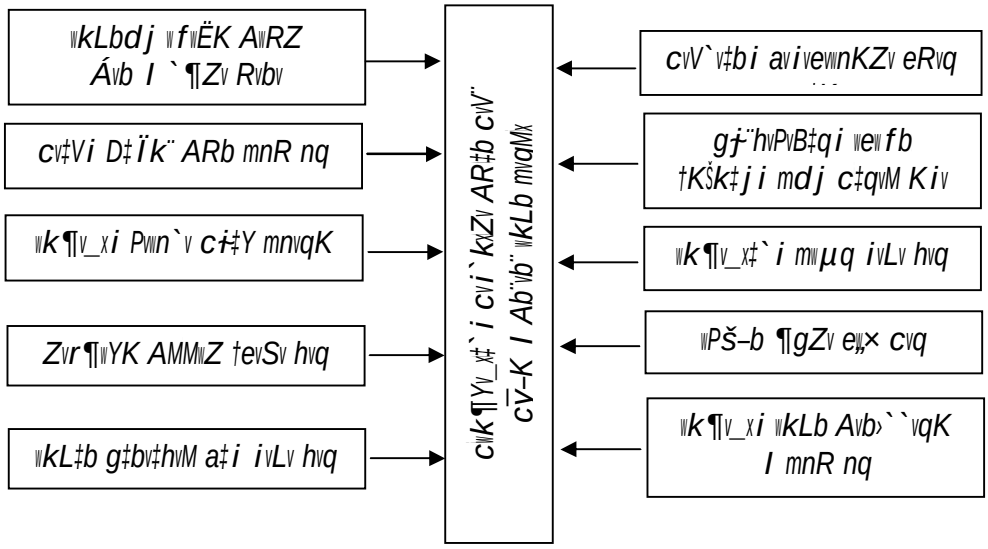
4| MVbKvjxb gÄ¨hvPvB‡qi gÄwfwË

- wkLbdj Abyôvqx gÄ¨vqb Kiv|
- wkLbd‡ji Ávb, `¶Zv I gÄ¨‡eva m¤úKxq welqe¯ cvV Dc¯vcb I gÄ¨hvPvB‡qi Avl Zvq Avbv|

KvR - 2 : MVbKvjxb gÄ¨hvPvB‡qi †KŠkjmgn¨

- †kYx‡Z KvhKix ckKiY
- `jMZ Kv‡R AskMnY
- wPÎ Avuvi, fwgKwfbq, weZK
- wb‡`wkZ KvR
- cwZdjb w`bwjwc
- mZx_ ch‡e¶Y cfvZ

KvR - 3 : MVbKvjxb gj¨hvPvB‡qi ¸i“Z



KvR - 4 : MVbKvjxb gj¨ hvPvB c‡qv‡Mi Dcvq I ckKivi bxwZgvjv

1| MVbKvjxb gj¨ hvPvB c‡qv‡Mi Dcvqmgyn t

- †kYx‡Z †gŠwLK ckKiY
- †kYxi KvR
- †gŠwLK Dc¯vcb
- `jMZ Av‡jvPbv
- ewnoi KvR
- wbawiZ KvR

2| †kYx‡Z KvhKix ckKi‡Yi bxwZgvjv t

- wkLbdj Abyôvqx ck Kiv
- wk¶v_x c`Ë m¤úv¨ DËi m¤ú‡K c‡eB ¯úó avivYv _vKv
- †Kvb ai‡bi ck Ki‡j wk¶v_x m¤úó DËi w`‡Z m¶g n‡e Zv wVK K‡i †bIqv|
- c‡ki gva¨‡g D‡Ïk¨ KZUkzAš—fy³ n‡"Q Zv wbaviY Kiv|
- wk¶v_xi e„×MZ weKv‡ki cwigvc Abyôvqx ck Kiv|

KvR - 5 : wewfb cKvi c‡ki avivq MVb m¤úwZ m¤ve¨ DËi D`vniY `kg †kvYx KwL.

wk¶v km¨ msi¶Y

c‡ki aib	D`vniY	avivq
Ávbgj¨K ck	1| km¨ msi¶Y ej‡Z Kx e‡Svq? 2| mgvšZ evjvB `gb e¨e¯v wK?	Rvbv Z_¨ ¯‹i‡Y G‡b †h c‡ki DËi †`Iqv hvq|
mg‡Kv›`K ck	1| mgvšZ evjvB `gb I ivmvqwbK evjvB `gb e¨e¯vi g‡a¨ 3wU cv_K¨ wjL| 2| ¶wZKi †cvKvgvKo `g‡bi Rb¨ ^Re`gb c×wZ e¨envi Kiv DwPZ †Kb?	wPš—vgj¨K ck hvi GKwU ï× DËi Av‡Q|
‡K›`PzwZ ck	1| cwi‡e‡k †cvKv Lv`K cvLxi msL¨v evov‡bv DwPZ †Kb ? 2| KxUbvkK e¨envi K‡i ¶wZKi KxUcZ½ `gb Ki‡j cwi‡e‡ki Kx Kx ¶wZ mvwaZ nq?	gy³ ck hvi †Kvb wbw`ó DËi †bB| h‡_ó wPš—vfvebv K‡i G ai‡bi c‡ki DËi ^Zwi Ki‡Z nq| d‡j wk¶v_xi mfRbkxj cwZfvi weKvk N‡U|
gj¨vqb gj¨K ck	1| †Zvgvi g‡Z cwi‡e‡ki †Kvb †Kvb KxUcZ½ dm‡ji Rb¨ ¶wZKi? Gme KxUcZ‡½i nvZ †_‡K dmj i¶vi Dcvq¸‡jv wK n‡Z cv‡i? 2| Gme Dcvq¸‡jvi g‡a¨ mgvšZ evjvB `gb c×wZ Kl‡Ki c‡qvM Kiv DwPZ †Kb?	Gai‡bi c‡ki gva¨‡g wk¶v_x †Kvb welq gj¨vqb Ki‡Z †k‡L|

BDwbU - 7 **Awa‡ekb -14**

wkLb ¶gZvi ¯vZš e¨vL¨vKiY I `jxq KvR

fwgKv

Avcbvi Avb‡KB nq‡Zv wk¶KZvi mv‡_ mshy³ n‡q‡Qb| Avevi †KD †KD AvMvgx‡Z wk¶KZv‡K †ckv wn‡m‡e †bIqvi wPš—v Ki‡Qb| Avcwb wk¶K ev Awk¶K hvB nÛb bv †Kb, GKUz‡f‡e †`Lv Avcbvi QvÎ Rxe‡bi K_v| †kYx‡Z Avcbv‡`i mKj mncvVxMY wk¶‡Ki mKj K_v I KvR mgvbfv‡e e¨ß‡Z cvi‡Zb Kx? mKj wk¶K Kx GKBfv‡e cvV`vb K‡ib? me wk¶‡Ki cvV`vb Kx mgfv‡e iß Kiv hvq? Avcbvi wb‡Ri me welq GKB iKg fvj jv‡M Kx? A_ev mKj welq Avcbvi Kv‡Q mnR ev Avb›``vqK g‡b nq Kx? wVKB †f‡e‡Qb wk¶v_x eÜzv, wk¶v_x‡`i wkLb wbfi K‡i Zv‡`i wkLb ¶gZvi Dci| wkLb ¶gZvi ¯vZ‡š¨i Kvi‡Y GKB †kYx‡Z †gavex, AwZ †gavex, mej, `ywj cfwZ ewnxgËvi wk¶v_x †`Lv hvq| bvbv Kvi‡Y wk¶v_xi wkLb ¶gZvq wfbZv ev ¯vZš¨ j¶¨ Kiv hvq| Gi g‡a¨ K‡qKwU nj — cZ¨¶‡Yi cv_K¨, fvegwZi cv_K¨, ¯§iY wµqvi cv_K¨, avivYvi cv_K¨, AvMn/Abyjv‡M, Kíbv kw³, ewnx, cwi‡e‡ki cfve BZ¨w`|

Gme wkLb ¶gZvi ¯vZš¨‡K Kv‡R jwM‡q, †kYxK‡¶ mdj cvV`v‡b, Avavbv KKv‡j, `jxq KvR ¸i“Zc¥ fwgKv cvjb Ki‡Q| Avcbv‡`i g‡b ivL‡Z n‡e wekeïvcx cvV`vb c×wZ †KŠk‡j hyMvš—Kvix cwieZb G‡m‡Q| Kwl.wk¶vq Gme †KŠkj Kv‡R jvMv‡bvi cfz³ mshvM i‡q‡Q| G Awa‡ek‡b Avcbvi cvV`vb †KŠkj wn‡m‡e `jxq KvR, wkLb ¶gZvi ¯vZš¨‡K Kx Kx fv‡e Kv‡R jvMvq, Zv wb‡q wPš—vfvebv Kivi mshvM cv‡eb|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- e¨w³ ¯vZš¨ I Gi wewfbœ w`K m¤ú‡K Rvb‡Z cvi‡eb
- wkLb m¤úKxq gvbwmK cwµqv I wkLb ¯vZ‡š¨i wewfbœ w`K m¤ú‡K Rvb‡Z cvi‡eb
- `jxq KvR I wkLb ¶gZvi ¯vZ‡š¨i m¤úK wbi¦cY Ki‡Z cvi‡eb|

cemgn-

ce-K : e¨w³ ¯vZš¨ I Gi wewfbœ `K

wkÿv_x eÜz, GKB †kYx‡Z GKB we‡q wk¶‡Ki cwiPvjbvq cwVZe¨ we‡q ‡_‡K mKj wk¶v_xi wkLb GKi¡c nq bv, Zvi gj¨ Kviv nj e¨w³ ¯vZš¨| `¶ wk¶K n‡Z n‡j Avgv‡`i mK‡ji e¨w³ ¯vZš¨ m¤ú‡K m¤úó avivq jvf Ki‡Z n‡e| KvR-1 Gi DËi ˆZwii gva¨‡g e¨w³ ¯vZš¨ I Gi wewfbœ `K m¤ú‡K Avcwb ‡R‡b wb‡Z cv‡ib|

KvR - 1 : e¨w³ ¯vZš¨ I Gi wewfbœ `K

Avcbvi mv‡_ wUD‡Uwiqvj †K‡› Kvm Ki‡Q Gi¡c `ßvRb mncvVx eÜz m¤ú‡K fvebv| Gevi G `ßvRb mZx_ m¤úKxq wbgi¡c c‡ki DËi ¸‡jv wbR LvZvq wjLv| AZ:ci e¨w³¯vZš¨ I Gi wewfbœ `K m¤ú‡K Avcbvi avivq m¤úó K‡i wbb|

1. GB `ßvRb cwk¶Yv_x `ßvi wfbœ mËv †Kb?
2. e¨w³ wn‡m‡e GB `ßvR‡bi g‡a¨ Kx Kx cv_K¨ Av‡Q?
3. e¨w³ ¯vZš¨ Kx?
4. ‡Kvb †Kvb wœ`K †_‡K e¨w³i g‡a¨ ¯vZš¨ ev cv_K¨ cwijwœZ nq?
5. wkLb ¶gZv ej‡Z Avcbvi avivq Kx?

ce-L : wkLb ¶gZvi ¯vZš¨

wkÿv_x eÜz, wkLb Ges e¨w³ ¯vZš¨ GB `ßvU k‡ãi mv‡_ Avcbv‡`i fvjfv‡eB cwiPq Av‡Q| wkLb nÔj †Kvb we‡q ev e¯ m¤ú‡K avivq, AwfÁZv, `¶Zv AvqË Kiv, hvi ¯vqx I BwZevPK wœ`K¸‡jv e¨w³ Zvi AvPi‡Yi g‡a¨ cKvk Ki‡Z cv‡i| Avi e¨w³ ¯vZš¨ nj c‡Z¨K gvbyl wfbœ wfbœ mËv| e¨w³i wfbœ mËvi Rb¨ Zvi wkLb ¶gZvi c‡qvRbxq gvbwmK cwµqv¸‡jvI wfbœ n‡q _v‡K| G Kvi‡YB GKRb wk¶v_xi mv‡_ Avi GKRb wk¶v_xi wkLb ¶gZvi cv_K¨ †`Lv hvq| wk¶K wn‡m‡e Avgiv me mgq G we‡q¸‡jvi gyLvgyL nB Ges †m¸‡jv mgvav‡bi Rb¨ eûwea †KŠkj MnY K‡i _wK| KvR-2 Gi DËi ˆZwi K‡i wkLb ¶gZvi ¯vZš¨ m¤ú‡K Avcbvi avivq Avi I ¯úó K‡i wbb|

KvR - 2 : wkLb m¤úKxq gvbwmK cwµqv I wkLb ¯vZš¨

- wkLb Kx?
- wkLb ¶gZvi m‡½ cZ¨¶ I c‡iv¶fv‡e msMwk-ó gvbwmK cwµqv¸‡jv Kx?
- wk¶vMZ ‰elg¨ ev ¯vZ‡š¨ w`K¸‡jv Kx?

ce-M: `jxq KvR I wkLb ¶gZvi ¯vZ‡š¨i m¤úK

Avcbvi Avwnmv Av‡Q †h, mv¤cwZKK‡j wk¶Y-wkLb cwµqvq, wk¶v_xi mwµqZvi Dci mewaK ¸i“Z Av‡ivc Kiv nq| KviY wk¶v_x †h †Kvb wel‡q AwZ `“Z Zvi aviYv I `¶Zv ARb Ki‡Z cv‡i Zvi mncvVx‡`i mv‡_ gZ wewbg‡qi gva¨‡g| wk¶K wn‡m‡e Avgv‡`i cvi`wkZv AR‡bi Rb¨I Avgv‡`i DwPZ `¶Z mnKgx‡`i KvR ch‡e¶Y Kiv Ges memgq cvi¯úwiK gZ wewbgq Kiv| G Kvi‡YB AvavbK wk¶v`vb c×wZ‡Z AskMnYgj¨K c×wZ ms‡hvwRZ n‡q‡Q `jMZ KvR Gi GKwU DrKó..D`vniY| `jxq Kv‡Ri gva¨‡g †kYxK‡¶ wk¶v_x‡`i mK‡ji AskMnY wbwðZ Kiv hvq| Gi d‡j wk¶v_xiv cvi¯úwiK gZ wewbg‡qi gva¨‡g mgm¨vi mgvavb Kivi m‡½hvM cvq| G‡Z K‡i Zv‡`i AvZ¥ekvm e¨„× cvq| bZzb P¨v‡jÄ †gvKv‡ejvi mvnwmKZv ARb K‡i| Zv‡`i g‡a¨ MYZvwšK g‡bvfv‡ei D‡b¥I N‡U| GRb¨ †kYxK‡¶ GKRb †PŠKl wk¶K †Rvovq KvR, †QvU `‡j KvR, eo `‡j KvR, wRMm †KŠkj, †cv÷e· †KŠkj cf¨vZi mdj c‡qv‡Mi gva¨‡g wk¶v_x‡`i wel‡qe¯ m¤ú‡K cvi`wk K‡i ‡Zv‡jb| Gi d‡j e¨w³ ¯vZ‡š¨i BwZevPK w`K¸‡jv wk¶v_x‡`i wkL‡b we‡klfv‡e cfve †d‡j| d‡j, wkLb Avb›``vqK I gmwµ nq| G m¤úKxq KvR-3 Gi DËi wbR LvZvq ˆZwi Ki“b Ges m¤ve¨ DË‡ii mv‡_ Zv wgwj‡q wbb|

KvR - 3 : `jxq KvR I wkLb ¶gZvi ¯vZ‡š¨i cv_K¨

`‡ji mK‡ji g‡a¨ wb‡gi ck¸‡jvi m¤ve¨ DËi wb‡q Av‡jvPbv Ki“b|

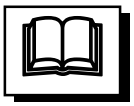
Av‡jvPbv †k‡l DËi¸‡jv †cv÷vi †ccvi A_ev wb‡R‡`i LvZvq wjLyb|

1) `jxq KvR ej‡Z wK †ev‡Sb?
2) `jxq Kv‡Ri D‡Ï‡k¨ wK wK fv‡e `j MVb Kiv nq?
3) `jxq Kv‡Ri D‡Ïk¨¸‡jv Kx?
4) `jMV‡bi we‡eP¨ w`K¸‡jv D‡j-L Ki“b|
5) `jxq Kv‡Ri mv‡_ wkLb ¶gZvi ¯vZ‡š¨i m¤úK Kx?

BDwbU - 7 **Awa‡ekb- 14**

gj- wkLbxq welq

wkLb ¶gZvi ¯vZš e¨vL¨vKiY I `jxq KvR



GKB †kYx‡Z GKB wk¶‡Ki cwiPvjbvq cwVZe¨ welq †_‡K mKj wk¶v_xi wkLb GKi¡c nq bv| wk¶v_x‡`i wkLb wbfi K‡i Zv‡`i wkLb ¶gZvi Dci| wkLb ¶gZvi ¯vZ‡š¨i Kvi‡Y GKB †kYx‡Z †gavex, AwZ‡gavex, `ªæj cfwZ ewY©gËvi wk¶v_x †`Lv hvq| †h me gvbwmK ¶gZv ev cwµqvi wfbZvi Kvi‡Y wk¶v_x‡`i wkLb ¶gZvq ¯vZš¨ †`Lv hvq Zv wbgi¡c t

- ***cZ¨¶‡Yi cv_K¨ t** cZ¨¶Y k‡ãi A_ ms‡e`‡bi m¤úó Zv| †Kvb welqe¯ wkL‡bi c‡e Zvi cZ¨¶Y n‡Z nq| GKB DÏxcK me e¨w³ GKB fv‡e cZ¨¶ K‡i bv| GKB kw³ m¤úb kã wewfb e¨w³ wewfb ZxeZvq cZ¨¶ K‡i hv Zv‡`i wkLb‡K cfwZ K‡i|*
- ***fvegwZi cv_K¨ t** †Kvb e¯ cZ¨¶‡Yi d‡j Avgv‡`i g‡b Zvi GKwU fvegwZ M‡o D‡V| GB fvegwZ wewfb B»`q‡K †K› K‡i M‡o I‡V| †KD †Pv‡L †`‡L mn‡R wkL‡Z cv‡i, Avevi †KD ke‡Yi gva¨‡g cvß Z_¨ mn‡R wkL‡Z cv‡i| m¤ú~Zvs fvegwZi cv_‡K¨i Kvi‡Y wkLb ¶gZv wfb n‡q _v‡K|*
- ***¯§iY wµqvi cv_K¨ t** wkLb, msi¶Y, cÖviY`K ev cZ¨wfÁv Ñ wg‡jB ¯§iY wµqv| Gme cwµqv †h‡nZz æ¨w³‡Z e¨w³‡Z cv_K¨ n‡q _v‡K ZvB Zv wkLb ¶gZvi Dci I wewfb gvÎvi cfve we¯Zvi K‡i _v‡K|*
- ***avivYvi cv_K¨ t** avivYv MV‡bi w`K †_‡KI e¨w³‡Z e¨w³‡Z cv_K¨ †`Lv hvq| GB avivYv MVb Ab¨vb¨ gvbwmK ¶gZvi Dci wbfi K‡i| †Kvb we‡klwk¶v_x Lye mn‡R cvV¨welqi wewfb Ask †_‡K mavivY Ávb MnY Ki‡Z cv‡i wKš A‡bK wk¶_xiv Zv cv‡i bv| A_vr Zv‡`i avivYvi cv_‡K¨i Kvi‡Y wkLb ¶gZvq cv_K¨ †`Lv qvq|*
- ***AvMn/Abyôv t** †h welq wk¶v_x‡`i AvMn _v‡K Zv Zviv AwZmn‡R wkL‡Z cv‡i| Avevi †h welq Zv‡`i Abyôv Kg _v‡K Zv Zviv mn‡R wkL‡Z cv‡i bv| d‡j,*

wk¶v_x‡`i wkLb ¶gZv AvMn ev Abÿv‡Mi Kvi‡Y wfb n‡q _v‡K|

- **Kíbv kw³ t** Kíb kw³ wkLb ¶gZv‡K cfvweZ K‡i|
- **ey× t** ey× GgbB GKwU kw³ ev ¶gZv hv Avgv‡`i‡K mgm¨v mgvav‡b mvnvh¨ K‡i| ey×i cwigvY MZ wfbZvi Kvi‡Y wk¶v_x‡`i wkLb ¶gZv wfb n‡q _v‡K|

GQvovI wk¶v_x‡`i MnY ¶gZv, cvi`wkZv, Ávb, †evaMg¨Zv BZ¨w` ¶gZv mevi GKB iKg _v‡K bv| Avi G Kvi‡Y GKB †kYxi wk¶v_x‡`i g‡a¨ wkLb ¶gZvi cv_K¨ †`Lv hvq| Avaÿb mg‡q wk¶vwe`MY wk¶v_x‡`i mwµq wkL‡bi Dci AwaK ¸i“Z Av‡ivc K‡i‡Qb| G Kvi‡Y eZgv‡b wewGW cwk¶‡Y AskMnY g‡jK cvV`vb Pvjy Kiv n‡q‡Q|

†kYxK‡¶ wk¶v_x‡`i mwµq AskMn‡Yi gva¨‡g wkL‡bi Rb¨ †ek wKQz‡KŠkj Aej¤b Kiv nq| G‡`i g‡a¨ `jxq KvR GKwU AwZ mvaviY Ges eûj e¨envwiZ †KŠkj| `jxq Kv‡Ri gva¨‡g †kYxK‡¶ †hgb mKj wk¶v_xi mwµq AskMnY wbwðZ Kiv hvh, †Zgwb †eBb †÷wgs Gi gva¨‡g wk¶v_x‡`i g‡a¨ †h mßg avivY, cwZfv _v‡K Zvi ùiY N‡U| `jxq Kv‡Ri gva¨‡g mZx_ wkLbI Drmwn Z nq Ges wk¶v_x‡`i gv‡S mn‡hvwMZv I cwZ‡hvwMZvi g‡bvfve M‡o I‡V|

`jxq Kv‡Ri Rb¨ `j MV‡b wk¶K mZKZvi mv‡_ wewfb w`K-- we‡kl K‡i †RÛvi mgZv, mej-`ÿj wk¶v_xi mg`jfy³, wk¶K-Awk¶K cwk¶Yv_xi mgZv weavb BZ¨w` wel‡q weP¶YZvi cwiPq w`‡Z n‡e|

gj¨vqb

1. mKj wk¶v_xi †kLvi ¶gZv GKB iKg bv nIqvi KviY Kx? wk¶K wn‡m‡e G mgm¨v wbim‡b Avcbvi KiYxq Kx?
2. `jxq Kv‡Ri mv‡_ wkLb ¶gZvi ¯vZ‡š¨i m¤úK Kx?

m¤ve¨ DËi

KvR - 1 : e¨w³ ¯vZš¨ I Gi wewfbœ `K

1) GB cwk¶Yv_x `ßvRb `ywU wfb mËv KviY G‡`i AvKvi- AvKwZ, Pvj-Pjb, K_v-evZv BZ¨vw` wfb|
2) G‡`i †jLv covi gvb wfb, G†`i ^`wnK AvKvi GKRb j¤v, Ab¨Rb Lv‡Uv GKR‡bi Mv‡qi is dmv, Ab¨Rb k¨vgjv, GKRb kvš– ¯fv‡ei Ab¨Rb PUc‡U I m`vjvcx|
3) `ßvRb e¨w³i g‡a¨ †h ¯vZš¨ ev ‰elg¨ ev wbR¯Zv Av‡Q A_vr Zv‡`i Pj‡b-ej‡b, evK PvZ‡¨, evPb f½‡Z, AvMn-Abyw‡M, a¨vb-aviYvq, g‡bvfv‡e †h cv_K¨-GB cv_K¨‡K e¨w³ ¯vZš¨ e‡j|
4) e¨w³i g‡a¨ ^`wnK, gvbwmK, mgwRK, mvs¯‹vZK, c‡¶wfK, wk¶vMZ cfvZ. w`‡K ¯vZš¨ cwijw¶Z nq|
5) wkLb ¶gZv ej‡Z GKRb wk¶v_xi wk¶vjv‡fi ev wk¶v AR‡bi ¶gZv| †Kvb wk¶Yxq welqe¯i hZUkzjm AvqË Ki‡Z cvi‡Q ZvB Zvi wkLb ¶gZv|

KvR - 2 : wkLb m¤úKxq gvbwmK cwµqv I wkLb ¯vZš¨

1| wkLb ej‡Z Avgiv bZzb wKQz AvqË Kiv‡K eySv, hv n‡Z cv‡i †Kvb fve wKsev `¶Zv| AwfÁZv I Abykxj‡bi gva¨‡g AvPi‡Yi Zzjbvgj¨K ¯vqx I Kw•LZ cwieZb‡K wkLb e‡j|

2| wkLb ¶gZvi m‡½ †hme gvbwmK cwµqv/mvg_¨¸wj msMÖvZ wbgi¡c Ñ K) cZ¨¶Y; L) fvegwZ; M) cwZwµqvi mvg_¨; N) ¯§iY wµqvi mvg_¨; O) avivYv MV‡bi mvg_¨; P) AvMn; Q) wPš—b ¶gZv/Kíbv ¶gZv; R) eyw× BZ¨vw`

3| wk¶vMZ ˆelg¨i w`K¸wj njÑÑ
K) MnY ¶gZvi ¯vZ›Î¨; L) cvi`wkZvi ¯vZš¨; M) ÁvbMZ ‰elg¨; N) †evaMg¨Zvi cv_K¨; O) `¶Zvi ˆelg¨|

KvR - 3 : `jxq KvR I wkLb ¶gZvi ¯vZ‡š¨i m¤úK

1| `jxq KvR ej‡Z- GKB †kYxi mggbv wk¶v_x‡`i 4-6 Rb‡K wb‡q MwVZ `‡j mK‡ji mw¤§wjZ Av‡jvPbvi gva¨‡g †Kvb mgm¨vi mgvav‡bi cwµqv|

2| `jxq Kv‡Ri D‡Ïk¨

- wk¶v_x‡`i mwµq wkLb
- mZx_ wkL‡bi †KŠkj Abykxjb Kiv|
- gv_v LwU‡q wk¶v_x‡`i mgm¨v mgvav‡b Af¨¯– Kiv|
- wk¶v_x‡`i g‡a¨ mn‡hvwMZv I cwZ‡hvwMZvi g‡bvfve M‡o †Zvjv|

3| `j MV‡bi Dcvq

- hv‡`i bv‡gi Av`¨¶i GKB Zv‡`i‡K GKB `jfy³ Kiv †h‡Z cv‡i|
- KZK¸‡jv wewfb i†Oi UvKvi KvM‡R Zv‡`i bvg/†ivj †jLvi ci GKB e‡Yi KvMRavix‡`i wb‡q GKwU `jMVb Kiv hvq|
- KvM‡R KZ¸‡jv cvLxi bvg, dvZzji bvg, d‡ji bvg BZ¨vw` †jLv KvMR cwk¶Yv_x‡`i gv‡S weZiY K‡i d‡ji bvg hv‡`i co‡e Zviv GK`‡j, hv‡`i cwLi bvg co‡e Zviv GK`‡j Gfv‡e `j MVb Kiv hvq|

4| `j MV‡b we‡eP¨ w`Kmgn-

- `ßvj-mej mKj ai‡bi wk¶v_xi mgšq|
- †RÛvi mgZv i¶v|
- mgmsL¨K wk¶v_xi mgš‡h `jMVb|
- wk¶K-Awk¶K cwk¶Yv_x mgš‡q `jMVb

5| `jxq KvR I wkLb ¶gZvi ¯vZ‡š¨i m¤úK
e¨w³‡Z-e¨w³‡Z wkLb ¶gZvi †h cv_K¨ i‡q‡Q Zv‡KB ejv nq ¯vZš¨ wkLb| `jMZ Kv‡Ri gva¨‡g, G ai‡bi ¯vZš¨ wkLb ¶gZv‡K BwZevPKfv‡e e¨envi Kiv hvh| KviY wk¶v_xiv `jMZfv‡e Av‡jvPbv K‡i †kLvi gva¨‡g mgm¨v mgvav‡bi mvnvM cvq e‡j wkLb ‰el‡g¨i wewfb w`K †hgb - MnY ¶gZvi ¯vZš cvi`kxZvi wfbZv, ÁvbMZ ˆelg¨, †evaMg¨Zvi cv_K¨, `¶Zvi ˆelg¨ BZ¨vw` wbimb nq| ¯vZš¨ wkLb ¶gZv m¤úb wk¶v_xiv GK mv‡_ KvR Kivi mvnvM cvq e‡j mK‡ji g‡a¨ wkLb mgZv Avbqb m¤e nq| d‡j mgwóMZfv‡e ARb gvÎvi mgZv weav‡bi gva¨‡g wk¶Y-wkLb cwµqv mvgvb MwZ‡Z Pvšv– mdjZvi w`‡K GwM‡q P‡j|

BDwbU - 7 **Awa‡ekb - 15**

mZx_ wk¶Y I m¤cmwiZ KvR

fwgKv

wkÿv_x eÜzv — †kYxK‡¶i mKj wk¶v_xi gvb GKB iKg nq Kx? wVKB †f‡e‡Qb, mKj wk¶v_xi ¸YMZgvb GKB iKg nq bv| wKQy_v‡K DËg‡gavm¤úb| AwaKvsk wk¶v_x gvSvix †gavm¤úb nq| Avevi `ÿzj †gavi wKQywk¶v_xI †kYx‡Z _v‡K| Gi¦c †¶‡Î wk¶‡Ki GKvi c‡¶, mKj wk¶v_xi Pwn`v ci‡Yi Dc‡hvMx cvV`vb †Kvbfv‡e m¤e bq| †kYxK‡¶i G ai‡bi mgm¨v wbim‡b, wk¶K wnmv‡e Avgv‡`i KiYxq Kx? Gi¦c mgm¨v mgvav‡b wk¶v_x‡`i‡KB Avgvi cavb nwZqvi wn‡m‡e Kv‡R jvMv‡Z cwi| GRb¨ c_‡gB c‡qvRb, wk¶v_x‡`i cviM¶gZv, i“wP, AvMn I gvbwmK ceYZv m¤ú‡K †R‡b †blqv| AZ:ci mKjgv‡bi wk¶v_x‡`i wgk‡Y bvbviKg `jxq Kv‡Ri gva¨‡g wk¶v_x‡`i mwµq I ¯Z:ùz ivL‡Z n‡e| wk¶v_xiv `jxqfv‡e cvi¯úwiK Av‡jvPbv, gZwewbgq, cix¶v, ch‡e¶Y, e¨enwiK KvR m¤úv`‡bi gva¨‡g wb‡RivB mgm¨v mgvav‡b cvi`wkZv ARb Ki‡Z cvi‡e| G cwµqvq wk¶Y‡K Avgiv mZx_ wk¶Y e‡j Awfwnz Ki‡Z cwi| we‡kl K‡i, Avcbv‡`i weGW cwk¶‡Y mZx_ wk¶Y LÿB mnvqK fwgKv cvjb K‡i| Abykxjbx cvV`vbKv‡j, Avcbviv mK‡j cwk¶Yv_x eÜz cvV`vb ch‡e¶Y K‡i _v‡Kb| G mgq Avcwb Avcbvi mZx‡_i cvV`v‡bi fvjw`Kmgn LvZvq †bvU Ki“b| †h me w`K Dbqb Ki‡j, wZwb Avi I KvhKifv‡e cvV`vb Ki‡Z m¶g n‡eb, ZvI wj‡L ivLÿ| AZ:ci cvV`vb †k‡l Avcwb Avš—wiK cwi‡e‡k Avcbvi mZx‡_i mv‡_ Zui cvV`v‡bi cksmbxq I Dbqbgj¨K w`K¸‡jv wb‡q gZwewbgq Ki“b| Gfv‡e Avcbviv G‡K A‡b¨i cvV`vb Abykxjb ch‡e¶Y I G m¤úKxq cvi¯úwiK gZ wewbg‡qi gva¨‡g wbR wbR cvV`vb cwµqvi mej I `ÿzj w`Kmgn wPwýZ Ki‡Z cv‡ib| Gid‡j cieZx‡Z mdj cvV`v‡bi Rb¨ c‡qvRbxq c`‡¶c †blqv mnR n‡e| AvkvKwi, GZ¶‡Y mZx_ wk¶Y m¤ú‡K Avcbv‡`i avivYv ¯úó n‡q‡Q| G Awa‡ek‡b Avcbviv mZx_ wk¶Y I Gi ¸i“Z Ges Kwl.welqK m¤cmwiZ KvR m¤ú‡K avivYv jvf Ki‡Z cvi‡eb|

D‡ïk¨

GB Awa‡ekb †k‡l Avcwb –

- wk¶v_x‡`i Pwn`v ci‡Y mZx_ wk¶‡Yi fwgKv wbi¦cY Ki‡Z cvi‡eb
- m¤cmwiZ Kv‡Ri aib wbaviY Ges wk¶vMZ Kv‡R Gi ¸i“Z D‡j-L Ki‡Z cvi‡eb
- m¤cmwiZ KvR wbevP‡b we‡eP¨`K mg‡ni Zwj Kv ˆZwi Ki‡Z cvi‡eb

cemgn-

ce-K : wk¶v_x‡`i Pwn`v ci‡Y mZx_ wk¶Y

wkÿv_x eÜzv, ‡kYxK‡¶ ev †kYxK‡¶i evB‡i wk¶v_x‡`i Kwl.wk¶v welqK Pwn`v ci‡Y mZx_ wk¶Y LvBB ¸i“Zc¥| G wel‡q ¯úó aviYv jv‡fi Rb¨ Avcbviv BDwbU-6 Gi Awa‡ekb-9, fvjfv‡e †`‡L wbb| Avkv Kwi mZx_ ch‡e¶Y I wk¶Y Dbqb wel‡q Avcbvi chvß cvi`wkZv AwRZ n‡q‡Q| G Awa‡ek‡bi mZx_ ch‡¶‡Yi BwZevPK w`Kmgn- I Gi P¨v‡jÄmgn- †gvKv‡ejv Kivi wel‡q I Avcbvi avivYv ®úó n‡q‡Q e‡j Avgvi wekvm| Zvn‡j, Gevi Avcbviv †PvL eÜ K‡i wbweofv‡e †f‡e †`Lv‡e, mZx_ wk¶Y Avcbvi gv‡bvbq‡b Kxfv‡e mnvqZv K‡i| Avcbviv h_v_B †f‡e‡Qb Av‡M Avcwb A‡bK welq mn‡R e¶Z cvi‡Zb bv, ms‡Kv‡Pi Kvi‡Y wb‡Ri `vwjZv cKvk Ki‡Z cvi‡Zb bv| d‡j Avcwb wk¶Y wel‡q µgkB wcwQ‡q co‡Zb| mZx_ wk¶‡Yi d‡j Avcwb Avcbvi eÜz`i mnvqZvq †m `vwjZvmgn- mn‡RB KwU‡q DV‡Z ‡c‡i‡Qb| GLb Avcwb A‡bK †ewk AvZ‡cZ¨qx| †h †Kvb P¨v‡jÄ †gvKv‡ejv K‡i Avcwb mgm¨v mgva¨v‡bi mvnwmKZv ARb Ki‡Z ‡c‡i‡Qb|

eÜzv — wcwQ‡q cov wk¶v_x‡`i gv‡bvbq‡b mZx_ wk¶Y Kxfv‡e mnvqZv K‡i Zv wbi¦cY Kivi Rb¨ KvR - 1 G DËi ˆZwi Ki“b|

KvR - 1 : wcwQ‡q cov wk¶v_x‡`i ¸Yvejx weKv‡k mZx_ wk¶Y

†kYxK‡¶ wcwQ‡q cov wk¶v_x‡`i ¸Yvejx weKv‡k mZx_ wk¶Y c×wZ †hme mnvqZv K‡i Zvi Zwj Kv wjLv|

ce-L : m¤cmwiZ KvR I Gi wk¶vMZ gj¨ wbaviY

Kwl.wk¶v welq wk¶v_x‡`i AwaKZi cvi`kx K‡i †Zvjvi Rb¨ welqe¯ msMwk-ó Avi I AwZwi³ welq m¤ú‡K Zv‡`i `¶Zv AR‡bi Dci we‡kl ¸i“Z w`‡Z n‡e| gva¨wgK ¯–‡ii Kwl.wk¶vq Aš–fy³ K‡qKwU welq wb‡q fvebv| welq¸‡jv n‡jv grm¨ Pvl, Mvfx †gvUv ZvRvKiY, ebvqb BZ¨vw`| cvV¨cÖ–‡K G welq¸‡jv m¤ú‡K c`Ë e¨vL¨v we‡k-lY g‡bv‡hvM mnKv‡i ‡`‡L wbb| G me welq wk¶v_x‡`i AwaKZi cvi`kx K‡i †Zvjvi Rb¨ Kx ai‡bi m¤cmwiZ KvR †`lqv †h‡Z cv‡i †m me welq wPš—v Ki“b| Gevi Kwl.welqK m¤cmwiZ Kv‡Ri aib I Gi wk¶vMZ gj¨ welqK KvR - 2 Gi DËi wbR LvZvq ‰Zwi Ki“b|

KvR - 2 : Kwl.welqK m¤cmwiZ Kv‡Ri aib I Gi gj¨ wbaviY

1. Ôgrm¨ PvlÕ welqe¯i Dci wK wK m¤cmwiZ KvR †`lqv †h‡Z cv‡i?
2. Mvfx †gvUv ZvRvKiY I ebvqb welqK m¤cmwiZ KvR¸‡jv wK wK n‡Z cv‡i?
3. Kgc‡¶ 5wU Kwl.welqK m¤cmwiZ Kv‡Ri ZwjKv ˆZwi Ki“b|
4. m¤cmwiZ Kv‡Ri wk¶vMZ gj¨ Kx?

ce-M: m¤cmwiZ KvR wbevP‡b we‡eP¨ welqmgn~

wk¶v_x eÜzv — G Awa‡ek‡bi ce-K, I ce-L n‡Z mZx_ wk¶Y I Kwl.welqK m¤cmwiZ KvR m¤ú‡K Avcbviv Rvb‡Z †c‡i‡Qb| Avcbvi beg-`kg †kYxi Kwl.wk¶v eB‡qi welqe¯¸‡jv †`‡L wbb| †Kvb welqe¯ †_‡K Kx ai‡bi m¤cmwiZ KvR †`lqv †h‡Z cv‡i Zvi ZwjKv ˆZwi Ki“b| mZx_ wk¶Y-Gi mvnv‡h¨ G mKj m¤cmwiZ KvR wk¶v_xiv Ki‡Z m¶g n‡e wKbv Zv †f‡e †`Lv| Gevi m¤cmwiZ KvR wbevP‡b †Kvb †Kvb w`K we‡klfv‡e we‡ePbvq Avb‡Z n‡e Zv wbR LvZvq c‡q›U AvKv‡i wjLv|

KvR - 3 : m¤cmwiZ KvR wbevP‡b we‡eP¨ w`K

Kwl.we lqK m¤cmwiZ KvR wbevP‡b we‡eP¨w`K mgn- Kx Kx?

-
-
-
-
-
-
-

BDwbU - 7 **Awa‡ekb Ñ15**

gj- wkLbxq we`q

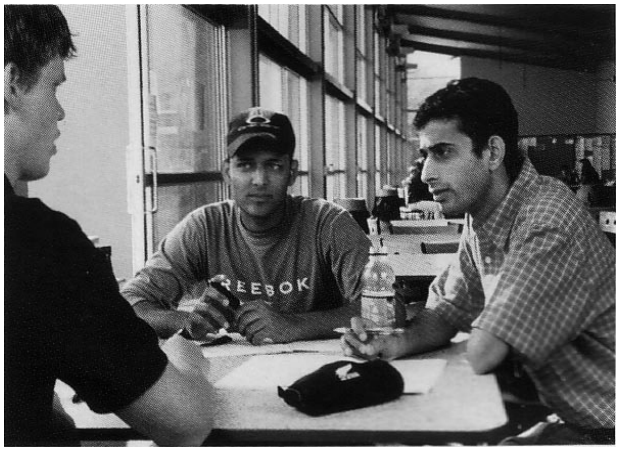
mZx_ wk¶Y I m¤cmwiZ KvR

Kwl.wkÿv †kYx‡Z wk¶v_x‡`i wewfb ai‡bi Pwn`v _v‡K| ey×`xß wk¶v_x‡`i gvbwmK Pwn`v wk¶‡Ki †kYxK‡¶ wk¶v`v‡bi gva¨‡g mKj mgq c‡Y nq bv| †kYxK‡¶ GKw`‡K †hgb †gavex wk¶v_x _v‡K, †Zgb wbg †gav m¤úb wk¶v_xI _v‡K| wbg †gav m¤úb wk¶v_xiv mZx_ wk¶v_x‡`i mnvqZvq Zv‡`i Pwn`v c‡Y Ki‡Z cv‡i| Avevi †gavex wk¶v_xiv m¤cmwiZ Kv‡Ri gva¨‡g Zv‡`i wk¶vMZ I mvgwRK, gvbwmK Pwn`v c‡Y Ki‡Z cv‡i|

mZx_ wk¶Y

†h wk¶v cwµqvq wgk †hvM¨Zvi †¶‡Î GKRb wcwQ‡q cov wk¶v_x ev `ªæj wk¶v_x Zvi mZx_ ev mncvVx wk¶v_xi mnvqZvq mn‡R GKwU we`q AvqË K‡i AvZ¥ekvmx n‡q DV‡Z cv‡i Zv‡K mZx_ wk¶Y e‡j|

wPÎ : †Rvovq KvR



wPÎ : `jxq KvR

mZx_ wk¶Y †kYx K‡¶i wfZ‡i ev evB‡ii (Directed hour activity) Kv‡Ri gva¨‡g m¤úb n‡Z cv‡i| †kYx K‡¶i wcwQ‡q cov `ªæj wk¶v_xiv wØav ev ms‡Kv‡Pi Kvi‡Y †kYx wk¶‡Ki Kv‡Q Zv‡`i `ªæjZv cKvk Ki‡Z weeZ †eva Ki‡Z cv‡i A_P mncvVx‡`i wbKU AwZ mn‡RB Zv‡`i mgm¨v Zzj ai‡Z cv‡i|

mZx_ wk¶‡bi gva¨‡g ARvbv welq m¤ú‡K mK‡j cwic¥ avivYv †c‡Z cv‡i, †bZ‡Zi ¸Yvejxi mvfvM mvwó nq| wk¶v_xiv AvZ¥ekvmx n‡q I‡V| eÜzZi m¤úK weKwkZ nq| Dc¯vc‡bi RoZv nvm cvq, cvi¯úwiK k×v‡eva I mnbkxjZv e„× cvq, mZx_‡`i mnvqZvq wcwQ‡q cov I `ªæj wk¶v_xiv KwVb welqe¯ Av‡jvPbv gva¨‡g mn‡RB AvqË Ki‡Z cv‡i|

wgk †hvM¨Zvi †¶‡Î GKRb wcwQ‡q cov wk¶v_x Ac‡ii mnvqZvq KwVb welq AvqË K‡i| AvZ¥ekvmx n‡q I‡V| wk¶v_x‡`i gb †_‡K A‡nZzK fq `i¥ nq; d‡j mKj wk¶v_x †kYx K‡¶ mwµq n‡q I‡V| mZx_ wk¶Y c×wZ‡Z cvV`v‡bi mgq wk¶K eÜzc¥ AvPiY Ki‡eb Ges mnvq‡Ki fwgKv cvj‡bi gva¨‡g Drmvn c`vb Ki‡eb| wZwb `jMZ Kv‡Ri cwi‡ek mvwó Ki‡eb Ges mKj‡K mwµq ivLvi Rb¨ c‡qvRbxq c`‡¶c MnY Ki‡eb|

m¤cmwiZ KvR

†kYxK‡¶ wk¶v_x‡`i †K ZwËK Ávbv R‡bi gva¨‡g Zv‡`i Áv‡bi Pwn`v, g‡bi †KŠZ¬j I Abyhvqx Ürmv cwic¥i¦‡c †gUv‡bv m¤e nq bv| Zv‡`i AwRZ Áv‡bi Dci wfwË K‡i Mfxi Zi I D"PZi ¯–‡ii Áv‡bi A‡šl‡Yi wKsev ZwËK Áv‡bi e¨envwiK AwfÁZv AR‡bi D‡Ï‡k¨ †h KvR wk¶v_x‡`i Rb¨ wbavi Y Kiv nq ZvB m¤cmwiZ KvR|

wk¶v_x‡`i eûgyLx Pwn`v ci¬Y Ges wewfb ai‡bi `¶Zvi weKv‡k m¤cmwiZ KvR ¸i“Zc¥ fwgKv cvjb K‡i| Kwl.wk¶v †kYxi wk¶v_x‡`i m¤cmwiZ KvR¸wj mivmwi Kwl.Kv‡Ri m‡½ m¤ú„³ Ges Rxebgyl x n‡q _v‡K| wk¶v_x‡`i Rb¨ m¤cmwiZ KvR wbevP‡b wk¶K‡K weP¶YZvi cwiPq w`‡Z nq|

m¤cmwiZ KvR wbevP‡bi †h welq¸wji w`‡K we‡kl `ªóv ivLv c‡qvRb Zv wbgi¦c t

- m¤cmwiZ KvR †hb wk¶v_x‡`i kvixwiK, mvgwRK Ges †eŠw×K mvg‡_¨i Abyhvqx nq|
- Kv‡Ri e¨wßi/we¯‹vZ †hb Lyu‡R †ewk bv nq|
- m¤cmwiZ KvR Aek¨B wk¶v_x‡`i mÜvbkxjZv weKv‡k mnvqK n‡e|
- m¤cmwiZ Kv‡Ri gva¨‡g AwRZ AwfÁZv †hb wk¶v_x cieZx wk¶Y‡K Ziwš‹Z K‡i|

gyj¨vqb

1. Kwl.wel‡q †kYxwfwËK m¤cmwiZ Kv‡Ri Zwjkv ˆZwi Ki‡Z cwi Kx?
2. m¤cmwiZ Kv‡R wk¶v_x‡`i msMVZ Kivi Dcvq wbYq Ki‡Z cwi Kx?
3. m¤cmwiZ KvR wk¶v_x‡`i `¶Zv I gyj¨‡eva ˆZwi‡Z Kxfv‡e fwgKv iv‡L?

m¤ve¨ DËi

KvR-1: wcwQ‡q cov wk¶v_x‡`i ¸Yvejx weKv‡k mZx_ wk¶Y

1. mZx_ wk¶‡Yi gva¨‡g ARvbv welq m¤ú‡K mej `vwj mK‡jB welqe¯ m¤ú‡K mg¨K avivYv jv‡f mvg_¨ nq|
2. AMmi wk¶v_xiv AMbx fwgKv cvjb K‡i d‡j Zv‡`i †bZ‡Zi Pwn`vi c‡iY nq|
3. fxZyl jvRvKvi wk¶v_xiv mZx‡_i Kv‡Q †Kvb wKQywkL‡bi Zrciv c`kb K‡i|
4. mK‡ji AskMn‡Yi mvjvhvM _v‡K|
5. mn‡hvwMZv, mngvgZvi m¤úK M‡o I‡V|
6. mKj wk¶v_xiv welq m¤ú‡K mg¨K avivYv jv‡fi d‡j Zviv AvZ¥evkvmx I AvZ‡cZ¨qx n‡q I‡V|
7. Dc¯vc‡bi RoZv nvm cvq|
8. cvi¯úwiK k×v‡eva †R‡M I‡V|
9. †kYx wk¶‡Ki Kv‡Ri Pvc A‡bKvs‡k jvNe nq|
10. mZx_‡`i Av‡jvPbvi gva¨‡g jvRvKvi, ¯ífvex I wcwQ‡q cov wk¶v_x‡`i mn‡R mbv³ Kiv hvq|

KvR - 2 : KwlL.welqK m¤úmwiZ Kv‡Ri aib I Gi gvj¨ wbaviY

1. grm Pvl welqK Aa¨v‡qi Dci wbgi¡c m¤cmwiZ KvR †`Iqv †h‡Z cv‡i —
   - cÖKvi cwiPvjv
   - cÖKvi mvi c‡qvM
   - GjvKvi wbawiZ K‡qKwU cÖKvi cwi‡ek I grm Drcv`‡bi Zj¡bvgjK cKí
   - grm msi¶Y
2. Mvfx †gvUv ZvRvKiY I ebvqb welqK m¤cmwiZ KvR —
   - Mvfx †gvZv ZvRvKi‡Yi `jMZ cKí
   - GjvKvi mvgwRK ebvq‡bi mwPeK Ae¯v wbi¡cY Kiv m¤úKxq `jMZ Rixc
   - GjvKvevmxi mnvqZvq mvgwRK ebvqb m¤úKxq `jMZ cKí
   - GjvKvi ebR m¤ú` msi¶Y m¤úKxq `jMZ cKí|

3. m¤cmwiZ Kv‡Ri wk¶vMZ gj¨ wbgi¡c —

- Gi d‡j wk¶v_x‡`i welq cxwZ e„× cvq
- ZwËK Áv‡bi ev¯–e c‡qvM Kivi mgvavM nq; d‡j wkLb Rxebagx I mv_K nq
- wk¶v_xiv `wqZkxj AvPi‡Y Af¨¯ nq, wel‡qi Dci `Lj m¤cmwiZ nq
- KvR‡K gj¨vqb Ki‡Z cv‡i
- †bZ‡Zi ¸Yvejx weKwkZ nq
- mvgwRKZvi Pwn`v ci¨Y nq d‡j wkLb mgvR I Rxeb eÜe n‡q _v‡K|

4. Kwl.welqK m¤cmwiZ KvR —

- Dw™‡`i Kwîg A½R cRbb
- we`¨vj‡q evMvb ˆZwi
- evmMp, ebvqb
- GjvKvi ckÿZ cwo ebvqb
- iv¯–v, eva bevqb
- AvZ¥ ckÿZ e¨e¯vcbv Kiv
- Bwi cvZ ˆZwi
- Mvfx †gvUv ZvRvKiY cKí
- K‡¤úv÷ mvi ˆZwi

KvR - 3 : m¤cmwiZ KvR wbevP‡b we‡eP¨ w`K

m¤cmwiZ KvR n‡Z n‡e —

- wk¶v_x‡`i Rb¨ DÏxcbvgj¨K I Avb›``vqK
- wk¶v_x‡`i AwRZ Ávb I `¶Zvi Dci wfwË K‡i
- `jMZ Kv‡Ri mgvavM _vK‡e
- Abyôvb I D™vebgj¨K
- M‡elYvagx
- wk¶v_xi ¯Kxq ¯vab I Dbœ³ gZvgZ c`v‡bi mgvavM _vK‡e
- Kv‡Ri we¯ZwL Lye †ewk n‡Z cvi‡e bv
- e¨vq wbev‡ni we‡klI e¨e¯v K‡i w`‡Z n‡e
- mRbkxj I `¶Zvgj¨K|

BDwbU - 7 **Awa‡ekb -16**

evjK ewjKv Df‡qi wk¶v Mn‡Y mnvqZv Kiv I AvM‡ni cÖvcvi Zwß.mva‡bi cwiKíbv

fwgKv

wk¶v m¤ú‡K g‡bweÁvbx _bWvBK DÏxc‡Ki mv‡_ cwZwµqvi h_vh_ ms‡hvM mvab‡K AwaKZi cvavb¨ w`‡q‡Qb| A_vr AwfÁZv I Abykxj‡bi gva¨‡g AwRZ Áv‡bi cwigvRb, cwiea‡bi gva¨‡g Kw•LZ AvPi‡Yi Zzjbvg¡‡K ¯vqx cwieZb‡K wkLb e‡j| Ab¨w`‡K †clYv n‡jv g‡bi GKwU Aw¯wZkxj Av‡jwoZ Ae¯v hv wkL‡bi Afve ci‡Y †`n I gb‡K ZwoZ K‡i| hv wkL‡bi GKwU Acwinvh kZ| ZvB gva¨wgK ¯–‡i wk¶v_x‡`i Z_v evjK-ewjKv‡`i wk¶v Mn‡Y AvMn, `j MV‡bi ceYZv, †Q‡j †g‡q‡`i ga¨Kvi eÜz ¯vc‡b AvMn, mRbkxj Kv‡Ri ev Áv‡bi Av`vb-c`vb, cwZ‡hvMZvg¡‡K AvPi‡Yi ewn:cKvk, A_vr cwicÖ¥ Zwß.mva‡bi Rb¨ ewfb mvsMVwbK I mncvVµwgK Kv‡Ri mgq cwiKíbv Ges Zv ev¯–evq‡bi Rb¨ Kvhµg _vKv Avek¨K|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

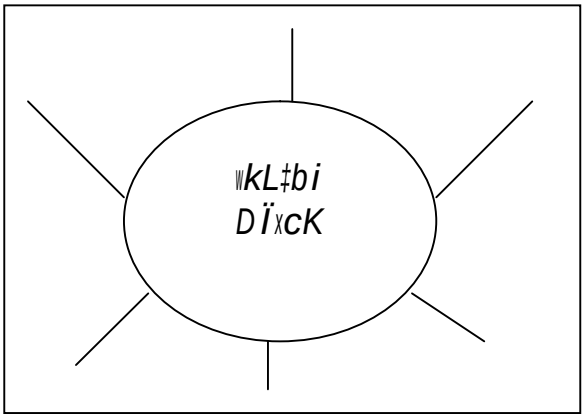
- wkL‡b DÏxc‡Ki Zzjbvg¡‡K ¸i“Z Abyaveb Ki‡Z cvi‡eb
- ‡clYvi mv‡_ wkL‡bi m¤úK© wbi¦cY Ki‡Z cvi‡eb
- cÖvcvi Zwß.mva‡bi gva¨‡g wkL‡bi Dcv`vb wPwýZ Ki‡Z cvi‡eb
- evjK-ewjKv Df‡qi wkL‡b mnvqZv Kivi Dcvq eYbv Ki‡Z cvi‡eb|

cemgn-
ce-K : wk¶Y-wkLb mnvqK DÏxcK

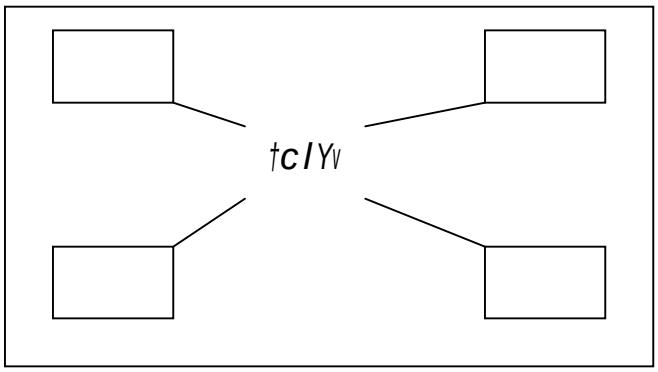
wk¶Y-wkLb Kvhµ‡g wkLb Kvh h_vh_ AR‡b DÏxc‡Ki fwgKv AZ¨š– ¸i“Zc¥ fwgKv iv‡L| gva¨wgK ¯–‡ii we`¨vj‡q evjK-ewjKv‡`i mKj Kvhµ‡g mv_KZv I `wófw½i Dbq‡bi gva¨‡g mK‡ji mw¤§wjZ c‡Póv mnvqK DÏxcK wn‡m‡e mgm¨v mgva¨‡b

AMmi fwgKv iv‡L| hv mgvR I KgRxeb mÿg I mk¦vLj K‡i M‡o Zv‡Z cvi‡e| wk¶v_x eÜzv, Pjgv wkL‡b DÏxcK¸‡jv wPwýZ Kivi †Póv Kwi|

KvR - 1



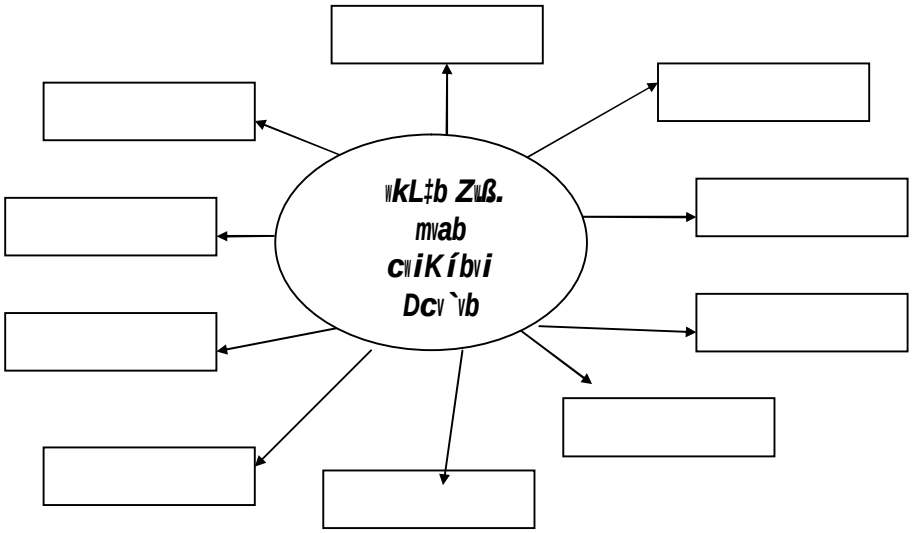
KvR - 2 : evjK-ewjKv Df‡qi wkL‡b †clYvi m¤úK



ce-L: evjK-ewjKv wkL‡b Zwß. mva‡bi cwiKíbvq Dcv`vb wPwýZKiY

gva¨wgK ¯–‡i Kwl.wk¶v wkL‡bi gva¨‡g evjK-ewjKv‡`i mKj AvM‡ni cÖvicvwi Zwß. mvab m¤e nq bv| ZvB evjK ewjKv‡`i AvM‡ni Zwß. mva‡bi Rb¨ wewfb Kvhµ‡gi

mwVK cwiKíbv MnY Ges mwVK ev¯–evqb wbwðZ Kiv Avek¨K| cwiKíbv Ggb n‡Z n‡e hv‡Z mK‡ji AskMnY eQ‡ii ïi“‡ZB Zv cKvk Kiv nq| †hgb- ¯‹zj evMvb Kiv, Kwl.welqK weZK Abyôvb, bvUK, Kwl.welq DbœZ chy³i Z_¨ msMn Kiv, †`qwjKv cKvk, wewfb Kwl.Lvgvi cwi`kb| G‡¶‡Î wk¶K KZK.mwVK gj¨vqb Ges ¸YMZ I cwigvYMZ cwigv‡ci e¨e¯v MnY Ki‡Z n‡e|



ce-M : evjK-ewjKv Df‡qi wkL‡b mnvqZv Kivi Dcvq

Kwl.wk¶vi wkL‡b evjK-ewjKv Df‡qi mwµq AskMnY wbwðZKi‡Y wk¶K KZK.wewfb †KŠkj Aej¤b K‡i mnvqZv Ges wkLb‡K mnR cvYeš– Kiv hvq| hv welqwfwËK wkL‡bi cvkvcwk `ÿóf½i cwieZb Ges AwRZ wkLb ¯vqxZKi‡Y AwaKZi djcm¬Ges AvZ¥evkvm `pKi‡Y h‡_ó mnvqK fwgKv ivL‡e| †hgb, wk¶v_x‡`i gv‡S mó `i‡Z `i“Ki‡Y AwaK g‡bv‡hvMx Kiv, Abyôv‡M mó Kiv, welqe¯i ev¯–e cwZdjb m¤ú‡K m‡PZbZv e„× Kiv, AMMwZi avivYv c`vb, mn‡hvwMZvg¨vK g‡bvfve mó Kiv, h_vh_ wk¶v‡cvKiY m¤ú‡K avivYv ARb Kiv BZ¨vw`|

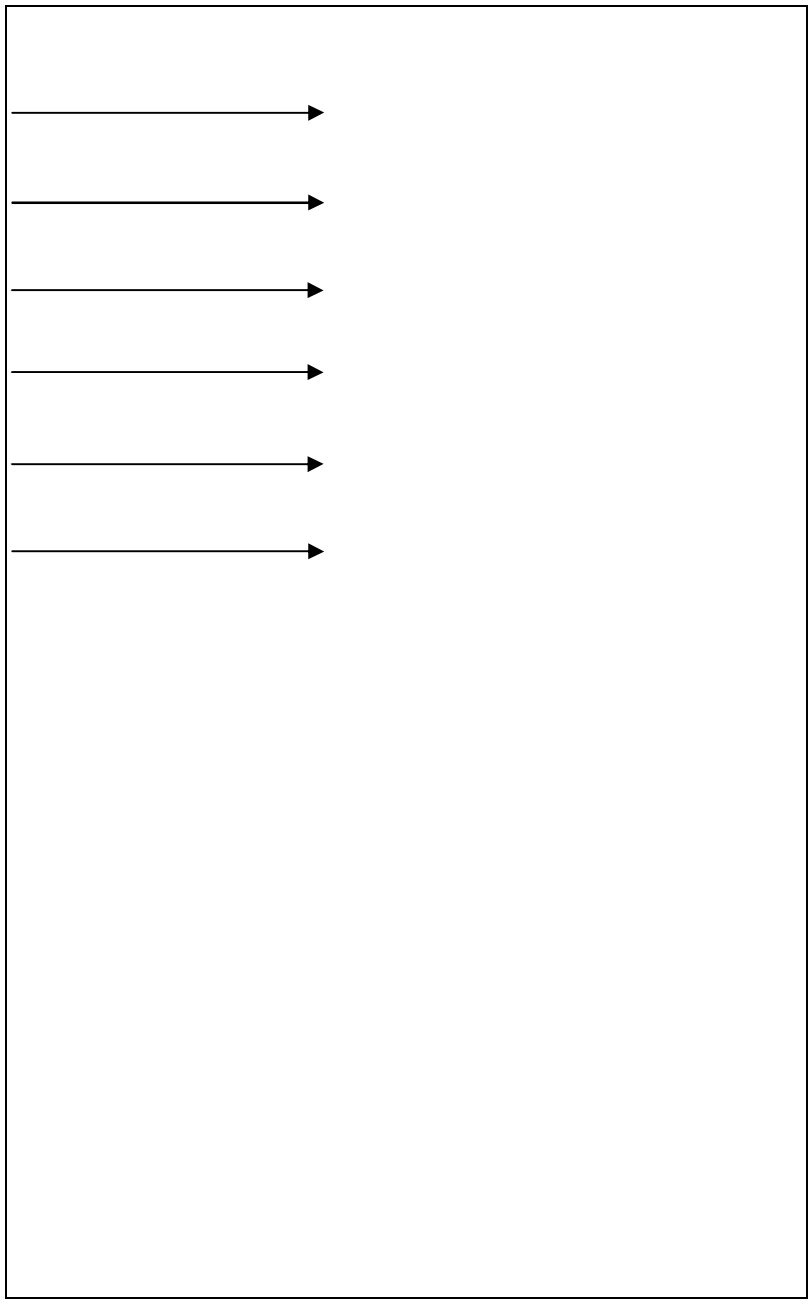
wk¶v_xi

wkL‡b

mnvqZv

Kivi

Dcvq



BDwbU-7 **Awa‡ekb -16**

gj- wkLbxq welq

evjK ewjKv Df‡qi wk¶v Mn‡Y mnvqZv Kiv I AvM‡ni cÖvcÖvi Zwß.mva‡bi cwiKíbv

wkLb ej‡Z Avgiv bZzb Ávb ARb‡K e‡S _wK| wkLb wKfv‡e m¤úb nq A_vr wk¶v_xiv wKfv‡e wk‡L Zv Avgiv wewfb ZË †_‡K †R‡bwQ| Avgiv G I †R‡bwQ †h wkL‡bi A‡bK¸‡jv kZ Av‡Q| G me k‡Zi g‡a¨ †clYv we‡klfv‡e D‡j-L‡hvM¨| ¯í Avqv‡m mv_K wkL‡bi Rb¨ KZ¸‡jv †KŠkj Aej¤b Kiv nq| wkL‡bi wewfb †KŠkj wkLb cwµqvi cMwZ‡Z mnvqK K‡i _v‡K| GBme †KŠkj¸‡jv‡K wkL‡bi †¶‡Î h_vh_ fv‡e c‡qvM Kivi Rb¨ wk¶‡Ki `wqZ A‡bK †ekx| A_vr wk¶K hw` wk¶v_xi g‡a¨ h_v‡hvM¨ †clYv, g‡bv‡hvM, Abyôv‡b m¤ú` Ki‡Z cv‡ib Z‡eB wk¶v_x‡`i wkLb cwµqv Ae¨nZ _v‡K|

wbgwjwLZ †KŠkj¸‡jv wk¶v_x‡`i wkL‡b mnvqZv K‡i _v‡K|

K) g‡bv‡hvM t g‡bv‡hvM mv_K wkL‡bi GKwU ¸i“Zc¥K kZ| cv‡Vi cwZ wk¶v_x‡`i g‡bv‡hvM AvKlY A_B wk¶v_x‡`i wkLb‡K mnvqZv Kiv| wewfb AvKlY e¨envi K‡i g‡bv‡hvM AvKlY Kiv hvq|

L) Abyôvb t †h e¯ev welq‡qi cwZ wk¶v_x‡`i Abyôvb _v‡K †m welq‡qi cwZ wk¶v_xiv mn‡R g‡bv‡hvMx nq Ges Zv wkL‡b ¯Ztùz‡f v‡e AvMnx nq| m¤ú~iv wk¶v_x‡`i gv‡S Abyôvb m¤ú` gva¨‡g wk¶K-wk¶v_x‡`i wkL‡b mnvqZv Ki‡Z cv‡ib|

M) D‡Ï‡k¨i m‡PZbZv t wk¶v_xiv hw` wkL‡bi D‡Ïk¨ m¤ú‡K m‡PZb nh Zvn‡j wk¶vq Zv‡`i Abyôvb m¤ú` n‡e hv wkL‡b mnvqZv K‡i| m¤ú~iv wk¶‡Ki DwPZ wk¶v`v‡bi c‡e wk¶vi D‡Ïk¨ e¨vL¨v Kiv|

N) mvd‡j¨i avivYv t wk¶v_x‡`i KZKvhZv m¤ú‡K cwi®vi avivYv Zv‡`i wkL‡bi ‡clYv kw³ †hvMvq|

0) cksmv I cÖvPwjZ t cksmv wkL‡bi †cQ‡b †clYv mÿó‡Z mvnvh¨ K‡i| ZvB cksmv wk¶v_x‡`i wk¶‡Y Abyôv‡bZ K‡i Avevi fÿy wkL‡bi †¶‡Î wk¶v_x‡`i cÖvPwjZ c‡Póvq Abyôv‡bZ Ki‡Z cvi‡j fvj dj cvIqv hvq| hviv Aš—gÄyix ¯fv‡ei Zv‡`i †¶‡Î G cwµqv we‡klfv‡e mnvqZv K‡i|

P) cwZØ»ØZv I mn‡hvwMZv t hw` I wkLb e¨w³MZ cwµqv Z_vc `jMZ cfve G cwµqvi weKv‡k we‡klfv‡e mnvqZv K‡i|

Q) wkLb mnvqK e¯ t wk¶Yxq welqe¯i cwZ g‡bv‡hvM AvKl‡Yi d‡j wk¶v_x‡`i wkLb-KvR cvYeš— nq Ges AwRZ wkLb ¯vqx nq| wk¶v mnvqK wewfb e¯ ZvB wk¶v_x‡`i wkLb‡K mnvqZv K‡i _v‡K|

**wb‡`kbv t** wk¶‡Ki h_v‡hvM¨ wb‡`kbv wk¶v_x‡`i wkLb‡K we‡klfv‡e mnvqZv K‡i| fÿy ms‡kvab K‡i mwVK c‡_ GwM‡q hvIqvi BZ¨w`i Øviv wk¶K e¨w³MZfv‡e wk¶v_x‡`i wkL‡b mnvqZv Ki‡Z cv‡i| evjK-ewjKviv hLb gva¨wgK chv‡q G‡m †cŠQvq ZLb Rxeb weKv‡ki c‡_ Zviv %K‡kv‡i, eqtmwÜ ev ^K‡kvi DËi chv‡q _v‡K| Gmgq Zv‡`i g‡a¨ wewfb wel‡q AvMn I Pwn`v †`Lv hvq| †hgb- ¯vaxbZv jv‡fi AvMn, `ÿtmvnwmK Awfhv‡bi AvMn, eÜzZi AvMn, `jMV‡bi AvMn, RbKj¨vY gÄ¡K Kv‡Ri AvMn, †bZZ. `v‡bi AvMn|

gva¨wgK ¯–‡i KÄ¡l wk¶v †kYx cvV¨mwP ev †kYx wkL‡bi gva¨‡g evjK-ewjKv‡`i mKj AvM‡ni cÖvivcÖvi Zwß.mvab m¤e nq bv| evjK ewjKv‡`i Gme AvM‡ni Zwß.mva‡bi Rb¨ ZvB Ab¨vb¨ Kvhµ‡gi we‡kl K‡i wewfb ai‡bi mn-cvVµwgK Kvhvewji Av‡qvRb Kiv nq; †hgb- ¯‹zj evMvb Kiv, †Ljvayÿvi Av‡qvRb Kiv, weZK Abyôvb, bvUK, g¨MwRb ev †`qwjKv cKvk, wk¶v md‡ii Av‡qvRb BZ¨w`|

evjK-ewjKv‡`i AvM‡ni cÖvivcÖvi Zwß.mva‡bi Rb¨ Dc‡iv³ Kvhvewji cwiKíbv Ki‡Z n‡j KZ¸‡jv wbqgbxwZ †g‡b Zv Ki‡Z nq| wk¶v Kvhµg †hb e¨vnZ bv nq †mw`‡K j¶¨ †i‡L eQ‡ii ïi“‡ZB G Kvhµg m¤úwKZ GKv‡WgxK K¨v‡jÛvi cKvk Kiv nq|

†h mKj †KŠkj Aej¤b K‡i evjK-ewjKv Df‡qi wk¶Y Mn‡Y mnvqZv Kiv hvq A_r

Zv‡`i wkLb‡K mnR cvYeš– Kiv hvq Ges AwRZ wkL‡b ¯vqxZ e„w× Kiv hvq Zv wbgi¦c-

- wk¶v_x‡`i g‡bv‡hvMx Kiv
- wk¶v‡¶‡Î Abyjvwfvlv m„wó Kiv
- wk¶Yxq welqe¯i D‡Ïk¨ m¤ú‡K m‡PZbZv e„w×Ki‡Yi gva¨‡g
- ev¯–egvbxq D‡Ïk¨ m¤ú‡K AewnZKiY
- mdjZvi avivYv ev mšwói avivYv `vb
- AMMwZi avivYv m¤ú‡K AewnZKiY|
- cksmv I cybt c‡Póvq Drmvwnbxq KiY|
- cwZØwbZv I mn‡hvwMZvi cwi‡ek m„wóKiY
- wk¶Y-mnvqK e¯‘/ wk¶v‡cvKiY e¨envi Kiv
- h_vh_ cvV`vb c×wZ Abyfvi Kiv|

gvjv‡qb

1. mgwšZ wkLb ejx‡Z wK †evSvq?
2. †kYxK¶ wkL‡b evjK-ewjKvi mwµq AskMn‡Yi Dcvq¸‡jv wK wK?
3. †kYxK¶ wkL‡b Zwß.mva‡bi j‡¶¨ evjK-ewjKv Df‡qi AskMnY KZUkzdj`vqK —hvÎ w`b|

m¤ve¨ DËi

ce - K

- g‡bweÁvbx _bWvB‡Ki g‡Z DÏxc‡Ki mv‡_ cwZwµqvi h_vh_ ms‡hvM mvabB wkLb| mvaviYfv‡e- AwfÁZv I Abykxj‡bi gva¨‡g AvPi‡Yi Zÿbvgj‡K ¯vqx, Kw•LZ cwieZb‡K - wkLb e‡j| †clYv nj Avgv‡`i g‡bi Ggb GKwU Aw¯wZkxj Av‡jwoZ Ae¯v hv wkL‡bi Afve c‡i‡Y ZwoZ K‡i, ewaZ K‡i|

- †clYv nj wkL‡bi GKwU Acwinvh kZ| †clYv A_Pvc ev Afve †eva ZvB wk¶v_xi g‡b hw` †Kvb Afve †ev‡ai mwó bv nq Z‡e Afve c‡i‡bi ckB Av‡m bv| wk¶v_xi g‡b †clYv mwó K‡i Zv wbeÜi Rb¨ †h AvPiY Ki‡e Ges AvPi‡Yi GB cwieZbB wkLb|

- ¯í Avqv‡m mv_K wkL‡bi Rb¨ KZ„‡jv we‡kl †KŠkj Aej¤b Kiv c‡qvRb nq| GB we‡kl †KŠkj „‡jv‡K mv_K wkL‡bi kZ ev mnvqK wkLb kZ e‡j|

wkLb mnvqK GB kZvejx `ßvUv mvaviY †kYx‡Z wef³ t
K) wkL‡bi †KŠkj msµvš– kZ
L) wk¶v_xi e¨w³MZ gvbwmK Ae¯v msµvš– kZ|

ce - L

- gva¨wgK ¯–‡i wk¶v_x‡`i g‡a¨ †hme AvMn ev Abyôv‡M †`Lv hvq Zvi g‡a¨ `jMV‡bi ceYZv, †Q‡j-†g‡q‡`i g‡a¨ eÜZ Kivi AvMn, m¤úbkxj Kv‡Ri AvMn, †jLv‡jwLi AvMn, Abyôvb gj‡K Kv‡Ri AvMn, hyM¡ Z‡Ki AvMn m‡evcwi `jMZfv‡e †Q‡j I †g‡q‡`i g‡a¨ cwZ‡hvwMZvgj‡K AvPi‡Yi gva¨‡g wkL‡b AMmi nIqv| GQvov gvbeZv‡eva I RbKj¨vY gj‡K Kv‡Ri cwZI Zv‡`i Zxe cwZ‡hvwMZv †`Lv hvq|

- gva¨wgK chv‡q evjK-ewjKv‡`i wk¶vMn‡Y Ges AvM‡ni cwic¥ Zwß.mva‡bi

Rb¨ wewfbœ mvsMVwbK I mncvV¨ µwgK Kv‡Ri e¨e¯v Kiv hvq, †hgb -

Kvhµg	সংশিষ্ট আগ্রহ
weZK Abyôvb/ Dcw¯Z e³envi	hyw³-ZK, mfvRbkxjZv
evMvb Kiv, ‡Ljvayjvi	eÜzi MVb, `jMVb
wk¶v †gjv/ wk¶v mdi,	mvsMVwbK I Áv‡b Av‡`k c`vb
g¨vMwRb cKvk	avibv ARb, mgvRkxjZv BZ¨vw`	

ce - M

cwk¶Y cvß wk¶K Zvi `¶Zv †KŠkj I AwfÁZvi gva¨‡g †kYxK‡¶ wk¶v_x‡`i AvMnx K‡i Zzjbœ‡Z cv‡ib| GRb¨ wk¶v_x‡`i ce©cwiKíbv MnY I ev¯—evqb Avek¨K| †hgb :

- wel‡qe¯ wbe©vPb I `wqZ c`vb
- `j MVb
- `j‡bZv wbe©vPb I `wqZ c`vb
- h_vh_ DcKiY mieivn
- mgq wbe©vPb, Av‡jvPbv, chv‡jvPbv
- Dc¯vcbv
- wm×vš— MnY, Î "wU wbYq, gj¨vqb|

Abyk¶‡Yi gva¨‡g wk¶Y-wkLb c×wZ I †KŠkj cwiKíbvi cix¶Y

fwgKv

wk¶Y-wkLb GKwU Awei‡g Ges RwUj cwµqv| av‡ivewnK cwµqvi gva¨‡g wkLb‡K mdj I A_en Kiv‡i Rb¨ wk¶K bvbv †KŠkj Aej¤b K‡i _v‡Kb| †h †KŠkj Abyôv‡bi Y K‡i wk¶K †kYx cvV`vb Kvhµg‡K GwM‡q †bb Ges wk¶v_x‡K Áv‡bi RM‡Zi mv‡_ ¸i“Zc¥ †hvMv‡hvM NwU‡q †`q Zv‡K wk¶Y c×wZ e‡j|

wk¶‡Yi me¸‡jv †KŠkj GKev‡i AvqË bv K‡i Abykxj‡bi gva¨‡g †kYx Dc‡hvMx I welqe¯ we‡ePbv K‡i GKwU K‡i †KŠkj AvqË Ki‡Z nq| myZivs mgM wk¶v Kvhµg‡K ¶z ¶z As‡k wef³ K‡i c‡Z¨KwU‡K c„_K c„_Kfv‡e Abykxjb KivB Abyk¶Y ev Microteaching. c‡Póv I fyj c×wZ (Trial and Error Method) Aej¤‡b wkL‡bi D‡Ïk¨ ev¯–evq‡bi wk¶v †`qvB Abyk¶‡Yi cavb KvR|

wk¶Y-wkLb GKwU RwUj cwµqv G KvRwU mgvf v‡e m¤úv`‡bi Rb¨ PvB wk¶‡Ki ce-cwiKíbv| cvZ¨nK Rxe‡bi mdj Kv‡Ri b¨vq mv_K cvV Dc¯vc‡bi Rb¨ PvB GKwU mgv cwiKíbv| GKwU mgv cwiKíbvB wk¶‡Ki †kYx Kvhµ‡gi wb‡`kbv i¦‡c KvR K‡i|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

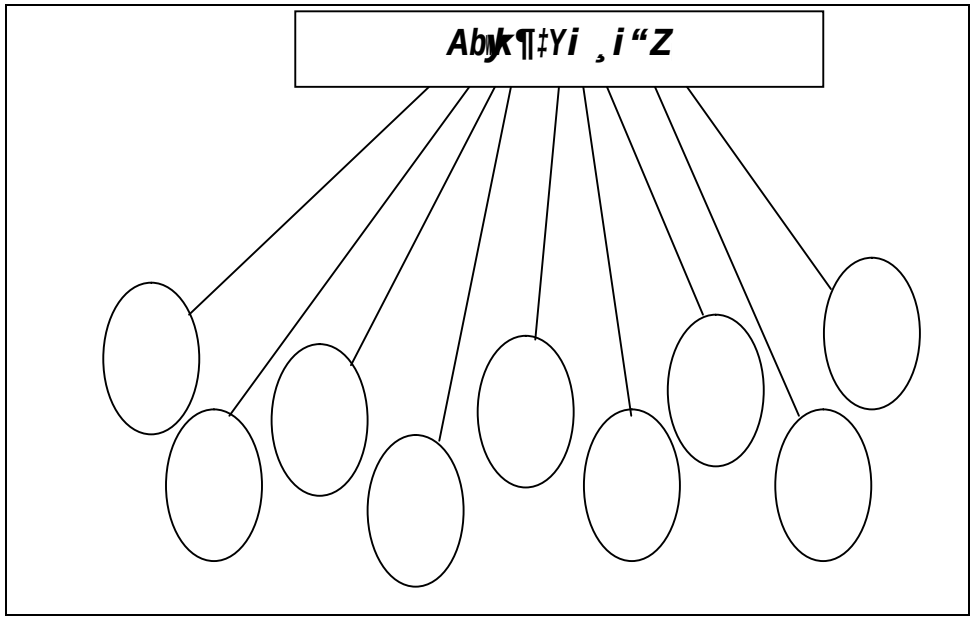
- cvV`v‡bi mdjZvq cwiKíbvi ¸i“Z e¨vL¨v Ki‡Z cvi‡eb
- wk¶Y-wkLb Kvhµ‡gi c×wZi ZwjKv I †KŠkj wbevP‡bi we‡eP¨ w`K¸‡jv mbv³ Ki‡Z cvi‡eb
- Abyk¶‡Yi avivYvi e¨vL¨vmn wk¶Y c×wZ I cwiKíbv cix¶‡Y c×wZi fwgKv eYbv Ki‡Z cvi‡eb|

cemgn-

ce-K : cvV`v‡bi mdjZvq cwiKíbvi ¸i“Z

wk¶Y-wkLb GKwU RwUj cwµqv| KvRwU myôfv‡e m¤úv`‡bi Rb¨ PvB myô cÖv-cwiKíbv| cvV`v‡bi cwiKíbv chv‡q wk¶KB wbaviY Ki‡eb †Kvb c×wZ‡Z †kYx Kvhµg cwiPvjbv mnRZi I h_vh_ n‡e| wk¶v_xi msL¨v we‡ePbvq G‡b †Kvb c×wZ I †KŠkj Aej¤b Ki‡eb, cvV Dc‡hvMx wk¶v DcKiY msMn Ges e¨envwiKiY BZ¨vw`| †kYx cvV`vb †k‡l gÄ¨vq‡bi †¶‡Î I wk¶‡Ki cwiKíbv AZ¨š– ¸i“Zc¥| KviY Zvi MÖnxZ cwiKíbv I gÄ¨vq‡bi D‡aŸ bq| wk¶‡Ki wfbZvi †¶‡Î †kYx Kvhµg wfb wfb n‡Z cv‡i Ges Zv wfb nIqv ¯’vfwecK| ¯’vb, Kvj I cvÎ‡f‡` cwiKíbv ev¯–evq‡bi gv‡S AmsMwZ _vK‡Z cv‡i| myZivs Gme Î“wU `ÿxKi‡Y cwiKíbvi cix¶Y c‡qvRb| hv KvhKifv‡e Kiv m¤e †Kejgv Î AYyk¶‡Yi gva¨‡g|

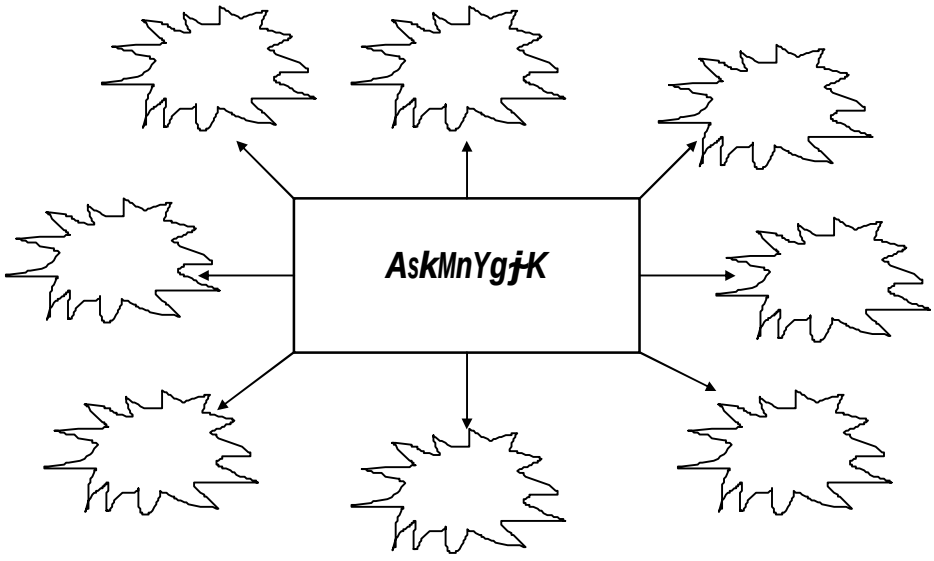
KvR - 1 : cvV`vb cwiKíbvq Abyk¶‡Yi ¸i“Z



ce-L: wk¶Y-wkLb Kvhµ‡g c×wZi ZwjKv I †KŠkj wbevP‡b we‡eP¨ welq

wk¶Y-wkLb Kvhµ‡g c×wZ I †KŠkj GKwU ¸i“Zc¥ fwgKv cvjb K‡i| A_vr †kYx Kvhµ‡g wk¶K Zvi wbR¯ cwi‡ek (†kYxK¶, wk¶v_x, mgq, welq) we‡ePbv K‡i Á‡bi RM‡Zi mv‡_ ¸i“Zc¥ †hvMv‡hvM NwU‡q †`q Zv‡K wk¶Y-wkLb c×wZ e‡j| Kwl. wk¶vi †¶‡Î c×wZ¸‡jvi †KvbUvB ¯qsm¤ú¥ bq, Avevi Ab¨vb¨ c×wZ n‡Z m¤ú¥ c„KI bq| G‡¶‡Î ejv hvq; c×wZ n‡"Q †kYx wk¶Y-wkLb Kvhµ‡g welqwfËK Dc¯vc‡bi mvgwMK i¡c‡iLv; Avi †KŠkj n‡"Q, mvgwMK i¡c‡iLvi ev¯—vq‡bi Dcvqgv Î| mZ¨vs G‡¶‡Î ejv †h‡Z cv‡i c×wZ I †KŠkj G‡K Ac‡ii cwic‡iK| A_vr wk¶KB wbevPb Ki‡eb †Kvb c×wZ I †KŠkj¸‡jvi gva¨‡g †kYx wkLbdj AR‡b mnvqZv Ki‡e| wk¶v_xiv AwZ Aí mg‡q AvMn I Avb‡›`i mv‡_ wkL‡b AMmi n‡eb|

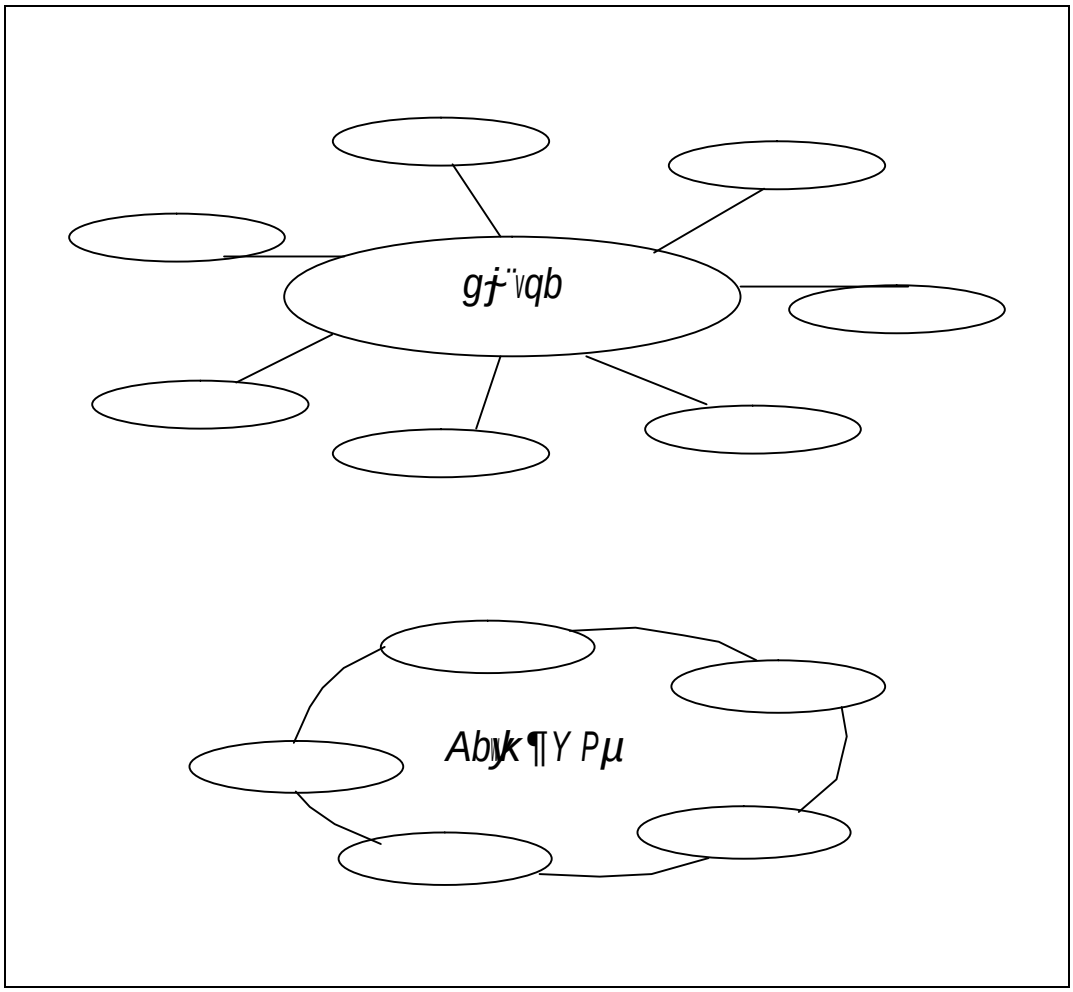
KvR - 2 : AskMnYg‡K c×wZ Aej¤‡b †KŠkj¸‡jv



ce-M: wk¶Y-wkLb cwiKíbvi gj¨vq‡b Abyk¶Y

Abyk¶Y Avavb‡K wk¶v weÁv‡bi GKwU D‡j-L‡hvM¨ Awe¯vi| GwU Ggb GKwU c×wZ hvi gva¨‡g wewfb †KŠkj Aej¤b K‡i wk¶K Zvi wbR¯ `¶Zvi AvqË Ges Dbqb NUv‡Z m¶g nb| ZvB GwU n‡"Q `¶Zvwf‡ËK GK ai‡bi cwk¶Y †KŠkj| ZvB Abyk¶Y cwµqvq gj¨vq‡bi fwgKv AZ¨š– ¸i"Zc¥| myZivs Abyk¶‡Yi gva¨‡g wk¶‡Ki †kYx cvV`v‡bi Rb¨ wbawiZ c×wZi mdj ev¯–evq‡b h_vh_ †KŠkj Aej¤b; cwiKíbvi gva¨‡g mwVKfv‡e wbaviY Kiv hvq| KviY Abyk¶‡Yi gva¨‡g me¸‡jv †KŠkj GKm‡½ AvqË bv K‡i Abykxj‡bi gva¨‡g GKwU K‡i †KŠkj AvqË Ki‡Z nq| Ab¨`‡K cwiKíbvi Î"wU wePvi Kbv³KiY Ges ms‡kvab K‡iB wk¶Y-wkLb Kvh©µ‡gi mdjZv ARb m¤e|

KvR - 3 : Abyk¶Y Pµ I gj¨vq‡bi fwgKv



gj¨ wkLbxq welq

Abyk¶‡Yi gva¨‡g wk¶Y-wkLb c×wZ I †KŠkj cwiKíbvi cix¶Y

`xNw`b hver †kYxK‡¶ †kLv‡bv Kvhµg P‡j Avm‡Q| cvV`v‡bi G KvR‡K mdj I A_en Kivi Rb¨ wk¶K bvbv †KŠkj Aej¤b K‡i _v‡Kb| †h †KŠkj Abyôv‡bi Y K‡i wk¶K cvV`vb Kvhµg‡K GwM‡q ‡bb ev wk¶v_x‡K Áv‡bi RM‡Zi mv‡_ ¸i“Zc¥ †hvMv‡hvM NwU‡q ‡`q Zv‡K wk¶Y c×wZ e‡j| h_v_ wk¶Y c×wZ wk¶v`vbi KvR‡K mnR, ü`qMvnx I AvKlYxq K‡i †Zv‡j| wk¶v_xi eqm I ¯–i wk¶vi welqe¯, cwi‡ek, †kYxK‡¶i †fŠZ myôhvM-myôeav I c‡qvRbxq DcKi‡Yi cvc¨Zv BZ¨w` wk¶v`vb c×wZ wbY‡q wk¶K‡K mnvqZv K‡i _v‡K| wk¶Y c×wZi gva¨‡g cwZdwjZ nq wk¶vi gj¨, wk¶vbxwZ Ges wbawiZ nq wk¶v_x wK ai‡bi Ávb jvf Ki‡e Zv l|

Kwl.wk¶v wk¶Y c×wZ¸‡jvi †KvbwUB ¯qs m¤úv¥ bq I Ab¨vb¨ c×wZ n‡Z m¤úv¥ c„K bq| GKwU c×wZi Dci Ab¨vb¨ c×wZi cfve cvqB †`Lv hvq| †Kvb c×wZB Î “wUgy³ bq| Avevi me c×wZi wKQybv wKQywe‡kl myôeav Av‡Q| †mRb¨B we‡kl †Kvb GKwU c×wZi cwie‡Z GKwaK c×wZ GKm‡½ e¨envi Kiv †h‡Z cv‡i| Kwl.wk¶v wel‡q †h me cvV`v‡bi c×wZ cPwjZ Av‡Q Zvi g‡a¨ eûje¨eüZ c×wZ n‡jv- c`kY c×wZ, cix¶vMvi c×wZ, Awe®vi c×wZ, c‡R± c×wZ, mgm¨v-mgvavb c×wZ, †cvMvg wk¶Y c×wZ, AwcZ `wqZgj¨K c×wZ, GKK c×wZ, AskMnYgj¨K c×wZ BZ¨w`| G mKj c×wZi ga¨ †_‡K welqwk¶K Zvi ‡kYxK‡¶i cvß †fŠZ myôeaw` I wk¶v_x‡`i gvbwmK †eŠw×K I Áv‡bi weKv‡ki Dci wfwË K‡i wk¶v c×wZ wbevPb Ki‡eb| mv_K †kYx wk¶‡Yi ¯v‡_ Zvi Abyôv‡Z c×wZi h_v_Zv ev wbfi‡hvM¨ZvI hvPvB Kivi c‡qvRb nq| GB hvPvB ev gj¨vq‡bi nwZqvi wnmv‡e Abyk¶Y ev gvB‡µvwUwPs GKwU KvhKi c`‡¶c|

**cvV`vb cwiKíbv t** `xNw`b hver Avgv‡`i †`‡k †kYx wk¶Y Kvhµg P‡j Avm‡Q| wk¶v wk¶Y GKwU RwUj cwµqv G KvRwU môfv‡e m¤úv`‡bi Rb¨ ZvB wk¶‡Ki ce©cwiKíbv

Avevk¨K| Rxe‡bi cwZwU Kv‡Ri Rb¨ PvB GKwU ce© cwiKíbv, †Zgwb mv_K cvV`v‡bi Rb¨ PvB GKwU cwiKíbv| cvV`v‡bi cwiKíbv chv‡q wk¶K wbaviY Ki‡eb †Kvb c×wZ‡Z cvV`vb Ki‡eb; KZRb wk¶v_xi Rb¨ wZwb c¯wZ wb‡eb; wK wK DcKiY wZwb e¨envi Ki‡eb, KLb e¨envi Ki‡eb; cvV`v‡bi Rb¨ wK wK †KŠkj e¨envi Ki‡eb| wk¶v_x‡`i‡K wKfv‡e ej`vb Ki‡eb| wK wK ck Ki‡eb, wKfv‡e gj¨vqb Ki‡eb BZ¨w` Lvb bwU welq¸‡jv wk¶K †kYx‡Z cvV`v‡bi c‡e cwiKíbv Ki‡eb|

wk¶‡Ki cwiKíbvi D‡Ïk¨ mgvß nq| wKš Zvi Mp¤xZ cwiKíbv I gj¨vq‡bi D‡× bq| wk¶‡Ki Mp¤xZ cwiKíbvi gv‡S wewfb AmsMwZ _vK‡Z cv‡i| mg‡qi h_vh_ e›Ub bv‡I n‡Z cv‡i| wbawiZ ck¸‡jvi KwVb¨i gvÎv mwVK bv‡I n‡Z cv‡i| Gme Î“wU `i‡Ki‡Z Zvi cwiKíbvi ci¤¶Y c‡qvRb| Avi ci¤¶‡Yi G KvRwU KvhKi fv‡e Kiv m¤e Abyk¶‡Yi gva¨‡g|

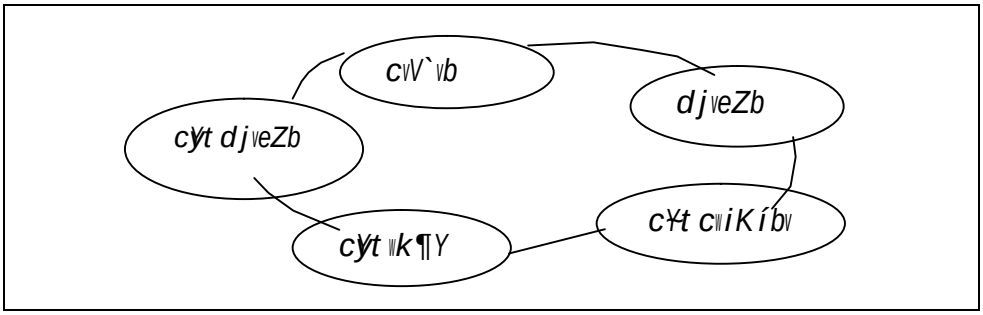
Abyk¶Y t gvB‡µwUwPs ev Abyk¶Y n‡"Q `¶Zv wfwËK GKai‡bi cwk¶Y †KŠkj| 1963 mv‡j ÷¨vb‡dvW wekwe`¨vj‡q D™wweZ G c×wZ cPwjZ MZvbyMwZK wk¶K wk¶‡Yi Î“wU¸‡jv `i¤xKi‡Y A‡bKvs‡k m¶g n‡q‡Q| gvB‡µwUwPs Gi gj¨vq D‡Ïk¨ nj wk¶vi cvV`v‡bi `¶Zvmg‡ni g‡a¨ †_‡K GKwU GKwU K‡i `¶Zv‡K Abykxj‡bi gva¨‡g cwiPwjZ Kiv| Abyk¶‡Yi gva¨‡g me¸‡jv †KŠkj ev `¶Zv GKm‡½ AvqË bv K‡i Abykxj‡bi gva¨‡g gvÎ GKwU K‡i †KŠkj AvqË Ki‡Z nq|

Abyk¶‡Yi gva¨‡g wk¶‡Ki wk¶v`v‡bi Rb¨ wbawiZ c×wZi h_vh_ Ges cvV`vb cwiKíbv mwVKfv‡e I wbaviY Kiv hvq| Abyk¶‡Yi gva¨‡g wKfv‡e c×wZMZ I cwiKíbvi Î“wU wePvi¨Z kbv³KiY I ms‡kvab Kiv nq Zv GLv‡b †`Lv‡bv nj| Abyk¶‡Yi cvPwU chvq ev avc Av‡Q| avc¸‡jvi gva¨‡g cwk¶Yv_xi wk¶‡Ki gv‡S Kvw•¶Z cwieZb NwU‡q Zvi ‡ckvMZ `¶Zvi Dbqb NUv‡bv m¤e|

Abyk¶‡Yi †KŠkj wbgi¡c :

Plan—>Teach—>Observation—>Re-plan —>Re-teach —> Re-observation.

Abyk¶Y Pµ t Abyk¶Y c×wZwUi †KŠkj A‡bKUv Pµv‡K‡i Avewl©Z n‡q _v‡K|



gvj¨vqb

1. Abyk¶Y ej‡K wK e‡Sv‡q?
2. Abyk¶Y GKwU avivewnK cwµqv e¨vL¨v Ki“b|
3. wk¶Y-wkLb Kvhµg‡K djcm¬Kivi †¶‡Î Abyk¶Y c×wZ‡K wK wK Dcv‡q c‡qvM Kiv †h‡Z cv‡i e‡j Avcwb g‡b K‡ib — D‡j-L Ki“b|

m¤ve¨ DËi

ce - K

- †kYxK‡¶ wk¶K †h cwµqv ev †KŠkj Aej¤b K‡i wk¶v_x‡`i Áv‡bi RM‡Z ¸i“Zc¥ †hvMv‡hvM NwU‡q _v‡Kb Zv‡K ÒcvV`j c×wZ e‡jÓ|
- G c×wZ‡Z †kYxK¶ cwi‡e‡k wk¶‡Ki mv‡_ mvweKfv‡e ‡hvMv‡hvM N‡U wk¶v_xi| A_vr gvbexq Dcv`vb n‡jv wk¶K+wk¶v_x|
- cwiKíbv n‡"Q †h ‡Kvb Kgcšvi bKmv| A_vr fwel¨‡Z †Kvb KvR wefv‡e m¤úb Kiv n‡e Zvi cšv|
- wk¶‡Yi me¸‡jv †KŠkj GKev‡i AvqË bv K‡i Abykxj‡bi gva¨‡g gvÎ GKwU Kv‡i ‡KŠkj AvqË Ki‡Z nq| GB †KŠkj¸‡jv c‡qvM ïi“ nq c‡Póv I fyjyi gva¨‡g| †hgb-Plan-Teach-Observe-Replan-Reteach-Reobserve.G‡¶‡Î wk¶v`v‡bi GK GKwU †gŠwjK `¶Zvi Dci ¸i“Z Av‡ivc Kiv nq| †hgb-cvV`vb Avi¤ Kiv Ges m¤úv`b, mv_K ckKiY, ejeøx×KiY, `jMZ Av‡jvPb, Drmvn BZ¨vw`|

ce - L

- cvV-cwiKíbvi gj¨ †mvcvb 5wU| h_vt c¯wZ, Dc¯vcb, Abyl½ Dc¯vcb, mvgvY¨xKiY I gj¨vqb| Z‡e eZgvb wÎ‡mvcvb wn‡m‡e c¯wZ, Dc¯vcb I gj¨vqb‡K Abymi Y Kiv nq|
- cvV cwiKíbv GKUv cvV‡K Afxó j‡¶i w`‡K wb‡q hvq|
- Kg mg‡q avivewnKZv eRvq ivLv nq|
- wewfb †mvcv‡bi g‡a¨ m¤úK eRvq iv‡L|
- DcKi‡Yi msMn I e¨envi wbwðZ K‡i|
- ¸i“Zc¥ c‡ki AeZviYv I c‡q›U¸‡jvi Dc¯vcb wbwðZ K‡i|
- wk¶K-wk¶v_xi ga¨Kvi †hvMv‡hvM mÿg nq|
- evoxi KvR c`v‡b mnvqK nq|

ce - M

- Abyk¶Y ev gvB‡µvwUwPs Avayb K wk¶v weÁv‡bi GKwU D‡j-L‡hvM¨ Awe®vi| GwU Ggb GK wk¶Y-wkLb †KŠkj hvi gva¨‡g ev ev Abykxjb Øviv bZzb wk¶Y-`¶Zv AvqË Kiv hvq Ges cÿvZb `¶Zv‡K DbZZi Kiv hvq|
- mÿZi vs gvB‡µvwUwPs ev Abyk¶Y n‡"Q `¶Zv wfwËK GK ai‡bi cwk¶Y †KŠkj| Gi e¨envi‡i ‡kYxi cwk¶Yv_x‡`i GKw`‡K †hgb Dc¯vcb `¶Zv e„× cvq Ab¨ w`‡K Gi gva¨‡g cwk¶Yv_x‡`i gj¨vqb Kiv i `¶Zv I mRxe n‡q D‡V| A_vr Abyk¶Y cwµqvq gj¨hvPvB‡qi fwgKv AZ¨š– ¸i "Zc¥| G‡¶‡Î wk¶K KZK.

-

  - wk¶v_x i ceÁvb, AwfÁZv Ges AvM‡ni Abykxjb e¨envi Kiv nq|
  - wk¶‡Ki e³e¨ KZUv cvmw½K Ges mÿúó?
  - wk‡¶vcKiY I Ab¨vb¨ Kjv ‡KŠkj KvhKi f‡e e¨envi Kiv n‡q‡Q wKbv?
  - mvgwMK cv‡V cv‡Vi mPbv wKi¡c wQj?
  - Ab¨ †Kvb we‡kl †KŠkj Aej¤^b wQj wKbv?

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QÙ-wk¶Y I djvZ‡bi gva¨‡g wkLb c×wZ I cwiKíbvi cix¶Y

fwgKv

gva¨wgK chv‡q welqwfwËK †kYx‡Z Abykxjbx cvV`v‡bi mgvh‡Mi Achvß Zvi Kvi‡Y wk¶Y `¶Zv ARb, Abykxjb I Dbq‡bi Rb¨ mvavi YZ mn-cwk¶Yv_x‡`i Dcw¯ZZ‡Z GKwU Kwlg cwi‡e‡k cwk¶Yv_x wk¶K KZK.cvV`vb cwiKíbv Kivi cwµqv‡K — QÙ-wk¶Y ejv nq| Gi Bs‡iwR cwZkã — Simulation. be¨ ev cwk¶Yv_xi wk¶KM‡Yi †ckvMZ `¶Zv Dbq‡bi j‡¶¨ GwU GKwU KvhKix †KŠkj Ges c`‡¶c| hvi gva¨‡g wk¶K KZK.Abymv‡Z cvV`vb c×wZ cwiKíbvi †¶Î¸‡jvi cix¶Y m¤e nq|

†kYxK‡¶i cvV`v‡bi mdjZv A‡bKvs‡k wbfi K‡i cYxZ cvV`v‡bi cwiKíbv I Abymv‡Z c×wZi Dci| KviY welqwfwËK cvV Dc¯vc‡b h_v_ c×wZ wbevPb Ges Gi h_vh_ ev¯–evq‡bi Dcvq cwiKíbvq ivLv wk¶‡Ki GKvš– wbR¯ `vwqZ| mvgvwiZvs cwiKíbv I welqe¯i m‡½ c×wZi mgš‡qi h_v_Zv g‡j¨vq‡bi GKwU c×wZ nj — djvZb ev Feedback. A_vr G‡¶‡Î cwk¶Yv_x‡K wk¶Y-wkLb cwµqvi Dbq‡b, ms‡kvab, cwigvRb Ges cwiea‡bi Rb¨ wewfb civgk c`vb Kiv nq| g‡Z: †kYx Kvhµg cwiPvjbvi †¶‡Î Î“wU-wePvi Zi w`K¸‡jv `i- Kivi j‡¶¨ Mnxn civgk I w`K wb‡`kbv‡K djvZb ev wdwe¨vK e‡j| hv wkLb c×wZ cwiKíbvi cix¶Y wn‡m‡e ¸i“Zc¥- fwgKv iv‡L|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- QÙ-wk¶Y wK Ges Gi D‡Ïk¨ e¨vL¨v Ki‡Z cvi‡eb
- djvZb m¤ú‡K AewnZ n‡q wk¶v_x‡`i Pwn`v c‡i‡Y mvg_ ARb Ki‡Z cvi‡eb
- wk¶Y c×wZ I cwiKíbvi cix¶‡Y QÙ-wk¶Y I djvZ‡bi fwgKv e¨vL¨v Ki‡Z cvi‡eb|

cemgn-

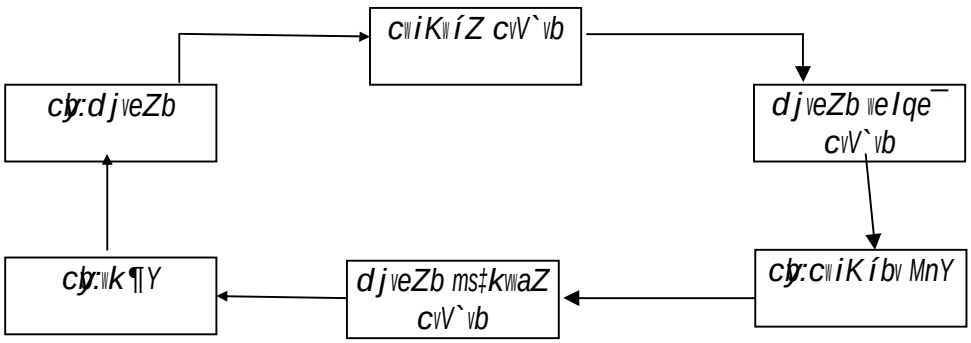
ce-K : QÙ wk¶Y wK Ges Gi D‡Ïk¨

QÙ wk¶Y Gi Bs‡iwR cwZkã — Simulation. GwU GKwU we‡kl cwk¶Y †KŠkj hvi gva¨‡g KwÎg cwi‡e‡k wk¶Y-wkLb cwµqvi c‡qvM I djvZ‡bi gva¨‡g wk¶‡Ki cvV`v‡b `¶Zv ARb Ki‡Z m¶g nq| A_vr GwU GKwU we‡kl ai‡bi mijxKZ.g‡Wj - hv ev¯–e cwi‡ek we‡ePbvq †i‡L GKwU KwÎg cwi‡ek mwó K‡i wk¶Y-wkL‡bi Kjv‡KŠkj AvqËKi‡Y Ges cwieZ‡b mnvqZv K‡i|

g‡Z: QÙ wk¶‡Yi D‡Ïk¨¸‡jv n‡"Q —

- GwU †kYx cvV`v‡bi `¶Zv Dbq‡bi GK avivewnK we‡kl †KŠkj|
- wk¶vg‡K QÙ wk¶Y wk¶K‡K GKRb `¶ m`m¨ wn‡m‡e ˆZwi K‡i|
- wk¶Y-wkL‡bi Î"wU¸‡jv Zvr¶wYKfv‡e ms‡kva‡bi mÿgvM Kiv hvq|
- `wó fw½ Dbq‡b QÙ wk¶Y wewfbfv‡e mnvqZv K‡i|
- QÙ wk¶‡Yi gva¨‡g wk¶Y-wkLb cwµqvi mej I `ßvj w`K¸‡jv mbv³ Kiv mnR nq|
- m‡evcwi Gi gva¨‡g wk¶‡Yi Ávb, `¶Zv I †hvM¨Zv I AvPiwYK cwieZb mwaZ nq|

QÙ-wk¶Y Pµ :

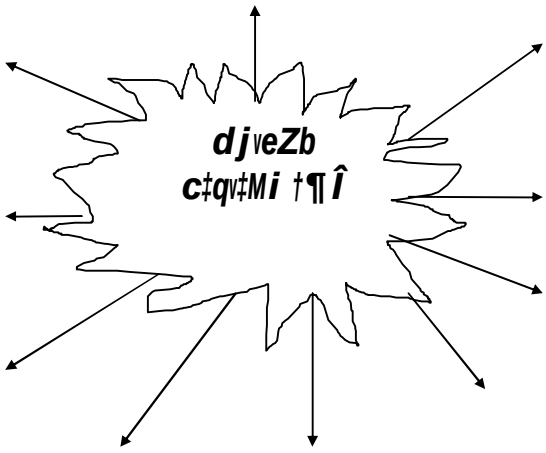


ce-L: djvZb m¤ú‡K avivYv ARb Ges wkL‡b Zv c‡qvM Ki‡Z mg_ nIqv

†kYxK‡¶ welqwfwËK wk¶Y-wkLb Kvhvejxi mdjZv A‡bKvs‡k wbfi K‡i wk¶K KZK. cYxZ cvV-cwiKíbv Ges welqwbfi c×wZ wbevPb Ges Zvi c‡qv‡Mi †KŠk‡ji Dci| mÿZivs cwiKíbv I welqe¯i m‡½ c×wZi mgšq h_v_ wK bv Zv gj¨vq‡bi GKwU c×wZ| mÿZivs †h †Kvb m¤úvw`Z Kv‡Ri m¤úv`b cwµqv Ges m¤úv`b cwµqvi gvb m¤ú‡K A‡b¨i gš–e¨ hv KvR m¤úv`bKvix‡K cieZx mg‡q KvR m¤úv`‡bi gvb Dbq‡b mnvqK nq Zv‡K ÔÔdjvZbÕÕ e‡j|

djvZb gj¨Z: Kvh ms‡kvab Abÿxj‡bi GKwU c×wZ hvi gva¨‡g wk¶Y `ÿjZvi ms‡kvab Kiv hvq| hvi gva¨‡g wk¶‡Ki AvZ¥-gj¨vqb Ges m‡PZbZv ewÂ× cvq, Dc¯vcb `¶Zv ewÂ× cvq| Kv‡Ri gvb Dbq‡bi j‡¶¨ c×wZ I †KŠkj wbevPb Ges c‡qvR‡b Zv cwieZb Kiv hvq| m‡evcwi GKwU cwi”Qb Ávb PPvi mÿhvM n‡q _v‡K|

KvR - 1 : djvZb c‡qv‡Mi †¶Îmgn¨



ce-M: wk¶Y c×wZ I cwiKíbvi cix¶‡Y QÙ-wk¶Y I djvZ‡bi fwgKv

QÙ wk¶Y, wk¶Y-wkL‡bi GKwU mijxKZ.g‡Wj hvi gva¨‡g wk¶‡Ki Ávb, `¶Zv, †hvM¨Zv I AvPiwYK cwieZb mwaZ nq| QÙ-wk¶‡Yi h_v_ c‡qv‡Mi Rb¨ wk¶K wk¶Y-wkLb c×wZi mwVK ev¯–evq‡b cwiKíbv MnY K‡i _v‡Kb| Ab¨w`‡K djvZ‡bi gva¨‡g

cwk¶Yv_x wk¶‡Ki cwiKíbv I Abyw¿Z c×wZi h_v_Zv wePvi Kiv hvq| wk¶‡Ki c×wZ wbevPb Ges c‡qv‡M †Kvb mgm¨v _vK‡j Zv cieZx‡Z ms‡kva‡bi gva¨‡g cwikxwjZ i¦c jvf K‡i| †h †Kvb mgm¨v wPwýZKi‡Y cvV ch‡e¶K ev mZx_R‡bi mn‡hvwMZvi c‡qvRb nq| c`Ë gZvg‡Zi Dci wfwË K‡i wk¶Y-wkLb Kvhµ‡gi Dbq‡b G djveZb h‡_ó mnvqK fwgKv iv‡L| djveZ‡bi gva¨‡g wk¶Y-wkLb Kvhvejxi Dbq‡b †h mKj w`K we‡ePbvq ivLv DwPZ Zv n‡jv —

- cwk¶Yv_xi cvV`v‡bi †¶‡Î `vwj I mej w`K¸‡jv mbv³ Ki‡eb|
- ch‡e¶K KZK.c`Ë mgv‡jvPbvi welqe¯¸‡jv ms‡hvRb I we‡qvRb Ki‡Z cvi‡eb|
- Dbq‡bi †¶Î¸‡jv wPwýZ Ki‡Z cvi‡eb|

KvR-2: wk¶Y-wkLb cwiKíbvi cix¶‡Y QÙ-wk¶Y I djveZ‡bi fwgKv

QÙwk¶Y	djveZb

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gj¨ wkLbxq welq

QÙ-wk¶Y I djvezZ‡bi gva¨‡g wkLb c×wZ I cwiKíbvi cix¶Y

QÙ wk¶Y Gi Bs‡iRx cwZkã Simulation| be¨ wk¶K ev cwk¶Yv_x wk¶KM‡Yi †ckvMZ wewfb `¶Zv Dbq‡b GKwU KvhKix †KŠkj| mvaviYZ wk¶KZv †ckvq wb‡qvMKZ.bZzb wk¶KM‡Yi g‡a¨ cvV`vb msµvš– RoZv _vK‡Z cv‡i wKsev cvV`v‡bi Abf¨¯–Zvi Kvi‡Y cvV`vb †hvM¨Zvi I `¶Zvi NvUwZ _vK‡Z cv‡i| G RvZxq wk¶‡Ki `¶Zv AR‡b wmgtyjkb GKwU KvhKi c`‡¶c| Aci c‡¶ AwfÁ wk¶‡Ki cvV`v‡bi bZzb c×wZi PPvq wmgtyjkb mnvqZv K‡i _v‡K| wmgtyjkb cvV`v‡bi gva¨‡g wk¶‡Ki Abyw„Z cvV`vb c×wZ I cwiKíbv cix¶Y m¤e|

gva¨wgK chv‡q wewfb †kYx‡Z Abykxjbx cvV`v‡b mtyhv‡Mi Achv‡ßZvi Kvi‡Y Ges be¨ wk¶K cwk¶Yv_x‡`i wk¶Y `¶Zv AR‡bi Rb¨ mvaviYZt mn-cwk¶Yv_x‡`i gva¨wgK ¯–‡i wk¶v_x mwR‡q GKRb cwk¶Yv_x wk¶K cvV`vb Abykxjb K‡ib| †h‡nZzGwU mwZ¨Kvi †kYxK¶ bq wKsev wk¶v_xiv cKZ.Qv Î-Qv Îx bq ZvB GB wk¶Y †KŠkj‡K QÙ wk¶Y bvgKiY Kiv nq| cvV`vb Kv‡j mncwk¶Yv_xiv wb`ó †kYxi wk¶v_x‡`i fwgKv cvjb K‡i| cvkvcwk mncwk¶Yv_xiv cwk¶Yv_x wk¶‡Ki cvV`v‡bi wewfb †mvcv‡b fvj w`K I g› w`K¸‡jv mbv³ K‡i Zv cvV`v‡bi †k‡l MVbgj¨K mgv‡jvPbvi gva¨‡g wk¶‡Ki cvV`vb †KŠk‡ji ev `¶Zvi ms‡kva‡bi gva¨‡g bZzb `¶Zv AR‡b mnvqK fwgKv cvjb K‡i| QÙ wk¶‡Yi gva¨‡g cwk¶K cwk¶Yv_x wk¶‡Ki cYxZ cwiKíbv Ges Abyw„Z c×wZi h_v_Zv I c‡qvMkxjZv cix¶v Kivi mtyhvM jvf K‡ib|

djvZb

†kYxK‡¶ wk¶‡Ki cvV`v‡bi mdjZv A‡bKvs‡k wbfi K‡i Zvi cYxZ cvV`v‡bi cwiKíbv I Abyw¿Z c×wZi Dci| wewfb wel‡q wb‡`ó welqe¯ Dc¯vc‡b h_v_ c×wZ wbevPb Kiv Ges †m Abyw¿v‡i cwiKíbv ˆZix Kiv wk¶‡Ki cavb `wqZ| cwiKíbv I welqe¯i ms‡M c×wZi mgšq h_v_ wKbv Zv gj¨vq‡bi GKwU c×wZ nj djvZb ev wdWe¨vK|

wdWe¨vK

cwk¶Yv_x‡K Zvi wk¶Y cwµqvq Dbq‡b I ms‡kvab- cwigvR‡b †h civgk c`vb Kiv nq Zv‡K djvZb ev wdWe¨vK e‡j | †kYxK‡¶ wk¶v_x ev cwk¶Yv_xi mej ev `ywj w`Kmgn¨ wPwýZ K‡i Zvi `ewj w`K¸‡jv `ywU Kivi j‡¶¨ Mp¨xZ civgk I w`K wb‡`kbv‡K Òwdwe¨vKÓ e‡j|

wdWe¨vK Gi gva¨‡g I cwk¶Yv_x wk¶‡Ki cvV`v‡bi cwiKíbv I Abyw¿Z c×wZi h_v_Zv wePvi Kiv hvq| wk¶‡Ki Abyw¿Z c×wZ‡Z †KvbwU mgm¨v _vK‡j Zv cieZx‡Z ms‡kva‡bi gva¨‡g cwikxwjZ i¡c jvf K‡i| cwk¶Yv_xi Dc¯vcbvq †h mgm¨v _v‡K Zv KwU‡q DV‡Z myZvi fvBRv‡ii gZvgZ c‡qvRb nq| D³ gZvg‡Zi Dci wfwË K‡i Dc¯vcbKvixi cvV`vb Dbq‡b G djvZb Zv‡K mnvqZv K‡i| wk¶K djvZ‡bi wbqgvejx ev †PKwjó Abyi Y Ges AeMZ Ki‡eb| G e¨vcv‡i †hme c`‡¶c MnY Ki‡Z nq Zv n‡jv-

- cwk¶Yv_x Zvi wb‡Ri mej w`K¸‡jv mbv³ Ki‡eb|
- djvZ‡b BZg‡a¨ wbawiZ welq hv n‡q †M‡Q †m¸‡jvi Dci myZvfvBRvi †Rvi w`‡Z cv‡ib Ges Ab¨vb¨ w`K¸‡jv †hvM Ki‡Z cv‡ib|
- cwk¶Yv_xi †h mKj †¶‡Îi Dbqb c‡qvRb †m¸‡jv mbv³ K‡i †`Iqv|
- GQvov KwL. wk¶v wk¶Y-wkLb cwiKíbv h_v_Zv wbY‡q QÙ-wk¶Y I djvZb cYxZ bgybv †¯‹j¸‡jv ¸i“Zc¥ fwgKv iv‡L t

µt bs	we‡eP¨ welqmgn	‡¶Î we‡kl Dbqb (wUK wPý w`b)		
1	g‡bwe Ávb m¤§Z cwiKíbv	Ávb	`¶Zv	g‡bvfve
2	j¶¨ wbavi Y			
3	mk;Lj Dc¯vcb			
4	wk¶v`v‡bi cwiKíbvi c‡qvRbxqZv			
5	gj-bxwZ I kZ Abymi Y			
6	cvV-cwiKíbv cYqb			
7	Z_¨ AbymÜvb			
8	mgq m‡PZbZv			
9	wk¶v_xi mwµqZv			
10	DcKi‡Yi e¨envi			
11	cv‡Vi avivewnKZv			
12	welqe¯ m¤ú‡K AvMn mwó			
13	mgm¨v mgvav‡b mn‡hvwMZv			
14	gj¨vqb			
15				

djveZ‡bi †KŠkj

1) BwZevPK g‡bvfve mwó Kiv
2) we`q wbaviY
3) Kgc‡Î c¯Z KiY
4) `jMVb
5) mgq wbaviY Kiv
6) bgbxq g‡bvfve
7) MVbgvj‡K mgv‡jvPbv Kiv
8) ab¨ev` Ávcb w`‡q Kvh mgwß KiY|

djveZ‡bi ^ewkó¨

1) GwU Kvhms‡kvab Abykxj‡bi GKwU c×wZ
2) Gi gva¨‡g wk¶‡bi `vwqZv ms‡kvab Kiv hvq
3) mZx_‡`i gv‡S gvj¨vqb Kiv hvq
4) mwweK m‡PZbZv ewn× cvq
5) Gi gva¨‡g ce©c¯wZ †b`qv hvq
6) ‡kYx wbqšY bv ivL‡j wekwLjv n‡Z cv‡i|

djveZ‡bi mvwe©avb

1) wk¶‡Ki Kv‡Ri gvb Dbqb Kiv hvq|
2) wk¶Y-wkL‡bi †KŠkj wbaviY nq|
3) `vwqj I me‡ji mgš‡q cvV`j Kiv hvq|
4) ck Kivi †KŠkj Avq‡Ë Av‡m|
5) cwiKíbv ev¯–evq‡b mnvqK nq|
6) A‡b¨i Î“wU wbaviY K‡i wb‡R‡K ms‡kvab Kiv hvq|
7) ¯”Q Ávb PPv n‡q _v‡K|
8) AvZ¥ we‡k- l‡Yi gva¨‡g AvZ¥wekvm `p nq|
9) †h †Kvb cwiw¯wZ †gvKv‡ejvq m¶g nq|

gvj¨vqb

1. QÙ-wk¶Y I djveZb ej‡Z wK eySvq?
2. wk¶Y-wkLb Kvhvejxi Dbq‡b QÙ-wkL‡bi I djveZ‡bi fwgKv¸‡jv wK wK?
3. wk¶Y-wkLb cwiKíbvi avivewnK cix¶‡Y QÙ wk¶Y I djveZ‡bi D‡j-L‡hvM¨ w`K¸‡jv mbv³ Ki“b|

m¤úvewe¨ DËi

ce - K

- †Kvb GKwU welqe¯ m¤úK© wk¶v_xi avivYv c`v‡bi Rb¨ ev¯–e Ae¯v mwó K‡i wk¶Y wkLb KvR cwiPvjbv Kiv m¤e nq bv| Gme †¶‡Î ev¯–e Ae¯vi KvQvKwQ GKwU Kwlîg Ae¯v ev cwZKwZi gva¨‡g welqwU m¤‡Ü cKZ.avivYv wPÎvq‡bi †Póv Kivi †KŠkj‡KB QÙ-wkLb ev wmgtÿjkb ejv nq|
- GwU GKwU mijxKZ.g‡Wj hvi gva¨‡g Ávb, `¶Zv, †hvM¨Zv I AvPiwYK cwigvRb, cwieab I cwieZ‡bi gva¨‡g wk¶Y Kv‡h Dbqb NUvq|
- G c×wZ‡K c`kbx cvV, wkLb Abykxjb bv‡g I Awfwnz Kiv nh|
- wmgtÿjk‡bi gva¨‡g ce-c¯wZ MnY Kiv hvq|
- welq m¤úK© ¯"Q avivYv R‡b¥|
- Kv‡Ri mwµqZv ewm× cvq|
- ¯Ztùz‡fv‡e wkLb m¤úb nq|
- wb‡RivB wb‡Ri Î "wU ms‡kvab Ki‡Z cv‡i|
- mwVK w`K wb‡`kbv MnY Kiv hvq|
- Kvh m¤úv`‡bi D‡`¨vM †bIqv hvq|
- wk¶Y-wkLb D‡Ïk¨ nwmj nq|

ce - L

- wk¶v c×wZ wbevPb K‡i mv_K wk¶Y m¤úb Kiv‡K Òdjvebó e‡j|
- GwU GKwU m¤úwv`Z Kv‡Ri m¤úv`b cwµqv Ges m¤úv`b cwµqvi ¸YMZ gvb m¤ú‡K A‡b¨i gZvgZ hv KvR m¤úv`bKvix‡K cieZx mg‡q KvR m¤úv`‡bi gvb Dbq‡b mnvqZv K‡i ZvB djvebZ|
- G‡¶‡Î †h mKj bxwZgvjv AbymiYxq Zv n‡"Q :

- cwk¶Yv_x Zvi wb‡Ri mej w`K¸‡jv mbv³ Ki‡eb|
- cwk¶Yv_xi Î "wU ev `ßvj w`K¸‡jv mbv³ Ki †`qv|
- Kv‡Ri cwimi, BwZevPK `wjó fw½, ˆah¨ avivY Kiv, wei w³ cKvk Ki‡Z bv cviv, mej w`K¸‡jvi cksmv Kiv|

ce - L

Kwl.wk¶Y wkLb cwiKíbv Abyôv‡i cwµqv‡K h_v_ I KvhKi ev¯–egyLx wkLb cwiKíbv cbqb Ki‡Z nq| GRb¨ c‡qvRb —

- j¶¨ wbavivY, j¶¨ wbfi c¯wZ MnY
- Kvh c×wZ I †KŠkj w¯iKiY
- cvV-cwiKíbv c¯ZKiY I avivevwnK Dc¯vcb
- DcKiY mieivn I e¨envi
- wk¶v_xi mwµqZvi KvR c`vb|
- †ckvMZ Î "wU wePÿvZ cwgvR‡b mnvqZv K‡i|
- wk¶v_xi KvR ch‡e¶Y I †kYx gÄ¨vqb KvhKix nq|
- †kYx gÄ¨vq‡bi h_vh_ Ae¯vi e¨envi Kiv nq|
- AvPiwYK D‡Ïk¨ wbavivY Kiv hvq|
- ‰eÁwbK ˆewkó¨ MV‡b h_vh_ gÄ¨vq‡bi e¨envi h_vh_ nq|
- `ßvj w`K¸‡jvi Av‡¯– Av‡¯– wbi "rmwnZ Kiv|

djveZ‡bi gš–e¨ BwZevPK nIqv evÂbxq|

BDwbU 8t
†kYx I AMMwZ Afxÿv cYqb Ges b¤i c`vb t
b¤i c`v‡bi gvb`Û wbaviY

Awa‡ekb-19 : †kYx I AMMwZ Afx¶v cYqb Ges b¤i c`vb t b¤i c`v‡bi gvb`Û wbavi Y

Awa‡ekb-20 : we`¨vjq cix¶vq ckcÎ cYqb I b¤i e›Ub t b¤i c`v‡bi mwP, c`Ë b¤i hvPvBKiY I ms‡kvab

Awa‡ekb-21 : wk¶v_x‡`i djvdj msi¶Y I Zv‡`i ARb cwiex¶Y

Awa‡ekb-22 : Gm Gm wm cix¶vq Kwl.wk¶v we‡qi ckcÎ AZxZ I bgybv cix¶v Ges ¯Zš ck chv‡jvPbv

Awa‡ekb-23 : Kwl.wkÿv cÖvt Aa¨q‡bi Dcvq

BDwbU - 8 **Awa‡ekb - 19**

†kYx I AMMwZ Afx¶v cYqb Ges b¤i c`vb : b¤i c`v‡bi gvb`Ê wbaviY

fwgKv

wk¶Y-wkLb Kvh©µ‡gi cvkcwk cwigvc weÁv‡b wk¶v_x i g‡bv‰eÁvwbK I wk¶vgj-K ˆewkó¨ cwigv‡ci Rb¨ bvbv cKvi DbœZ †KŠkj Aej¤b Kivi `wÿ©fw½ BwZg‡a¨ we‡ePbvq Avbv n‡"Q| G¸‡jvi g‡a¨ †kYx Kvh©µg I AMMwZi †¶ÎwU we‡klfv‡e ¸i“Z †`Iqv n‡q‡Q| Zb¥‡a¨ Afx¶v nj cwigv‡ci Ab¨Zg †KŠkj ev DcKiY| wk¶vgj-K I g‡bv‰eÁvwbK Afx¶v¸‡jvi h_vh_ I myZ¡ cwigvc Kivi ¶gZv wbfi K‡i KZ¸‡jv Dcv`vb ev ˆewk‡ó¨i Dci| G¸‡jvB fvj gj¨hvPvB Gi gvb`Ê ev myAfx¶vi ˆewkó¨| Afx¶v Î“wUgyZ I mn‡R ev¯—evqb‡hvM¨ n‡j Ges cvß cwigvc mse¨vL¨vb †hvM¨ n‡j Zv‡K myAfx¶v e‡j| A_vr cVb-cvVb †k‡l c‡qvMKZ.Afx¶v‡KB †kYx Afx¶v ev class test e‡j|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- ‡kYx Afx¶v Kx Zv AewnZ n‡q †kYx Afx¶v c` ˆZwi Ki‡Z cvi‡eb
- AMMwZi Afx¶vq DËg ck cYq‡b we‡eP¨ w`Kmgn- D‡j-L Ki‡Z cvi‡eb
- wk¶v_x gj¨vq‡b b¤i c`v‡bi gvb`Ê wbaviY Ki‡Z cvi‡eb|

cemgn-

ce-K : †kYx Afx¶v I AMMwZ cix¶v

†kYx Afx¶v MVb Kivi mgq Gi AZ¨vek¨Kxq ˆewkó¨¸‡jv AZ¨š– ¸i“Z enb K‡i| †hgb — ˆbe¨w³KZv (Objectivity), wbfi‡hvM¨Zv (Reliability), h_v_Zv (Validity), Zzjbxq Zv (Comparability) Ges me¨vL¨vb (Interpretation)| Gi Rb¨ ckcÎ ev Afx¶v MV‡bi mgq KZ¸wj myiw`ó cšv Aej¤b Ki‡Z nq| †hgb :

- c‡Z¨KwU c‡ki ˆbe¨w³KZv hv‡Z A¶bz _v‡K A_vr Afx¶v c‡YZv, Afx¶K I Afx¶vwU mevi e¨w³MZ cfve †_‡K gy³ _v‡K|
- Afx¶vi wbfi‡hvM¨Zv Avb‡Z n‡j Afx¶vwU‡Z ˆelg¨g‡jK fyj (Variable Error) hZUv Kg nq †mw`‡K †Lqvj ivL‡Z n‡e|
- Afx¶vi h_v_Zv cwZwôZ Kivi Rb¨ c`-wb‡`kK QK (Item Specification Grid) I c` we‡k-lY c×wZi mvnvh¨ wb‡Z n‡e| c`¸wji wef`xKi‡Yi gvb hZ †ewk n‡e Afx¶vwU ZZ †ewk h_v_Zv m¤úb n‡e|
- Afx¶vwUi Zzjbxq Zv I me¨vL¨vbg‡jK ˆewkó¨ mgói Rb¨ GKwU m‡š–vlRbK gvb wbaviY Kiv|

wk¶v_x eÜzv, †kYx Afx¶v ej‡Z g‡jZ †kYxK‡¶ wk¶Y-wkLb Kvhµ‡gi d‡j AwRZ wkLbdj‡K eySvq| G‡¶‡Î wk¶K †h mKj †¶Î we‡ePbvq †i‡L Afx¶vq AMmi n‡eb Zv wPwýZ Kivi †Póv Kwi|

— wk¶v_x hv wk‡L‡Q Zv ¯§iY Ki‡Z cviv|

— hv wk‡L‡Q Zv Abyaveb Ki‡Z cviv|

— AwRZ avivYv wb‡Ri fvlvq cKvk Ki‡Z cviv|

— Z_¨‡K †kYxweb¨vm Ki‡Z cviv|

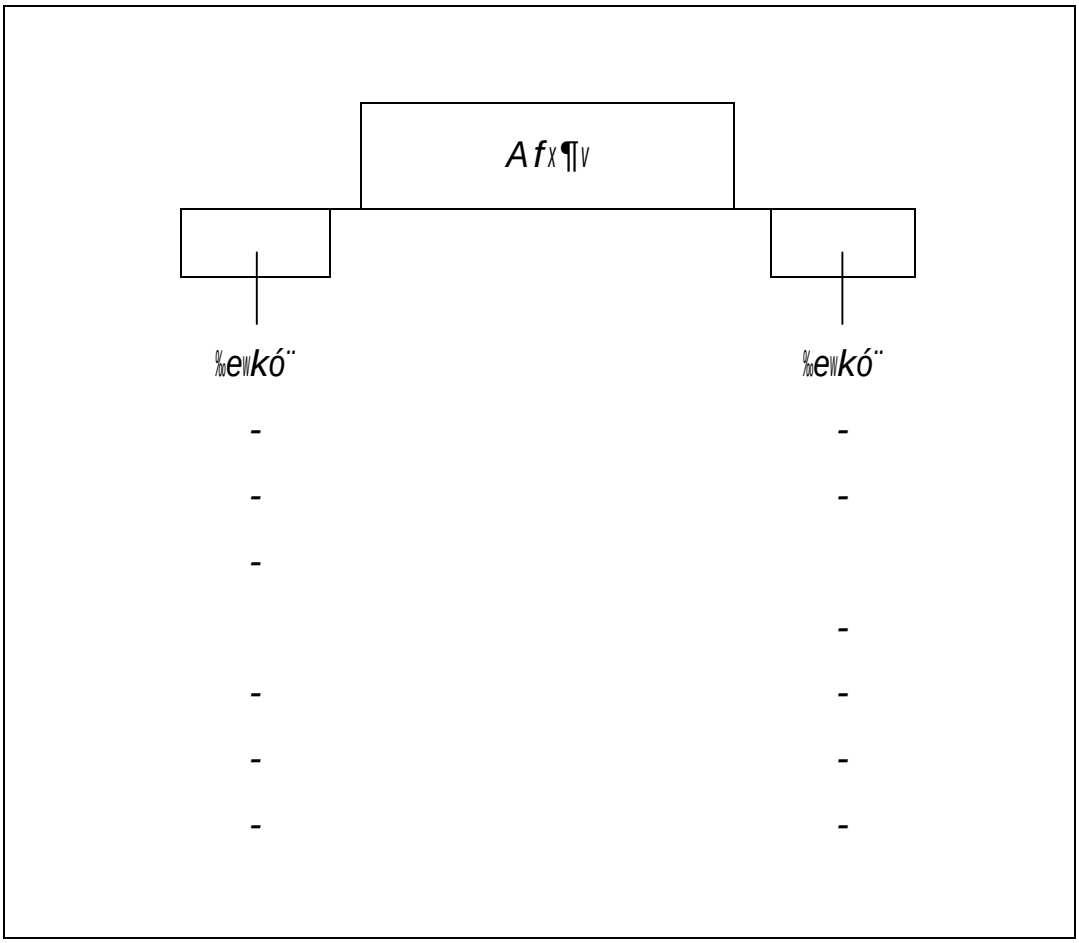
— welqe¯i mvims‡¶c ˆZwi Ki‡Z cviv Ges welqe¯i fve e¨vL¨v Ki‡Z cviv|

— AwRZ Ávb‡K bZzb cwiw¯wZ‡Z c‡qvM Ki‡Z cviv|

— hy³ we‡k-lY Ki‡Z cviv|

— hy³ mnKv‡i wbR¯ gZvgZ e¨³ Ki‡Z cviv|

KvR - 1 : Afx¶v Kx Ges KZ cKvi



AMMwZi cix¶v

†kYx Afx¶vi gva¨‡g mvaviYZ: wk¶v_x‡`i AMMwZi cix¶v Kiv nq| G‡¶‡Î wk¶K mZKZvi m‡½ wk¶v_x‡`i b¤i †`‡eb Ges djvd‡ji b¤i A_ev gš–e¨ Rvbv‡eb| G‡Z wk¶v_xiv Kv‡m Av‡jvPbvi gva¨‡g Zv‡`i fyÎ "wU ms‡kvab Ki‡Z cvi‡e|

ce-L : AMMwZi Afx¶vq DËg ck cYq‡b we‡eP¨ w`K

Afx¶vi h_v_Zv hvPvB‡q ckgvjv cYqb GKwU ¸i"Zc¥ Aa¨vq| ZvB fvj ckgvjv cYqb Kivi Rb¨ h‡_ó `¶Zv, kw³, ˆah¨ I K‡Vvi cwik‡gi c‡qvRb| ckgvjv mnR †evaMg¨ Ges h_vh_ nIqv evÃbxq| ckgvjv cYq‡bi mgq c‡YZv‡K m‡PZb _vK‡Z n‡e †hb Zui gj¥ cwZcv`¨ we‡lq †_‡K weP¨vZ bv nq| wk¶Y-wkLb Kvhvejxi D‡Ïk¨‡K mvg‡b †i‡L c‡YZv‡K avivewnKfv‡e AMmi n‡Z n‡e| cYxZ ckgvjvi we‡×Zv hvPvB Kivi

D‡Ï‡k¨ cix¶vgj‡Kfv‡e ¯ímsL¨K wk¶v_xi g‡a¨ c‡qvM Kiv †h‡Z cv‡i| ckcÎ cYq‡b wk¶v_xi eqm, †gav we‡ePbvq †i‡L c‡ki gvb D‡j-L Ki‡Z n‡e| AMMwZi Afx¶v we‡ePbvq †i‡L wk¶v_xi wPš—b-`¶Zv cKv‡ki welqwU we‡ePbvq ivL‡Z n‡e|

ce-M : wk¶v_x gj¨vq‡b b¤i c`v‡bi gvb `Û wbaviY

wk¶v_xi wkLbdj AR‡bi NUbvi gj¨vhvPvB Kivi Rb¨ wKQyDcNUbv ev DcKg _v‡K hv MwYwZK ev Dcjwä Øviv GKwU gvb wbaviY Kiv hvq| cwZwU DcKg ev aviYv‡K Av`k Ae¯vi mv‡_ Zzjbv K‡i gj¨vhvPvB Kiv nq Ges gvb`‡Ûi wePvi Kiv hvq| hvi gva¨‡g wk¶v_xi wkLbdj ARb cwigvc Kiv hvq Ges wk¶v_xi wkL‡b AMmi nq| A_vr cwZwU gvb`‡Ûi wecix‡Z gj¨ Av‡ivc KivB nj b¤i c`vb mwP| gvb`‡Ûi ˆewkó¨ n‡e h_v_, wbfi‡hvM¨, c‡qvMkxj| Kvib b¤i c`v‡bi mwP ˆZwi K‡i gj¨vhvPvB Ki‡j GK`j wk¶v_xi Zzjbvgj¨vK Ae¯vb bvbv Awf½‡K h_vh_fv‡e wbYq Kiv hvq| G‡Z D‡Ï‡k¨i mv‡_ djvd‡j i m¤úK© mÿú nq|

Avmjvg wk¶v_x eÜzi, Avgiv b¤i c`v‡bi gva¨‡g wk¶v_x gj¨vq‡bi mvgvav¸‡jv wPwýZ Kivi †Póv Kwi|

— wk¶v_x wkL‡b AvMnx nq|

— cwZ‡hvwMZvgj¨vK g‡bvfve mÿó nq|

— b¤i c`vb ˆbe¨w³K nq|

— mn‡R b¤i c`vb Kiv hvq|

— mvgvw`ófv‡e b¤i †`qv hvq|

— mvgvAfx¶vi ˆewkó¨ eRvq _v‡K|

KvR- 2 b¤i c`v‡bi gvb`Û wbaviY

µg bs	‡¶Î	c‡ki avivq	gvb`Û
1			
2			
3			
4			
5			
6			

BDwbU - 8 **Awa‡ekb - 19**

gj¨ wkLbxq welq

†kYx I AMMwZ Afx¶v cYqb Ges b¤i c`vb : b¤i c`v‡bi gvb`Ê wbaviY

Avavjvbv K wk¶vi D‡Ïk¨ nj wk¶v_xi mßg cwZfvi weKvk mva‡bi gva¨‡g Zvi AvPi‡Yi Kw•LZ cwieZb mvab| AvPi‡Yi GB cwieZb KZUzKz Zv wbYq Kiv nq wk¶v_xi gj¨vq‡bi gva¨‡g| wk¶v_x gj¨vq‡bi A_vr wk¶v_x‡`i wk¶vMZ gj¨ hvPvB‡qi GKwU D‡j-L‡hvM¨ nwZqvi nj Afx¶v| Afx¶vi Bs‡iRx cwZ kã Test hv Awfawb K_ nj Trial for the qualities of a person or a thing. A_vr Afx¶v nj Ggb GKwU cwµqv hvi gva¨‡g †Kvb e¨w³ ev e¯i ¸YMZ gvb hvPvB Kiv nq| e¨vcK A‡_- Ò‡hmKj nwZqvi DcKiY ev †KŠkj e¨env‡ii gva¨‡g wk¶v_x‡`i wbawiZ wel‡q AwRZ Ávb, `¶Zv, KwZZ ev AMMwZ hvPvB K‡i Zv‡`i ci¯ú‡ii cvi`vkZv wbi¡cY Kiv nq ZvB ÒAfx¶vÓ| Afx¶vi KvhKwiZv, c‡qvM I cKwZ.Abyv‡i †kYx fvM Kiv n‡q _v‡K|

Afx¶v cavbZ `ßi cKvi

K) mvg‡_¨i Afx¶v t G ai‡bi Afx¶vi g‡a¨ i‡q‡Q KwZ‡Zi Afx¶v ev cvi`vkZvi Afx¶v, ceYZv Afx¶v Ges eyw× Afx¶v |

L) e¨w³‡Zi Afx¶v t G ai‡bi Afx¶vi g‡a¨ i‡q‡Q g‡bvfve cwigvcK Afx¶v, AvMn cwigvcK Afx¶v, Awf‡hvRb Afx¶v, Pwiwî K ˆewkó¨ cwigvcK Afx¶v BZ¨vw`|

KwZ‡Zi/cvi`vkZvi Afx¶v

wk¶v †¶‡Î KwZ‡Zi Afx¶v‡KB wk¶vgj¨K Afx¶v e‡j | GKwU wbw`ó mgq mxgvi g‡a¨ wbawiZ cvV¨mwPi Av‡jv‡K GKRb wk¶v_x KZUzKz Ávb ARb Kij Zv cwigv‡ci nwZqvi ev †KŠkj‡K KwZ‡Zi Afx¶v e‡j| g‡bwe` †R.wm. b¨v‡bjx Gb Gi g‡Z-GKwU wbw`ó mg‡q we`¨vj‡qi QvÎ‡`i wk¶vMZ AMMwZi cwigvc KivB KwZZ Afx¶vi D‡Ïk¨| GLv‡b iPbvgj¨K I ˆbe¨wËK Dfq ai‡bi Afx¶vB e¨envi Kiv hvq| mvaviYZ †kYx K‡¶ Ges we`¨vj‡q wewfb wel‡q †h mvgwqK I ewlK cix¶v MnY Kiv nq Zv gj¨Zt GB KwZZ Afx¶v| KwZZ Afx¶v‡K msMVwbK w`K †_‡K mvaviYZt `ßvfv‡M fvM

Kiv nq - Av`kwqZ Afx¶v I wk¶K wbwgZ Afx¶v|

†kYx Afx¶v

‡kYx Afx¶vi gj- K_v n‡"Q - wk¶v_x cwZ w`b †kYx‡Z †h wk¶Y-wkLb Kvhµ‡g AskMnY K‡i Zv †_‡K wk¶v_x‡`i ARb gj¨vqb †KŠkj| †kYx Afx¶v bZzb wKQybq| GwU MVbgj-K gj¨vq‡bi GKwU aib| Kwl.wk¶vi A‡bK wk¶KB Zv‡`i wk¶v_x‡`i AMMwZ hvPvB‡qi Rb¨ wbqwgZ Afx¶v wb‡q _v‡Kb| ‡kYx Afx¶v Kj‡Z gj-Zt wjwLZ cix¶v‡K e¨vq| mvaviYZ wm‡jev‡mi †Kvb cwi‡"Q‡`i †k‡l, cV¨cy–‡Ki Aa¨vq †k‡l ev †Kvb BDwb‡Ui Kv‡Ri †k‡l GB cix¶v †bqv nq| Kvm Pjv Kv‡j welq wk¶KMY †kYx Afx¶v wb‡q _v‡Kb| G cix¶vq mKj wk¶v_x‡K A‡b¨i mvnvh¨-mn‡hvwMZv QvovB GKK fv‡e c`Ë ck/ck¨"Q DËi/wbR¯ gZvgZ hy³ mn Dc¯vcb Ki‡Z nq|

Avgv‡`i †`‡ki we`¨vjq¸‡jvi Kwl.wk¶v †kYx‡Z we"Qbfv‡e †kYx Afx¶vi KvR Pvjv‡bv nq A_vr mKj wk¶K †kYx Afx¶v †bb bv Avevi whwb †bb wZwb djvdj msi¶Y wKsev wjwce× K‡i iv‡Lb bv Ges G djvdj Zv‡`i mvgwqK ev ewlK cix¶v †k‡l mvgwMK gj¨vq‡bi m‡½ Aš–fy³ K‡ib bv| †Kej gvÎ wZwb cvß djvdj wk¶v_x‡`i Aewnf~Z K‡i _v‡Kb, hv wk¶v_x‡`i Zv‡`i A¶gZv Î "wU-wePvi Z m¤ú‡K avivYv †c‡Z mnvqZv K‡i _v‡K| cvkvcwk ‡kYx wk¶KMY I †kYx cVb cvVb cwµqvq Zv‡`i Mp¨xZ c`‡¶‡ci gj¨vq‡bi m¤úbœM cvb| wKš SBA (School Based Assessment) hv GL‡bv cix¶vY chv‡q Av‡Q Zv‡Z †`Lv hvq- †kYx Afx¶vq cvß b¤i wk¶v_x‡`i mvgwMK gj¨vq‡b fwgKv iv‡L| wk¶K hZ b¤ii g‡a¨ gj¨vqb Ki"b bv †Kb Gm we G Gi eivÏKZ.30 b¤‡ii g‡a¨ 5 b¤i †kYx Afx¶vi Rb¨ wbawiZ| wk¶v_xi cvß b¤i‡K c~Y b¤i 5 a‡i cwieZb K‡i djvdj ^Zix Ki‡eb|

†kYx Afx¶vi gva¨‡g wk¶v_x‡`i wPš–b `¶Zvi AMMwZ gj¨vqb Kiv nq| ZvB G Afx¶v cYq‡b Z_v ck cYq‡b †h bxwZgvjv i‡q‡Q Zv K‡Vvi fv‡e Abymi Yxq| †kYx wk¶K Ggbfv‡e Afx¶v ^Zwi Ki‡eb †hb Zvi gva¨‡g wk¶v_x‡`i Ávbgj-K `¶Zv, †eŠw×K I Av‡ewMK †¶‡Î AvPiwYK cwieZb Z_v AwRZ wkLbdj gj¨vqb Kiv hvq|

†kYx Afx¶vq bvbv ai‡bi ck Kiv †h‡Z cv‡i, †hgb- eû wbevPbx, mZ-wg_¨v, msw¶ß DËigY-K, iPbvgY-K, KvVv‡gve× ck BZ¨w`| †kYx Afx¶v cYq‡bi †¶‡Î wk¶K‡K mgq wb‡q wPš—v K‡i DbZgv‡bi wPš—v DÏxcK D"P gv‡bi ck cYqb Kiv `iKvi| †hgb- ÒDbZ gv‡bi ex‡Ri ˆewkó¨mgn- wjLÓ Gi weKí wnmv‡e ck Kiv hvq ÒGKRb KIKÓ wKfv‡e DbZ gv‡bi exR I wbggv‡bi exR cv_K¨ Ki‡Z cvi‡eb? Ó

†kYx Afx¶vi gva¨‡g wk¶v_x‡`i wPš—b `¶Zvi AMMwZ gY-¨vq‡bi †¶Îmgn- A_vr †kYx Afx¶vi gva¨‡g †h mKj cvi`wkZv gY-¨vqb Kiv n‡e Zv wbgi¡c t

- †kYx wk¶Y- wkLb Kvhµ‡gi AwRZ wkLb dj ¯§iY Ki‡Z cviv
- hv wk‡L‡Q Zv Abyaveb Ki‡Z cviv I jä avivYv wb‡Ri fvlvq cKvk Ki‡Z cviv
- Z_¨‡K †kYx webvm Ki‡Z cviv
- Z_¨ ms‡•Lv I‡Yi gva¨‡g mvivsk ˆZix Ki‡Z cviv
- AwRZ Ávb‡K bZzb †¶‡Î c‡qvM Ki‡Z cviv
- †Kvb we‡q hyM¥mn wb‡Ri gZvgZ cKvk Ki‡Z cviv
- fvj-gv› I †gav-¸Y wePv‡i e¯ev NUbvi hZvh_ ¸i "Zv‡iv‡ci gva¨‡g gY-¨‡eva RvMZ Kiv|

AMMwZi Afx¶v

†h ‡Kvb wk¶v Kvhµ‡g GKwU wbawiZ cvV¨mwP‡K Abyaviv K‡i wk¶Y-wkLb Kvhµg cwiPwjZ nq| wk¶Y-wkLb cwµqv PjvKv‡j gv‡S g‡a¨ Ges Kvhµ‡gi †k‡l wk¶v_xi wk¶vi AMMwZ gY-¨vqb Kiv nq| †h Afx¶v Z_v ck¸‡"Qi gva¨‡g wk¶v_x‡`i AMMwZ gY-¨vqY Kiv nq Zv‡K AMMwZi Afx¶v e‡j| wk¶Y-wkLb cwµqvi gva¨‡g wkLb AwfÁZv AR‡bi d‡j wk¶v_x hZUkzÁvb ARb K‡i‡Q Ges wK ai‡bi gvbwmKZv †cvIY

K‡i Zv hvPvB Kiv nq| wk¶v_x‡`i cv‡Vi AMMwZ hvPvB Kvhµg KL‡bv MVbgv‡K Avevi KL‡iv mvgwóK gv‡`qb cwµqvi gva¨‡g Kiv nq| Dfq cwµqvq wjwLZ, †gŠwLK, iPbvgv‡K, msw¶ß ev ^be¨w³K c‡ki Av‡jv‡K Kiv nq| AMMwZi Afx¶v cYq‡b wk¶K‡K DËg ck cYq‡bi bxwZ h_vh_ f‡e Abyôv‡bi Kv‡Z nq| DËg ck cYq‡bi bxwZgvjv m¤ú‡K cieZx Aa¨v‡q Av‡jvPbv Kiv n‡q‡Q|

b¤i c`v‡bi gvb`Û

Avgv‡`i †`‡ki wk¶v e¨e¯'vq cix¶v c×wZ Ges DËi cÎ gv‡`q‡b †Kvb mybw`ó ev Av`kgvb GL‡bv M‡o D‡Vwb ZvB hZRb cix¶K ZZUvB cix¶vi gvb Avgiv †`‡L _wK| DËi cÎ gv‡`q‡b I b¤i c`v‡b mybw`ó †Kvb wbqg bv _vKvq cix¶K gn‡j †h KZ we‡PÎ I åvš– avivYv Av‡Q Zvi †Kvb BqËv †bB| G‡KK Rb cix¶‡Ki DËi cÎ gv‡`q‡bi bxwZ G‡KK iK‡gi | †Kvb cix¶K fvlvMZ I e¨vKiYMZ w`‡K †ewk g‡bv‡hvMx nb, Avevi †Kvb cix¶K DËi c‡Î †ewk D×vwZ cQ›` K‡ib Avevi Kv‡iv Kv‡iv D×vwZ Lvgv GKUv cQ›` bq| nv‡Zi †jLv †Kgb ev evbvb fvjvi Rb¨ †Kvb b¤i KvUv n‡e wKbv, cix¶K fvlvi Dci †ewk ¸i“Z w`‡eb bv Z‡_¨i Dci - G mKj we‡q mÿú †Kvb wb‡`kbv bv _vKvq DËi cÎ gv‡`q‡b I b¤i c`v‡b cix¶‡Ki e¨w³MZ cfve c‡o| A‡b‡K fvj wj‡L Kg b¤i cvq Avevi †KD A‡c¶vKZ.Lvivc wj‡L I fvj b¤i ‡c‡q _v‡K| b¤i c`v‡b Afx¶‡Ki e¨w³MZ i“wP, †gRvR, ceYZvi Dci wbfi K‡i| G cm‡½ g‡bweÁvbx m¨wÛ‡dvW e‡jb- b¤i c`vb N›Uvq N›Uvq Ges Lvlqvi Av‡M I c‡i cwiewZZ nq|

Dc‡iv³ mgm¨v mÿgymgva¨‡bi j‡¶¨ Afx¶v cYqbKvix‡K/ck c`v‡b GKwU Av`k gvb`Û wbaviY Kiv DwPr| mKj ai‡bi ^be¨w³K we‡kl K‡i eûwbevPbxgv‡K ev kb¨vb ci‡Ygv‡K cwZ c‡k GK b¤i eivÏ _v‡K weavq Gai‡bi DËi gv‡`q‡b †Kvb mgm¨v †Kvb mgm¨v mÿó nq bv| mgm¨vc¥`‡¶Î nj iPbvgv‡K c‡ki b¤i e›Ub I b¤i c`v‡b| ck cYq‡bi †¶‡Î gv‡` we‡ePP¨ nj KZ¶Y mgq cix¶vi Rb¨ wbawiZ| ckc‡Î b¤i e›U‡bi †¶‡Î m¤ve¨ DË‡ii we¯ZwZ, DË‡ii cKwZ, KwV‡b¨i gvÎv, msw¶ß †Wv‡gBb BZ¨w` welq¸‡jv we‡ePbvi `vex iv‡L| GiKg GKwU m¤ve¨ gvb`Û wb‡P c`Ë nj —

b¤i c`v‡bi gvb`Û

µg bs	†¶Î	c‡ki aib	gvb`Û
1	Ávb	‡K, wK, †Kv_vq, †KvbwU	1
		msÁvwqZ Kiv, bvgKiY Kiv, wb‡`k Kiv BZ¨vw`	2
2	Dcjw×	‡Kb, Kxfv‡e, mv`k wbYq, Zÿbv Kiv BZ¨vw`	3
3	c‡qvM	‡kYx webvm Kiv, fve-m¤cmviY Kiv, mevqb Kiv, wek` e¨vL¨v Kiv, mbv³ Kiv BZ¨vw`	4
4	we‡ølY	we‡ølY Kiv, cv_K¨ wbYq Kiv, e¨vL¨v Kiv, Av‡jvPbv Kiv BZ¨vw`	4
5	ms‡ølY	Drcv`b Kiv, c¯–ve Kiv, cwiKíbv Kiv, ms‡k-lY Kiv, ¯vcb Kiv, mvi ms‡¶c Kiv, wm×vš– MnY Kiv BZ¨vw`	5
6	gj¨vqb	hvPvB Kiv, ¸i“Z wbi¦cY Kiv, Zvrch we‡k-lY Kiv, gj¨vqb Kiv, mgv‡jvPbv Kiv, we‡ePbv Kiv BZ¨vw`	6

†kYx l AMMwZ Afx¶v cYqbKv‡j GKwU gvÎ iPbvgj¨K c‡ki cwie‡Z K‡qKwU ‡QvU-eo, mnR-KwVb c‡ki mgš‡q KvVv‡gv e× ck cYq‡b civgk †`lqv nj| KviY Gai‡bi c‡k GKw`‡K †hgb wk¶v_x‡`i eûgyLx cwZfvi hvPvB Kiv m¤e, Ab¨w`‡K `ªvj wk¶v_xivl wKQymnR c‡ki Reve w`‡q AvswkK b¤i †c‡Z cv‡i| †hgb -

KvVv‡gve× ck (mgwšZ gvQ Pvl m¤ú‡K Aa¨q‡bi ci) t

1| K) av‡bi Pviv †ivc‡bi KZw`b ci gv‡Qi †cvbv Qvo‡Z nq? 1 b¤i

L) avb †¶‡Z gvQ Pv‡li mweav¸‡jv Kx? 2 b¤i

M) 10 kZvsk cwigvY Rwg‡Z †Kvb cRvwZi KZwU gv‡Qi †cvbv Qvov †h‡Z cv‡i

Ges †Kb ? 3 b¤i

N) 10 kZvsk RwUg‡Z mgwšZ gvQ Pv‡li GKwU msw¶ß cwiKíbv cYqb Ki| 4 b¤i

gj¨vqb

1. Afx¶v Kv‡K e‡j?
2. Afx¶v wbfi‡hvM¨Zv wbY‡qi Dcvq¸‡jv mbv³ Ki“b|
3. wk¶v_xi gj¨vq‡b b¤i c`v‡bi mvgvb¨ Dj-L Ki“b|
4. ‡kYx AMMwZ I wk¶v_x gj¨vq‡b Afx¶v I b¤i c`v‡bi gvb`Û wK wK ai‡bi fwelqKv ivL‡Z cv‡i e‡j Avcwb g‡b K‡ib|

m¤ve¨ DËi

ce - K

- †h mKj nwZqvi, DcKiY ev †KŠkj e¨envi¨ii gva¨‡g wk¶v_x‡`i wbawiZ we‡q AwRZ Ávb, `¶Zv, KwZZ ev AMMwZ I cvi`wkZv wbi¦cY Kiv nq ZvnvB ÒAfx¶vÓ|
- Afx¶v cavbZ t `ßi cKvi h_v- mvg‡_¨i Afx¶v I e¨w³‡Zi Afx¶v|
- mvaviYZt cvV¨cÖ–‡Ki Aa¨v‡qi †k‡l ev †Kvb BDwb‡Ui Kv‡Ri †k‡l wk¶v_xi ARb gÄ¨vqb‡KB Ò‡kYx Afx¶vÓ e‡j|
- †kYx Afx¶vi gva¨‡g mvaviYZt wk¶v_x‡`i wPš–b `¶Zvi AMMwZ gÄ¨vqb Kiv nq|
- †h Afx¶v ev ck¸‡”Qi gva¨‡g wk¶v_x‡`i AMMwZ gÄ¨vqb Kiv nq Zv‡K ÒAMMwZi Afx¶vÓ e‡j|
- AMMwZi Afx¶vq wjwLZ, †gŠwLK, ^be¨wËK, msw¶ß Ges iPbvgÄK ck cYqb Kiv nq|
- †kYx Afx¶v ej‡Z gÄZ MVwbK gÄ¨vqb Ges AMMwZi Afx¶v ej‡Z cwš–K gÄ¨vqb‡K eÜvq|

ce - L

mvaviYZt †kYx Afx¶v ej‡Z †kYxK‡¶ †Kvb we‡qi †Kvb Aa¨vq ev cvV cwi‡”Q‡`i cvV †k‡l †kYx wk¶K KZK. wk¶v_xi cvV - †evaMg¨Zv Rvbvi Rb¨ c‡qvMKZ. †KŠkj‡KB eÜv‡bv nq| A_vr cVb-cvVb †k‡l c‡qvMKZ.Afx¶v‡KB †kYx Afx¶v ev Class test e‡j| †kYx Afx¶v b¤i c`v‡bi gva¨‡g wk¶v_xi †h mKj †¶Î¸‡jvi Dci wfwË K‡i ck cYqb Kiv nq Zv n‡”Q —

- wk¶v_xi ¯‹Z cLiZv
- wk¶v_xi wkLb `¶Zv
- Abyôvb I †evaMg¨Zvi hvPvB
- Dc¯vcb `¶Zv BZ¨w`|

ce - M

wk¶K †kYx wk¶v_x‡`i welqwfwËK AMMwZ hvPvB Kivi Rb¨B †kYx Afx¶vi c‡qvM K‡i _v‡Kb hvi mydj A‡bK| GwU wk¶Y wkLb Kv‡Ri Ask|

Afx¶v nj GK¸"Q ckcÎ ev test hvi gva¨‡g wk¶v_xi welq Ávb I `¶Zvi µgvMMwZ wbavi‡Yi Rb¨ gvb e›Ub Kiv nq| GwU †kYx wk¶K KZK.cYxZ Ges c‡qvM‡hvM¨| hvi gva¨‡g wk¶v_xi,

- fvj djvdj ARb wbwðZ nq
- cybt AskMn‡Yi mÿhvM nq
- †gavi weKvk nq
- cwZ‡hvwMZv gj¡K g‡bvfve `p nq|
- wPš—b `¶Zvi weKvk nq
- fyj ms‡kva‡bi mÿhvM nq
- AvZ¥gj¡¨vq‡bi mÿhvM nq
- Ávb PPvi cwZ AvMn I g‡bv‡hvM ew× Kiv hvq

AMMwZi Afx¶vi c‡qv‡M KwZcq mxgve×ZvI i‡q‡Q| Zv nj t

- mK‡ji †¶‡Î mgq g¨v‡bR Kiv m¤e nq bv|
- wk¶‡Ki Kv‡Ri cwiwa †e‡o hvq|
- wk¶K wk¶v_x Kvh weo¤bvq c‡o|
- Afx¶vi c‡qvM `¶Zvi Rb¨ cwk¶‡Ki `iKvi nq|
- c‡qvRbxq msL¨K DcKi‡Yi `iKvi nq|
- AMMwZi Afx¶vi c‡qv‡M me mgq `¶ wk¶‡Ki c‡qvRb|

BDwbU - 8 **Awa‡ekb - 20**

we`¨vjq cix¶vq ckcÎ cYqb I b¤i eÈb : b¤i c`v‡bi mwP, c`Ë b¤i hvPvBKiY I ms‡kvab

fwgKv

mybw`ó I cvi¯úwiK †hvMv‡hv‡Mi mgš‡q Z_¨ msM‡ni D‡Ï‡k¨ †h mKj Aej¤b Kiv nq Zb¥‡a¨ ckcÎ cYqb GKwU ¸i“Zc¥ Aa¨vq| we`¨vjqwfwËK wkLbdj ARb Qvov I wk¶v_xi mwPeK g~j¨vq‡bi †¶‡Î ckcÎ cYqb GK ¸i“Zc¥ fwgKv iv‡L| mvaviYZ: eo AvKv‡ii Rb‡Mvôx †_‡K Z_¨ msM‡ni Rb¨ ckcÎ cYqb Ges g~j¨hvPvB‡qi Rb¨ b¤i eÈb Kiv nq| Gi gva¨‡g wk¶v_xi cwigvYMZ I ¸YMZ gvb msMn Kiv mnR nq| A_vr GwU Z_¨ msM‡ni GKwU mnR DcKiY| myZivs ckcÎ cYqb I b¤i eÈ‡b †ek wKQybxwZgvjv I ˆewkó¨ we‡ePbvq _vKv Avek¨K|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- we`¨vjq cix¶vi Rb¨ DbœZ ckcÎ cYqb Ki‡Z cvi‡eb
- we`¨vjq cix¶vq b¤i c`v‡bi we‡eP¨ I KiYxq welqvejx D‡j-L Ki‡Z cvi‡eb
- DËicÎ g~j¨vq‡b b¤i c`v‡bi mwP wbaviY Ki‡Z cvi‡eb
- ckc‡Î b¤i hvPvB‡qi †KŠkj Ges cix¶vq cvß b¤i ms‡kvab Ki‡Z cvi‡eb|

cemgn

ce-K : bxwZgvjvi Av‡jv‡K cix¶vi ckcÎ cYqb

wk¶v_xi mwPeK g~j¨vq‡bi Rb¨ GKwU mvaviY DcKiY n‡"Q ckcÎ| myZivs GKwU fvj ckcÎ cYqb Kivi Rb¨ h‡_ó `¶Zv, kw³, ˆah I K‡Vvi cwik‡gi c‡qvRb| KviY ckgvjv cYq‡b c‡YZv‡K h‡_ó m‡PZb _vK‡Z n‡e †hb Zui g~j¨ cwZcv`¨ welq †_‡K wePvZ bv nq| AwfÁ I cvi`kx e¨w³i Øviv cYqbKZ.ckgvjvi Av‡jv‡K ckcÎ cYqb Kiv Ges Zuvi`i gZvZ hvPvB Kiv GKvš– c‡qvRb| ckgvjv mnR †evaMg¨ Ges h_vh_

nIqv evÂbxq| Zvn‡j mwVK DËi cvIqvi m¤vebv _v‡K| cwZwU c‡ki KwVb¨ gvÎv I gvb wbi¦cY Ki‡Z n‡e| ckc‡Îi Av‡jv‡K DËi `v‡b wbR¯ wPš–b `¶Zv c‡qv‡Mi K_v we‡ePbvq _vK‡Z n‡e| G Qvov ckgvjvi weï×Zv hvPvB Kivi D‡Ï‡k¨ cix¶vgj-Kfv‡e Aí K‡qKRb wk¶v_xi g‡a¨ c‡qvM Kiv †h‡Z cv‡i| AZGe wk¶v_xi †kYx wk¶vi wk¶Y-wkL‡b †gavi cwigvc, Zzjbvgj-K wePvi we‡k-lY I gvbwmK `¶Zv hvPvB Kiv hv‡e|

KvR - 1 : we`¨vjq cix¶vq ckcÎ cYqb bxwZgvjv

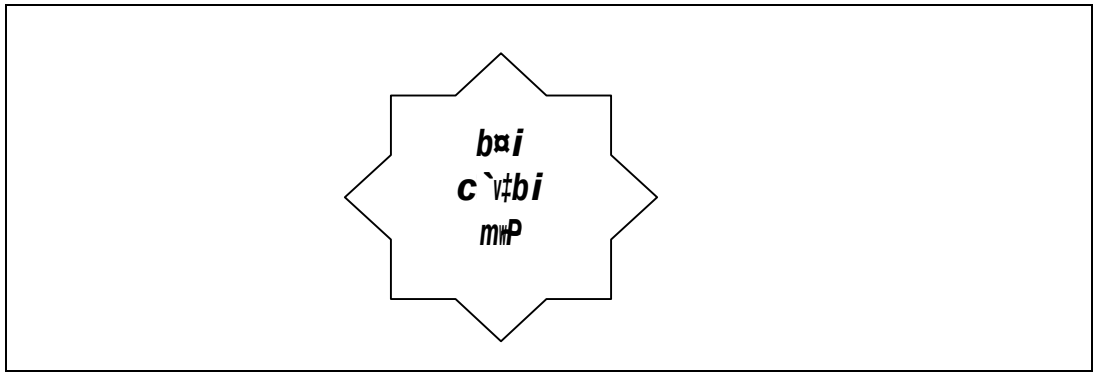
ce-L : b¤i c`v‡bi mwP wbaviY I c`Ë b¤i hvPvBKiY

†Kvb Kg ev NUbvi gj¨hvPvB‡qi Rb¨ DcKg ev NUbv¸‡jv‡K we‡k-lY K‡i MwYwZKfv‡e Zvi GKwU gvb wbaviY Kiv hvq| G ai‡bi msL¨v ev Dcjwä¸‡jv‡K gvb wbavi‡Yi gvb`Û wn‡m‡e wPwýZ Kiv nq Ges cwZwU DcKg ev avivYv‡K Av`k Ae¯vi mv‡_ Zzjbv K‡i gj¨hvPvB Kiv nq| †hgb - AwZ fvj, DËg, fvj, †gvUvgwU fvj, g› ` BZ¨vw` gvb`‡Ûi wePvi Kiv hvq| mvweKfv‡e ch‡e¶‡Yi ci `k¨gvb djvdj †_‡K G mKj wm×vš– MnY Kiv nq| Z‡e DrKó..gvb wbwðZ Kivi Rb¨ weÁvbwfwËK we‡k-lYagx meRb ¯xKZ.GKwU gvb MvwbwZKfv‡e wbaviY Kiv c‡qvRb| GB gvb wbaviY Kivi Rb¨ DcKvR¸‡jv‡K web¨¯– K‡i Zvi cwZwU As‡k wfbfv‡e gj¨ Av‡ivc Kiv nq| GUvB n‡"Q b¤i c`vb mwP| A_vr cwZwU gvb`‡Ûi wecix‡Z gj¨ Av‡ivc KivB nj — b¤i c`vbmwP| Z‡e G gvb`‡Ûi ˆewkó¨, (h_v_Zv, wbfi‡hvM¨ I c‡qvMkxj)

_vK‡Z n‡e|

wk¶v_x eÜzi, Pjgv Avgiv ckc‡Î b¤i c`v‡bi mwP¸wj hvPvB‡qi †Póv Kwi|

KvR - 2 : ckc‡Î b¤i c`v‡bi mwP hvPvBKiY



ce-M : we`¨vjq ci¶vq b¤i c`v‡bi ¸i“Z

we`¨vj‡q wk¶v_xi mvweK gj¨vq‡bi Rb¨ ckcÎ cYq‡bi cvkvcwk ckc‡Î b¤i c`vb AZ¨š– ¸i“Zc¥ fwgKv cvjb K‡i| cvkvcwk wk¶v_xi DËi c`v‡b I wPš–vkw³i weKv‡ki h_v_Zv I wbfi‡hvM¨Zv cwZdjb NwU‡q _v‡K| cvkvcwk wk¶‡Ki †ckvMZ w`K Dbqb mvab Kiv Ges wk¶Y-wkLb Kvhvejx‡K AwaK djcm‡¤Z Ae`vb ivL‡Z mnvqZv K‡i| wk¶K wn‡m‡e wb‡R‡K cwZwôZ Kivi Rb¨ †ek wKQy¶Î we‡ePbvq Avbv nq| †hgb -

- wbR¯ Ávb I ey×gËv
- mZZv
- ‰bwZKZv
- Aa¨emvq
- Kgkw³ I cwikg Kivi mvg_
- cwiw¯wZ we‡k- lY Kivi ¶gZv
- gj¨vqb †hvM¨Zv ev wePvi ¶gZv

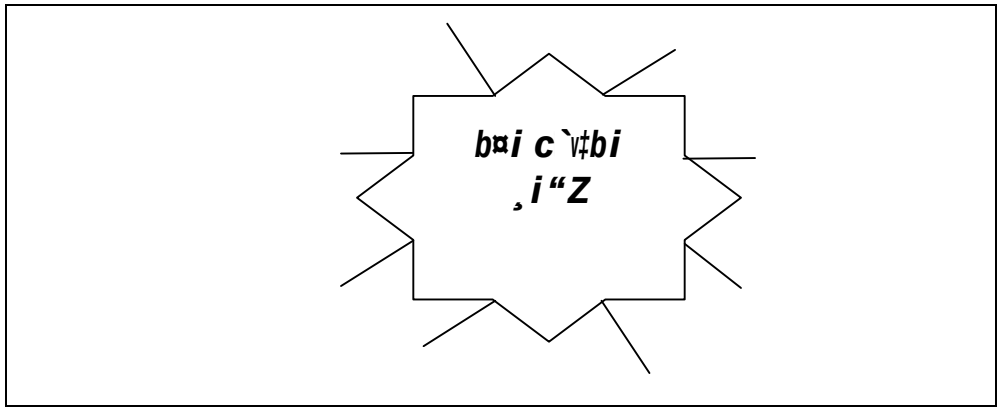
- wm×vš– MnY ¶gZv
- mgšq mvab ¶gZv
- cwiKíbv cYqb I ev¯–evqb `¶Zv
- `wjó fw½ BZ¨vw` |

GQvov ckcÎ cYqb Ges gvb`Û c`v‡bi †¶‡Î wk¶K wb‡Ri m¤ú‡K Rvbvi Rb¨ PviwU ‡¶Î DbœPZ K‡i | †hgb,

- wb‡R‡K Dbœ³ Kivi †¶Îmgn- (Open Self Area)
- wb‡Ri jvKvwqZ †¶Îmgn- (Hidden Self Area)
- wb‡Ri AÜKvi”Qb †¶Îmgn- (Bind Self Area)
- ARvbv †¶Îmgn- (Undiscovered Self Area)

wk¶v_x eÜzi, Pjgvi Avgiv cix¶vq b¤i c`v‡bi ¸i“Z¸‡jv wPwýZ Kivi †Póv Kwi |

KvR - 3 : cix¶vq b¤i c`v‡bi ¸i“Z



gj¨ wkLbxq welq

we`¨vjq cix¶vq ckcÎ cYqb I b¤i eÈb : b¤i c`v‡bi mwP, c`Ë b¤i hvPvBKiY I ms‡kvab

Avbyôv wbK wk¶vavivi Ab¨Zg cwZôvb we`¨vjq| wk¶vi gva¨‡g wk¶v_x‡K cÖvß e¨w³‡Z i¡cvq‡b we`¨vjq m`v KgiZ| †`‡ki wk¶vbxwZ ev¯–evq‡bi ZYgj¨ chv‡qi cwZôvb nj we`¨vjq| RvZxq wk¶vµ‡gi D‡Ïk¨i ev¯–evqb I wk¶v_x‡`i ARb KZUkzev Kx gvÎvq AwRZ n‡"Q Zv wbYxZ nq wk¶v_x‡`i gj¨vq‡bi gva¨‡g| we`¨vjq Kvhµ‡gi Ask wn‡m‡e Avgv‡`i wk¶ve¨e¯vq `xNw`b hver cPwjZ Av‡Q MvVwbK I cwš–K gj¨vqb e¨e¯v| cwš–K gj¨vq‡bi KvRwU mgvav Kiv nq ckcÎ cYqb K‡i Zvi Av‡jv‡K cix¶v Av‡qvR‡bi gva¨‡g|

Kwl.wkÿv welqwU RxeweÁv‡bi GKwU dwjZ kvLv| Kgg¨vx wk¶v †h‡nZzKgwbfi ZvB MZvbyMwZK wk¶v avivi gj¨vqb Kwl.wk¶v wel‡q AwRZ Áv‡bi gj¨vq‡b Lyu djcm¬n‡e bv| welqe¯ m¤ú‡K c‡qvRbxq Ávb, KvR Kivi `¶Zv I gvbwmK `wófw½i Dci †Lqvj †i‡L Gi gj¨vqb Ki‡Z n‡e| wewfb welq e¯i Dci †gŠwLK, wjwLZ cix¶v, †kYxK‡¶ welqe¯i Dci Av‡jvPbv, welqe¯i we‡k-lY ¶gZv, Ges D`vni‡Yi gva¨‡g wewfb avivi c„ôKxKiY, eûwea DËi †_‡K mwVK DËi L¨vR †ei Kiv, mwVK kã ev Z_¨ ewm‡q kb¨¯vb ci¶Y Kiv, msw¶ß DËi I iPbvgj¨K DËi BZ¨vw` gva¨‡g welqe¯ m¤ú‡K c‡qvRbxq Ávb‡i gj¨vqb Ki‡Z n‡e|

wewfb e¨envwiK Kv‡Ri I wk¶‡Ki cZ¨¶ ch‡e¶‡Yi gva¨‡g wk¶v_xi Kg`¶Zvi gj¨vqb n‡e| ewlK †gvU Abykxjb msL¨vi Aš–Z:c‡¶ 75% Abykxj‡b wk¶v_x‡K Avewk¨Kfv‡e AskMnY Ki‡Z n‡e| wk¶v_xi e¨w³MZ I `jMZ Kv‡Ri `wqZ cvjb, bZzb D‡`¨vM MnY, Ab¨‡K Kv‡R Drmvwn Z Kiv BZ¨vw` ¸Yvejxi Dci wewfb gvb c`vb K‡i wk¶K wk¶v_xi Kg`¶Zvi gj¨vqb Ki‡eb| ZvQvov wk¶v_x‡`i e¨envwiK LvZvq mwVK mgqmwP Abyfv‡i Abykxjbx m¤úv`b Ges wk¶‡Ki civgk Abyfvqx msk-ó welqe¯‡K ms‡kvwaZ Kiv ev Kivi c‡Póv Pvjv‡bv BZ¨vw` ¸YMZ DrK‡lYi w`‡K j¶¨ †i‡L wk¶K wk¶v_x‡`i Kg`¶Zv gj¨vqb Ki‡eb|

dwjZ kvLvi ev Kggvix wk¶vi e¨vcv‡i wk¶v_xi c‡qvRbxq Ávb I `¶Zvi mv‡_ mv‡_ mgvßvz`wóf½I M‡o ‡Zvjv `iKvi| KviY G‡Z K‡i welqe¯ mwZ¨Kvi A‡_ Rxe‡b ev¯–ewqZ nIqvi m‡½hvM cvq| wk¶v_x‡`i GB gvbwmK Ae¯vi cv_K¨ wbY‡qi Rb¨ wk¶K wk¶v_xi Dchy³ ckcÎ cYqb K‡i A_ev †hŠw³K cKí MnY Ki‡eb|

b¤i e›Ub

Kwl.wkÿv wel‡qi mvgwMK gvj¨vqb 100 b¤i| G 100 b¤‡ii g‡a¨ ZËxq cix¶v n‡e 60 b¤‡ii Ges Aewkó 40 b¤‡ii e¨enwiK| RvZxq wk¶vµg wi‡cvU 1995 Gi g‡Z ZËxq 60 b¤i †_‡K 1g mvgwqK cix¶vq 10 b¤i, 2q mvgwqK cix¶vq 10 b¤i Ges ewIK cix¶vq 40 b¤‡ii gvj¨vqb n‡e|

- 1g I 2q mvgwqK cix¶v †gvU 100 b¤‡ii c‡k cix¶v n‡e| Gi g‡a¨ 10% b¤i msiw¶Z n‡e cvV¨mwPi Ask $^1/_3$ Ask cvV¨mwPi Rb¨ Ges D³ Ask 1g mvgwqK cix¶vi c‡eB cvV¨`v‡bi ci cix¶v Abyôv‡Z n‡e| Abyôvc fv‡e 2q mvgwqKx‡Z I $^1/_3$ As‡ki cix¶v n‡e| cix¶v n‡e 2.30 wgwbU e¨vcx,

ckcÎ I gvb e›Ub

‰be¨w³K - 25 b¤i
msw¶ß DËi - 25 b¤i
iPbvgvj¨K - 50 b¤i

Dc‡iv³ b¤i e›Ub Abyôv‡i wk¶K DbZgv‡bi ^be¨w³K, msw¶ß DËi Ges iPbvgvj¨K ck cYqb Ki‡eb| ck cYq‡bi †¶‡Î ckKZv wb‡Pi ck cYqb bxwZ I ^be¨w³K b¤i c`vb bxwZ K‡Vvi fv‡e Abyôv‡iY Ki‡eb|

K) DbZ gv‡bi ckcÎ cYqb

1. c‡ki DËi ¯úó nIqv DwPZ Ges †Kvbiƒc fyj †evSvi m‡½hvM †hb bv _v‡K|

2. ckcÎ ^Zwii Rb¨ c‡qvRbxq mgq wb‡q Afx¶v MVb Ki‡Z n‡e| ZvovûovK‡i ck Kiv DwPZ bq|

3. c_‡gB cvV¨mvPx Abyôvqx ck c‡Îi GKwU cwiKíbv cYqb Ki‡Z n‡e| cwiKíbvq †Kvb Aa¨vq †_‡K KwU Ges wK ai‡bi ck cYqb Kiv n‡e Zvi GKwU Zwjv cYqb Kiv c‡qvRb|

4. KgmsL¨K A_P `xN DËi n‡e Ggb ck bv K‡i msw¶ß DËi wewkó AwaK msL¨K ck ^Zwi Kiv DwPZ|

5. n¯ DËi wewkó 40/45 wU ck w`‡q c‡Z¨K c‡ki DËi`vb Avewk¨K Kiv evÄbxq| G‡Z `ÿPviwU c‡ki DËi w`‡Z bv cvi‡j I †dj Kiv m¤vebv _v‡K bv| G‡Z ‡gavi mwVK wePvi Kiv m¤e n‡e Ges wk¶v_x‡`i g‡a¨ KwZ‡Zi Zzjbv Kiv I m¤e n‡e|

6. DbZgv‡bi ck ^Zwi করার জন্য সংশি□ó mKj e¨w³i Aek¨B wbR wbR wel‡q Ávb, `¶Zv I cwk¶Y _vK‡Z n‡e|

7. ck¸‡jv Ggbfv‡e Ki‡Z n‡e hv‡Z †h wel‡qi ck wVK †m wel‡qi AaxZ Ávb, `¶Zv BZ¨w` Qvov Ab¨ wKQyc wigvc Kivi mÿhvM bv _v‡K|

8. ck¸‡jv Ggbfv‡e Ki‡Z n‡e hv‡Z wb‡`ó mg‡q mKj c‡ki DËi †`qv m¤e nq|

9. c‡ki DËi`v‡bi c‡qvRbxq mgq Abÿvqx c‡Z¨K c‡ki c¥gvb wbavi Y K‡i †`qv evÄbxq|

10. c‡ki DËi`v‡bi avivi m¤ú‡K mÿú wb‡`k ckc‡Î _vKv `iKvi hv‡Z wk¶v_xiv wewfb avivq DËi bv wj‡L|

11. ck ^Zwii mv‡_ mv‡_ ckKZvi c‡ki (Av`k) bgÿv DËi ^Zwi K‡i w`‡Z n‡e Ges Zv LvZv gj¨vqbKvixi Kv‡Q LvZvi mv‡_ mieivn Ki‡Z n‡e|

12. ckc‡Î ck¸‡jv Ggbfv‡e mvRv‡Z n‡e hv‡Z ck mnR t_‡K KwVb µgvbÿv‡i mw¾Z nq|

13. iPbvgj¨K ckc‡Îi cwZwU c‡ki c‡qv‡Mi gva¨‡g KwVb¨gvÎv I we‡f`xKi‡Yi gvb wbi¦cY Ki‡Z n‡e|

14. cvV`v‡bi wewfb D‡Ïk¨ gj¨vq‡bi Rb¨ IqvBWg¨vb DbZ iPbvgj¨K ckgvjvi 11wU cKvi‡f‡`i K_v D‡j-L K‡i‡Qb| ck ^Zwii mgq G w`‡K Aek¨B `ÿó w`‡Z n‡e|

cKvi‡f`¸‡jv nj

1) wK, †K, KLb, †Kvb Ges †Kv_vq 2) bvgKiY Kiv 3) i¦c‡iLv †`qv 4) eYbv Kiv 5) cv_K¨ wbYq Kiv 6)Zzjbv Kiv 7) e¨vL¨v Kiv 8) Av‡jvPbv Kiv 9) fve m¤cmviY Kiv 10) mvivsk wbYq Kiv I 11) gj¨vqb Kiv|

iPbvgj¨K cix¶vq Lye †ewk wbevP‡bi ev evQvB‡qi mÿhvM †` Iqv DwPZ bq, Zv‡Z c‡Z¨K

wk¶v_x GKB gv‡b ci x¶v Mn‡Yi mÿgZvM cvq bv| (†hgb- ai“b 10wU ck †`Iqv Av‡Q, †h †Kvb cvPwU c‡ki DËi w`‡Z n‡e| GKRb ci x¶v_x †h cvPwU c‡ki DËi w`j, Ab¨Rb †mB cvPwU c‡ki DËi bv w`‡q Ab¨ cvPwU c‡ki DËi w`j| A_vr Zvi v †hb wfb `ÿZv ci x¶v w`j| G‡Z d‡j i Zvi Zg¨ A‡bK †ewk nIqvi m¤ vebv Av‡Q Ges Zv‡`i †gavi mwVK wePvi Kiv m¤ eci nq bv Ges Zv‡`i KwZ‡Zi Zzjbv I Kiv hvq bv|)

L) ^be¨w³K b¤i `v‡bi we‡eP¨ we Iq

iPbvgjK Af x¶vq b¤i `v‡bi cÖvi vcÖvß ^be¨w³KZv Avbqb m¤e bq| Zey Af x¶K wbgwjwLZ we l‡qi cwZ bRi ivL‡j h_vh_ ^be¨w³KZv Avbqb Kiv m¤e n‡e -

1. cwZwU DËi cÎ bgybv DËi c‡Îi mv‡_ wgj †i‡L gj¨vqb Ki‡Z n‡e|
2. b¤i c`v‡bi Rb¨ GKwU cwiKíbv cYqb Ki‡Z n‡e| GKwU c‡ki we wfb Ask _vK‡j ckwUi Rb¨ †gvU ei vÏKZ.b¤i wKfv‡e wefvRb Ki‡Z n‡e Zvi D‡j-L _vK‡e| ZvQvov wK ai‡bi fyj DË‡ii Rb¨ KZ b¤i KvU‡Z n‡e Zvi I D‡j-L _vK‡e|
3. c¶cwZZ `i- Ki‡Z n‡j GK`j ci x¶K GK‡Î e‡m me¸‡jv DËi c‡Îi †Kej GKwU c‡ki DËi GKRb †`L‡eb| Gfv‡e hZwU ck wVK ZZRb ci x¶K wb‡q `jMVb Ki‡j c¶cwZZ †_‡K gy³ _vKv m¤e n‡e|
4. ci x¶v_xi bvg, †ivj b¤i bv †R‡b DËi cÎ gj¨vqb Ki‡Z n‡e|
5. LvZv gj¨vqb hw` `jMZ fv‡e Kiv m¤e bv nq Z‡e LvZvi µwgK Abyw‡i LvZv gj¨vqb bv K‡i c‡kiµg Abyw‡i LvZv gj¨vqb Kiv hvq| †h †Kvb c‡ki DËi gj¨vqb Ki‡Z n‡j Zv c‡Z¨KwU LvZvq gj¨vqb Ki‡Z n‡e| Zvici Abyl¦cfv‡e Ab¨ c‡ki DËi gj¨vqb Ki‡Z n‡e|
6. GKwU c‡ki DËi mgM LvZvq GKB ^eV‡K †`‡L mgvß Kiv evÄbxq|
7. AwaK msL¨K ci x¶v_xi DËi c‡Îi gj¨vq‡bi gvb wVK ivLvi Rb¨ GK ai‡bi b¤i cvß LvZv¸‡jv cÖvi vq Zzjbv K‡i †`L‡Z n‡e|
8. m¤e n‡j ci x¶K‡K LvZv mieivn Kivi c‡e LvZvq †KvW b¤i e¨envi K‡i mieivn Kiv DwPZ|

9. ‡h mKj c‡ki DË‡i AwaKmsL¨K Z_¨ eZgvb †m‡¶‡Î Z_¨¸‡jvi Zwj Kv c¯Z Kivi c‡qvRb|

10. b¤i c`vb †kl K‡i cÖvq mgM LvZv Zzjbvg‡j Kfv‡e wePvi Kiv c‡qvRb|

11. cKvkfw½ ev eYbvi PvZ‡h gÿ‡× bv n‡q ci¶vi D‡Ïk¨ ev we lqe¯i cwZ †Lqvj ivLv DwPZ|

12. D”P †kYxi Afx¶vq GKB LvZv GKwaK ci¶K Øviv †`Lv‡bv DwPZ|

13. g‡j¨vqb m¤ú‡K Afx¶K‡`i cwk¶Y †`qvi e¨e¯v Kiv evÂbxq|

iPbvg‡j¨K ci¶vi DËicÎ g‡j¨vq‡bi †¶‡Î Avi I wbfi‡hvM¨Zv wdwi‡q Avbvi Rb¨ whwb ck Ki‡eb wZwb wK DËi Pvb Ges †Kvb D‡Ïk¨ mva‡bi Rb¨B ev wZwb ckgvjv K‡i‡Qb Zvi GKUv bgybv DËi wZwb wb‡RB ˆZwi K‡i †`‡eb| ci¶KMY bgybv DË‡ii wfwË‡Z A_vr G‡K ÔÔ÷¨vÛvWÓ a‡i LvZv g‡j¨vq‡bi mgq LvZvq DË‡ii gvb Abyhvqx b¤i wbaviY Ki‡eb| G‡Z K‡i nvRvi gybvi nvRvi g‡Zi wfwË‡Z †m DËi cÎ g‡j¨vqb Kiv nq, Zvi wKQyUbvmb n‡e Ges GKwU gvÎ †¯‹j me DËicÎ g‡j¨vqb m¤e n‡e|

b¤i c`v‡bi mwP

DËicÎ wbix¶‡Yi c‡eB ci¶K‡K wk¶v_x g‡j¨vq‡bi ˆbe¨w³KZvi i¶v Kivi j‡¶¨ b¤i c`v‡bi mwP ˆZix Kiv c‡qvRb| ck c‡Î mvaviYZ: c‡k gvb e›Ub Kiv _v‡K| ci¶K‡K c‡k D‡j-wLZ b¤‡ii †cw¶‡Z DËi cÎ g‡j¨vqb Ki‡Z nq| c‡ki cwZwU As‡ki hw` b¤i wefvRb Kiv _v‡K Z‡e wbix¶‡Ki Rb¨ myeav nq| Ab¨_vq wbix¶K‡K c‡ki m¤ve¨ DËi Av‡M wbaviY K‡i b¤i wefvRb K‡i wb‡Z nq| G †¶‡Î wbix¶K‡K wb‡gv³ we lq¸‡jv we‡ePbv K‡i b¤i mwP wbaviY Ki‡Z nq :

- evbvb fyjvi Rb¨ b¤i KvUv n‡e wKbv
- fvlvMZ µwUi Rb¨ b¤i KvUv n‡e wKbv
- DË‡ii m‡½ msw k-ó wP‡Îi Rb¨ KZ b¤i ivLv n‡e
- wP‡Îi †j‡ewjs Gi Rb¨ b¤i ivLv n‡e wKbv

- DËi Dc¯vc‡bi/msMV‡bi gvb (†hgb- fwgKv, gj- weIq, Dcmsnvi Av‡Q wKbv)
- c‡ki m‡½ DË‡ii h_v_Zv Av‡Q wKbv
- msÁvi †¶‡Î tidv‡iÝ Av‡Q wKbv BZ¨w`

c`Ë b¤i hvPvBKiY

DËi cÎ cix¶‡Yi c`Ë b¤i hvPvB Avgv‡`i †`‡ki we`¨gvb we`¨vjq¸‡jvi Rb¨ bZzb avivYv| †Kbbv Avgv‡` †`‡k gva¨wgK wk¶v I cix¶v e¨e¯vq Gi cPjb †bB ej‡jB P‡j| c`Ë b¤i hvPvB‡qi e¨e¯v wekwe`¨vjq¸‡jv‡Z we‡kl K‡i Abvm ev gvóvim Gi gZ D”P wk¶vi †¶‡Î Kiv nq| G‡¶‡Î mewaK KvhKwi I cPwjZ c×wZ n‡”Q DËi cÎ 2q cix¶Y Ges †¶Î we‡k‡l 3q cix¶‡Yi e¨e¯v Kiv| mvavivYZ 1g I 2q cix¶‡Yi cv_K¨ nq ZLb D³ DËi cÎ 3q cix¶‡Ki gva¨‡g gj¨vqb Kiv nq| 3q cix¶‡Ki c`Ë b¤‡ii mv‡_ c‡e †`Iqv †h b¤iwU KvQvKwQ n‡e b¤‡ii mv‡_ Mo K‡i †¯vi wbavivY Kiv nq|

cvß b¤i ms‡kvab

mvavivYZ: eû wbevPbxgj-K ˆbe¨w³K Afx¶vi cvß b¤i‡K ms‡kvab Kiv nq| †h‡nZzeû wbevPbx Afx¶vq wk¶v_x‡`i Abygvb wbfi DËi †`Iqvi ceYZv j¶¨ Kiv hvh| wk¶v_x‡`i Abygvb wbfi DËi bvKP Kivi Rb¨ wb‡Pi ms‡kvabx mÎ e¨envi Kiv nq|

$$S = \frac{R - W}{O - 1}$$

S = b¤i ev †¯vi

R = mwVK DË‡ii msL¨v

W = fyj DË‡ii msL¨v

O = weKí DË‡ii msL¨v

b¤i c`v‡bi gvb `Ûwb‡q‡i bgybv			
µg	‡¶Î	c‡ki aib	b¤i
1	Ávb	‡K, wK, †Kv_vq, KLb,	
2	Dcjwã	‡Kb, wKfv‡e, mv`k¨ wbYq, Zzjbv Kiv	
3	c‡qvM	‡kYxweb¨vm Kiv, fve m¤cmviY Kiv, mevqb Kiv, e¨vL¨v Kiv|	
4	we‡k-lY	we‡k-lY Kiv, cv_K¨ wbYq Kiv, Av‡jvPbv Kiv, `jMZ KvR|	
5	ms‡k-lY	Drcv`b Kiv, cv_K¨ wbYq Kiv, e¨vL¨v Kiv, Dc¯vcb Kiv	
6	gj¨vqb	hvPvB Kiv, ¸i“Z wbi¦cY Kiv, Zvrch we‡k-lY Kiv, gj¨vqb Kiv, mgv‡jvPbv Kiv we‡ePbv Kiv, BZ¨vw`|	

gj¨vqb

1. DbZ ckcÎ cYq‡bi bxwZgvjv¸‡jv D‡j-L Ki“b|
2. ckcÎ cYq‡b b¤i c`v‡bi mwP¸‡jv wbaviY ej‡Z Kx e‡Bvq?
3. we`¨vj‡q cix¶vq ckc‡Î b¤i c`v‡bi ¸i“Z¸‡jv wK wK D‡j-L Ki“b|

m¤ve¨ DËi

ce-K

ci x¶v i gva¨‡g we`¨vj‡qi wk¶v_x i †gavi cwigvc, Zzjbvgj‡K wePvi we‡ø¤îIY I gvbwmK `¶Zv hvPvB Kiv nq|

- wk¶v_x‡`i cwš–K gj¨vq‡bi Rb¨ ckcÎ cYqb Kiv Lyu~B ¸i“Zc¥|
- ckcÎ cYq‡b ¯úóZv I †Kvbi¡c fyj †evSvi mydjvM †hb bv_v‡K|
- ‡ewki fvM msw¶ß ck Ki‡Z n‡e|
- ckc‡Î ck¸‡jv Ggbfv‡e mvRv‡Z n‡e hv‡Z ck mnR t_‡K KwVb µgvbyw¼v‡i mw¾Z nq|
- cwZwU c‡ki KwVb¨ gvÎv I gvb wbi¡cY Ki‡Z n‡e|
- DbZ gv‡bi ck ˆZwii Rb¨ msø¤îó mKj e¨w³i Aek¨B wbR wbR wel‡q Ávb, `¶Zv I cwk¶Y _vK‡Z n‡e|
- ckc‡Îi DËi `v‡b wbR¯ wPš–b `¶Zv c‡qv‡Mi K_v we‡ePbvq _vK‡Z n‡e|

ce-L

- ckKZv‡K b¤i c`v‡bi GKwU Av`k wbavi Y Kiv DwPZ|
- b¤i c`vb t¶Î we‡k‡l Afx¶‡Ki e¨w³MZ i“wP, †gRvR, ceYZvi Dci wbfi K‡i|
- b¤i c`vb ¯vb, Kvj I cvÎ we‡k‡l cwieZbkxj|
- b¤i e›U‡bi t¶‡Î m¤ve¨ DË‡ii we¯ZwZ, DË‡ii cKwZ, কাঠিন্যমাত্রা, সংশি□ষ্ট wkLb-ZË BZ¨w` welq¸‡jv we‡ePbvi `we iv‡L, †hgb wP‡Îi Rb¨ b¤i wP‡Îi, †j‡ewjs Gi Rb¨ b¤i, DËi Dc¯vcb, h_v_Zv BZ¨w`|

ce-M

we`¨vj‡q h_vmg‡q wk¶v_xi cix¶v wb‡q Zvi b¤i c`vb Avek¨K| Gi ¸i "Z AZ¨waK| †hgb-

- b¤i cKvk K‡i wk¶v_xi KwZ‡Zi msL¨vMZ gÄ¨vqb cKvk Kiv m¤e nq|
- AwRZ wkLb `¶Zvi gÄ¨vqb Kiv mnR nq|
- wk¶v_xi ¯KxqZv wbYq Kiv hvq|
- wk¶v_xi djvdj AMMwZ Rvbv hvq|
- wk¶v_xi KwZ‡Zi gvÎv wbaviY Kiv hvq|
- wk¶v_xi Zzjbvgq‡K kZKiv cwigvc †ei K‡i AMMwZi Mvd Kiv hvq|
- cv‡Vi cwZ bZzb K‡i AvMn m„ó Kiv hvq, bZzb fv‡e civgk I wb‡`kbv †`qv hvq|
- wcwQ‡q cov wk¶v_x‡`i cÖKvk: c¯wZ Mn‡Y mnvqK nq|
- †kYx‡Z cwZ‡hvwMZvgq‡K g‡bvfve MVb e„× cvq|
- `„ófw½i cwieZb NU‡b mnvqK nq|

BDwbU - 8 **Awa‡ekb - 21**

wk¶v_x‡`i djvdj msi¶Y I Zv‡`i ARb cwiex¶Y

fwgKv

wk¶v_x‡`i wk¶Y-wkLb Kvhvejxi mdjZv ev AKZKvhZvi gvcKvwV nj - cix¶v| cix¶vi gva¨‡gB wk¶v_xi mwPeK gj¨vqb Ges Gi Dci wfwË K‡i cieZx© †kYx‡Z Dbœq Kiv ev c‡gvkb †`Iqv nq| wk¶v_x‡`i cix¶v ev Afx¶vi djvdj msi¶Y Kiv GKwU ¸i“Zc¥ welq| ZvB wewfb we`¨vj‡q djvdj msi¶‡Y wewfb cšv Aej¤b Kiv nq| †hgb - cMwZ weeiYx, mevZ¥K cwiPq cÎ BZ¨vw`| KviY we‡kl KZK¸‡jv D‡Ïk¨ we‡ePbvq †i‡LB djvdj msi¶Y Kiv nq| we‡kl K‡i wk¶v_xi AMMwZ m¤ú‡K Z_¨ msMn, mgm¨v wPwýZ Kiv, cvV`v‡bi †KŠkj wPwýZKiY, fwel¨‡Zi wb‡`kbv `vb BZ¨vw`|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- wk¶v_xi djvdj msi¶‡Yi D‡Ïk¨ wPwýZ Ki‡Z cvi‡eb
- djvdj msi¶‡Yi ˆewkó¨, †KŠkj I ¸i“Z e¨vL¨v Ki‡Z cvi‡eb
- djvdj msi¶‡Yi QK/ZwjKv cYqb Ki‡Z cvi‡eb
- cwiex¶‡Yi ˆewkó¨ I ¸i“Z eYbv Ki‡Z cvi‡eb|

cemgn

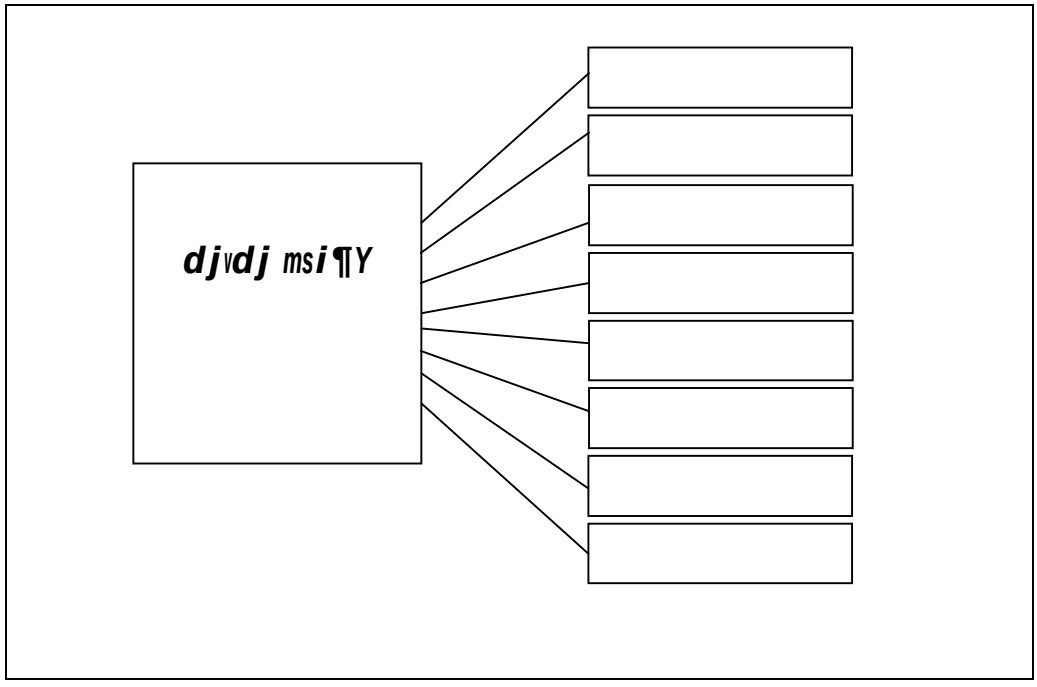
ce-K : wk¶v_xi djvdj msi¶‡Yi D‡Ïk¨/c‡qvRbxqZv

wk¶Y-wkLb Kvhvejxi mwPeK gj¨vq‡bi Rb¨ cix¶v/Afx¶vi cvkvcwk cvß djvdj msi¶Y GKwU ¸i“Zc¥ welq| ZvB wewfb we`¨vj‡q djvdj msi¶‡Y wewfb cšv Aej¤b K‡i _v‡K| †hgb - cMwZ weeiYx, mevZ¥K cwiPq cÎ BZ¨vw`| myZivs djvdj msi¶‡Y we‡kl KZK¸‡jv D‡Ïk¨ ci¶Y K‡i; c‡qvRbxqZvi wbwi‡LB G mKj D‡Ïk¨ AR‡b wewfb cšv Aej¤b Kiv nq| myZivs djvdj msi¶Y †h mKj D‡Ïk¨ ci¶Y K‡i Zv n‡jv :

- djvdj msi¶‡Yi gva¨‡g wk¶v_xi mwPeK Ae¯v cKvk cvq|
- KZc¶‡K djvdj msµvš– Z_¨ mieivn Kiv m¤e nq|
- wk¶v_xi AMMwZ m¤úwKZ mgm¨v wPwýZ K‡i mgvav‡bi Dcvq L¨vR cvIqv hvq|
- wk¶‡Ki cvV`vb †KŠkj Ges Î "wU mbv³ K‡i Zvi †ckvMZ Dbqb mnR nq|
- wk¶v_xi AvMn, `wó fw½, gj¨‡eva BZ¨vw` m¤ú‡K avivYv cvIqv hvq|
- wk¶v_xi fwel¨Z Dbq‡bi w`K wb‡`kbv †`Iqv hvq|
- djvdj msi¶‡Yi gva¨‡g Awffv eK‡K wk¶v_x m¤ú‡K c‡qvRbxq Z_¨ I wb‡`kbv †`Iqv hvq|

wk¶v_x eÜzv, Pjby Avgiv Kgc Î-1 Gi gva¨‡g wk¶v_xi djvdj msi¶‡Yi D‡Ïk¨¸‡jv wPwýZ Kivi †Póv Kwi|

KvR - 1 : djvdj msi¶‡Yi D‡Ïk¨



ce-L: cwiex¶‡Yi gva¨‡g djvdj msi¶‡Yi ^ewkó¨, †KŠkj I ¸i“Z

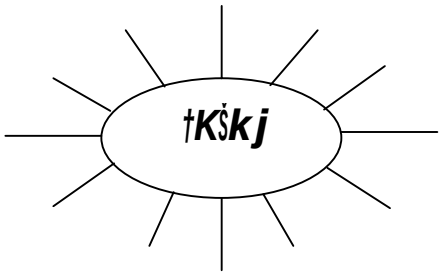
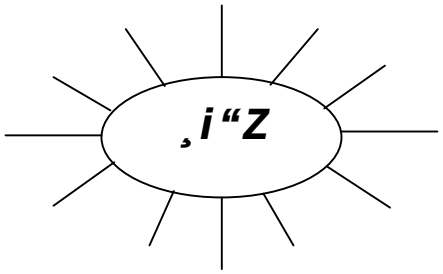
cwiex¶Y GKwU Aweivg cwµqv| hvi gva¨‡g wb‡`ó mgq‡fËK Z_¨ msMn I we‡k-lY K‡i cwZ‡e`b cYq‡b mnvqZv K‡i| cwiex¶Y cwiKíbv Abyôv‡i Kv‡Ri AMMwZ wbaviY K‡i hv gj¨vq‡biB GKwU Askwe‡kl| mÿZivs †h †Kvb cwiKwíZ Kvhµg m¤úv`‡b cwiex¶‡Yi ¸i“Z Acwimxg| hv m¤cmwiZ Kv‡Ri mÿgKi‡Y AMYx fwgKv iv‡L| m‡evcwi wk¶vi mKj ¯–‡ii wk¶vµ‡gi D‡Ïk¨ ev¯–evq‡b mnvqZv K‡i| AZGe cwiex¶‡Yi †KŠkjMZ w`K¸‡jv n‡”Q-

- GwU mÿgw`ó D‡Ïk¨ wbfi nq
- mÿgw`ó j¶¨ gvÎv _v‡K
- mÿgw`ó mgqmxgv MnY Kiv nq
- Z‡_¨i e¨vL¨v we‡k-lY Kiv nq
- AMMwZi cwigvY wbYq Kiv hvq|

wk¶Y-wkLb Kvhvejx cwiKíbv ev¯–evq‡bi kw³kvjx nwZqvi wn‡m‡e cwiex¶‡Yi †KŠkj¸‡jv Abyôv‡i Avek¨K| †hgb - j¶¨gvÎv mÿgw`óKiY, Kvhvejx m¤úv`‡b mgqmxgv I AMMwZ m¤ú‡K Z_¨ msMn| msMÖnxZ Z‡_¨i we‡k-lY, MÖnxZ cwiKíbv I cKZ.AMMwZi g‡a¨ cv_K¨ wbi¦cY| GwU Kv‡Ri MwZ Ziwš’Z K‡i, Kv‡R k¦Ljv Avbqb K‡i, Kv‡Ri Drmvn †RvMvq Ges A‡_i AcPq‡iva K‡i|

wk¶v_x eÜzv, Avmÿgv Avgiv Kgc‡Î-2 Gi gva¨‡g djvdj msi¶‡Yi ^ewkó¨, †KŠkj I ¸i“Z¸‡jv wPwýZ Kivi †Póv Kwi|

KvR - 2 : djvdj msi¶‡Yi ^ewkó¨, †KŠkj I ¸i“Z

‰ewkó¨ t	
t	t
t	t
t	t
t	t
	

ce - M : djvdj msi¶‡Yi bgybv QK cYqb

cvi¯úwiK `¶Zv gj¨vq‡bi Rb¨ wk¶K‡K avivewnKfv‡e c‡Z¨K A_ev `‡ji m`m¨ wn‡m‡e cwZ mvgwq‡K Kgc‡¶ wZbevi gj¨vqb K‡i djvdj msi¶Y Ki‡Z nq| Ges djvdj msi¶‡Y bgybv QK cYq‡b wk¶v_xi wkLb `¶Zv gj¨vq‡b wk¶K‡K h‡_ó mn‡hvwMZv K‡i| QK †PKwj÷ AvKv‡i †¶Î ¸‡jv D‡j-LceK avivewnKfv‡e GKK ev `jMZ Kv‡Ri gj¨vq‡bi djvdj msi¶‡Y mnvqZv c`vb mnRZi nq|

Pjgvb KvR-3 Abymi‡Y djvdj msi¶‡Yi bgybv QKwU ci‡Yi †Póv Kwi|

KvR - 3 : djvdj msi¶‡Yi QK

.....	**A=**			
.....	B=			
.....	**C=**			
.....	D=			
	E=			
	6ô †kYx 1g eQi	7g 2q eQi	8g 3q eQi	9g 4_ eQi
welq wk¶‡Ki ¯v¶i				

BDwbU - 8 **Awa‡ekb - 21**

gj¬ wkLbxq welq

wk¶v_x‡`i djvdj msi¶Y I Zv‡`i ARb cwiex¶Y

cwZ eQi AmsL¨ bZzb wk¶v_x Ávb vR‡bi gnvb eZ wb‡q we`¨vj‡q fwZ nq Ges A‡b‡K mdjf v‡e we`¨vRb K‡i D"P wk¶vi D‡Ï‡k¨ we`¨vjq Z¨vM K‡i| Avevi †KD we`¨v AR‡b e¨_ n‡q we`¨vjq cvV Amgvß †i‡LB we`¨vjq Z¨vM K‡i| wk¶v_x‡`i GB mdjZv ev AKZKvhZvi gvcKvwV nj ci x¶v| ci x¶vi gva¨‡g wk¶v_xiv †h djvdj jvf K‡i Zvi Dci wfwË K‡i Zv‡`i cieZx Kv‡m DbxZ Kiv nq ev c‡gvkb †`Iqv nq| we`¨vj‡q wk¶v_x‡`i eQ‡i wZbwU mvgwqK‡Z ci x¶v †bIqv nq GQvovI †kYx Afx¶vi gva¨‡gI Zv‡`i gj¬¨vqb Kiv nq| wk¶v_x‡`i ci x¶v/Afx¶vq cvß djvdj msi¶Y GKwU ¸i“Zc¥ welq| ZvB wewfb we`¨vj‡q djvdj msi¶‡Y wewfb cš v Aej¤b Kiv nq; †hgb - cMwZ weeiYx, mevZ¥K cwiPq cÎ BZ¨w` | djvd‡j i msi¶Y †h mKj D‡Ïk¨ ci¬Y K‡i Zv wbgi¦c -

- djvd‡j i gva¨‡g wk¶v_xi mwnK Ae¯v cKvk cvq|
- DaÿZb KZc¶‡K djvdj msµvš– Z_¨ mieivn m¤e nq|
- avivewnK djvdj msi¶‡Yi d‡j wk¶v_x‡`i AMMwZ m¤úwKZ mgm¨v wPwýZ K‡i mgvav‡bi Dcvq L¬R cvIqv mnR nq|
- avivewnK djvdj msi¶‡Yi d‡j wk¶‡Ki cvV`v‡bi †KŠkj ev cvV`v‡bi Î"wU mbv³ K‡i Zvi †ckvMZ Dbq‡b w`K wb‡`kbv †`Iqv mnR nq|
- msiw¶Z djvdj †_‡K wk¶v_xi AvMn, `wóf½, gj¬¨‡eva BZ¨w` m¤ú‡K avi Yv cvIqv hvq|
- msiw¶Z avivewnK djvdj we‡ø¤ IY K‡i wk¶v_xi fwel¨‡Zi ewË gj¬K wb‡`kbv `vb Kiv hvq|
- avivewnK djvd‡j i gva¨‡g Awffve‡K mš–vb m¤ú‡K KiYxq wb‡`kbv `vb Kiv qvh|

wk¶v_x‡`i djvdj msi¶‡Yi Dcvq

we`¨vjqmg‡n MZvbywZK c×wZ‡Z wk¶v_x‡`i cwZ eQ‡ii djvdj ˆZix Kiv nq Ges ewIK dj cKv‡ki ci wk¶v_x‡`i AMMwZi weeiYx c`v‡bi gva¨‡g Gi KvhKwiZv †kl nq| `xN †gqv`x djvdj‡K msi¶Y Kiv nq bv| cvkvcwk wKQywe`¨vj‡q wk¶v_x‡`i

mevZ¥K cwiPqcÎ n‡"Q wk¶v_x‡`i mev½xb DbœZi cwiPvqK| ^`wnK, gvbwmK, ^bwZK, c‡¶wfK mvgwRK BZ¨vw` wewfb †¶‡Î wk¶v_xi DbœZi gvÎv I cwiPq wjwce× Kiv nq mevZ¥K cwiPqc‡Î|

Avgiv GLv‡b Avgv‡`i Av‡jvPbvi mxgve× ivLe ïaygvÎ wk¶v_x‡`i wk¶vMZ ev GKv‡WwgK djvdj msi¶‡Yi Dci| cMwZ weeiYx ev c‡Mwmf wi‡cvU GKwU eQ‡ii wewfb mvgwqKx I ewlK cix¶vi djvdj‡K cKvk K‡i| G wi‡cv‡Ui Z_¨vw`‡K hw` †iwR÷v‡ii gva‡g avivewnKfv‡e b¨vbZg 3 eQ‡ii Z_¨vw` msi¶Y Kiv hvq Z‡e Zv wk¶v_x‡`i GKv‡WwgK c‡Mm m¤ú‡K mg¨K aviYv cvIqv hv‡e| wk¶v_x‡`i wewfb welq wewfb mvgwqKx‡Z djvdj †_‡K Zvi mejZv-`ÿjZv kbv³KiY m¤e n‡e| wb‡P djvdj msi¶‡Yi GKwU bgybv c`kb Kiv nj|

msiw¶Z djvdj we`¨vjq bvg t wk¶v_xi bvg t fwZKZ.†kYx I mb t welq t Kwl.wk¶v				A- Excellent B- Good C- Fair D- Poor E- Very Poor.								
cix¶v	1g eQi/ 6ô †kYx			2q eQi/7g ‡kYx			3q eQi/8g ‡kYx			4_ eQi/ 9g †kYx		
ZËxq	1g mvt	2q mvt	ewlK	1g mvt	2q mvt	ewlK	1g mvt	2q mvt	ewlK	1g mvt	2q mvt	ewlK
e¨envwiK												
ewoi KvR												
wbawiZ KvR												
‡kYx mvov												
AskMnY												
welq wk¶‡Ki ¯v¶i												

wet `t Aek¨B welq wk¶K wk¶v_x‡`i cvß †¯vi wjwce× Ki‡eb|

cwiex¶Y

cwiex¶Y k‡ãi Bs‡iRx cwZkã Monitoring mv¤cwZK Kv‡ji avivYv| gwbUwis kãwU cwiex¶‡Yi Zÿbvq †ewk cwiwPZ| gwbUwis kãwU G‡m‡Q weÁvb I chy³ welqK D™vebvgjK cKí I wk‡ív‡`¨vM msµvš– eo ai‡bi cKí MnY I ev¯–evqb cm‡½| cwiex¶Y cwµqwU‡K ¯úófv‡e ejv hvq cwiKíbv Mp,xZ nj, ev¯–evq‡bi hveZxq Av‡qvRb KvR ïi“ nj, GLb cwiKwíZ KvR‡K Afxó j¶¨ ev mÿymgwß i c‡_ GwM‡q †bIqvi mnvqK Kgmw¶P| cwiKíbv ev¯–evq‡bi †¶‡Î GwU Awe‡”Q`¨ Ask| mÿZivs Monitoring GKB m‡½ Means Ges ends| D`vniY ¯i¡c- †Kvb KvR nv‡Z †bIqvi ci ev¯–evqb chv‡q Zv wVK wVK GwM‡q P‡j‡Q wKbv Zv †R‡b I ejÿS †bIqvi KvRwU nj cwiex¶Y| cwiexw¶Z KvR ZLbB mvdj¨ AR‡b m¶g nq hLb Zvi ev¯–evqb chv‡q mó, Amÿeav, evav ev mgm¨v wPwýZ K‡i Zv `ÿ Kivi Rb¨ c‡qvRbxq c`‡¶c MnY Kiv nq| A_vr cwiKíbv Mp,xZ nIqvi ci †_‡K ev¯–evq‡bi mgwß chš– mgqKv‡j Gi ev¯–evq‡bi mve¶wYK Z`viwK I mvgwqK gj¨vqb cwµqv‡K cwiex¶Y e‡j|

KwI. wkÿv wk¶v_x‡`i AMMwZ I Kw•¶Z †hvM¨Zv AR‡b cwiex¶Y

KwI. wkÿv wel‡q wk¶v_x‡`i wkLbdj ev wkLb †hvM¨Zv AwRZ nq †kYxK‡¶ ev †kYxK‡¶i ewn‡i ZwËK I e¨enwiK Kv‡R `¶Zv AR‡bi gva¨‡g| e¨enwiK Kv‡R wk¶v_xiv nv‡Z Kj‡g KvR K‡i Ges ev¯–e AwfÁZv jvf K‡i| KwI. wk¶vi wewfb †kYx‡Z e¨enwiK Kv‡Ri Aax‡b wewfb cwiKíbv ev cKí Mp,xZ nq, †hgb- grm Pvl, gÿyM cvjb, mewRPvl, evMvb BZ¨vw`| Gme cKí ev cwiKíbv AMMwZ Ges wk¶v_x‡`i Kw•¶Z †hvM¨Zv cwiex¶‡Yi gva¨‡g gj¨vqb Kiv nq|

cwiex¶‡Yi gva¨‡g wk¶v_xi cv‡Vi AMMwZ I Kw•¶Z †hvM¨Zv ARb wbwðZ Kiv, †kYx wk¶v`v‡b Mp,xZ I Abyw¾Z cvV`vb c×wZi †hŠw³KZv wePvi Ki‡Z Aš–fy³ welqe¯i hy³m×Zvi wbi¡c‡Y Mp,xZ Kgmw¶P I cwiKíbvi AMMwZ, mvdj¨-e¨_v cwZeÜKZv Z_¨ cfwZ wk¶v wbevnx I †kYx wk¶K‡K me¶Y IqvwKenvj _vK‡Z nq| Dc‡iv³ Kvhvewj m¤ú‡K h_vh_ Z_¨vewj †h cwµqvi gva¨‡g msMp,xZ nq Zv nj cwiex¶Y ev gwbUwis|

cwiex¶‡Yi %ewkó¨, †KŠkj I ¸i“Z

cwiex¶Y GKwU mve¶wYK Aweivg cwµqv hvi gva¨‡g wbw`ó mgq wfwËK Z_¨ msMn I we‡k-lY K‡i cwZ‡e`b cYq‡b mnvqZv K‡i| cwiex¶Y cwiKíbv Abyôv‡i Kv‡Ri AMMwZ wbaviY K‡i hv g‡j¨vq‡bi Ask we‡kl| cwiex¶‡Yi g‡bxwZ AcwieZbxq d‡j †h †Kvb cwiKíbv ev¯–evq‡b e¨_Zvi nvZ ‡_‡K i¶v K‡i Ges cieZx cwiKíbv cYq‡b AMxg Z_¨ c`vb K‡i|

†h †Kvb cwiKwíZ Kvhµg m¤úv`‡b cwiex¶‡Yi ¸i“Z Acwimxg| †hgb ‡Kvb m¤cmwiZ Kv‡Ri môyev¯–evq‡b AMYx fwgKv iv‡L| †h †Kvb Kv‡R A_ AcPq †iva K‡i e¨w³e‡Mi mvdj¨ jvf AR‡b AvZ¥ekvmx K‡i †Zv‡j| m‡evcwi wk¶vi mKj ¯–‡ii wk¶vµ‡gi D‡Ïk¨ ev¯–evq‡b mnvqZv K‡i|

wk¶Y-wkLb Kvhvewj cwiKíbv ev¯–evq‡bi kw³kvjx nwZqvi wn‡m‡e cwiex¶‡Yi †KŠkj¸‡jv Abyôv‡i Avek¨K †hgb, j¶¨gvÎv mybw`óKiY, Kvhvewj m¤úv`‡bi mgqmxgv I AMMwZ m¤ú‡K Z_¨ msMn| msMnxZ Z‡_¨i we‡k-lY; MnxZ cwiKíbv I cKZ. AMMwZi g‡a¨ cv_K¨ wbi¡cY Ges cv_K¨KviY wPwýZKiY| cieZx‡Z cv_‡K¨i e¨eavb Kwg‡q m¤ve¨ w`K wb‡`kbv c`v‡bi gva¨‡g mgm¨v mgvav‡bi e¨e¯v Mn‡Y mnvqK fwgKv iv‡L|

g‡j¨vqb

1. wk¶v_xi djvdj msi¶‡Yi D‡Ïk¨¸‡jv wK?
2. wk¶v_xi djvdj msi¶‡Yi ˆewkó¨, †KŠkj I ¸i“Z¸‡jv D‡j-L Ki“b|
3. 7g †kYxi Kwl.weÁvb wel‡qi †h †Kvb cix¶vi djvdj msi¶‡Yi GKwU bgybv QK cYqb Ki“b|

m¤ve¨ DËi

ce-K

wk¶v_xi djvdj msi¶Y Ki‡Z nq mgv‡Ri mK‡ji AeMwZi Rb¨| Z‡e we`¨vj‡q djvdj msi¶Y ¸i“Z Ges D‡Ïk¨ nj —

- djvdj ¯vqx fv‡e wjwce× Kivi Rb¨ msi¶Y Kiv nq
- mK‡ji mnR AeMwZi Rb¨
- avivevwnK gj¨vq‡bi mycea nq
- Awffveb Pwnev gvÎB mieivn Kiv hvq
- cwi`kY wi‡cvU ˆZix‡Z Kv‡R jv‡M
- g¨v‡bwRs KwgwUi Z`viKx‡Z Kv‡R jv‡M
- wk¶‡Ki cvV`vb Dbq‡b mnvqZv c`vb K‡i
- cwZôvbK `wjj wnmv‡e Kv‡R jv‡M
- wk¶v_xi mevZ¥K cwiPqcÎ c`v‡b mnvqK nq
- wk¶‡Ki †ckvMZ `¶Zvi gj¨vqb Kiv hvq|

ce-L

†kYx wk¶Y wkLb cvhvqµ‡g mwµq AskMn‡Yi gva¨‡g wk¶v_xi cv‡Vi †kYx wkL‡bi hveZxq Kvhvewji m¤úK h_vh_ Z_¨w` †h cwµqvi gva¨‡g msMnxZ nq Zv nj cwiex¶Y ev gwbUwis|

cwiex¶‡Yi ˆewkó¨

- cwiex¶Y GKwU mve¶wYK Awei‡g cwµqv
- cwiKíbv Abyv‡i Kv‡Ri AMMwZ wbaviY K‡i
- cwiex¶Y gj¨vq‡bi Ask we‡kl
- cwiex¶‡Yi gj¨bxwZ AcwieZbxq
- cwiKíbv‡K e¨_Zvi nvZ †_‡K i¶v K‡i
- ciKíbv cYq‡b AMxg Z_¨ c`vb K‡i

cwievwaKvi cÖKvk

- Kvhvewj m¤úv`‡bi mgqmxgv Ges AMMwZ cfvZ m¤ú‡K Z_¨ msMn
- msMnxZ Z‡_¨i we‡k-lY
- AMMwZi cv_K¨ wbi|cY
- cv_‡K¨i Kvi Y wPwýZKiY
- m¤ve¨ w`K wb‡`kbv c`vb
- mgm¨v mgvav‡bi e¨e¯v MnY

cieZx¨‡Yi ¸i“Z

- cwiKíbvi mÿgZv e¯–evq‡b AMYx fwgKv jv‡f
- A‡_i AcPq †iva K‡i
- mswk–ó e¨w³eM‡K AvZ¥ekvmx K‡i †Zv‡j
- wk¶vµ‡gi D‡Ïk¨ ev¯–evq‡b mnvqZv K‡i
- cieZx cwiKíbv Mn‡Y Drmvnx K‡i †Zv‡j
- `wó fw½i cwieZb mvab K‡i|

ce-M

djvdj msi¶‡Yi bgybv QK	
we`¨vj‡qi bvg t	A- Excellent
wk¶v_xi bvg t	B- Good
fwZKZ.†kYx I mb t	C- Fair
welq t Kwl.wk¶v	D- Poor
	E- Very Poor.

ci x¶v	1g eQi/ 6ô †kYx			2q eQi/7g †kYx			3q eQi/8g †kYx			4_ eQi/ 9g †kYx		
ZËxq	1g mvt	2q mvt	ewIK	1g mvt	2q mvt	ewIK	1g mvt	2q mvt	ewIK	1g mvt	2q mvt	ewIK
e¨envwiK												
ewoi KvR												
wbawiZ KvR												
†kYx mvov												
AskMnY												
welq wk¶‡Ki ¯v¶i												

BDwbU - 8 **Awa‡ekb-22**

GmGmwm ci x¶v q KwL.wk¶v we l‡q i ckcÎ AZxZ I bgybv ci x¶v Ges ¯Zš ck chv‡j vPbv

fwgK v

†Kvb wk¶v_xi †gavi cwigvc, Zzjbvgj-K wePvi we‡k- lY I gvbweK `¶Zv Avgiv wewfb ci x¶vi gva¨‡g hvPvB K‡i _vwK| RvZxq wk¶vµ‡gi D‡Ï‡k¨i ev¯–evqb, wk¶v_xi ARb KZUzKzAwRZ n‡q‡Q Zv wbYxZ nq gj-¨vq‡bi gva¨‡g| wKš Avgv‡`i wk¶v e¨e¯vq ci x¶v c×wZ Ges DËicÎ gj-¨vq‡b †Kvb mybw`ó ev Av`kgvb GL‡bv M‡o D‡Vwb| b¤i c`v‡b Afx¶‡Ki e¨w³MZ i“wP, †gRvR, ceYZvi Dci wbfi K‡i| G mg¯– mgm¨v mgvav‡bi j‡¶¨ wk¶v_xi cvš–xK gj-¨vq‡b, ckcÎ cYq‡bi Rb¨ GKwU Av`k gvb`Ê wbavi Y Kiv DwPZ|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

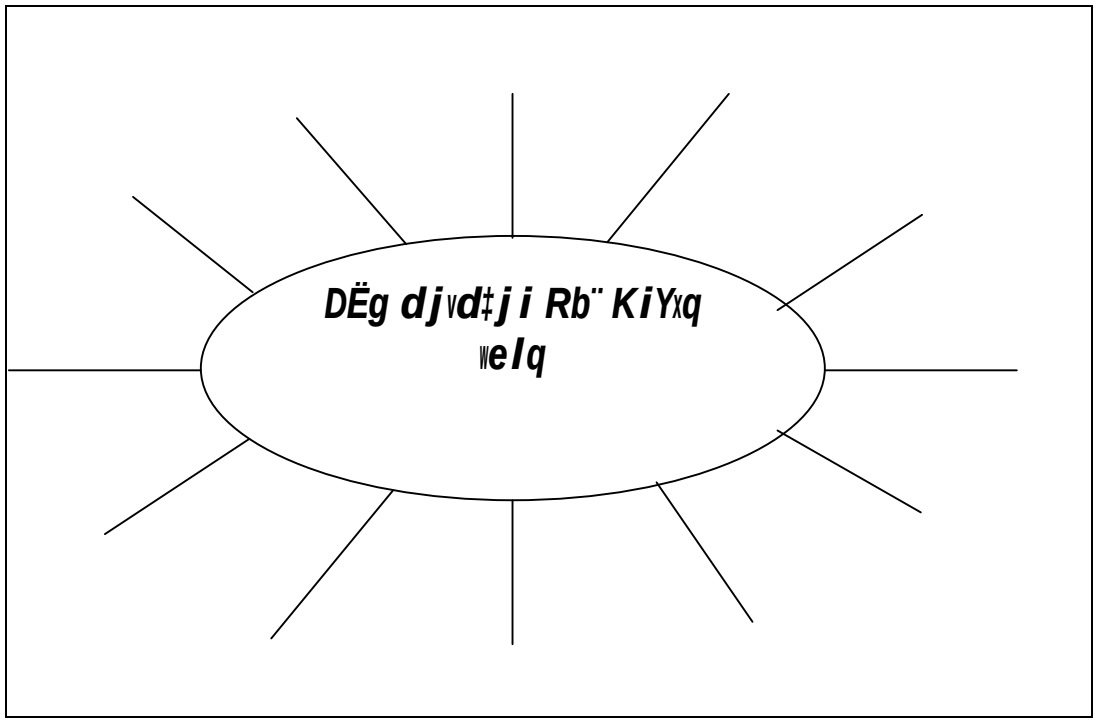
- DËg djvdj AR‡b wewfb cKvi ckcÎ chv‡j vPbv Ki‡Z cvi‡eb
- ckc‡Îi AZxZ, bgybv ckcÎ cYqb, ¯Zš ckc‡Îi Zzjbvgj-K ¸i“Z Rvb‡Z cvi‡eb|

cemgn-

ce-K: KwL.wk¶vi DËg djvd‡j i Rb¨ ckcÎ chv‡j vPbvKi Y

wk¶‡Ki ‡ckvMZ Rxe‡b cwZwbqZ wewfb ai‡bi ck Ki‡Z nq| c‡ki aib I cKwZ.nq wewfb| wk¶K ¯vfweKfv‡e wk¶v_xi gvbwmK w`K we‡ePbvq †i‡L c‡ki AeZvi Yv Ki‡eb| ckKi‡Yi gva¨‡gB wk¶K Zvi `¶Zvi ewn:cKvk NUv‡eb| we‡kl K‡i DËg djvd‡j i Rb¨ ck cYq‡b wk¶K g‡bvbkxj †¶Î, g‡bv‡ckxR †¶Î I Av‡eMwK †¶Î we‡ePbvq †i‡L AMmi n‡eb| hv‡Z wk¶v_xi AwRZ Áv‡bi, Dcjwä, ms‡k- lY, we‡k- l‡Yi gva¨‡g c‡qv‡M mvg_ nq| ZËxq Ávb AR‡bi ci Zv ev¯–e Rxe‡b c‡qv‡M mvg_ nq| A_vr Abykx jY, Abykxjb, cwikxjb, mybe¨¯–KiY I ¯vfweKxKiY| m‡evcwi wk¶v_xi wPš–b `¶Zv hv‡Z hy³i gva¨‡g cKvk Ki‡Z cv‡ib, †mwU we‡ePbvq ivL‡Z n‡e|

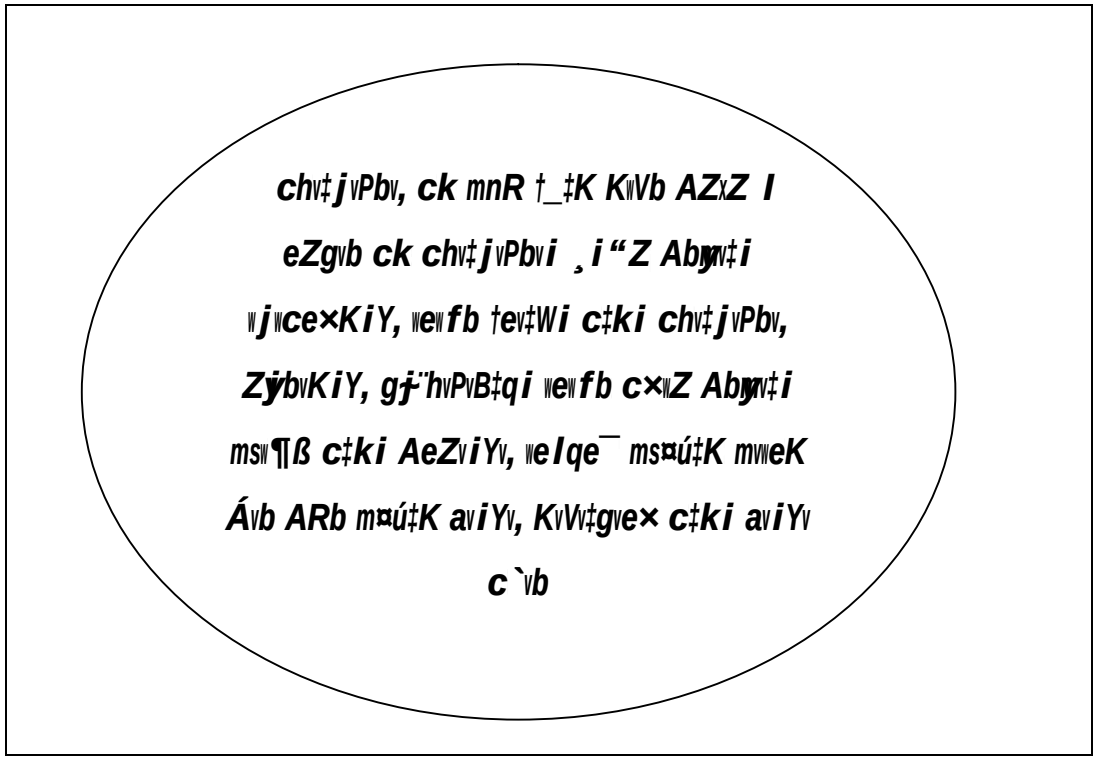
KvR - 1 : DËg djvd‡ji Rb¨ KiYxq welq wPwýZKiY



ce-L: AZxZ cix¶vi ckcÎ chv‡jvPbv Ges DËg ckcÎ evQvBKiY

DËg ckcÎ cYq‡bi Rb¨ wk¶K‡K weMZ eQi¸‡jv‡Z Abyôz cix¶vi ckcÎ chv‡jvPbv Ki‡Z n‡e| eZgv‡b cPwjZ ckcÎ Ges AZx‡Zi ckKi‡Yi avivYv we‡k- lY K‡i Avavybv K c‡ki avivYv ARb Ki‡Z n‡e| ck †hb mnR †_‡K KwVb nq †mw`‡K †Lqvj ivL‡Z n‡e| Avavybv K m¤úbkxj c‡ki AeZvivYv Ki‡Z n‡e| wk¶v_xi wPš—b `¶Zv weKv‡k mnvqK c‡ki AeZvivYv NUv‡Z n‡e|

KvR - 2 : cix¶vi ckcÎ chv‡jvPbv I evQvBKiY



BDwbU - 8 **Awa‡ekb-22**

gj¨ wkLbxq welq

GmGmwm ci¤¶vq KwL.wk¶v wel‡qi ckcÎ AZxZ I bgybv ci¤¶v Ges ¯Zš ck chv‡jvPbv

KwL.wkÿvi †¶‡Î DËg djvd‡ji Rb¨ wk¶v_x‡`i Ávb PPvi Kvh‡K Drmvwn Z Ges welqe¯i wkL‡b ckcÎ chv‡jvPbv, ‡m Abyhvv‡i bgybv ci¤¶v I ¯Zš ck c¯ZKi‡Yi `¶Zv wk¶v_xi ¯¿wjLb I AvZ¥ekvm `pKi‡Y h‡_ó fwgKv iv‡L|

DËg djvd‡ji Rb¨ ckcÎ chv‡jvPbvh wk¶‡Ki cvkvcwk wk¶v_xi wbR¯ c¯ZgvjK Áv‡bi cwiwa weKv‡k hv KiYxq A_vr gb¯–wËK wbaviK¸‡jv n‡"Q t

- welqe¯i mvgwMK wfwËK ckcÎ chv‡jvPbv Kiv|
- welqe¯i mvgwMK wm‡jevm m¤ú‡K avivYv ARb Kiv |
- ckcÎ chv‡jvPbvi †KŠkj c‡qv‡M welqe¯i mvgwMK avibv I avivewnKZv eRvq _v‡K|
- c‡ki chv‡jvPbv Kivi gva¨‡g Kg ZrciZv e¨vL× cvq Ges Z_¨ msMn †¶‡Î h‡Zó fygKv iv‡L hv djvdj Dbq‡b mnvqK fwgKv iv‡L|
- ck chv‡jvPbvi avivewnK djcmZv‡K Av‡iv ewaZ K‡i wkL‡bi mdjZv AR‡b mnvqK nq|
- c‡ki gvb e›Ub Ges DËi wjL‡b Abykxj‡bi c_ mÿg nq|
- c‡ki gvb Abyhvv‡i mgqmxgv m¤ú‡K m‡PZbZv e¨vL× cvq|
- gj¨vqb c×wZi wewfb c×wZ I †KŠkj m¤ú‡K avivYv ARb nq|
- Abykxj‡bi gva¨‡g AvZ¥e‡k- lY I AvZ¥bfikxiZv e¨vL× cvq|
- wkLb nj D‡Ïk¨gvjvx hv e¨w³‡K Awf‡hvR‡b mvnvh¨ K‡i|
- ev¯–egvjvx D‡Ïk¨ ¯cb‡K mv_K wkL‡bi kZ wn‡m‡e we‡ePbv Ki‡Z n‡e|
- wk¶v_x‡`i KZKvhZv m¤ú‡K avivYv Zv‡`i wkL‡bi ‡clYv kw³ †hvMvq| †hme c‡Póv Zv‡`i djvd‡K mvnvh¨ K‡i |
- wk¶v_xi AvKwZ.KvhZ †Kejgvî wk¶v_xi c‡Póvi h_v_Zv m¤‡Ü mw›`nvb K‡i †Zv‡j hv cieZx‡Z KZKvhZv m¤ú‡K m‡PZbZv AR‡b Abyvwn Z K‡i|
- AMMwZ m¤ú‡K Ávb Zv‡`i mdjZvgj¨K c‡Póv¸‡jvi cÖvieÉ‡Z †clYv kw³ †hvMvq|

gj¨vqb

1. Kwl.wk¶v wel‡q DËg ckcÎ djvdj AR‡bi Rb¨ Avcwb wKfv‡e wewfb cKvi ckcÎ chv‡jvPbv Ki‡eb? Av‡jvPbv Ki“b|
2. bgybv ckcÎ cYq‡b we‡eP¨ welq¸‡jv Av‡jvPbv Ki“b|

m¤ve¨ DËi

ce-K

- DËg djvd‡j i Rb¨ Aa¨vq wfwËK ck chv‡jvPbv Avek¨K|
- ckcÎ chv‡jvPbvi gva¨‡g wk¶v_xi DËg djvd‡j i Rb¨ c¯wZ Mn‡Y mnvqK nq|
- c‡ki aib I gvbe›Ub m¤ú‡K avi Yv AwRZ nq|
- AwaK ¸i“Zc¥ck¸‡jv Pq‡b mvg_¨ nq|
- c‡ki ¸i“Z Abyw‡i DËi wjL‡j Abykxjb K‡i c¯wZ Mn‡Y myweav nq|
- DËi wjL‡b mgqmxgv m¤ú‡K avi Yv AwRZ nq|
- bgybv ci x¶vi gva¨‡g fvj djvd‡j i cvi`wkZv AwRZ nq|
- mg‡qi mv‡_ DËicÎ wjL‡b mgZv Av‡b|

ce-L

- eZgv‡b cPwjZ ckcÎ Ges AZx‡Zi ckKi‡Yi Z¡ibvgj¨K avi Yv we‡k- lY Kiv hvq|
- ck¸‡jv Ggb fv‡e mvRv‡Z n‡e hv‡Z ck mnR †_‡K KwVb nq|
- Avaywb‡K KvVv‡gve× c‡ki avi Yv ARb Ges ¸i“Z Avbqwe‡b Kiv hvq|
- c‡ki kã¯úó nIqv DwPZ †hb †Kvbi¡c fyj †evSvi mfvMv‡M bv_v‡K|
- eZgv‡b cPwjZ ck cYq‡b wk¶v_xi wPš—b `¶Zvi Dbqb weKv‡k mnvqK|
- †ewki fvM msw¶ß c‡ki AeZvi Yv _vK‡Z n‡e|
- AZx‡Zi Z¡ibvq eZgvb ckcÎ cYq‡b gj¨hvPvB‡hi wewfb c×wZ Abymv‡Z nIqvi ceYZv cwijw¶Z nq|
- be be wPš—v avivi cwi‡cw¶‡Z ck Kiv nq e‡j wk¶v_x‡K welqe¯ m¤ú‡K mwPeK Ávb ARb Ki‡Z n‡e|
- bgybv ci x¶vi gva¨‡g `vwj w`K¸‡jv wPwýZKiY Ges Abykxj‡bi mfvMv mwó nq|
- evi evi Abykxj‡bi gva¨‡g wk¶v_xi AvZ¥e‡k–lY ¶gZv ew× cvq| cv¯wZ MnY mnR nq|
- ckcÎ wbfj¨ I Î“wUgy³ nIqv evÂbxq|

BDwbU - 8 **Awa‡ekb - 23**

KwL.wk¶v cÖv: Aa¨q‡bi Dcvq

fwgKv

A_cÖ wk¶Y-wkL‡bi †¶‡Î cÖv:Aa¨qb GKwU KvhKix †KŠkj | G‡Z K‡i wk¶Y-wkLb we¯§„Z nvm cvq | wkLb‡K Zvrchgq I KvhKix K‡i †Zvjvi †¶‡Î GwU LyeB ¸i“Zc¥ |

wk¶Y-wkLbxq welqe¯‡K AvqZ Kivi ci wKQyÿb Aš–i Aš–i Zvi ¯§„Z nvm cvq | Avi G we¯§„Z `iæKi‡Yi Rb¨ cÖv: Aa¨qb Kivi KvhKix Abykxjb‡KB— cÖv:Aa¨qb ev Review Study ejv nq | G‡K Avevi cÖv:wkLb ev Review Learning bv‡g AwewnZ Kiv nq | cÖv:Aa¨q‡bi A‡bK¸‡jv †KŠkjMZ cwµqv i‡q‡Q | †hgb - mie cvV, bxie cvV, QÙgq cvV, cÖv:wjLb, cÖv:KvR BZ¨vw` | wk¶v_xMY KwVb welq‡K mg‡qi e¨ea¨v‡b Abykxjb K‡i _v‡K | mZ¨vi‡Yi mKj wk¶K-wk¶v_xi cwZfv weKv‡ki Rb¨ cÖv:Aa¨qb GKvš– Ri“ix |

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb –

- wkL‡bi KvhKix †KŠkj wn‡m‡e cix¶vq AskMn‡Yi Dc‡hvMx K‡i ˆZwi Ki‡Z cvi‡eb
- KwL.wk¶v wkL‡b cÖv:Aa¨q‡bi Dcvq wbaviY Ki‡Z cvi‡eb
- cÖv:Aa¨q‡bi Dcvq e¨vL¨v Ki‡Z cvi‡eb |

cemgn-

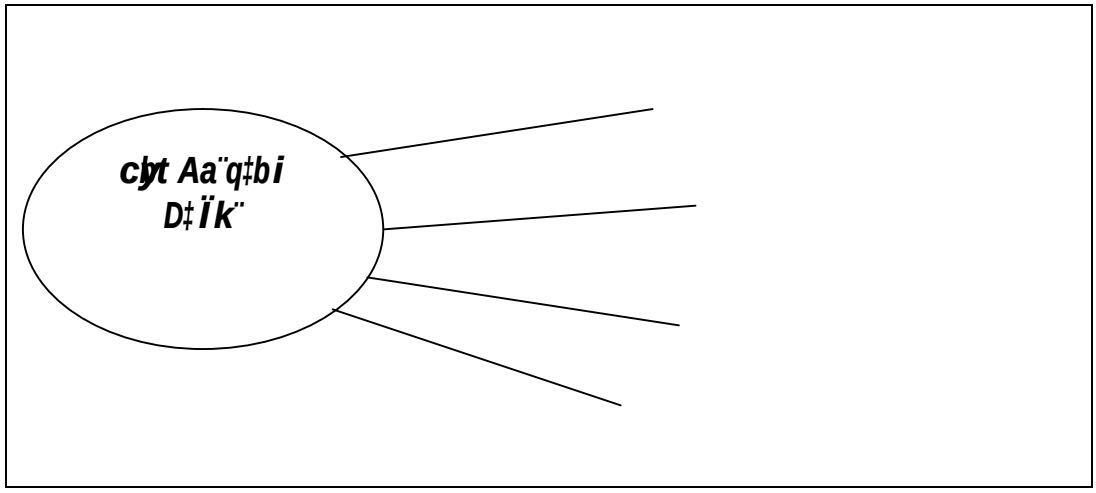
ce-K : clY:Aa¨qb-Gi D‡Ïk¨

A_c¥ wk¶Y-wkL‡bi ‡¶‡Î clY:Aa¨qb GKwU KvhKix †KŠkj | wkLb‡K Zvrchgq I KvhKix K‡i †Zvjvi †¶‡Î GwU LyeB ¸i "Zc¥| wk¶Y-wkLbxq welqe¯‡K AvqZ Kivi ci wKQyb Aš–i Aš–i wk¶v_xi ¯§wZ nvm cvq| Avi G we¯§wZ `iKi‡Yi Rb¨ clY:Aa¨qb Kivi KvhKix Abykxjb‡KB — clY:Aa¨qb ev Review Study ejv nq| G‡K Avevi clY:wkLb ev Review Learning bv‡g Awe‡nZ Kiv nq|

clY:Aa¨q‡bi A‡bK¸‡jv †KŠkjMZ cwµqv i‡q‡Q| clY:Aa¨q‡bi gva¨‡g e¨w³i AwRZ Ávb I `¶Zvi mvgwMK weKvk mvwaZ nq| wb‡RB wb‡Ri Kvh`¶Zv‡K mRxe K‡i Zzj‡Z cv‡i|

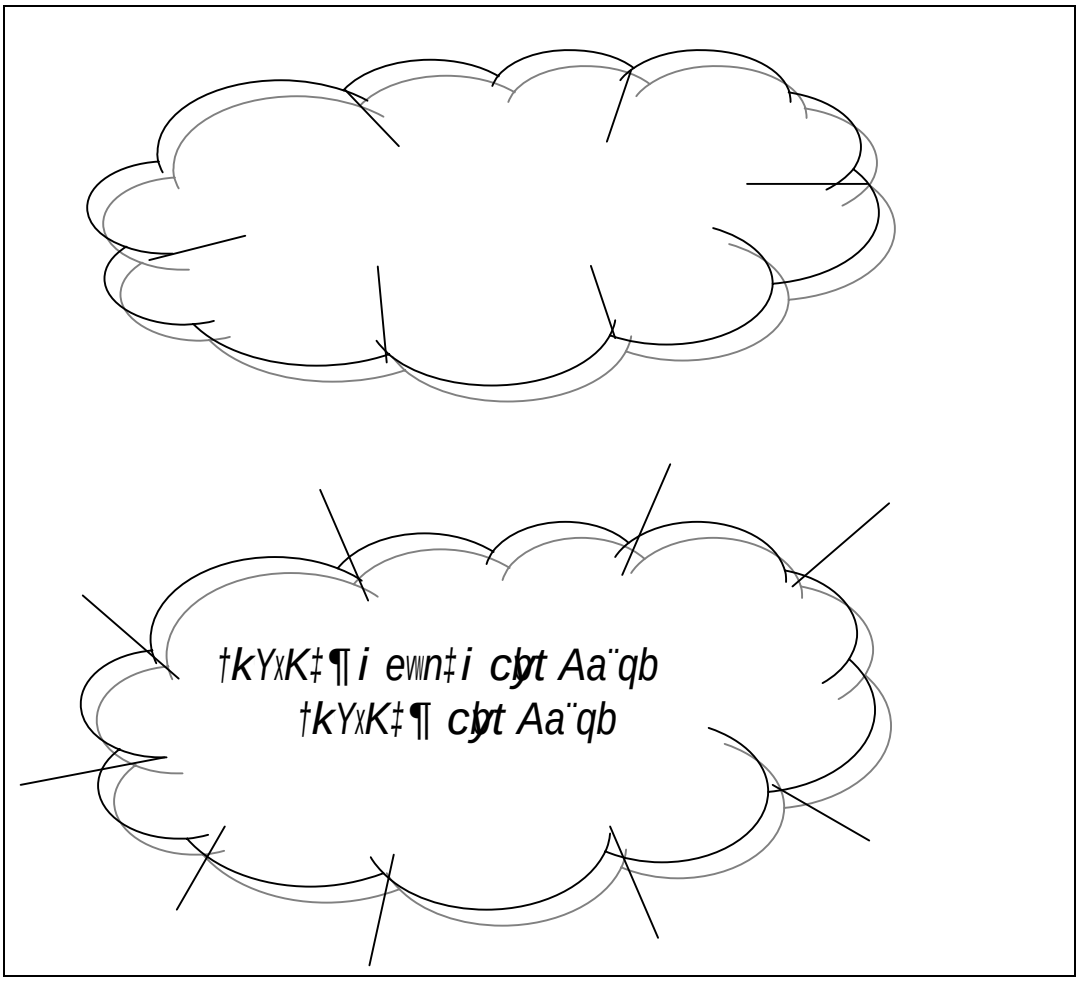
wk¶v_x eÜzv, Pjby Avgiv clY:Aa¨q‡bi D‡Ïk¨¸‡jv wPwýZ Kivi †Póv Kwi|

KvR - 1 : clYtAa¨q‡bi D‡Ïk¨



**ce-L: †kYxK‡¶ I †kYxK‡¶i ewn‡i m¤úv`b‡hvM¨ cÖv:Aa¨qb Kvhve j x** cÖv:Aa¨q‡bi A‡bK¸‡jv †KŠkjMZ cwµqv i‡q‡Q| Gi g‡a¨ †kYxK‡¶ I †kYxK‡¶i ewn‡i i‡q‡Q wfbZv| †hgb- mie cvV, bxie cvV, QÙgq cvV, cÖv:wjLb, QÙgq wjLb, cÖv:KvR BZ¨vw`| †kYxK¶ e¨vZxZ wk¶v_xiv KwVb I ev¯–ewfwËK we‡q Ávbv‡b mg‡qi e¨ea©v‡b †kYxK‡¶i ev‡B‡i m¤úv`‡b m‡Pó _v‡K Ges Abykxjb K‡i| Gi gva¨‡g AwRZ Ávb I `¶Zvi mvgwMK weKvk mvwaZ nq|

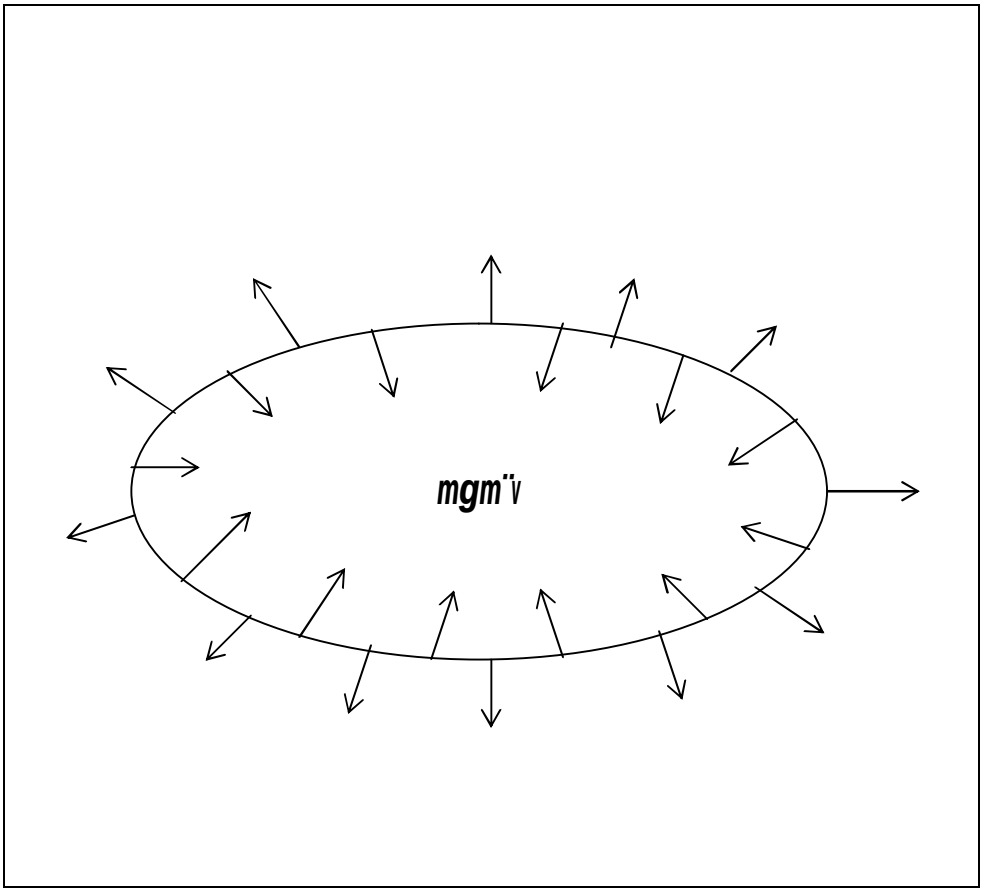
KvR - 2 t †kYxK‡¶ I †kYxi ewn‡i cÖvtAa¨qb



ce-M : cÖKvk Aa¨qb KvhvejxMÖnxZv I mvaviY

cÖKvk Aa¨qb n‡jv wb‡R ¯vaxbfv‡e †Kvb wKQyt jLv, Ávb ARb Kiv, welqwfwËK wewfb NUbv mÜú‡K avivYv ARb K‡i `ÿZfw½i cwieZb mvab Kiv| GwU wbfi K‡i e¨w³i AvMn, g‡bv‡hvM I DÏxcbvi Dci| cwµqwU mÿgZó I mÿgqwšZ bv _vKvq GKwaK Drm t_‡K e¨w³ `¶Zv ARb K‡i _v‡K| GKwaKevi Abykxj‡bi gva¨‡g welqwU Avq‡Z Avbvi c‡Póv Ae¨vnZ _v‡K| †hgb- Abykxiv, Abyôvi, ch‡e¶Y, wkLbdj Af¨vm, KgmnvqK M‡elYv, M‡elYv cKvk, BZ¨vw`| cÖKvk Aa¨q‡bi †¶‡Î wKQyZmgm¨vi mÿó n‡q _v‡K| †hgb- wbawiZ welq t_‡K m‡i co, wbawiZ Kv‡R wPš—b `¶Zvi weKv‡k e¨vnZ nIqv, mg‡qi h_vh_ e¨envi wbwðZ bv nIqv †Kvb †Kvb †¶‡Î BwZevPK `ÿZfw½i ¯‡j †bwZevPK `ÿZfw½i ewn:cKvk NUv|

KvR - 3 : cÖKvk Aa¨q‡b mÿg mgm¨v I mgvavb



BDwbU - 8 **Awa‡ekb - 23**

gj- wkLbxq welq

Kwl.wk¶v cÖv: Aa¨q‡bi Dcvq

Zvi "‡Y¨i ag ARvbv‡K Rvbv, A‡`Lv‡K †`Lv, cÿvZb‡K Qÿo †d‡j bZzb‡K AvK‡o aiv| Kwl.wkÿv welq‡qi gva¨wgK ¯–‡ii wk¶v_xiv eq‡m Zi"Y, bZzb‡K Rvbvi A`g¨ †KŠZnj Zv‡`i wPi RvMi"K| wk¶v_xiv wk¶ve‡li ï i"‡Z bZzb †kYx‡Z be D`¨g wb‡q †kYx cv‡V g‡bwb‡ek K‡i| Kwl.wk¶vi wk¶KMY wk¶v_x‡`i gv‡S bvbv ai‡bi †clYv RwM‡q cv‡Vi cwZ Zv‡`i g‡bv‡hvM AvKlY K‡ib| wk¶v_x‡`i †kYx wkL‡bi mv‡_ mv‡_ cix¶vq AskMn‡Yi Dc‡hvMx K‡i ^Zwi Ki‡Z nq| G Rb¨ c‡qvRb nq cÿvt Aa¨q‡bi| wk¶v_xiv eq‡m Zi"Y nlqvq Ges g‡b bZzb‡Zi AvKv•¶v _vKvq Zv‡`i cÿvt Aa¨q‡b MZvbyMwZK †kYx cvV`v‡bi gva¨‡g AvMnx Kiv hvq bv; d‡j Kwl wk¶vi wk¶KMY‡K Zv‡`i weP¶YZv‡K Kv‡R jwM‡q bZzb bZzb Kgcšv Aej¤b K‡i cv‡Vi bZzb †cw¶Z mwó K‡i mwµq wkL‡bi gva¨‡g Kggÿx wewfb e¨e¯v MnY K‡i _vK‡Z nq|

wk¶KM‡Yi MnY Dc‡hvMx wKQyDcvq wb‡q wb‡P Av‡jvPbv Kiv nj —
gva¨wgK ¯–‡ii Kwl.wk¶v †kYxi wk¶v_x‡`i cÿvt Aa¨q‡bi †h mKj Dcvq djcm~wnmv‡e we‡ePbv Kiv nq †m¸‡jv `ÿZv‡M wef³ -

1) †kYxK‡¶ m¤úv`b †hvM¨ Kgmw¾P|
2) ‡kYxK‡¶i evB‡i m¤úv`b‡hvM¨ Kvhvewj

‡kYxK‡¶ m¤úv`b‡hvM¨ Kgmw¾P t Kwl.wkÿv cÿvt Aa¨q‡bi Rb¨ Ges †kYxK‡¶ m¤úv`b‡hvM¨ Kgmw¾P m¤ú‡K wb‡P Av‡jvPbv Kiv nj :

c‡kvËi cwZ‡hvwMZv

Kwl. wkÿv welq‡qi wbw`ó ‡kYxi wk¶v_x‡`i wb‡q wk¶v Aa¨vqwfwËK c‡kvËi cwZ‡hvwMZvi Av‡qvRb Ki‡Z cvi‡eb| cwZ‡hvwMZvi weR‡qi ¯xKwZ. ¯i¡c Aek¨B †Uv‡Kb BKbwg ev cÿ¯v‡ii e¨e¯v _vK‡e| wk¶K c‡ei w`‡b wk¶v_x‡`i wewfb `‡j wef³ K‡i Zv‡`i‡K Aa¨vq wbw`ó K‡i w`‡eb| wk¶v_xiv cieZx w`‡b Kv‡m Avmvi c‡e wbawiZ Aa¨vqwU DËgi¡c Aa¨qb K‡i Avm‡e Ges c‡ii w`b M"cwfwËK GK M"c Ab¨ Mc‡K ck Ki‡e| hviv ev †h M"c mewaK c‡ki Reve w`‡Z cvi‡e Zviv weRqx n‡e| `ÿM‡ci G c‡kvËi ce PjvKv‡j Ab¨vb¨ M"‡ci m`m¨iv bxi‡e keY Ki‡e| G

c‡kvËi cwZ‡hvwMZvi gva¨‡g wk¶v_x‡`i Kwl.wk¶v welqwU cÖvPxb Aa¨qb m¤e Ges ci x¶vi Dc‡hvMx c¯wZ MnY wbwðZ n‡e|

`jMZ KvR I †Rvovq KvR

`jMZ ev †Rvovq KvR †` Iqvi gva¨‡g I wk¶v_x‡`i Kwl.wkÿv welqwUi cÖvPxb Aa¨qb m¤e n‡e| wk¶K wb‡R mgq wb‡q ¸i“Zc¥Uwc K¸‡jv †_‡K weP¶YZvi mv‡_ Ggb wKQyck Ki‡eb hv ci x¶vi Rb¨ m¤ve¨ I ¸i“Zc¥| wk¶K †kYx K‡¶ wk¶v_x‡`i M“cwfwËK ev †Rvovq †Rvovq ewm‡q †ev‡W ck¸‡jv wj‡L w`‡eb Ges †Rvovq ev M“c‡K ej‡eb eB †_‡K DËi¸‡jv msMn K‡i LvZvq wjwce× Ki‡Z| AZtci KvR †kI n‡j wk¶K wewfb M“c ev †Rvov‡K GKwU/`ywU K‡i ck Ki‡eb Ges Zv‡`i DËi ï‡b Zv‡`i Kv‡Ri ¯xKwZ. ¯i¦c Drmvn mPPK evK¨ c‡qvM Ki‡eb|

wbw`ó welqe¯ †_‡K KBR cwZ‡hvwMZvi Av‡qvRb Kiv

Kwl.wkÿv cÖvPxb Aa¨q‡bi GKwU PgrKvi Dcvq nj KBR cwZ‡hvwMZvi Av‡qvRb Kiv| wk¶K c‡ei w`b mKj‡K wbw`ó GKwU/K‡qKwU Aa¨vq c‡o Avm‡Z ej‡eb| wk¶K D³ Aa¨vq¸‡jv †_‡K weP¶YZvi mv‡_ KBR cwZ‡hvwMZvi Rb¨ ck cYqb Ki‡eb Ges cieZx w`‡bi Kv‡m wk¶K KBR cwZ‡hvwMZvi Av‡qvRb Ki‡eb|

weZK cwZ‡hvwMZvi Av‡qvRb

weZK cwZ‡hvwMZvi Av‡qvRb wk¶v_xi eûgyLx Pwn`v ci‡Y m¶g| weZK cwZ‡hvwMZvi gva¨‡g wk¶v_xi evPb f½, KÚ¯‡ii DVvbvgv, hy³ LÛb, hy³`vb cfwZ `¶Zv ev ¶gZvi weKvk N‡U| wk¶K weP¶YZvi mv‡_ weZ‡Ki welq wbaviY Ki‡eb Ges jUvixi gva¨‡g c¶-wec¶ wbaviY Ki‡eb| wk¶v_xiv weZK cwZ‡hvwMZvi Z_¨ msM‡ni c‡qvR‡b Zviv Kwl.wkÿv welq Aa¨qb Ki‡e Ges cÖvPxb Aa¨q‡bi gva¨‡g Zviv ci x¶vi Dc‡hvMx n‡q M‡o DV‡e|

GQvovI wbgwjwLZ Kvhvewj MnY K‡i wk¶K Kwl.wk¶v welqwU cÖvPxb Aa¨qb Kiv‡Z cv‡ib|

- †kYx‡Z wjwLZ KvR c`vb K‡i|
- e¨enwiK Kv‡Ri gva¨‡g|
- wk¶v_x‡`i D”P¯‡i covi m‡½hvM w`‡q|
- wk¶v_x‡`i ck Kivi gva¨‡g|

†kYxK‡¶i evB‡i m¤úv`b‡hvM¨ Kvhvewj

c‡R± c`vb

c‡R± c`v‡bi gva¨‡g I wk¶v_x‡`i c‡ei Aa¨qbKZ.welqvejxi cÖvPxb Aa¨q‡bi e¨e¯v Kiv ‡h‡Z cv‡i| †hgb - wk¶v_x‡`i‡K K‡¤úv÷ mvi ^Zixi KvR †`Iqv †h‡Z cv‡i| G KvR ïi“i c‡e Zv‡`i‡K Aek¨B ZwËK Ávb cwic¥fv‡e ARb Ki‡Z n‡e| †Zgwbfv‡e av‡bi exR evQvBKiY, av‡bi †cvKv msMn I kbv³KiY, Kv‡Vi wmRwbs Kiv, ¯‹zj cÖKvi _vK‡j †mLv‡b gv‡Qi wgk PvI cfvZ c‡R± c`v‡bi gva¨‡g Kwl.wkÿv cÖvPxb Aa¨q‡bi e¨e¯v wbwðZ K‡i wk¶v_x‡`i ci¤¶vi Rb¨ Dc‡hvMx K‡i M‡o †Zvjv hvq|

ewnoi KvR c`vb

ewnoi Kv‡R mvaviYZt wk¶v_xi wPš—b `¶Zv weKv‡ki Dci ¸i“Z †`Iqv nq| wk¶v_x cvV KZUv Abyaveb Ki‡Z ‡c‡i‡Q wk¶K ewnoi Kv‡Ri gva¨‡g †m m¤ú‡K wdWe¨vK †c‡Z cv‡ib| ewnoi KvR nj ewno‡Z m¤úb Kvivi Rb¨ wk¶K KZK.c`Ë cvVm¤úwKZ KvR| GwU †kYxi Kv‡Ri evB‡i AwZwi³ KvR hv wk¶v_x GKKfv‡e wbR cvV cÖvPxb Aa¨q‡bi gva¨‡g m¤úb Ki‡Z mg_ n‡e| cwZ mßv‡n 6ô-9g †kYxi wk¶v_x‡`i ewno‡Z m¤úb Kivi Rb¨ cvV¨ cÖ¯—‡Ki Dci wfwËK‡i wKQyKvR wbaviY K‡i w`‡eb| ïay cvV¨cÖ¯—K †_‡K Zzj w`‡q ewnoi KvR m¤úb Ki‡j Pj‡e bv; eis ewnoi KvR Ggb n‡Z n‡e hv‡Z †kYxK‡¶ ev cvV¨cÖ¯—‡Ki AwRZ avivYvmgn¨ wPš—v I c‡qv‡Mi †¶‡Î Kv‡R jvMv‡Z cv‡i|

mgm¨v mgvavb gj¨K wbawiZ KvR

wk¶v_x‡`i †`Iqv wbawiZ Kv‡R mvaviYZt wPš—b `¶Zv I mgm¨v mgvavb gj¨K `¶Zv RwoZ _v‡K| wbawiZ KvR nj `xN cwim‡ii ewnoi KvR hv‡Z wk¶v_x cvV¨cÖ¯—K n‡Z Z_¨ msMn K‡i mgm¨v mgvav‡b cqvmx n‡e| mgm¨vi mgvavb Ki‡Z Zv‡`i Kwl.wkÿvi cvV¨cÖ¯—K cÖvPxb Aa¨qb Avek¨K n‡q DV‡e|

wk¶vgj¨K Rixc ev ch‡e¶Y

gva¨wgK chv‡qi Kwl.wk¶v_x‡`i AwRZ ZwËK Ávb‡K e¨envwiK AwfÁZv‡K `vb Ki‡Z wk¶v mdi AZ¨š— KvhKi GKwU c`‡¶c †hgb- Kwl.wkÿv_xiv †h cvV †kYxK‡¶ MnY K‡i‡Q Ges Zv †_‡K Zv‡`i †h ZwËK wkLb m¤úb n‡q‡Q Zvi ev¯—e AwfÁZv †`Iqvi Rb¨ Zv‡`i‡K- 1) wbKU¯ †Kvb nvm-gÿvM Lvgvi, 2) QvMj cvjb Lvgvi, 3) Mew` cï cvjb Lvgvi 4) grm Drcv`b Lvgvi 5) nvm-gÿvM I gvQ Pv‡li mgwšZ Lvgvi BZ¨w` GjvKv cwi`k‡b †bIqv hvq| Gi d‡j Zviv nvm-gÿvM cvjb, Lv`¨ mieivn, wWg wbevPb,

msMn, cwµqvKiY, cï cwiPPv, gv‡Qi Lvevi ^Zix, gvQ msMn, gv‡Qi †ivM kbv³KiY, nvm-gÿwMi UxKv `vb, †ivM wbivg‡qi Jla Lvlqv‡bv, eqjv‡ii Lv`¨ ^Zix BZ¨vw` wel‡q mg¨K I ev¯–e AwfÁZv t_‡K AwRZ Ávb‡K Zviv A‡b¨i Kv‡Q KvhKi fv‡e Dc¯vcb Ki‡Z cvi‡e| d‡j wk¶v_xiv cix¶vi Rb¨I Dc‡hvMx n‡q DV‡e|

Dc‡iv³ Kvhvewj Qvovl wk¶v_x‡`i Kwl.wk¶v cÖvtAa¨q‡bi Dcvq wnmv‡e- ewo‡Z Awffve‡Ki Av‡jvPbv, Kwl.KgKZv ev gvVKgKZvi e³ZvgvjvI wk¶‡Ki Avbqwbœ Av‡jvPbv I Ab¨vb¨ mncvVµwgK Kv‡Ri e¨envi Kiv †h‡Z cv‡i| GmKj Kv‡R Af¨¯–wk¶v_x AwZ mn‡R Kwl.wk¶vi welqvewj AvZ¥ Ki‡Z cvi‡e Ges cix¶vq mdjZv jv‡f cqvmx n‡e|

gvjv‡qb

1. cÖv:Aa¨qb ej‡Z Kx †evSvq?
2. Kwl.wk¶vi †¶‡Î cÖv:Aa¨q‡bi ¸i“Z I †KŠkj¸‡jv wjwce× Ki“b|
3. Kwl.wk¶vi h_vh_ ev¯–evq‡b cÖv:Aa¨q‡bi fwgKv wK n‡Z cv‡i e‡j Avcwb g‡b K‡ib|

m¤ve¨ DËi

ce-K

- A_c¥wk¶Y wkL‡bi †¶‡Î cÖvtAa¨qb GKwU KvhKwi ‡KŠkj|
- wkLb‡K Zvrchc¥I KvhKwi K‡i †Zvjvi †¶‡Î GwU GKwU ¸i“Zc¥we lq|
- wkL‡b we¯§„Z `i¥Ki‡Yi Rb¨ cÖvt Aa¨qb Kivi KvhKix Abykxjb‡KB cÖvtAa¨qb ev Review Study ejv nq|
- cÖvt Aa¨qb‡K Avevi cÖvtwkLb (Review learning) bv‡g Awfwn Z Kiv hvq|

ce-L

- cÖvt Aa¨q‡bi A‡bK¸‡jv †KŠkjMZ cwµqv i‡q‡Q| Gi g‡a¨ †kYxK‡¶ Ges †kYxK‡¶i ewn‡i i‡q‡Q wfbZv| ‡hgb; mie cvV, bxie cvV, Q›`gq cvV, cÖvt wjLb, cÖvt KvR BZ¨w`|
- ‡kYxK¶ e¨ZxZ wk¶v_xiv KwVb welq¸‡jv‡K mg‡qi e¨ea‡b †kYxK‡¶i ewn‡i m¤úv`‡b m‡Pó _v‡K Ges Abykxjb K‡i _v‡K|
- A‡bK †¶‡Î cÖvt Aa¨q‡bi Rb¨ wewfb cKvi wk¶vi DcKi‡Yi c‡qvRb nq| hv †kYxK¶ Ges †kYxK‡¶i ewn‡i I m¤úv`b Kiv hvq| ZvB mKj †gavex wk¶K wk¶v_xi cwZfv weKv‡ki Rb¨ cÖvtAa¨qb GKwU Ri“ix cšv|
- cÖvtAa¨q‡bi gva¨‡g e¨w³i AwRZ Ávb I `¶Zvi mvgwMK weKvk mvwaZ nq| wb‡RB wb‡Ri Kvh m¤úv`b `¶Zv‡K mRxe K‡i Zzj‡Z cv‡i| KviY cÖvtAa¨qb mgvR Rxe‡bi mv‡_ m¤ú„³ GKwU welq|

ce-M

- A_c¥wk¶Y-wkL‡b cÖvt Aa¨qb GKwU KvhKix †KŠkj| Z_wc ¯-mg‡q wkLb Ki‡Z nq e‡j A‡bK †¶‡Î we¯§„Zi m¤vebv _v‡K|
- wKQyb Aš–i Aš–i AvqËKi‡Y ¯§„Z nvm Kivi m¤vebv _v‡K| ZvB we¯§„Z `i¥Ki‡Y cÖvt Aa¨q‡bi KvhKwi Abykxjb Avek¨K|
- wbqwgZ PPvi Afv‡e fvlvi e¨envi¨úóZv nvm, ARvbv‡K Rvbvi †KŠkj e¨nZ nq| ZvB †Kvb wk¶Yxq welqe¯‡K evi evi fvjfv‡e Aa¨qb K‡i Zv¯úó I ï× D”Pvi‡Yi gva¨‡g ej‡Z I wjL‡Z cviv‡i, RoZv `i¥Ki‡Y Ges cVb-`¶Zv (Reading Skill) DbZ nq Ges cieZx‡Z Zv Af¨v‡m cwiYZ n‡q wkL‡b mnvqK nq|

BD¡bU 9
K¡l.¡kÿv i cvV `ÿZv t m¤úvb I ¡kLb Af¨vm

Awa‡ekb-24 : K¡l.¡k¶v i cvV `¶Zv t m¤úvb I ¡kLb Af¨vm

Awa‡ekb-25 : K¡l.¡k¶v i cvV `¶Zv t K¡l.¡k¶v cÖvtAa¨q‡bi Dcvq

Awa‡ekb-26 : K¡l.¡kÿvq †ckvMZ gvb Dbqb

Awa‡ekb-27 : K¡l.¡kÿvq Ávb I `ÿZv Dbqb

Awa‡ekb-28 : KgmnvqK M‡elYvq c¡Zdjb c×¡Z

Awa‡ekb-29 : K¡l.¡kÿv ¡kÿ‡Y Am‡ej I DB‡U‡Ki ¡kLb Z‡Ëi c‡qvM

Awa‡ekb-30 : K¡l.¡kÿv AR‡b AskMnYg¡j¨K ¡k¶Y-¡kLb c×¡Z m¤ú‡K avivYv I cvi `¡kZv ARb

BDwbU-9 **Awa‡ekb-24**

Kwl.wk¶vi cvV `¶Zv t mgvb I wkLb Af¨vm

fwgKv

Kwl.wk¶vi ¯-wkLb cwµqvi gva¨‡g mycVb I wkLb Af¨vm MV‡b mnvqK fwgKv iv‡L| `jMZfv‡e cVbKvh cwiPvjbv K‡i mK‡ji m¤ú„³Zv wkLb dj AR‡b djcm¬nq| `¶Zv Dbq‡b wkLb Af¨vm, AvZ¥bfiZvi Pwn`v, mdjZvi Pwn`v (Need for Achievement) bZzb‡K Rvbvi Pwn`v, cfZ we¯–v‡ii Pwn`v ci‡Y mnvqK| we‡eK RvMZ nIqvi gva¨‡g Kg‡ciYv cieZx‡Z AvPi‡Yi g‡a¨ cKvk cvq| A_vr c‡Póvgj¬K mËv‡K wµqvkxj K‡i| Abykxj‡bi gva¨‡g wk¶v_x‡`i wkLb mÂvj‡bi cfve abvZ¥K nq| cwiw¯wZ‡f‡` Abykxj‡bi wkLb mÂvjb cwieZbkxj| G cwµqv e¨w³ Rxe‡b msi¶Y Gi we¯–vZ. M‡o †Zv‡j| Af¨vm MV‡bi Rb¨ cÖvPvi¨vËi c‡qvRb nq, hv cieZxKv‡j wbR¯ wµqvkxjZv jvf K‡i _v‡K| wk¶v cwµqv‡K mÿg Kivi Rb¨ wkLb Af¨vm MVb Kiv `iKvi| KviY Af¨vm MVbI GK cKvi wkLb|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb-

- DËg cVb-cvV‡bi Af¨vm m¤ú‡K `¶Zv ARb Ki‡Z cvi‡eb|
- mycVb I wkLb Af¨vm m¤ú‡K `¶Zv ARb Ki‡Z cvi‡eb|
- Abykxj‡bi gva¨‡g cVb `¶Zv e„×i Dcvq¸‡jv wPýZ Ki‡Z cvi‡eb|

cemgn¬

ce-K: Kwl.wk¶vi cvV `¶Zv AR‡b mgvb

cwk¶K KZK.Kwl.wk¶vi cvV¨cÿ–K †_‡K Aa¨vq fvM K‡i wb‡`ó mgq D‡j-L K‡i Askwe‡kl wk¶v_x‡`i GKKfv‡e cvV Kivi Rb¨ ej‡Z n‡e| wk¶v_xiv wb‡`kbv Abyôvqx ¯-¯ cvV¨cÿ–K †_‡K cVb-`¶Zv I wjLb Af¨vm MV‡b Zrci n‡e| wb‡`ó mgq †k‡l †kYx Dc‡hvMx evQvB K‡i GKRb K‡i wk¶v_x‡K c`Ë Aa¨v‡qi we‡qe¯ ï× I myùi K‡i cvV Kivi Rb¨ Ges Ab¨vb¨‡`i mycVb m¤ú‡K avivi ARb I g‡bv‡hvMx nIqvi Rb¨ ej‡Z n‡e| `ßvj I wcwQ‡q _vKv wk¶v_x‡`i cVb Af¨vm MVb I Dbq‡b AvMn mwó I AskMnY wbwðZ Ki‡Z n‡e| myùi, ï× I AvKIYxq cVbKvix‡K Drmvwn Z Ki‡Z n‡e, d‡j mK‡ji AvMn I g‡bv‡hvM wbwðZ n‡e| me‡k‡l wk¶K KZK.wk¶v_x‡`i wkLb

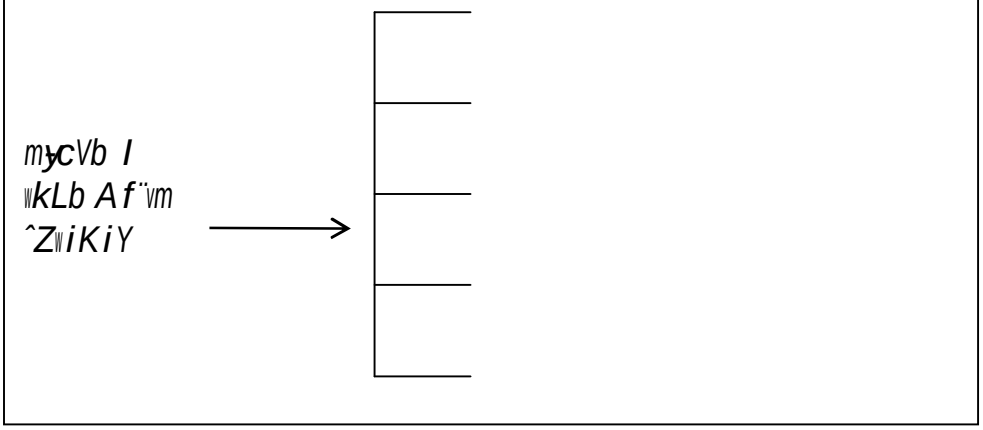
Af¨vm MV‡bi d‡j ¯-wkLb `¶Zv Ges fvj wkLbdj AwRZ nq, fzj cZ¨¶Y nq Ges K_v ejvi mgq hv‡Z RoZv bv Av‡m †m e¨vcv‡i eySq ej‡Z n‡e|

ce-L: we‡lqwfwËK `¶Zv ARb I Dbq‡b wkLb Af¨vm M‡o †Zvjv

wk¶K KZK.wk¶v_x‡`i K‡qKwU `‡j wef³ K‡i cvV¨ cÖ–K †_‡K Aa¨vq fvM K‡i `jxqfv‡e ¯Zš cV‡bi Rb¨ ej‡Z n‡e| `jxqfv‡e wk¶v_xiv G‡K Ac‡ii cVb ïb‡e Ges Abykxj‡bi gva¨‡g wkLb Af¨vm MV‡b m‡Pó n‡e| wkLb dj Dbqb Ges fvj djvd‡ji Rb¨ wkLb-Af¨vm DbZ Kiv Acwinvh e‡j wk¶v_xiv Abyaveb Ki‡Z cvi‡e Ges wkLb Af¨vm MV‡bi wbqvgK¸‡jv wPwýZ Ki‡Y mnvqK n‡e|

gv_v LvUv‡bv (Brain Storming)

mycÖVb Ges wkLb Af¨vm ˆZwi Ki‡Z n‡j KZ¸‡jv †KŠkj I ceYZv (Pure instinct) Avek¨K|



ce-M: cvV-`¶Zv I wkLb Af¨vm Dbq‡b mnvqK

cwk¶K KZK wk¶v_x‡`i cvV-`¶Zv I wkLb Af¨vm MV‡bi Dbq‡b Abykxjb cwµqvi fwgKv m¤ú‡K avivYv w`‡eb| wk¶v_x‡`i `jMZfv‡e cvV-`¶Zv I wkLb Af¨vm Abykxj‡bi wewfb c×wZ I †KŠkj¸‡jv wPwýZ Kivi Rb¨ ej‡Z n‡e| wk¶v_x‡`i`jMZfv‡e Abykxj‡bi c×wZ I †KŠkj¸‡jv mwVK wbq‡g wj‡L †kYx‡Z Dc¯vcb Kivi Rb¨ ej‡Z n‡e|

AwRZ Áv‡bi cwigvc (Mind Mapping)

wk¶v_xiv wkLb Af¨v‡mi wbqvgK¸‡jv wPwýZKi‡Y m‡Pó n‡e|

BDwbU-9 **Awa‡ekb-24**

gj¨ wkLbxq welq

Kwl.wk¶vi cvV `¶Zv t mgvb I wkLb Af¨vm

mgvb I wkLb Af¨vm

Kwl.wk¶vi cvV-`¶Zv AR‡b mgvb I wkLb Af¨vm ˆZwi Ki‡Z n‡j A‡bK †KŠkj I mnRvZ ceÿË (Pure instinct) we‡ePbv Kiv Avek¨K| e¨w³ i ¯¿fweK weKvk I AvPi‡Yi wb`óZv me mgq eRvq _v‡K bv, ZvB c‡qvR‡b wKQzceYZvi Abykxjb Kiv Avek¨K| Zb¥‡a¨ mgvb I wkLb Af¨vm GKwU ¸i“Zc¥we lq|

- cvV `¶Zv AR‡b B»`q Abyf¨Z mwPeKfv‡e wkLb mÂvj‡b mnvqZv K‡i|
- mgvb mvgwRK I cwZôvwbKfv‡e `je× n‡Z n‡e|
- mgvb e¨w³ i AvZ¥e‡k- lY I wekvm mÿgKi‡Y mnvqK|
- mgvV‡bi gva¨‡g wkLb Af¨vm mÿgZ n‡q wk¶v_xi D”PviY, cVb `¶Zv I evPbf©i Dbqb N‡U|
- mgvb I wkLb Af¨vm wk¶v_xi Rxeb weKv‡ki m‡½ GKvš– c‡qvRb hv ˆ`wnK I gvbwmK weKv‡k m‡PóKi‡Y mnvqK nq|
- fvlvgj¨K wkL‡b mnvqK| GwU Ggb GK ai‡bi cwZwµqv hvi g‡a¨ K‡g»`q I Áv‡b»`‡qi KvR ¯qswµqfv‡e ¯vb I Kvj wVK K‡i msMwVZ I mgšZ nq|

`¶Zv ARb I Dbq‡b wkLb Af¨vm

- †h ‡Kvb welq‡qi cvV-`¶Zv AR‡b B»`q Abyf¨Z GKwU ¸i“Zc¥we lq|
- mgvV‡bi mvnv‡h¨ B»`‡qi msMV‡bi gva¨‡g wkLb-Kvh mÿzf©v‡e m¤úb nq|
- Awfe¨w³ cKv‡ki RoZv †K‡U hvq|
- Av‡ZvcjwU× e„w× cvq, d‡j welqe¯¿i Dci GKwU fvj avivYv R‡b¥|
- cVb Af¨vm mÿgZ nq| Abykxj‡bi gva¨‡g cVb-Af¨vm MV‡b, ï× D”Pvi‡Y, evPbf©x Ges cKvk `¶Zv e„w× cvq| G‡Z wk¶v_x‡`i g‡bvej `gZ nq|

welqwfwËK `ÿZv AR‡b Aa¨vqwfwËK wkLb Af¨vm wewfb c×wZ I †KŠkj wbfi| †hgb:

- ¯-wkLb cwµqv|
- `jMZ wkLb I chv‡jvPbv|
- mdjZvi Pwn`v wbi¦c‡Y Abykxjb Kiv|
- be be wPš—v avivi weKvk mva‡b m‡Pó nIqv|
- Z_¨ I ZËMZ Áv‡bi Av`vb c`vb|
- cfyZ we¯—v‡i m‡Pó Pwn`v ci‡Y mnvqK|
- c‡Póvi gva¨‡g j‡¶¨ †cÖQv‡bv|
- wPš—v kw³i weKv‡k hZkxj I mRvM _vKv|
- Aa¨vqwfwËK wkLb Af¨vm wbevP‡b m‡Pó nIqv|
- wkLb Af¨vm MV‡b cÖvivewËi Abykxjb Kiv|
- welqwfwËK `¶Zv AR‡b †cÖlYv I AvMn RvMZ Kiv|
- mgm¨v mgva‡b cKZ.†KŠkj wPwýZKiY Ges c‡qvM Ki‡Z cvivi|
- cwZ‡hvwMZvgj¨K AvPi‡Yi Dbqb NUv‡bv|
- cvi`wkZv AR‡b mnvqK|
- h_v_Zv AR‡b wbfikxj n‡Z mnvqK|
- DËg djvdj AR‡b wbqvgK wnmv‡e we‡ePbvq Avbv|
- cwZwbqZ Aa¨emv‡qi Af¨vm MV‡b mnvqK fwgKv ivLv|

gj¨vqb:

1. Kwl.wk¶vi cvV `¶Zv AR‡b myZv‡bi ¸i“Z e¨vL¨v Ki“b|
2. myZvb I wkLb Af¨vm ˆZwi‡Z e¨eüZ †KŠkjmgn e¨vL¨v Ki“b|

BDwbU-9 **Awa‡ekb-25**

KwLwk¶vi cvV `¶Zv t KwLwk¶v cÖvtAa¨q‡bi Dcvq

fwgKv

wkL‡bi wefb †KŠkj wkLb cwµqvi cMwZ‡K mnvqZv K‡i| hLb †Kvb welqe¯i m¤úŸwU evievi cÖvPwiewË‡i gva¨‡g wkLb nq ZLb Zv‡K Òmvgwi MK wkLbÓ c×wZ ejv nq| hLb welqe¯‡K †QvU †QvU As‡k fvM K‡i wkLb Kvh AwRZ nq ZLb Zv‡K ÒAvswkK wkLbÓ c×wZ ejv nq| mvgwMK c×wZ‡Z wkL‡bi MwZ Ges welqe¯i wefb As‡ki m‡½ ms‡hvM ¯wcZ nq Ges wkLb D‡Ïk¨gvÎvx nq| welqe¯i g‡a¨ myiæsnZ webv¨‡mi avivi eRvq _v‡K| AvswkK c×wZi †P‡q mvgwMK wkLb c×wZ wkL‡bi we‡kl mnvqK| A_©vr welqe¯i (Meaningful materials) †¶‡Î mvgwMK wkLb c×wZ †_‡K KvhKwi dj cvIqv hvq| mweivg c×wZ mvgwMK c×wZi Aš—fy³ GKwU †KŠkj †hLv‡b mgq e¨envi‡i w`K we‡ePbv Kiv nq| Avevi mgqwU‡K KZ¸‡jv †QvU †QvU As‡k fvM K‡i wKQz¶Y ci hw` AvswkK mgq GRb¨ e¨q Kiv hvq Zvn‡j H ai‡bi wkLb c×wZ‡K mweivg c×wZ e‡j| ms‡hvM msµvš— wkL‡b mweivg c×wZ we‡kl fv‡e KvhKix| mweivg c×wZ‡Z cÖvPwiewË‡i d‡j cÖwZb ms‡hvM A‡c¶vKZ.†ewk k³kvjx nq| mweivg c×wZ‡Z wkL‡j cieZx cÖvPwiewË‡Z AwZ-wkLb A‡bK †ewk k³kvjx nq| wkLbjä AwfÁZv `xN¯vqx nq| wkLb †KŠk‡ji w`K †_‡K AwZ wkLb wkLb-cwµqv‡K mvnvh¨ K‡i| wkLbgyiK D‡Ïk¨ AR‡b AwZ-wkLb KvhKi fwgKv iv‡L| wkLb m¤úŸ nIqvi ci hw` Avevi cÖvPwiewË Kiv nq Zv‡KB AwZ wkLb (Over learning) e‡j| A_vr wkL‡bi cieZx wkLb‡K AwZ-wkLb e‡j| AwZ wkL‡bi d‡j msi¶‡Yi cwigvY ewÂ× cvq| cwi¯wZ‡f‡` Abykxj‡bi wkLb mÂvjb cwieZbkxj|

D‡ïk¨

GB Awa‡ekb †k‡l Avcwb -

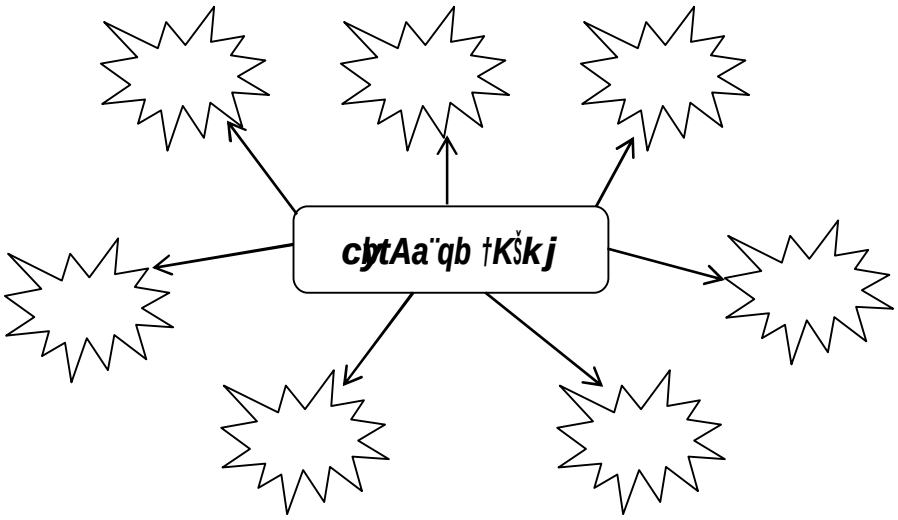
- Kwl.wk¶v wkLb †KŠk‡j clytAa¨q‡bi Dcvq¸‡jv mbv³ Ki‡Z cvi‡eb|
- wkL‡bi †¶‡Î Awei✓g c×wZ I mwei✓g c×wZi cv_K¨ D‡j-L Ki‡Z cvi‡eb|

cemgn¨

ce-K: clytAa¨qb †KŠkj wkLb cwµqvi cMwZ‡Z mnvqK

wk¶K wk¶v_x‡`i wewfb `‡j wef³ K‡i cvV¨cÖ–‡Ki wb‡`ó Aa¨vq †_‡K m¤úªwelqe¯‘i c_g †_‡K †kl chš– evievi covi Rb¨ ej‡Z n‡e| mgM welqe¯‘‡K KZ¸‡jv As‡k fvM K‡i welqe¯‘i m¤úªwU evievi clyi✓ewË‡i gva¨‡g wkLb `¶Zv e„×i Rb¨ ej‡Z n‡e| wk¶v_x‡i mvgwMK c×wZ (Whole method of learning) A_ev Avswk‡K c×wZ (Part method of learning) Abyi✓iY K‡i `¶Zv e„×i Rb¨ ej‡Z n‡e| wkL‡bi G †¶‡Î wk¶K KZK.mg‡qi e¨envi‡i w`‡K wk¶v_xi welqe¯‘ AvqË Kivi welqwU j¶¨ ivL‡Z n‡e| wk¶v_x KZK. clytAa¨q‡bi wewfb c×wZ I †KŠkj Ges m✓ea, Am✓eav¸‡jv †cv÷vi KvM‡R wj‡L Dc¯‘vcb Kivi Rb¨ ej‡Z n‡e|

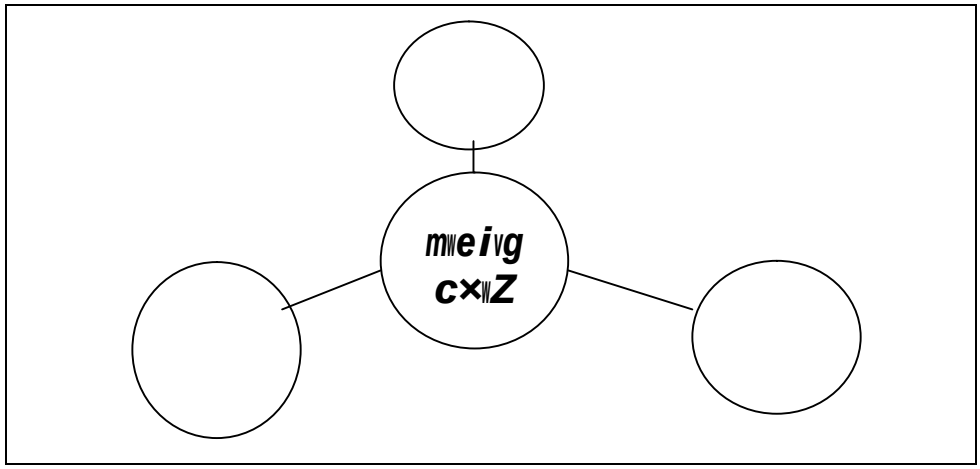
clytAa¨qb



ce-L: mweivg c×wZ wkL‡bi †¶‡Î AwaK mnvqK

wk¶K KZ„K `jMZfv‡e mKj wk¶v_x‡`i cvV¨cÖ–‡Ki wewfb Aa¨vq †_‡K Ask we‡kl mweivg cv‡Vi Rb¨ ej‡Z n‡e| mweivg c×wZi mvgvav¸‡jv wPwýZ K‡i Zvi mvgvav, Amvgvav¸‡jv †cv÷vi †ccv‡i Dc¯vcb Kivi Rb¨ ej‡Z n‡e|

mweivg c×wZ



ce-M : AwZ-wkL‡bi d‡j wkL‡bi cwigvY e„×

wk¶K KZ„K wk¶v_x‡`i ceeZx wkL‡bi cwigvY hvPvB‡qi Rb¨ wkLbdj hvPvB Ki‡Z n‡e| wk¶v_x‡`i GKB welq m‡PZb c‡Póv ev evievi cÖvivePÄi Øviv †kLvi †Póv Ki‡Z ej‡Z n‡e| mwµq wkL‡bi nvi‡K ewo‡q †Zv‡j Ges wk¶v_x‡`i †clYv e„×‡Z mnvqK, †m e¨vcv‡i aviYv w`‡Z n‡e|

BDwbU-9 **Awa‡ekb-25**

gj¨ wkLbxq welq

KwLwk¶vi cwV `¶Zv t KwLwk¶v cÖvtAa¨q‡bi Dcwq

welqwfwËK wkLb cwµqvi cMwZ‡Z cÖvtAa¨qb GKwU ¸i“Zc¥Aa¨vq| †hgb t

- welqe¯i †h †Kvb †¶‡Î evievi cÖvivewË¡i gva¨‡g wkL‡bi mvgwMKZv ARb mnRZi nq|
- mvgwMK c×wZ‡Z wkL‡bi d‡j welqe¯i KvhKwi dj cvIqv hvq|
- cÖvtAa¨qb ¯í ewY× m¤úb wk¶v_xi wkL‡b h‡_ó mnvqK fwgKv iv‡L|
- cÖvtAa¨qb wk¶v_xi gvbwmK ¶gZvi Dci wbfikxj|
- mvgwMK wkLb c×wZ cavbZ `ßi ai‡bi †hgbt 1) Awe‡ivg c×wZ (Massed learning) 2) mwe‡ivg c×wZ (Spaced learning)|
- †h wkLb c×wZ‡Z m¤úY¨ mgqUv GK ms‡M e¨eüZ nq Zv‡K Awe‡ivg c×wZ e‡j|
- wkL‡b wKQz¶Y Aš—i AvswkK mgq e¨q K‡i †h wkLb Kvh©wiPwjZ nq Zv‡K mwe‡ivg c×wZ e‡j|
- mvavi¥Yfv‡e Awe‡ivg c×wZi †P‡q mwe‡ivg c×wZ wkL‡b †ewk mnvqK| mwe‡ivg c×wZ‡Z wkL‡j GKB mgq e¨envi K‡i A‡bK †ewk †kLv hvq|
- cÖvtAa¨q‡bi d‡j cÿvZb ms‡hvM A‡c¶vKZ.†ewk k³kvjx nq| d‡j wkLb jä AwfÁZv `xN¯vqx nq|
- mwe‡ivg c×wZ‡Z fÿy ms‡hvM¸‡jv (Wrong association) `i¨Ki‡Z mvnvh¨ K‡i|
- `¶Zvgj¨K wk¶vi †¶‡Î (Skill learning) mwe‡ivg c×wZ LvB fvj|
- mwe‡ivg c×wZ wk¶v_xi wkL‡bi †¶‡Î Áv‡bi c×wZ c‡qv‡Mi c_ wb‡`kK wn‡m‡e KvR K‡i|

AwZ-wkLb (Over-Learning)

- wkLb †KŠk‡j i w`K t_‡K th weIqvwU we‡klfv‡e mvnvh¨ K‡i Zv nj AwZ wkLb|
- wkLbg~jK c×wZ cwZôvi D‡Ïk¨ mva‡b mnvqK|
- wkL‡bi cieZx wkLb‡K AwZ-wkLb e‡j|
- AwZ-wkL‡bi Af¨vm bv _vK‡j wkLb KvhKix nq bv|
- AwZÑwkL‡bi d‡j Z_¨ msi¶‡Yi cwigvY e„w× cvq|
- GwU GKwU mwµq c×wZ (Active method)| †hLv‡b wk¶v_xi gvbwmK, wkL‡bi D‡Ïk¨, wkLb dj g~j¨vqb BZ¨vw` we‡ePbv K‡i ‡KŠkj wbevPb Ki‡Z n‡e|
- AwZ-wkL‡b wk¶v_xi AvZ¥-mwµqZv e„w× cvq|
- G‡Z wkL‡bi †KŠkj msµvš– kZ¸‡jv‡K wk¶v_xiv wb‡RivB e¨envi Ki‡e|

g~j¨vqb:

1. Kwl.wk¶v cÖv: Aa¨q‡bi Dcvq¸‡jv eYbv Ki“b|
2. wkL‡bi †¶‡Î Awe‡vg c×wZ I mwe‡vg c×wZi cv_K¨mgn¨ D‡j-L Ki“b|

BDwbU - 9 **Awa‡ekb - 26**

Kwl.wkÿvq †ckvMZ gvb Dbqb

fwgKv

†ckvMZ gvb Dbq‡bi gva¨‡g cwk¶Yv_xMY wk¶Y-wkLb Kvhvejx †Rvi`vi Ki‡Z m¶gZv ARb Ki‡Z cvi‡eb| m¤ú‡`i h_vh_ e¨envi wbwðZ Ki‡Z Ges Kjv-†KŠkj AvqZ Ki‡Z cvi‡eb| cwiKíbv MnY I ev¯–evqb Ki‡Z m¶g n‡e| `¶Zvi mv‡_ KvR Ki‡Z cvi‡eb| c‡qvRbxq †hvM¨Zv ARb Ki‡Z cvi‡eb| †ckvMZ `¶Zv, mvavi YZ cwiKíbv MnY, ev¯–evq‡b m¶gZv ARb, cwk¶Y MnY Ges Abykxj Ki Y I Abykxj‡b mnvqZv K‡i| GQvovI †ckvMZ `¶Zv be be wPš–v avivi weKvk mvab, †mŠnv`¨c¥ m¤úK ¯vcb, †hvMv‡hvM ¯vcb, ¸YMZgvb we‡ePbvq ivLv I mK‡ji mwµq AskMnY wbwðZ K‡i| Kwl.†¶‡Î †ckvMZ Dbqb welqwU GKwU avivevwnK cwµqv we‡kl|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb-

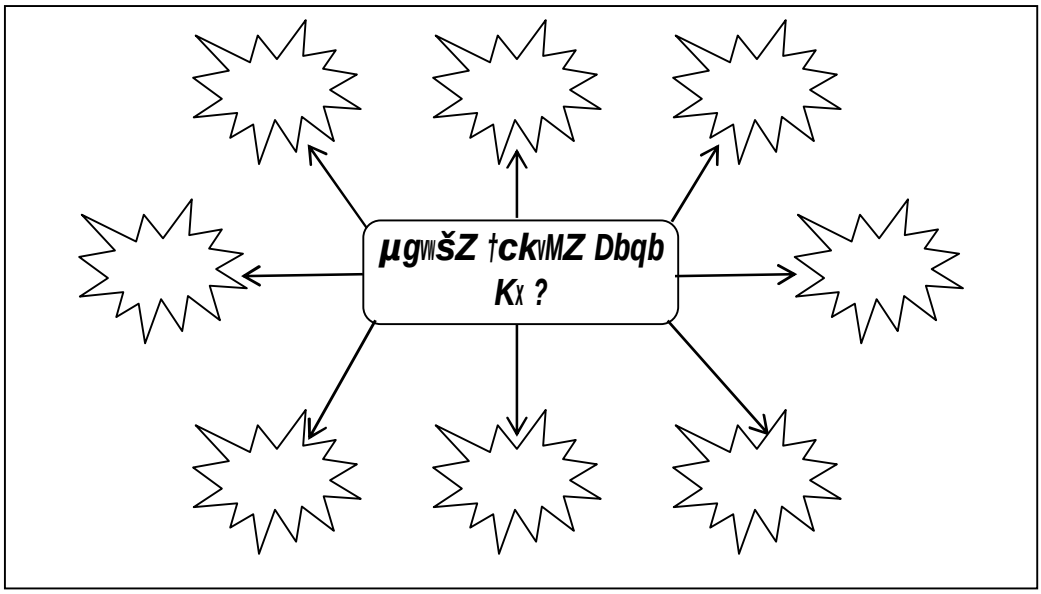
- µgwšZ †ckvMZ Dbqb Kx Zv ej‡Z cvi‡eb|
- †ckvMZ `¶Zv Dbq‡bi Dcvq¸‡jv mbv³ Ki‡Z cvi‡eb|
- †ckvMZ `¶Zv Dbq‡bi Rb¨ Kx ai‡bi †KŠkj Aej¤b Kiv DwPZ Zv wPwýZ Ki‡Z cvi‡eb|

cemgn-

ce-K: µgwšZ †ckvMZ Dbqb m¤ú‡K avi Yv

wk¶v_x eÜzv, Avcbviv Avcbv‡`i AwRZ Ávb I AwfÁZvi Av‡jv‡K †ckvMZ Dbqb ej‡Z wK †evSvq wb‡Pi Q‡K wjLyb|

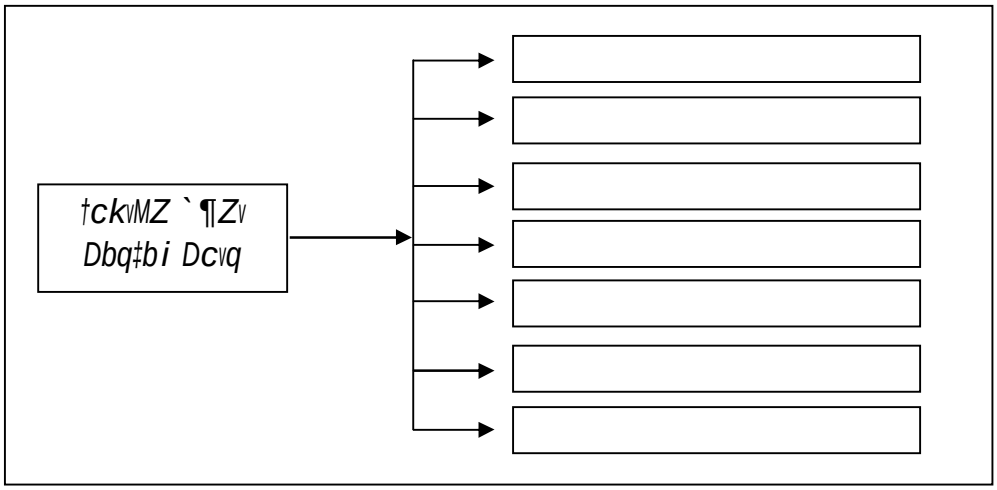
†ckvMZ Dbq‡bi avivYv m¤ú‡K e-¨vK †evW mvivsk wjLb (Black Board Summary)



ce-L : †ckvMZ `¶Zv Dbq‡bi Dcvqmgn¨ wbYq Kiv

†ckvMZ Dbq‡bi wewfb Dcvq i‡q‡Q| Avcbviv †ckvMZ Dbq‡bi Dcvq¸‡jv m¤ú‡K GKUz‡f‡e wbb Ges wb‡¤i Q‡K wjLyb|

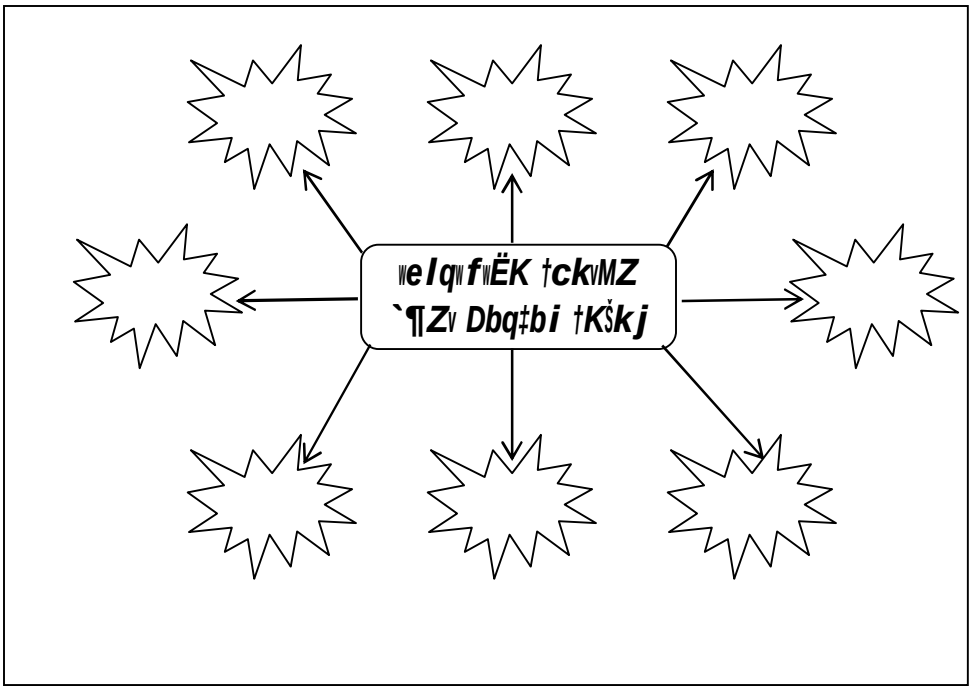
†ckvMZ `¶Zv Dbq‡bi Dcvq



ce-M: welqwfwËK †ckvMZ `¶Zv Dbq‡bi Rb¨ h_vh_ †KŠkj Aej¤b I mwVK cšv wPwýZ Kiv

GKRb cwk¶Yv_x wewfbfv‡e welqwfwËK †ckvMZ Dbqb mvab Ki‡Z cv‡ib| cwk¶Yv_x eÜzv, welqwfwËK †ckvMZ `¶Zv Dbq‡bi A‡bK¸‡jv †KŠkj i‡q‡Q| †KŠkj¸‡jv m¤ú‡K Avcbvi GKUz‡f‡e wbb, AZ:ci wb‡Pi Q‡K wjLyb|

†ckvMZ `¶Zv Dbq‡bi †KŠkj

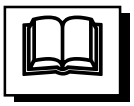


BDwbU - 9 **Awa‡ekb - 26**

gj¬ wkLbxq welq

KwLwkÿvq †ckvMZ gvb Dbqb

†ckvMZ Dbqb



Dbqb Gi mgv_K Bs‡iwR kã n‡jv Development, Development is nothing but the desired change of existing condition A_vr wei vRgvb Ae¯v i Kw•LZ cwieZb mvabB nj Dbqb| Dbqb kãwUi we¯–vZ. e¨vcK| Dbq‡bi ï i“ nq we›`y‡_‡K, µgvMZ AMMwZi gva¨‡g Zv e‡Ëi AvKv i avi Y K‡i |

KwLwk¶vq µgvMZ †ckvMZ Dbqb welqwU GKwU avivevwnK cwµqv we‡kl, hv †`‡L, ï‡b, nv‡Z-Kj‡g KvR K‡i Ávb, AwfÁZv I `¶Zv AR‡bi gva¨‡g mvab Ki‡Z nq| GRb¨ c‡qvRb-

- Abyôv wÜ¨rmygb
- ‰ah¨ I Abykxjb
- ch‡e¶Y I ci x¶Y `¶Zv ARb
- cwi‡e‡ki wewfb Dcv`vb I NUbvejx i Ávb I `¶Zv jvf
- †ckvi ¸i“Z Dcjwä Kiv Ges Zvi mv‡_ wb‡R‡K Avš–wiKfv‡e m¤ú„³ Kiv
- KwLwk¶v weÁv‡bi GKwU dwjZ kvLv| wbR †ckvMZ `wqZ cvj‡bi gva¨‡g mgvR, †`k I RvZxq Dbqb Zi wšZ Kivi j‡¶¨ wb‡R‡K fvj fv‡e m¤ú„³ Kiv|

cwk¶Y

†Kvb wel‡q nv‡Z-Kj‡g KvR Kiv I Avayôv bvbv †KŠkj Aej¤‡bi gva¨‡g Ávb I `¶Zvi cwigvRb, cwieab I Dbqb mvabB nj cwk¶Y| cwk¶Y e¨w³‡K Ggb wKQz`K wb‡`kbv †`q hvi mvnv‡h¨ e¨w³ wb‡RB wb‡Ri Dbqb mvab Ki‡Z m¶g nb| †gvU K_v `¶Zv Dbq‡b wk¶‡Yi †Kvb weKí †bB| cwk¶Y cavbZ `ßi cKvi| PvKzixce- I PvKzixKvjxb cwk¶Y| PvKzixKvjxb cwk¶Y mvavi YZ¯ í‡gqv`x nq|

wk¶‡Ki †ckvMZ `¶Zv Dbqb †KŠkj

ch‡e¶Yt ch‡e¶Y ej‡Z †evSvq cvV`vbKv‡j wk¶‡Ki mvgMxK KgZrciZv I †ckvMZ Abykxjb Mfxifv‡e j¶¨ Kiv| Zui KvR, wg_¨vqv Ges gj¬vqb †KŠkj †`Lv Ges djveZb c`vb Kiv| djveZb Aek¨B n‡Z n‡e BwZevPK Ges MVbgj¬K| †hgb-cvV`v‡bi fvj w`K¸‡jv c_‡g D‡j-L Ki‡Z n‡e| AZtci †h †h w`K¸‡jv Dbqb

Ki‡Z n‡e Zv D‡j-L Ki‡Z n‡e|

- wk¶Y-wkLb Kvhvejx †ckvMZ Dbq‡bi gva¨‡g Av‡iv †Rvi`vi Ki‡Z m¶g n‡e|
- cVb-cvVb mnvqK Kvhvejx, we`¨vj‡qi ‡fŠZ cwi‡ek I m¤ú` Dbqb msµvš– Kjv‡KŠkj AvqZ K‡i Z`vbœvqx e¨e¯v MnY Kiv|
- mswk–ó wel‡q cwiKíbv MnY I m¤ú` e¨e¯vcbvi Rb¨ `j MVb, Kg e›Ub BZ¨w` wel‡q †bZZ.`v‡bi `¶Zv e„× Ki‡Z cviv|
- †ckvMZ cwi‡ek Dbq‡bi Rb¨ †KŠkj wbaviY Ki‡Z cvi‡e hv wkLb mnvqK BwZevPK g‡bvfve †cvlY Ki‡Z Drmvn †RvMv‡e|
- Kwi‡Mwi `¶Zv e„×‡Z m¶g n‡eb|
- Aw_K e¨e¯vcbvi I c‡qvRbxq †hvM¨Zv ARb I ckvmwbK `¶Zv e„× Ki‡Z m¶g n‡eb| wel‡q wfËK †ckvMZ `¶Zv Dbq‡bi gva¨‡g cwZôvbK gvbm¤úZ wk¶v jv‡f mnvqZv Kivi Rb¨ †ckvMZ `¶Zv Dbq‡bi fwgKv ¸i“Zc¥| †hgb-
    - µgvMZ `¶Zv Dbq‡bi gva¨‡g wel‡q wfËK AwfÁZv cÖMVb nq|
    - ch‡e¶Yvaxb †_‡K MVbgj‡K djveZb MnY Gi gva¨‡g wkLb KvhKix nq|
    - AwfÁ wkÿ‡Ki cvV`vb Abœ‡kiY I Abœxjb K‡i †ckvMZ `¶Zv mg„× jv‡f K‡i|
    - Kgwkwei, Kbdv‡iÝ- G AskMnY K‡i †ckvMZ `¶Zv Dbqb †Rvi`vi Kiv hvq|
    - mnKgx wk¶K‡`i mv‡_ Av‡jvPbv K‡i fv‡ei Av`vb-c`vb †ckvMZ Dbq‡b mnvqZv K‡i| G‡Z †mŠnv`¨c¥-m¤úK© wcZ nq|
    - PvKzixcÖe- I cieZxKvjxb cwk¶‡Yi gva¨‡g †ckvMZ `¶Zv‡K mÿgZ Kiv hvq|
    - †ckvMZ `¶Zv Dbq‡bi ¸i“Z Dcjwä Kiv Ges wb‡R‡K DrmM Kiv|
    - AvZ¥mgv‡jvPbv I Av‡Z¥bqb Kiv|
    - `¶Zv Dbq‡bi bZzb bZzb †KŠkj AvqZ Kiv|

ch‡e¶‡Yi myweavi

- weÁ wk¶‡Ki KvR †`‡L bexb wk¶K Abyôvb Kiæb|
- †Lvjv‡Lvjv Av‡jvPbv I MVbgj‡K mgv‡jvPbvi gva¨‡g ch‡e¶K wk¶K (Observer) Ges ch‡e¶YKZ…wk¶K (Observed) gZvewbgq Ki‡Z cv‡ib|
- mnKgvi Kvhvw` †_‡K wk¶v`v‡bi wewfb w`K m¤ú‡K †R‡b wb‡Ri `¶Zvi Dbqb Ki‡Z cv‡ib|

†kYxK¶ ch‡e¶‡Yi avivevwnKZv

- cvV`vb PjvKvjxb mg‡q ch‡e¶K wk¶K †bvU MnY Ki‡eb|
- ch‡e¶Y m¤úb n‡j c_‡g ch‡e¶YKZ…wk¶‡Ki cwZwµqv Rvb‡Z Pvlqv n‡e|
- cv‡Vi BwZevPK w`K¸‡jv wbYq Ki‡eb|
- cv‡Vi †Kvb w`K¸‡jv ch‡e¶YKZ…wk¶‡Ki wbKU m‡š–vlRbK wQj Zv cKvk Ki‡eb|

AZtci ch‡e¶YKZ…wk¶K‡K KZ¸‡jv MVbgj‡K welq wPwýZ Ki‡Z ejæb hv cieZx cv‡Vi gv‡bvbq‡bi Rb¨ c‡qvRb n‡e|

Gme gZvg‡Zi ci ch‡ew¶Z wk¶K Avi I wKQzwelq †hvM Ki‡Z cv‡ib, c_‡g BwZevPK Ges cieZx‡Z †h me welq Dbqb Ki‡Z n‡e Zv ms‡hvwRZ n‡e|

cwi‡k‡l Dfq wk¶K mw¤§wjZfv‡e ev¯–egyæx I KvhKix j¶¨ wPwýZ Ki‡eb †h¸‡jv m¤ú‡K cieZx cvV`vb Kvhµ‡gi Av‡MB e¨e¯v wb‡Z n‡e|

c`kbx cvV t AwfÁ wk¶K cvV-cwiKíbv Abyôvqx †kYxK‡¶ cvV`vb Ki‡eb Ges bexb wk¶K Zv ch‡e¶Y Ki‡eb|

myweavt c`kbx cv‡Vi gva¨‡g cvV`vb †KŠkj ch‡e¶Y I wkL‡bi myôvM nq| chvß AwfÁZv m¤úb wk¶‡Ki †kYxcvV ch‡e¶Y Kiv m¤e nq| †Kej ZwËK bq, e¨enwiK Kv‡Ri gva¨‡g AwfÁZv ARb Kiv hvq| cvV`v‡bi ci cv‡Vi wewfb w`K wPš–v K‡i cvV`vb‡K DbZZi Kiv hvq|

Kbdv‡iÝ I Kgwkwei

cwk¶Yv_xMY mw¤§wjZfv‡e cvi¯úwiK Av‡jvPbv I gZ wewbg‡qi gva¨‡g †ckvMZ Dbq‡bi Rb¨ Kbdv‡iÝ I Kgwkwei Ki‡Z cv‡ib|

mycavt G ai‡bi Av‡qvR‡bi gva¨‡g †ckvMZ Av‡jvPbvi Rb¨ wk¶K‡`i GKÎxKiY m¤e nq| `jMZ †PZbvi gva¨‡g wk¶K‡`i mgm¨v Dcjwä Kivi m‡hvM N‡U|

mgx¶v `j

mgx¶v `j n‡jv- K‡qKRb wk¶‡Ki GKwU †QvU `j hviv Avav Avbyôvwb bKfv‡e wgwjZ n‡q bvbv welq wb‡q Av‡jvPbv K‡ib| wewfb wel‡qi wk¶KMY‡K wb‡qI `j MVb Kiv hvq|

mycavt mgx¶v `‡ji wk¶KMY cvi¯úwiK gZ wewbg‡qi gva¨‡g Zv‡`i P¨v‡jÄ e‡Ø‡Z I Zv †gvKv‡ejvi Dcvq Lv‡R †ei Ki‡Z cv‡ib| AwfÁZv wewbgq K‡i mgm¨v mgvavb Ki‡Z cv‡ib|

gj¨vqb:

1. µgwšZ †ckvMZ Dbqb ej‡Z wK †evSvq?
2. †ckvMZ Dbq‡bi Dcvq¸‡jv eYbv Ki“b|
3. Avcbvi g‡Z †ckvMZ Dbq‡bi Rb¨ †hmKj †KŠkj Aej¤b Kiv hvq †m¸‡jv weeZ Ki“b|

BDwbU-9 **Awa‡ekb-27**

Kwl.wkÿvq Ávb I `¶Zv Dbqb

fwgKv

Kwl.wk¶vq Ávb I `¶Zv Dbq‡bi Rb¨ hv c‡qvRb Zv nj - Kwl.wk¶v, wk¶vµg I cvV¨cÖ–K we‡k-lY Kiv| GQvov i‡q‡Q †kYxwfwËK welqe¯i Dci Aeva `Lj| G‡Z welqe¯ I cvV`v‡bi Kjv-†KŠk‡ji g‡a¨ mgšq mvab Kivi c‡qvRb i‡q‡Q| †kYxwfwËK Ges cwi‡”Q` wfwËK `¶Zv mbv³ Kiv I e¨envwiK KvR m¤úb Ki‡Z cviv| Ávb I `¶Zv Dbq‡bi Rb¨ wewfb cwk¶Y Kvhµ‡g AskMnY Kivi c‡qvRbxqZv Ab¨xKvh| AvZ¥mgv‡jvPbvi gva¨‡g wbR¯ cviMZv I `ÿzj Zvmgm¨ wPwýZ Kiv Ges Zv Dbq‡bi c`‡¶c †bIqv| wewfb Kwl.welqK Abyôvb †`Lv Ges †kvbv| Kwl.dvg cwi`kb Kiv, Z_¨ I Áv‡bi mgm¨v i‡¶¨ ch‡e¶Y, cwi`kb I Abykxjb Kiv|

mwµq Kwl.wk¶‡Yi Rb¨ wk¶‡Ki †h ¸Yvejx _vKv c‡qvRb Zv nj- welq cxwZ/Ávb, welqe¯i Dci Aeva `Lj/k×vkxj, cvV cwiKíbv Kiv I cwiKwíZ Dcv‡q cvV`vb Kiv, wk¶v_x‡`i Kwlcxwz D¾¤weZ Kiv Ges `ÿzf½i Dbq‡b mnvqZv Kiv, mykxjLj †kYx I gvV cwi‡ek msMVb Kiv, ch‡e¶Y Ges e¨envwiK `¶Zv AR‡b mnvqZv Kiv| Kwl.c`kb, Kwl.†gjv, Kwl.weZK msMVb Kiv| ev¯–e cwi‡e‡k e¨envwiK Kv‡R `¶Zv ARb Kiv/†KŠkj Aej¤b Kiv|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb-

- wbR¯ Kwl.wkÿvi Ávb I `¶Zv Dbq‡bi Dcvq wPwýZ Ki‡Z cvi‡eb|
- wk¶vµ‡gi D‡Ïk¨ Abyôvqx cvV¨cÖ–‡Ki Aa¨vqwfwËK Ávb I `¶Zvi ZwjKv cYqb Ki‡Z cvi‡eb|
- mwµq Kwl.wk¶‡Yi Rb¨ Kwl.wk¶‡Ki Avek¨Kxq ¸Yvejxi ZwjKv cYqb Ki‡Z cvi‡eb|

cemgn¨

ce-K: wbR¯ Kwl.wkÿvi Ávb I `¶Zv Dbq‡bi Dcvq wPwýZKiY

wk¶v_x eÜzv, †f‡e †`Lv‡bi GKRb cwk¶Yv_x wKfv‡e Kwl.wk¶vq Zvi Ávb I `¶Zvi Dbqb NUv‡Z cv‡ib| AZ:ci Avcbv‡`i avibv‡K wb‡¤i Q‡K wjLv‡b|

wbR¯ Kwl.wk¶vi Ávb I `¶Zv Dbq‡bi Dcvqmgn¨:

-
-
-
-
-
-
-
-

ce-L: wk¶vµ‡gi D‡Ïk¨ Abyôvqx Iô †kYxi Kwl.wkÿv eB‡qi Iô Aa¨v‡qi c_g cwi‡”Q` Gi (Mn¨cwjZ cïi cwiwPwZ) Ávb I `¶Zvi ZwjKv cYqb

wk¶v_x eÜzv, Avcbviv AeMZ Av‡Qb †h, evsjv‡`‡ki gva¨wgK we`¨vj‡qi Iô †_‡K `kg Gi c‡Z¨K †kYx‡Z GKwU K‡i Kwl.wk¶v cvV¨cÖ–K i‡q‡Q| †kYx I eqm Abyôvqx c‡Z¨K cvV¨cÖ–‡Ki cwimi I welqe¯ wbaviY Kiv n‡q‡Q| Iô †kYxi Kwl.wk¶v bvgK cvV¨cÖ–KwUi Iô Aa¨v‡q Mn¨cwjZ cï cvjb m¤ú‡K welqe¯ Dc¯vcb Kiv n‡q‡Q| D‡j-wLZ Aa¨vqwU‡Z PviwU cwi‡”Q` i‡q‡Q| cwi‡”Q` ¸‡jv‡Z mnRfv‡e Mn¨cwjZ cïi cwiwPwZ, ¸i“Z, Mn¨cwjZ cïi Lv`¨, †ivM, †ivM †_‡K Mn¨cwjZ cï‡K i¶vi Dcvqmgn¨ eYbv Kiv n‡q‡Q|

D‡j-wLZ welqwU m¤ú‡K GKUy‡f‡e wbb Ges D³ wel‡qi Ávb I `¶Zvi GKwU ZwjKv

cYqb Ki "b| Avcbv‡`i mvgvaweav‡_ GKwU D`vniY †`qv nj:

Ávb I `¶Zvi QK

Ávb	`¶Zv
1. Mp¸cwjZ cïi msÁv m¤ú‡K Rvb‡Z cvi‡eb|	1. Mp¸cwjZ cï wPwýZ Ki‡Z cvi‡eb|
2.	2.
3.	3.

ce-M: mwµq KwL.wk¶vi Rb¨ KwL.wk¶‡Ki Avek¨Kxq ¸Yvejx wbYqKiY

wk¶v_xMY, mwµq KwL.wk¶vi Rb¨ GKRb KwL.wk¶‡Ki wK wK ¸Yvejx _vKv c‡qvRb G m¤ú‡K wK KL‡bv †f‡e †`‡L‡Qb? KwL.wk¶vi GKRb wk¶K †Kej wk¶KB bb| wZwb GKw`‡K †hgb wk¶KZv K‡ib, Ab¨w`‡K KwL.weÁvbx, mgvR ms¯vwiK I Av`k mgvR †meK| A_vr KwL.wk¶vi GKRb wk¶‡Ki A‡bK ai‡bi ¸Yvejx _vKv c‡qvRb| G m¤ú‡K †f‡e-wP‡š– wb‡¤i Q‡K wjLb| Avcbv‡`i wPš–v Kivi mvgvaweav‡_ GKwU D`vniY †`qv nj|

KwL.wk¶v wk¶‡Ki ¸Yvejx

1. GKRb KwL.wk¶v wk¶K KwL.m¤ú‡K hy‡Mvc‡hvMx Áv‡bi AwaKvix
2.
3.
4.
5.
6.
7.

BDwbU-9 **Awa‡ekb-27**

gj¨ wkLbxq welq

Kwl.wkÿvq Ávb I `¶Zv Dbqb

Kwl.wk¶vi Ávb I `¶Zv Dbq‡bi Rb¨ GKRb Kwl.wk¶v wk¶‡Ki Kwl.wk¶v wel‡qi wk¶vµg, cvV¨m¤úP I cvV¨cÖ–K we‡k-l‡Yi Ávb I `¶Zv m¤úb n‡Z n‡e| RvZxq AMMwZi ¯v‡_ Kwl.wk¶v‡K MwZkxj, Rxebgy³x I h¨vMvc‡hvMx Kivi †¶‡Î wk¶vµg, cvV¨m¤úP I cvV¨cÖ–K ˆZwii gva¨‡g wZwb ¸i“Zc¥ Ae`vb ivL‡eb| evsjv‡`‡ki A_bxwZ I Dbqb cwiPvwjZ nq gj¨Z: Kwl‡K †K› ` K‡i| G‡`‡ki RvZxq Av‡qi wmsnfvM Kwli gva¨‡g AwRZ nq Ges kg wb‡qvR‡bi gj¨ †¶Î n‡jv Kwl‡| gvby³vi Ab, e¯, evm¯v‡bi †hvMv‡b Kwli fwgKv Ab¯xKvh| GKRb mwµq Kwl.wk¶v wk¶K Kwli wewfb welq m¤ú‡K wk¶v`v‡bi gva¨‡g wk¶v_x‡`i‡K gvbe m¤ú‡` i¡cvš–wiZ Ki‡Z cv‡ib| wZwb wk¶v_x‡`i‡K Ávb I `¶Zvq mg„× Kivi gva¨‡g ¯Kgms¯v‡b DØ×× Ki‡Z cv‡ib Ges kg I mvgwRK gj¨‡eva weKv‡ki Rb¨ e¨enwiK Kv‡Ri cwZ ¸i“Z Av‡ivc Ki‡Z cv‡ib| wZwb bvbv ¸‡Y ¸YwšZ e¨w³ wn‡m‡e mgv‡R Awef¨vZ n‡eb|

wbR¯ Kwl.wk¶vi Ávb I `¶Zv Dbq‡bi Dcvq

Ávb t GKRb Kwl.wk¶v wk¶K wb‡R †h Ávb ARb K‡ib _v‡Kb †m Ávb‡K Zvi wbR¯ Ávb ejv nq| wZwb wewfb Dcv‡q Ávb ARb Ki‡Z cv‡ib| ejv hvq †h, †Kvb wKQy m¤ú‡K avivYv jvf KivB nj Ávb| †hgb- wk¶vµ‡gi j¶¨ I D‡Ïk¨ m¤ú‡K avivYv jvf| cvV¨cÖ–‡Ki welqe¯ Rvbv nj welqwfwËK Ávb| †hgb- ZË, Z_¨, msÁv, ˆewkó¨, ¸i“Z BZ¨vw`|

**`¶Zv t** †Kvb wel‡qi cv‡qwMK w`K m¤ú‡K nv‡Z-Kj‡g KvR K‡i AwfÁZv ARbB n‡jv `¶Zv| †hgb- e¨enwiK KvR, †kYxKiY, wPÎv¼b, cwiKíbv cYqb I ev¯–evqb, DcKiY ‰Zwi, KvhKix ck Kiv BZ¨vw`|

Ávb I `¶Zv Dbq‡bi Dcvq

- wk¶vµg I cvV¨cÖ–K we‡k-lY
- PvKwicª I PvKwiKvjxb cwk¶Y
- mKj wk¶K‡`i cvV`vb ch‡e¶Y I mv¶vrKvi MnY
- MYgva¨‡gi wk¶vgj¨K Abyôvb †`Lv I †kvbv Ges Aby³iY Kiv
- cvV`v‡bi Kjv-†KŠkj Avqb Kiv
- gj¨vqb †KŠkj m¤ú‡K Rvbv
- eûwea welq Ávb I `¶Zv AR‡b m‡Pó nIqv

- msMwk- ó we l‡q †`‡k we‡`‡k cvß m¤ve¨ we lq¸‡jv m¤ú‡K Ávbv Rb
- e¨w³ Rxe‡b wbqgvbyqwZZv wk¶v
- †bZZ.c`v‡bi †hvM¨Zv ARb
- we‡k- l Y I AvZ¥mgv‡jvPbv Kivi †hvM¨Zv ARb
- ¯-wkL‡b m‡Pó n l qv
- Ac‡ii MVbgvj-K mgv‡jvPbv mv`‡i MnY Kiv
- wbqwgZ wkL‡bi Af¨vm M‡o †Zvjv
- AvZ¥-gvj-¨vq‡b m‡Pó n l qv
- ¸i“Zc¥-we lqmg‡ni msw¶ß †bvU †bqv
- Abykxjb, ch‡e¶Y, chv‡jvPbv, djveZb cfwZi gva¨‡g µgwšZ †ckvMZ Dbq‡b m‡Pó n l qv
- gvB‡µvwUwPs Gi `¶Zv¸‡jv‡K Abymi Y Kiv|

gvB‡µvwUwPs-Gi 18wU `¶Zv

1. wk¶v_x‡`i DÏxcbvq Zviv Zg¨ Avbqb Kiv
2. wk¶‡Ki e¨vL¨v `vb
3. ej ewÂ×Kiv
4. AbymÜvbgvj-K ck DÌvcb
5. ckKi‡Yi `“ZZv AvqËKiv
6. D”Pgv‡bi ckKiv
7. wewfbag ckKiv
8. wk¶‡Ki wbieZv I Ae¨³ Bw½Z
9. g‡bv‡hvMx AvPi‡Yi ¯xKwZ.c`vb
10. wek`Kiv I D`vni‡Yi e¨envi
11. evPbfw½ ev e³ZwKiv
12. cwiKwíZ cÖ“w³
13. ms‡hvM mvab ev Aewn ZKi‡Yi m¤ú¥Zv
14. keY-`kb DcKi‡Yi e¨envi
15. †kYxK‡¶ wk¶‡Ki cvYeš– Av‡jvPbv
16. wk¶v_x‡`i `jMZ Av‡jvPbvq Drmvn `vb
17. cvV c¯wZ
18. mgvwßKiv

wk¶vµ‡gi D‡Ïk¨ Abyhvqx Iô †kYxi Kwl.wk¶v eB‡qi Iô Aa¨v‡qi c_g cwi‡"Q`-Gi (Mp,cwjZ cïi cwiwPwZ) Ávb I `¶Zvi Zwjkv|

Ávb	`¶Zv
1. Mp,cwjZ cï m¤ú‡K avivYv ARb	1. Mp,cwjZ cï mbv³KiY
2. Mp,cwjZ cïi ^ewkó¨ ‡jv m¤ú‡K avivYv ARb	2. ^ewkó¨vbyhvqx Mp,cwjZ cï wPwýZKiY
3. evsjv‡`‡ki cavb Mp,cwjZ cï m¤ú‡K Rvbv	3. evsjv‡`‡ki cavb Mp,cwjZ cï †`‡L mbv³KiY
4. †`kxq I we‡`kx Mi"‡K msÁwqZKiY	4. †`kxq Mi" I we‡`kx Mi"‡K mbv³KiY
5. Mi"i †kYxwefvM Ki‡Yi ^ewkó¨vejx m¤ú‡K avivYv ARb	5. wewfb cKvi Mi"i †kYxKiY Ges wPÎv¼b
6. wewfb ai‡bi Mi"i ¸i"Z m¤ú‡K ÁvbvRb	6. AwaK `ÿcwßi Mi" wPwýZKiY
7. gwnl cvj‡bi ^ewkó¨ I DcKwiZv m¤ú‡K avivYv ARb	7. gwn‡li †kYxKiY I DcKwiZv e¨vL¨vKiY
8. QvM‡ji cKvi‡f`, wewfb QvM‡ji cwß¯vb m¤ú‡K ÁvbvRb	8. QvM‡ji †kYxweb¨vm Ges A_©bwZK Dc‡hwMZv wPwýZKiY
9. evsjv‡`‡k †fov cvj‡bi ¯vbmg~n Ae¯vb m¤ú‡K Rvbv	9. †fov cvj‡bi mvgwRK I A_©bwZK DcKwiZv e¨vL¨v KiY
10. ksKi Rv‡Zi Mi" msÁwqZKiY	10. ksKi Rv‡Zi Mi" cvj‡bi cwiKíbv cYqb

mwµq Kwl.wk¶vi Rb¨ Kwl.wk¶‡Ki Avek¨Kxq ¸Yvejx

we`¨vj‡q †h wk¶K Kwl.wk¶v wel‡q cvV`vb K‡i _v‡Kb Zv‡KB Kwl.wk¶vi wk¶K ejv nq| GKRb Kwl.wk¶vi wk¶K Kwl.wel‡q ZË, Z_¨ I e¨envwiK Áv‡bi AwaKvix nb| wZwb GKRb mvaviY wk¶‡Ki mKj ¸Yvejx m¤úb n‡eb AwaKš Kwl.wk¶v wel‡q Zvui Áv‡bi MfxiZv _vK‡Z n‡e Ges Kwl.wk¶vi e¨envwiK Áv‡bi †¶‡Î ZvwjK n‡Z n‡e D™vebx `wó m¤úb|

mwµq Kwl.wk¶vi Rb¨ GKRb Kwl.wk¶v wk¶K

- Kwl.wel‡q cwic¥ Áv‡bi AwaKvix n‡eb|
- Kwli FZzwbqg-Kvbyhvqx, cKwZ, c‡qvRbxqZv, A_©bwZK Dbq‡b Ae`vb, Kwl.†¶‡Î kg wb‡qvRb m¤ú‡K Ávbm¤úb n‡eb|

- wk¶v`v‡bi Avavbv K‡jv‡KŠkj I c×wZ AvqË K‡i mnR, mvejxj I cvÄjfv‡e wk¶v_x‡`i wk¶v`v‡b m¶g n‡eb|
- Kwl.weÁv‡bi ^ewPÎgq I D™vebx Áv‡bi cwZ Zvi e¨vcK AvMn _vK‡e|
- welqMZ mgm¨v mgvav‡bi †¶‡Î Kwl. wk¶v wk¶‡Ki e¨envwiK Áv‡bi Mfxi Zv _vKv evÃbxq| ZvQvov Zv‡K e¨envwiK Áv‡b AwfÁ I mZK n‡Z n‡e| e¨envwiK Kwl.wk¶vq wZwb bZzb bZzb wewfb c×wZ e¨env‡i m‡Pó n‡eb|
- cvV`vb‡K mnR, myi, cvYeš– Kivi Rb¨ Kwl.wk¶vi wewfb DcKiY msMn I e¨env‡ii †¶‡Î m¶g n‡eb|
- DcKiY wn‡m‡e e¨env‡ii Rb¨ wewfb g‡Wj, b·v, Qwe, m¯–v I mnRjf¨ DcKiY msM‡n I †kYxK‡¶ e¨env‡i cvi½g n‡eb|
- Kwl.wk¶v wk¶v`v‡bi †¶‡Î wPÎv¼‡bi †¶‡Î cvi`kx n‡eb|
- bZzb c×wZ e¨env‡ii †¶‡Î Abywôq Ürmyl D™vebx kw³i AwaKvix n‡eb|
- wewfb Lvgvi, evMvb, DbZ chy³ e¨env‡i wk¶v_x‡`i DØy× Ki‡Z cwi`kb I åg‡Y AvMnwšZ n‡eb|
- Kwl.weÁv‡bi M‡elYvi (cvß Avavbv) chy³ I c×wZ m¤ú‡K Ávb AR‡bi gva¨‡g wk¶v_x‡`i Ávb `v‡b cvi½g n‡eb|
- Kwl.weÁv‡bi welqe¯‡K mRxe I ü`qMvnx K‡i wk¶v_x‡`i gv‡S Dc¯vc‡b m¶g n‡eb|
- wbiš–ifv‡e Kwl.weÁv‡bi welqe¯ †kLvi Ges †kLv‡bvi gvbwmKZv m¤úb n‡eb|
- cvV`vbKv‡j wk¶v_x‡`i hv‡Z GK‡N‡qwg mwó bv nq †m Rb¨ wewfb ai‡bi †KŠkj e¨env‡ii gva¨‡g cvV`vb Ki‡eb|
- ^`wnK I gvbwmKfv‡e mÿ n‡eb|
- DbZ ^bwZK ¸Yvejxi AwaKvix n‡eb|
- DbZ Ávb, †KŠkj, ^bwZK¸‡Yi mgš‡q AvZ¥ekvmx I `p g‡bvej m¤úb n‡eb|
- AvZ¥mgv‡jvPbvq I AvZ¥ms‡kva‡b m‡Pó n‡eb|
- mgq m¤ú‡K m‡PZb I wbqgvbyZZvi cwZ k×vkxj n‡eb|
- webqx I ^ahkxjZv i¶vq m‡Pó n‡eb|
- wk¶v_x‡`i gj¨vq‡b `¶ I c¶cvZgy³ n‡eb|
- MVbgj¨K mgv‡jvPbv‡K mv`‡i MnY Ki‡eb Ges wk¶K I wk¶v_x‡`i

MVbgj¨K mgv‡jvPbv Ki‡Z m¶g n‡eb|

- †kYx wbqšÍ I e¨e¯vcbvq `¶ I †KŠkjx n‡eb|

gj¨vqb:

1. wbR¯ Kwl.wk¶v Ávb I `¶Zv Dbq‡bi Dcvq¸‡jv eYbv Ki“b|
2. gva¨wgK ¯–‡ii †h †Kvb †kYxi Kwl.wk¶v bvgK cvV¨cÖ–‡Ki †h †Kvb GKwU cwi‡”Q‡`i wk¶vµ‡gi D‡Ïk¨ Abjxq Ávb I `¶Zvi ZwjKv cYqb Ki“b|
3. gvB‡µvwUwPs-Gi `¶Zv¸‡jv weeZ Ki“b|
4. mwµq Kwl.wk¶vi Rb¨ Kwl.wk¶v wk¶‡Ki Avek¨Kxq ¸Yvejx¸‡jv e¨vL¨v Ki“b|

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Kg mnvqK M‡elYvq cwZdjb c×wZ

fwgKv

Kg‡¶‡Î D™Z wewfb mgm¨v mgvav‡bi Rb¨ †h M‡elYv Kvh cwiPvjbv Kiv nq ZvB nj ÒKg mnvqK M‡elYvÓ (Action Research)| G ai‡bi M‡elYvi gva¨‡g wk¶K Zvi cvV`v‡bi gvb Rvb‡Z cv‡ib Ges Zv Dbq‡b m‡Pó n‡Z cv‡ib| wk¶K wk¶v_xi m¤úK Dbq‡b G M‡elYv Kv‡R jvMv‡bv hvq| wk¶‡Ki †ckvMZ Dbq‡bi KvhKi D‡Ïk¨ nwmj Kiv hvq Ges ev¯–e Ae¯vi †gvKwejv Kiv hvq| Kgmnvqk M‡elYv mvaviYZ ¶z cwim‡i AskMnYwfwËK c×wZ‡Z n‡q _v‡K †hLv‡b AskMnYKvix‡`i wbR¯ wPš–v †PZbvi cwZdjb N‡U _v‡K| Kwl.wk¶vi Kgmnvqk M‡elYvi cwZdjb c×wZ‡Z hv KiYxq Zv nj- mgm¨v wPwýZKiY, †Kb GwU mgm¨v Zv †kYxK‡¶ wPwýZKiY, †hgb- Avmb web¨vm, Achvß DcKiY, wb‡`kbv eÜ‡Z bv cviv, nv‡Z-Kj‡g KvR Kiv‡bv KwVb, †kYx cwi‡ek msMV‡b Amyeav, cwiKíbv MnY I ev¯–evq‡b m‡Pó bv _vKv, Kg m¤úb Kivq mwVK wb‡`kbvi Afve, ch‡e¶Y `¶Zv ARb, cwZdj‡b A¶gZv, djvd‡j Drmvn c`vb Kiv, cwZ‡hvMZvgj‡K g‡bvfve mµó Kiv, e¨envwiK `¶Zvi gj¨vqb Kiv, msMV‡b mKj‡K m¤ú„³ Kiv, h_v_ wb‡`kbv bv _vKv BZ¨vw`|

D‡Ïk¨

GB Awa‡ekb †k‡l Avcwb-

- Kg mnvqK M‡elYvi msÁv we‡k-lY K‡i G msµvš– gj- c‡q›U wjL‡Z cvi‡eb|
- Kg mnvqK M‡elYvi ^ewkó¨ I g‡Wj e¨vL¨v Ki‡Z cvi‡eb|
- cwZdjb Kx Ges wk¶‡Ki †ckvMZ Kv‡R Gi ¸i“Z Kx Zv eÜ‡q ej‡Z cvi‡eb|
- Kwl.wk¶vi †¶‡Î Kg mnvqK M‡elYvi cwZdjb c×wZ c‡qvM Ki‡Z cvi‡eb|

cemgn¨

ce-K: Kg mnvqK M‡elYv Ges Gi c‡qvRbxqZv

cwk¶K cwk¶Yv_x‡`i wb‡q bxwZgvjv Abyôv‡i K‡i `jMVb Ki‡eb| M‡elYv Kx Ges wk¶‡Ki †ckvMZ mgm¨v mgvav‡b M‡elYvi c‡qvRbxqZv Kx Zv ejy‡q ej‡eb| c‡Z¨K `j‡K gj¨ wkLbxq welq mieivn K‡i Kg mnvqK M‡elYvi msÁv we‡k-lY K‡i gj¨ welq c‡q›U AvKv‡i wjL‡Z ej‡eb| G msµvš– Kgc‡Îi DËi †cv÷vi †ccv‡i wj‡L Dc¯vcb Ki‡Z ej‡eb| wk¶v_x‡`i `jxq KvR ch‡e¶Y K‡i c‡qvR‡b mn‡hvwMZv Ki‡eb| OHP †Z Kg mnvqK M‡elYvi msMnxZ Z_¨ c`kb I e¨vL¨v K‡i avivYv msMVb Ki‡eb|

ce-L: Kg mnvqK M‡elYvi ^ewkó¨ D‡j-L Kiv Ges Gi g‡Wj we‡k-lY Ki‡Z cvi

cwZ `j †_‡K GKRb m`m¨ wb‡q cwk¶K bZzb `j MVb K‡i †b‡eb| Kg mnvqK M‡elYv msµvš– gj¨ c‡q›U¸‡jv wb‡q c_‡g †Rvovq Ges c‡i `jMZfv‡e gZ wewbg‡qi gva¨‡g Gi ^ewkó¨ wbi¡cY K‡i LvZvq wjL‡eb| c‡Z¨K `‡ji `j †bZv ‰ewkó¨¸‡jv D‡j-L Ki‡eb Ges cwk¶K KZK.welq¸‡jv †ev‡W wj‡L c‡qvR‡b ms‡hvRb Ki‡eb| cwk¶K c‡Z¨K `‡ji Kg mnvqK M‡elYvi g‡Wj ciL Ki‡Z ej‡eb Ges †ev‡W wjLZ welq¸‡jv D‡j-L K‡i ms‡¶‡c e¨vL¨v Ki‡eb Ges g‡Wj¸‡jv ejy‡Z †c‡i‡Qb wKbv Zv G msµvš– ck¸‡jvi gva¨‡g †R‡b †b‡eb|

ce-M: cwZdjb Ges Gi ¸i“Z ejy‡Z cvi Ges Kwl. wk¶vq Kg mnvqK M‡elYvi cwZdjb c×wZ c‡qvM Ki‡Z cvi

c_‡g cwZdjb I Kg mnvqK M‡elYv msµvš– gj¨ wkLbxq wel‡q cwk¶Yv_x‡`i Av‡jvPbv msMV‡b mvnvh¨ Ki‡eb| AZtci Kgc‡Î mieivn Ki‡eb Ges `jMZfv‡e DËi ^Zwi Ki‡Z w`‡eb| Kg mnvqK M‡elYv msµvš– c`Ë ckwU mgwßKi‡Y mn‡hvwMZv I Drmvwn‡Z Ki‡Z n‡e| ck c¯wZ mgvcbv‡š– `jMZfv‡e †cv÷vi †ccvi wj‡L Dc¯vcb Ki‡Z ej‡eb Ges Ab¨ `j‡K Zv wgwj‡q †`L‡Z ej‡eb| OHP-†Z m¤ve¨ DËi c`kb Ki‡eb| KgmnvqK M‡elYvi c`‡¶c¸‡jvi avivevwnKZv eYbv Ki‡eb|

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gj¬ wkLbxq weÎq

Kg mnvqK M‡elYvq cwZdjb c×wZ

cvq mvZ `kK c‡e Action Research AvZ¥cKvk K‡iwQj| 1944 mv‡j mec_g mvgvwRK mgm¨v mgvav‡bi Rb¨ e¨vUk Ges divmxiv e¨envi K‡iwQj| mec_g †KvU wjIb ev¯–e mgvav‡bi Rb¨ c‡qvM K‡i| G Rb¨B divmx mgvR weÁvbx †KvU wjIb‡K Action Reseach Gi RbK ejv nq|

Kg mnvqK M‡elYvi K‡qKwU msÁv

Cohen and Manion (1994)

"Action Research is about the systematic study of attempts to improve educational practice by groups of participants by means of their own practical actions and by means of their own reflection upon the effects of these actions"

Dave Ebbult (1985)

"Action Rsearch is a form of collective self reflective enquiry undertaken by participatns in social situations in order to improve the rationality and justice of their own social or educational practice, as well as their understanding of these practices and the situation in which these practices are carried out ....."

Kemmis and Mc Taggert (1988)

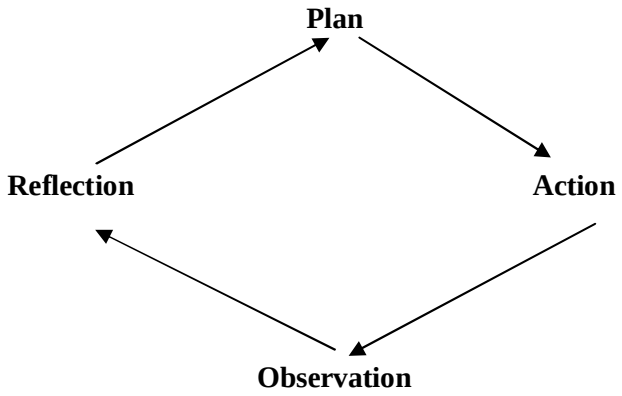
"So action research is about changing our own practices as teacher, recording the reasons for the decisions we make and reflection on the outcomes"

Laughran, J. (1996)

"Action research is the job of reflective practitioners, specially the teacher, educators and teachers. The five phases namely: suggestions, problems, hypothesis, reasoning and testing of reflection are more or less involved in the "Action research" activities. Therefore, according to modern learning theorists, activity-based teaching learning prevails creativity in class room situation. Action research is the excellent example in the

teaching learning process of reflective practitioners. The value of relection in teaching and learning is that it encourages one to view problems from different perspective."

Kemmis and Mc Taggart Model



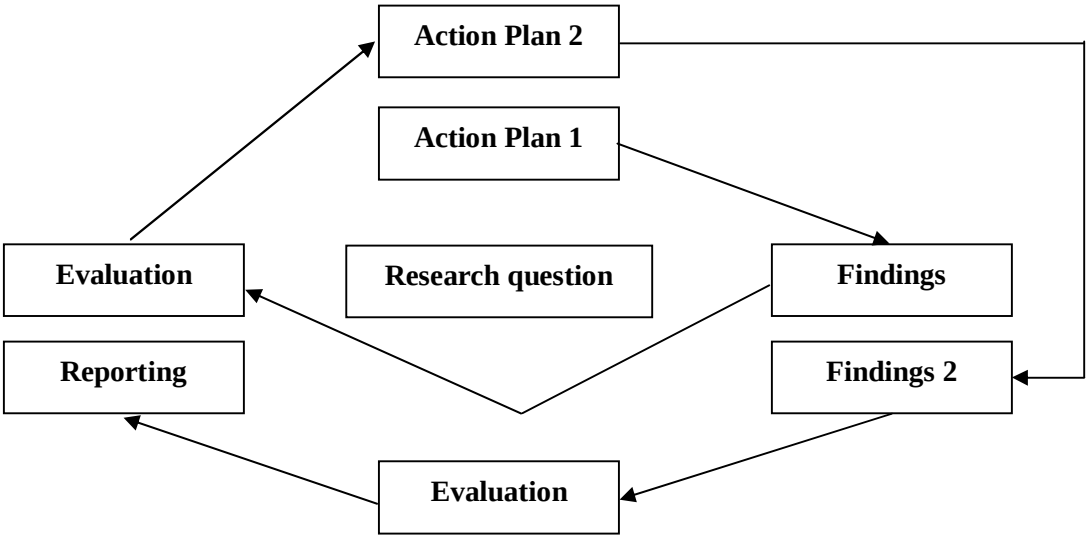
This model has four states.

1. Develop a plan of critically informed action to improve what is already happening.
2. Act to improve the plan.
3. Observe the effects of the critically informed action in the context in which it informed action and so on, through a succession of cycles.
4. Reflect on their effects as a basis for further planning, subsequent critically informed action and so on, through a succession of cycles.

cvjgvi Rbmb (1971)

Action Research nj cÖvPxiv‡qi mvgwRK Kvh©µ‡gi Rb¨ M‡elYv Kiv‡i Ggb GKwU c×wZ hv †Kvb mgm¨v mgvav‡bi Rb¨ wKQz‡j v‡Ki gZvgZ I †PZbv‡K GK‡Î we‡k- lY K‡i|

Action Research model in structure :



Final reporting

Reporting on Action Research can be of two types, formal and informal. The informal is where the findings are reported to colleagues or when they are written as an evaluation report. Action Research does not finish but rather suggests further action plans. For better reporting the following headlines my be used.

- Executive summary
- Introduction
- Background information
- The research plan
- Findings
- Interpretations and conclusion
- Recommendations

cwZdjb

cwZdjb cwµqvwU m¤úY¨i¡‡c gvbwmK wPš—b msMV‡bi GKwU Dcvq hv mv¤cwZKKv‡j wk¶‡Yi Rb¨ LyeB KvhKwi e‡j cgvwYZ n‡q‡Q| cwZdj‡bi gva¨‡g wk¶K wb‡Ri KgKvÛ cyL vbyzyL f‡e we‡k-l‡Yi gva¨‡g ms‡kvab I cieZx Dbq‡bi Rb¨ mwVK c`‡¶c MnY Ki‡Z cv‡ib| d‡j †ckvMZ Dbqb myiyg MwZ‡Z Pj‡Z _v‡K|

cwZdjbgj‡K wPš—b (Reflective Thinking)

cwZdjbgj‡K wPš—v wk¶‡Yi Rb¨ LyeB KvhKwi GKwU cwµqv| G ai‡bi wPš—‡bi mvnv‡h¨ e¨w³ wb‡R‡K wd‡i †`Lvi myiyhvM cvq| wk¶‡Ki †ckvMZ Kv‡Ri mvdj¨ I

e¨_Zv Abyôv‡b cwZdjb wPš–b mvnvh¨ K‡i|

myweavq

- cwZdjbgvbK wPš–v Kwl.wk¶K‡K †ckvMZ Dbq‡b mnvqZv K‡i|
- cwZdjbgvbK wPš–vi mvnv‡h¨ wk¶K Zvi cvV`v‡bi mdj I `vwqj w`K¸‡jv wPwýZ K‡i cieZx cvV`vb Dbq‡bi cwiKíbv Ki‡Z cv‡ib|

cwZdj‡bi cKvi‡f`

- **AvZ¥e‡k-lY t** wk¶Y-wkLb cwµqv mgvcbv‡š– wk¶K †mwUi mvweK wPÎ Aš–t`wó w`‡q Dcjwä K‡ib| Kvhµgwi cyLvbvgyL we‡k-lY K‡i fvj w`K¸‡jvi Rb¨ Zwß. †eva K‡ib| DbqbgvbK w`K¸‡jv wPwýZ K‡i cieZx Kvhµg Dbq‡bi h_vh_ c`‡¶c MnY K‡ib|
- **ch‡e¶Yt** ch‡e¶K wk¶v_x, mn‡hvMx wk¶K, mnKgx‡`i MVbgvbK mgv‡jvPbv t_‡K wk¶K Zvi cvV`v‡bi wewfb w`K m¤ú‡K Rvb‡Z cv‡ib Ges Dbq‡b m‡Pó n‡Z cv‡ib|
- **wfwWI ch‡e¶Yt** wfwWI‡Z †iKWKZ.cvV`vb †`‡L wk¶K wb‡RB Zvi mgv‡jvPbv Ki‡Z cv‡ib Ges cieZx cvV`v‡b KiYxq wbaviY Ki‡Z cv‡ib|

gvbe¨vqb:

1. Kg mnvqK M‡elYvi K‡qKwU msÁv wjLyb Ges msÁv¸‡jv e¨vL¨v Ki“b|
2. Kg mnvqK M‡elYvi ˆewkó¨ I g‡Wj¸‡jv e¨vL¨v Ki“b|
3. cwZdjb ej‡Z Kx †evSvq? wk¶‡Ki †ckvMZ Kv‡R cwZdjb Gi ¸i“Z e¨vL¨v Ki“b|
4. Kwl.wk¶vi †¶‡Î wKfv‡e Avcwb Kg mnvqK M‡elYvi cwZdjb c×wZ e¨envi Ki‡eb - e¨vL¨v Ki“b|

BDwbU-9 **Awa‡ekb-29**

KwL.wkÿv wkÿ‡Y Am‡ej I DB‡U‡Ki wkLbZ‡Ëi c‡qvM

fwgKv

g‡bwe Ávbx Ausbel's Gi g‡Z, KvhKi Kiv ev A_en wkLb (meaningful learning) ZLbB m¤e hLb wk¶v_xi wbKU welqwUi A_ ¯úó nq Ges wk¶v_xiv Gi Dc‡hvMZv ev DcKwiZv Dcjwä Ki‡Z ev e¨envi‡Z cv‡i| Am‡ej Zui wkLbZ‡Ë welqe¯ ev Z_¨ Dc¯vc‡bi GKwU DbœZ I avivewnK cwµqvi eYbv K‡i‡Qb, hv‡Z wk¶v_xiv AwZ mn‡R wkL‡Z cv‡i| Ausbel Gi wkLb Z‡Ëi cavb wZbwU w`K nj- (1) wKfv‡e Ávb msMwVZ nq? (2) Z_¨ msi¶‡Yi Rb¨ gw¯–® Kxfv‡e KvR K‡i? (3) wk¶K Kxfv‡e G ZË Abyôvqx cvV`vb Ki‡eb? Am‡ej I DB‡Æ‡Ki ZË Abyôvqx wk¶v_xiv welqe¯i fvev_ D×vi Ki‡eb Zv‡`i ce-Áv‡bi mvnv‡h¨| myZivs wk¶v_xi ce-Áv‡bi Dci wfwË K‡i cvV`vb ïi“ Ki‡Z n‡e| wk¶K wk¶v_xi ce-Áv‡bi mv‡_ bZzb Áv‡bi Ø›Ø ‰Zwi Ki‡eb| wk¶‡Ki KvR n‡e `jMZ Av‡jvPbvi cwi‡ek ˆZwi Kiv, `jMZ KvR I wPš–vi †¶‡Î mn‡hvwMZv `vb| cv‡V g‡bv‡hvM a‡i ivLv, cvV‡K AvKlYxq I Avb›``vqK Kiv, DË‡ii m‡½ mg_b †`lqv I cksmv Kiv| wk¶v_x wb‡RB mgm¨v mgvavb Ki‡e, wk¶K ïaycwi‡ek ˆZwi Ki‡eb| bZzb Z_¨ mieivn K‡i I e¨vL¨v we‡k-l‡Yi gva¨‡g wk¶K welqe¯ AwaKZi ¯úó Ki‡eb| fvB‡MUmKxq mvgvwRK MvVwbK ZË Abyôv‡i hv Ki‡Z n‡e Zv nj- wk¶v_x‡`i bZzb Ávb Avni‡Yi mnR Dcvq n‡"Q G welq msµvš– wk¶v_xi †h ce-Ávb i‡h‡Q Zvi mv‡_ ms‡hvM mvab K‡i welqe¯i wkLb-†kLv‡bv Kvhvejx cwiPvjbv Kiv| KwL.wk¶v wk¶Y-wkL‡b G ZË ¸i“Zc¥| G Z‡Ë wk¶v_x‡`i ce-Ávb hvPvB K‡i bZzb Áv‡bi mv‡_ ms‡hvM mva‡bi welq D‡j-L Kiv n‡q‡Q| wk¶K `jMZ Kv‡Ri gva¨‡g cvi¯úwiK gZ wewbgq Gi myôvhvM †`‡eb| wk¶K `jMZ Av‡jvPbv msMVb I gj¨vq‡b mvnvh¨ Ki‡eb| wk¶v_xiv wb‡Riv Av‡jvPbv K‡i welqe¯ m¤ú‡K avivYv MVb Ki‡e, wk¶‡Ki KvR ïaycwi‡ek ˆZwi Kiv| wk¶K bZzb Z_¨ mieivn K‡i, e¨vL¨v we‡k-l‡Yi gva¨‡g wk¶v_x‡`i Áv‡bi wfZ gReyZ Ki‡eb| wk¶K BwZevPK g‡bvfve, Drmvn c`vb I cksmvi gva¨‡g cvV‡K AvKlYxq K‡i Zzj‡eb|

D‡ïk¨

GB Awa‡ekb †k‡l Avcwb-

- Am‡ej Gi wkLbZË m¤ú‡K Rvb‡Z cvi‡eb Ges A_en c‡qv‡Mi Rb¨ wk¶‡Ki Abyhvi YKZ.avcmgn¨mbv³ Ki‡Z cvi‡eb|
- Am‡ej I DB‡U‡Ki MvVwbKZ‡Ëi gj¨ welq Ges wk¶Y-wkL‡b G ZË Abyhvv‡i wk¶‡Ki KiYxq wbYq Ki‡Z cvi‡eb|
- fvB‡MUmKxi mvgwRK MvVwbK ZË wk¶Y-wkL‡b †Kb Dc‡hvMx Zv D‡j-L Ki‡Z cvi‡eb|

cemgn¨

ce-K: Am‡ej Gi wkLb Z‡Ëi gj¨ e³e¨ Rvb‡Z cvi‡v Ges Kwl. wk¶vi †¶‡Î Zv c‡qv‡M wk¶‡Ki Abyhvq avcmgn¨ wPwýZ Ki‡Z cvi‡v

wk¶K myeavgZ msL¨v w`‡q 5/6wU `j MVb Ki‡eb| Am‡ej Gi wkLb m¤úKxq gj¨ wkLbxq welq wb‡q `jMZ gZvevbg‡qi Rb¨ msMVb Ki‡eb| wk¶K Am‡ej Gi wkLb Z‡Ëi gj¨ welqwUi Dci msw¶ß e³e¨ w`‡eb Ges G wkLb Z‡Ëi gj¨ welq Kx †m m¤ú‡K ¯— ¯— LvZvq wjLvi Rb¨ cwk¶Yv_x‡`i‡K ej‡Z n‡e| AZtci Kwl.wk¶vi cvV¨cÖ–‡Ki †h †Kv‡bv GKwU Aa¨vq cwZ`‡j D‡j–L K‡i Am‡ej Gi wkLb Z‡Ë c‡qv‡Mi wZbwU w`K D‡j-L Ki‡Z ej‡eb| wk¶v_x‡`i †Rvovq †Rvovq KvR K‡i ¯— ¯— LvZvq wj‡L †kYx‡Z Dc¯vcb Kivi Rb¨ ej‡Z n‡e| wk¶K c‡qvR‡b wk¶v_x‡`i m¤ve¨ DË‡ii Askwu bgybv ¯—i¡c miei n A_ev OHP †Z c`kb Ki‡eb|

Am‡e‡ji wkLbZË

1| Am‡e‡ji wk¶YZ‡Ëi gj¨ cwZcv`¨ welq Kx?

2| Kwl.wk¶v cvV¨cÖ–‡Ki †h †Kvb GKwU cv‡Vi bvg D‡j-L K‡i Am‡e‡ji wkLb Z‡Ëi cavb wZbwU w`‡Ki c‡qvM D‡j-L Ki“b|

3| Am‡e‡ji wkLbZ‡Ëi wkL‡b g‡W‡ji †h avc¸‡jv Abyhvi Y Ki‡eb Zvi ˆewkó¨ D‡j-L Ki“b|

ce-L: Am‡ej I DB‡U‡Ki MvVwbK ZË m¤ú‡K Rvbv Ges G ZË Abyw`v‡i wk¶Y-wkL‡b wk¶‡Ki KiYxq wbavi Y Kiv

wk¶K KZK. cwZ`‡j g‡j wkLbxq we‡qi AskUkzmieivn K‡i `jMZ Av‡jvPbvi gva¨‡g KvR Kivi Rb¨ ej‡Z n‡e| wk¶v_xiv `jMZ Av‡jvPbvi gva¨‡g cv‡V AMmi n‡eb Ges cvß Z_¨ ¯ ¯ LvZvq wj‡L †kYx‡Z Dc¯vcb Kivi Rb¨ ej‡eb| †kYx‡Z Dc¯vc‡bi ci wk¶K g‡nv`q c‡qvR‡b ms¯¶ß Av‡jvPbvi gva¨‡g cv‡Vi mgwß Uvb‡eb|

Am‡ej I DBU‡Ki MvVwbK ZË

1| Am‡ej I DB‡U‡Ki gZ Abyw`vqx bZzb Ávb Avni‡Yi Dcvq Kx?
2| Am‡ej I DB‡U‡Ki ZË Abyw`vqx wb‡Pi QK c‡iY Ki“b|

we‡qe¯ msMV‡b wk¶‡Ki KiYxq	wk¶v_xi KiYxq

ce-M: fvB‡MUmKxq mvgvwRK MvVwbK ZË Kwl.wk¶v wk¶Y-wkL‡b †Kb Dc‡hvMx Zv D‡j-L Ki‡Z cvi v

ce L Gi KvhcYvjx Abyw`iY K‡i Ges g‡j wkLbxq we‡q †_‡K ck m¤ú‡K wk¶v_x‡`i AwRZ wkLbdj hvPvB Ki‡Z n‡e|

fvB‡MUmKxq mvgvwRK MvVwbK ZË

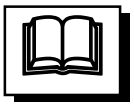
1| fvB‡MUmKxq mvgvwRK MvVwbK Z‡Ëi g‡j we‡q Kx?
2| Kwl.wk¶v wk¶Y-wkL‡b G ZË ¸i“Zc¥ †Kb?

BDwbU - 9 **Awa‡ekb-29**

gj- wkLbxq welq

Kwl.wkÿv wkÿ‡Y Am‡ej I DB‡U‡Ki wkLbZ‡Ëi c‡qvM

Am‡ej I DB‡U‡Ki MVwbK ZË



G ZË Abjvqx wk¶v_xiv Zv‡`i ce- Áv‡bi mvnv‡h¨ welqe¯i fvev_ D×vi Ki‡eb| mZ¨vi‡Yi wk¶v_xi ce- Áv‡bi Dci wfwË K‡i cvV`vb ï‡i“ Ki‡Z n‡e| wk¶K wk¶v_xi ce- Áv‡bi mv‡_ bZzb Áv‡bi Ø›Ø ˆZwi Ki‡eb| wk¶‡Ki KvR n‡e `jMZ Av‡jvPbvi cwi‡ek ˆZwi Kiv, `jMZ KvR I wPš—vi †¶‡Î mn‡hvwMZv `vb| cv‡V g‡bv‡hvM a‡i ivLv, cvV‡K AvKlYxq I Avb›``vqK Kiv, DË‡ii m‡½ mg_b †`lqv I ckvsmv Kiv| wk¶v_x wb‡RB mgm¨v mgvavb Ki‡e, wk¶K ïaycwi‡ek ˆZwi Ki‡eb| bZzb Z_¨ mieivn K‡i I e¨vL¨v we‡k-l‡Yi gva¨‡g wk¶K welqe¯ AwaKZi ¯úó Ki‡eb|

fvB‡MUmKxq mvgvwRK ZË

G ZË g‡Z wk¶v_x‡`i wkLb cwµqvi Dci mvgvwRK ixwZbxwZ A_ev AvPvi Abjvb we‡kl cfve we¯—vi K‡i| ZvB wk¶v_xiv `jMZ KvR ev Av‡jvPbvq Zvdi`i mvgvwRK Áv‡bi c‡qvM Ki‡e| G Z‡Ëi we‡kl w`K nj wkLb msMwVZ n‡e mgv‡Ri ga¨¯Zvi gva¨‡g| wk¶v_x mgvR †_‡K †h me AwfÁZv wb‡q Avm‡e wk¶K we`¨vj‡q †m¸‡jvi e¨vL¨v we‡k-l‡Yi gva¨‡g avivY ¯úó Ki‡eb|

Kwl.wk¶vi †¶‡Î G ZË Lvivc Dc‡hvMx| G ZË Abjvqx Kwl.wk¶v cv‡V wk¶K ïaygvmgm¨v Dìvcb K‡i wk¶v_x‡`i Av‡jvPbvi mvjvMv ˆZwi K‡i †`‡eb| wk¶v_xiv wb‡RivB cvi¯úwiK g‡Zi Av`vb-c`v‡bi gva¨‡g mgm¨vi cKZ.mgvavb Ki‡eb| we‡kl K‡i cix¶v wbix¶vi †¶‡Î wk¶K ‡Kej c‡qvRbxq hš¿cwZ I DcKiY mieivn Ki‡eb| wk¶v_xiv wb‡RivB wb‡`kbv †gvZv‡eK Kvhm¤úb Ki‡eb Ges gZ wewbg‡qi †hŠw³K wm×vš— MnY K‡i wkLbdj ARb Ki‡eb|

Am‡ej Gi wkLbZË

g‡bweÁvbx Am‡ej Gi g‡Z, KvhKi ev A_en wkLb (meaningful learning) ZLbB m¤e hLb wk¶v_xi wbKU welqwUi A_ ¯úó nq Ges wk¶v_xiv Gi Dc‡hvMZv ev DcKwiZv Dcjwä Ki‡Z ev e¨vß‡Z cv‡i| Am‡ej Zvi ¯úó wkLbZ‡Ë welqe¯ ev Z_¨ Dc¯vc‡bi GKwU DbœZ I avivevwnK cwµqv eYbv K‡i‡Qb, hv‡Z wk¶v_xiv AwZ mn‡R wkL‡Z cv‡i| Am‡ej Gi wkLb Z‡Ëi cavb wZbwU w`K nj-

1| Kx fv‡e Ávb msMwVZ nq?

2| Z_¨ msi¶‡Yi Rb¨ gv¯—® Kx fv‡e KvR K‡i?
3| wk¶K Kx fv‡e G ZË Abyhvqx cvV`vb Ki‡eb?

Kwl.wk¶vq Am‡ej Gi A_en wkLbZË c‡qv‡Mi Rb¨ wk¶‡Ki Abyhvqx YKZ.avcmgn-nj-

avc-1 t wk¶‡Ki cwiKíbv I c¯—Z

- cv‡Vi j¶¨ wbaviY Kiv
- cvV Dc¯—cb Abyhvqx jb Kiv
- Rxeb m¤ú„³ D`vniY I e¨vL¨v we‡k-l‡Yi AeZviYv Kiv|
- cvV¨ cÖ–‡Ki welqe¯—i mv‡_ cwi‡e‡ki welqe¯—i Abyhvqx ¯—cb Kiv|
- cvV cÖhyi‡jvPbv|
- welq msMwk–ó Ávb I AwfÁZv Øviv cwk¶Yv_x‡`i Drmvwn Z Kiv|

avc-2 t welqe¯— Dc¯—cb

- cwiKíbv I c¯—Z †gvZv‡eK cvV Dc¯—cb Ki‡eb|
- g‡bv‡hvM a‡i i¶L‡eb|
- wk¶‡Yi welqe¯—i †hŠw³K web¨vm Ki‡eb|

avc-3 t Ávb msMV‡bi wfZ gReZ Kiv

- mgwšZ wk¶vµg Abyhvqx cvV`vb Kiv i bxwZ D™veb Ki‡eb|
- cwk¶Yv_x‡`i wk¶Y-wkLb Kv‡Ri cvkvcwk mwµq wkLb‡K Drmvwn Z Kiv|

gj¨vqb

1| Am‡ej-Gi wkLbZ‡Ëi avc¸‡jv eYbv Ki“b|
2| Am‡ej I DB‡U‡Ki MvVwbK ZË e¨vL¨v Ki“b|
3| fvB‡MUmKx i mvgvwRK MvVwbK ZË Kwl.wk¶v wk¶Y-wkL‡b †Kb c‡qvRb - e¨vL¨v Ki“b|

BDwbU - 9 **Awa‡ekb - 30**

Kwl.wkÿv AR‡b AskMnYg~j¨K wk¶Y-wkLb c×wZ m¤ú‡K avivYv I cvi`wkZv ARb

fwgKv

AskMnYg~j¨K wk¶Y-wkLb c×wZ¸‡jv nj- `jMZ KvR, †Rvovq KvR, mZx_ wk¶Y, gv_v LvUv‡bv, wPš—v Kiv, †Rvo evuav Ges gZ wewbgq Kiv, †gŠwLK ckKiY, ch‡e¶Y, †cv÷e·, Abyk¶Y, wRMm, Kb‡m Þ g¨wcs, Abym Üvbg~j¨K KvR, cwZdjb Wv‡qix, gv‡Vi KvR, AwcZ KvR BZ¨vw`| AskMnYg~j¨K wk¶Y-wkL‡b msMVb Kivi Dcvqmgn- nj- `jxq KvR, mZx_ wk¶Y, Abyk¶Y, gZ wewbgq, fwgKvwfbq, cKí KvR, ch‡e¶Y, AwcZ KvR, gv‡Vi KvR, Abym Üvbg~j¨K KvR BZ¨vw`| Kwl.wkÿvq AskMnYg~j¨K wk¶Y-wkLb †KŠkjmg‡ni Dc‡hvwMZv nj- G †KŠkjmgn- gyL¯ Kivi cwie‡Z welqe¯ †evaMg¨Ki‡Y wk¶v_x‡`i mnvqZv K‡i| `jxqKv‡R AskMnY Kivi d‡j wk¶v_xiv `jMZfv‡e †Póv K‡i mgm¨v mgvavb Ki‡Z cv‡i, d‡j AvZ¥evm mwó nq| cvi¯úwiK ‡mŠnv` I m¤cwZ e„× cvq| Av‡jvPbv Kivi `¶Zv ev‡o| mwókxjZv e„× cvq| †Rvovq KvR Kivi gva¨‡g cix¶vg~j¨K KvR, Z_¨ msMn, bgybv msMn, M‡elYvagx KvR m¤úb Ki‡Z cv‡i| gv_v LvUv‡bvi d‡j wk¶v_x‡`i DËg v‡bi wPš—b `¶Zv ev‡o| Kwl.welqK Dcjwä‡eva Pv½v nq| we‡k-lY, ms‡k-lY, wePviKiY I mÆRbxg~j¨K cwZfvi weKvk NUvq| wk¶v_xiv mve¶wYKfv‡e g‡bv‡hvMx I mwµq _v‡K| wkLb mÿgZ nq, KviY AskMnYg~j¨K †KŠk‡j wk¶v_x‡`i wbKU †_‡K wdWe¨vK †blqvi chvß mÿgvM _v‡K| wk¶v_x‡`i RoZv †K‡U hvq Ges Dc¯vcb ¶gZv e„× cvq| cieZx wkL‡bi Rb¨ †clYv mwó nq, wb‡Ri Ges A‡b¨i gZvg‡Zi †hŠw³KZv g~j¨vqb I cgvY Kivi mÿgvM cvq|

D‡ïk¨

GB Awa‡ekb †k‡l Avcwb-

- AskMnYg~j¨K wk¶Y-wkL‡bi Zwj¤Kv ˆZwi Ki‡Z cvi‡eb|
- AskMnYg~j¨K wk¶Y-wkLb †KŠkj msMV‡bi Dcvq ej‡Z cvi‡eb|
- Kwl.wk¶vq AskMnY wk¶Y-wkL‡bi Dc‡hvwMZv wbi¡cY Ki‡Z cvi‡eb|

cemgn-

ce-K:AskMnYgj-K wk¶Y-wkL‡bi Zwj Kv cYqb Ki‡Z cvi v

cwk¶K g‡nv`q cwk¶Yv_x‡`i wb‡q cwPwU `j MVb Ki‡eb (`‡ji bvg- K, L, M, N, O)| c‡Z¨K `j‡K we.GW. †Kv‡mi ïi“ †_‡K G chš– Zvi v †h me Awa‡ek‡b AskMnY K‡i‡Qb Zv ¯‹i‡Y Avbvi Rb¨ †eBb ÷wgs Ki‡Z ej‡eb| Gme Awa‡ek‡b cwk¶K g‡nv`q wK wK AskMnYgj-K †KŠkj e¨envi K‡i‡Qb Zvi Zwj Kv ^Zwi Ki‡Z ej‡eb| Gevi c‡Z¨K `‡ji GKRb K‡i m`m¨ Zvi `‡ji AskMnYgj-K wk¶Y-wkLb †KŠk‡ji bvg ej‡eb| cwk¶K g‡nv`q bvg¸‡jv †ev‡W wjL‡eb Ges cÖvPvi ewÊ ev` w`‡q †KŠkjmg‡ni Zwj Kv ^Zwi Ki‡eb|

ce-L: AskMnYgj-K wk¶Y-wkLb msMV‡bi Dcvq ej‡Z cvi v

gj- wkLbxq welq c‡Z¨K `j‡K mieivn Ki“b| c‡Z¨K `j‡K Gme AskMnYgj-K †KŠkj msMV‡bi Dcvq wb‡q wb‡R‡`i g‡a¨ Av‡jvPbv Ki‡Z ejyb| c‡Z¨K `j 4wU K‡i †KŠkj wb‡q KvR Ki‡e| Gevi ceeZx c‡Z¨K `j †_‡K GKRb K‡i m`m¨ wb‡q bZzb cwPwU `j MVb Ki“b| GB bZzb `‡ji c‡Z¨K m`m¨ G‡K Ac‡ii mv‡_ Av‡jvPbv Ki‡eb Zvi v gj- `j †_‡K Kx wk‡L‡Qb? Gevi c‡Z¨K m`m¨ AwfÁZv wb‡q Zvl`i gj- `‡j wd‡i Avm‡eb Ges we‡klÁ wk¶K gj-`‡ji m`m¨‡`i mv‡_ gZ wewbgq Ki‡eb| c‡Z¨K `j KqwU AskMnYgj-K cvV`vb †KŠkj msMV‡bi Dcvq wk‡L‡Qb Zv †cv÷vi †ccv‡i wjL‡eb| wb‡R‡`i KvR †kl n‡j c‡Z¨K `j‡K Ab¨`‡ji KvR ch‡e¶Y Ki‡Z ej‡eb| cwk¶Yv_x‡`i Gfv‡e Ab¨ `‡ji Kv‡Ri mv‡_ wb‡R‡`i `‡ji KvR Zjbv Ki‡Z ej‡eb| KvR †kl n‡j c‡Z¨K `j Zvl`i Rb¨ bawiZ PviwU AskMnYgj-K cvV`vb †KŠkj msMV‡bi Dcvq ms‡¶‡c eYbv Ki‡eb| cwk¶K g‡nv`q †kYxi D‡Ï‡k¨ Rvb‡Z PvB‡eb AvR‡Ki †mk‡b wK wK AskMnYgj-K †KŠkj c‡qvM Kiv n‡q‡Q| bvg¸‡jv wZwb †ev‡W wjL‡eb| hw` AvR‡Ki Kv‡k e¨eüZ †Kvb †KŠkj cwk¶Yv_xiv bv e‡j _v‡K cwk¶K Zv D‡j-L Ki‡eb| GLb †_‡K cwZw`b Zvi v †hme Awa‡ek‡b AskMnY Ki‡eb †m me Awa‡ek‡b †h ai‡bi AskMnYgj-K †KŠkj c‡qvM Kiv n‡e Zvi w`‡K j¶¨ Ki‡Z ej‡eb| gj- wkLbxq welq c‡o evKx †KŠkj¸‡jv cwk¶Yv_x‡`i wkL‡Z ej‡eb|

ce-M: Kwl. wk¶vq AskMnYgj¨K wk¶Y-wkL‡bi Dc‡hvwMZv wbi|cY Kiv

cwk¶Yv_x‡`i ceMwVZ `‡j KvR Ki‡Z ej‡eb| `jMZfv‡e †eBb ÷wgs K‡i we.GW. 1g mvgwqK cix¶vi c‡e Kwl. wk¶vgj¨K †hme Awa‡ek‡b KvR K‡i‡Q †mLv‡b AskMnYgj¨K †KŠkj¸‡jv Avcbv‡`i Kx Kx DcKv‡i G‡m‡Q? L-c‡ei wbawiZ 4wU †KŠkj Gi Dc‡hvwMZv wb‡q c‡Z¨K `j wPš—b msMVb Ki‡eb Ges †cv÷vi KvM‡R wjL‡eb| cwk¶K g‡nv`q N¥yi N¥yi Av‡jvPbv msMV‡b mnvqZv †`‡eb| KvR †k‡l c‡Z¨K `‡ji GKRb K‡i †cv÷vi †ccvi Dc¯vcb Ki‡eb| cwk¶K g‡nv`q gj¨ c‡q›U¸‡jv †ev‡W wjL‡eb| c‡qvRbxq ms‡kvab ms‡hvR‡bi gva¨‡g AskMnYgj¨K †KŠkjmg‡ni Dc‡hvwMZv e¨vL¨v Ki‡eb| cksmvgj¨K ev‡K¨i mvnv‡h¨ cwk¶Yv_x‡`i Drmwnz K‡i G c‡ei mgwß †Nvlv Ki‡eb|

BDwbU-9 **Awa‡ekb-30**

gj¨ wkLbxq welq

Kwl.wkÿv AR‡b AskMnYgj¨K wk¶Y-wkLb c×wZ m¤ú‡K avivYv I cvi`kZv ARb

AskMnYgj¨K wk¶Y-wkLb †KŠkj mgn¨

`jMZ KvR (Group Work)

wk¶v_x‡`i wb‡q wk¶Y-wkL‡bi Avayb‡K bxwZgvjv Abyv¤iY K‡i `j MVb Kiv nq| wb`ó welqe¯i Dci c‡Z¨K `j‡K GKB iKg A_ev wfb wfb KvR †`Iqv nq| `jMZfv‡e wk¶v_x‡`i AskMn‡Yi gva¨‡g D³ Kvhµg m¤úb nq| `jxqKvR A‡bK wk¶v_x‡`i g‡a¨ cvV`vbKv‡j mwµq AskMnY‡K Drmvwn‡Z K‡i Ges wk¶v_x‡`i †h †Kvb wel‡q Av‡jvPbv Kivi `¶Zv e„× K‡i| GKwaK wk¶v_x GK‡Î AskMnY K‡i e‡j KvR mnR nq Ges mwókxjZvi D™veb N‡U| `‡j cvi¯úwiK Av‡jvPbv, wg_¨tqv I gZ wewbg‡qi gva¨‡g wm×vš– MnY Ges cvi¯úwiK mn‡hvwMZv c`vb K‡i wk¶v ARb Ki‡Z cv‡i| Kwl.wkÿv cvV`v‡bi †¶‡Î GwU L¨vB KvhKix †KŠkj|

†Rvovq KvR (Pair Work)

`ßvRb wk¶v_xi g‡a¨ wg_¨tqv, cvi¯úwiK Av‡jvPbv ev gZwewbg‡qi gva¨‡g wkLb KvR m¤úb Kiv‡K †Rvovq KvR Kiv e‡j| Gi gva¨‡g Kwl.wk¶vi e¨envwiK KvR Kiv, Z_¨ msMn Kiv, bgybv msMn I msi¶Y Kiv BZ¨vw` mnR nq| G c×wZ‡Z Ávb I `¶Zvi wewbgq I mn‡hvwMZvg¨j¨K g‡bvfve mwó nq|

mZx_ wk¶Y (Peer Teaching)

cvV`vb `¶Zv e„×‡Z GwU L¨vB KvhKwi c×wZ| KviY wk¶v_x me‡P‡q †ewk †k‡L Zvi eÜz`i wbKU n‡Z| GKB wel‡qi ev ˆewk‡ó¨i wk¶v_x‡`i †hŠ_ I cvi¯úwiK KvhKjv‡ci wfwË‡Z wk¶v`vb ev AR‡bi cwµqv‡K ejv nq mZx_ wk¶Y|

gv_v LvUv‡bv (Brain Storming)

GB †KŠkj wk¶v_x‡`i mybw`ó wel‡q avivYv MVb Kivi Rb¨ wPš—v Ki‡Z m‡¤hvM †`q| Gi gva¨‡g wk¶v_xiv ¯xq Ávb I AwfÁZv‡K Kv‡R jwM‡q bZzb wKQzD™veb Ki‡Z cv‡i| wk¶v_x‡`i Kwl.welqK D‡Ëvg¨v‡bi wPš—b, Dcjwä, we‡k-lY, ms‡k-lY, wePviKiY I m¦Rbxg¨j¨K cwZfvi weKvk mva‡b GwU AZ¨š– KvhKwi †KŠkj| wk¶Y-wkL‡b G †KŠkj GKKfv‡e ev †hŠ_fv‡e Kv‡R jvMv‡bv †h‡Z cv‡i|

wPš–v Kiv, †Rvov eva Ges gZ wewbgq Kiv (Thinking, Pairing and Sharing)

Kwl.wk¶vi †h †Kvb welqe¯ wkL‡bi †¶‡Î wk¶v_x‡`i g‡a¨ wPš–vi D‡b¥l NUv‡bv, cvUbvi wbevPb K‡i †Rvov eva‡bv Ges cvi¯úwiK wewbg‡qi †¶‡Î Drmvn c`v‡bi GwU GKwU PgrKvi †Kškj|

fwgKvq AeZxY nIqv (Role Play)

G †Kšk‡j welqe¯ fwgKwfb‡qi gva¨‡g wk¶v_x‡`i Dc¯vcb Ki‡Z ejv nq| wk¶v_xiv welqe¯i c‡qvRb Abyôvqx Awfbq K‡i| welqe¯ Avb‡›`i mv‡_ †evaMg¨Ki‡Y G †Kškj wk¶v_x‡`i we‡klfv‡e mnvqZv K‡i| Kwl.wk¶v wel‡qi dmj Drcv`b I gwUi DeiZv ew,×‡Z ^Re mvi I ivmvqwbK mv‡ii fwgKv wk¶v_xiv fwgKwfb‡qi gva¨‡g Rxeš– K‡i c`kb Ki‡Z cv‡i|

†gŠwLK ckKiY (Oral Questioning)

wk¶Y-wkLb Kvhµg cwiPvjbvi GKwU ¸i“Zc¥ †Kškj n‡”Q ckKiY| GKK ev `jMZ Kv‡R G c×wZ LyeB Kvhki| G †Kšk‡ji gva¨‡g wk¶v_x‡K cv‡V mwµq ivLv, DØ×x Kiv, wb‡`kbv †`Iqv, wPš–vq AeZxY Kiv I ARb †hvM¨Zv hvPvB Kiv nq| wk¶‡Ki c¶ t_‡K †gŠwLK ck Aek¨B n‡e D‡Ïk¨gvjK Avi wk¶v_x‡`i c¶ t_‡K ck n‡e avivYv ¯úó Kivi Rb¨|

ch‡e¶Y (Observation)

†Kvb NUbvq ev welq wK n‡”Q ev NU‡Q Zv wk¶v_xiv wb‡RivB j¶¨ Ki‡e| m¶fv‡e †`Le Ges †m m¤ú‡K gš–e¨ Ki‡e ev wm×vš– MnY Ki‡e| †Kvb †Kvb welq Kx Kx ch‡e¶Y Ki‡Z n‡e, Kxfv‡e Ki‡Z n‡e †m welq wk¶K mvnvh¨ Ki‡eb|

WvK ev· (Post Box)

Aí mg‡q AwaK cvV`vb, Avb›``vqK wkLb Ges `jxq Kv‡Ri djvdj cKv‡ki GKwU PgrKvi †Kškj| G cwµqvq wk¶v_x‡`i mnyeavgZ K‡qKwU `‡j fvM Kiv nq| c‡Z¨K `‡ji Rb¨ WvK ev·, ckcÎ Ges mv`v KvMR mieivn Kiv nq| wewfb `‡ji mKj wk¶v_xiv Avjv`vfv‡e c‡ki DËi Uz‡iv KvM‡R wj‡L fvR K‡i wbw`ó WvK ev‡· †dj‡e| mKj c‡ki DËi wj‡L WvK ev‡· †djv n‡j Zuv gyj `‡j wd‡i hv‡e Ges ev· Lyjj c‡ki DËi ¸‡jv †e‡Q c„K Kivi ci GKwaK DËi we‡k-lY K‡i mvims‡¶c ^Zwi K‡i †cv÷vi ‡ccv‡i †jLv Dc¯vcb Ki‡e| wk¶K c‡qvRbxq ms‡kvab K‡i †`‡eb|

we‡klÁ KZb (Expert Jigsaw)

cvV¨ welq‡K 3wU c‡e fvM Kiv nq Ges †m Abyôvqx †kYxK‡¶i wk¶v_x‡`i mgvb msL¨K `‡j fvM Kiv nq Ges c‡Z¨K `j‡K cv‡Vi GKwU K‡i ce †`qv nq| GKB `‡ji cwk¶Yv_xiv Zv wb‡Riv c‡o Ges Av‡jvPbv K‡i| Av‡jvPbv †k‡l bZzb `j MVb Kiv nq †hLv‡b g‡j `‡ji GKRb K‡i cwZwbwa _vK‡e| bZzb `‡ji AskMnYKvixiv wb‡R‡`i g‡a¨ Av‡jvPbv K‡i g‡j `‡j wd‡i Avm‡e Ges wdWe¨vK c`vb Ki‡e|

avivq gvbwPÎ (Concept Mapping)

†Kvb wbw`ó welqe¯ A_ev wfb welqe¯ msµvš– `ÿwU Z‡_¨i g‡a¨ cvi¯úwiK ms‡hvM ¯vc‡bi †¶‡Î GB †KŠkj c‡qvRb|

AbyÜvbgj‡K KvR ev cKí KvR (Investigations / Project Works)

wk¶v_x KZK.†Kvb welqe¯ ev NUbvi KviY L¨vR †ei Kiv ev M‡elYvi gva¨‡g †ei Kiv| G‡¶‡Î wk¶v_xiv wk¶‡Ki mn‡hvwMZvq cKí MnY K‡i Ges wk¶‡Ki wb‡`kbv Abyôvqx AbyÜvb Kvh m¤úb K‡i| W. w÷‡fbmb Gi g‡Z "Project is a whole hearted purposeful activity executed in a social environment"

cK‡íi wewfb avc t

D‡Ïk¨ wbaviY→cwiKíbv → m¤úv`bv → wePviKiY → wjwce×KiY|

AwcZ KvR (Assignment)

wk¶K wk¶v_x‡`i c‡qvRbxq wb‡`kbvmn welqe¯ mswk-ó KvR w`‡eb| wk¶v_xiv mswk-ó welq‡q †idv‡iÝ cÖK, Rvbvj ev Ab¨ †Kvb m‡½ †_‡K Z_¨ msMn K‡i wk¶‡Ki wb‡`kbv †gvZv‡eK KvRwU m¤úb K‡i Rgv †`‡eb|

gv‡Vi KvR (Field Work)

Kwl.wk¶vi Rb¨ gv‡Vi KvR Acwinvh| gv‡Vi Kv‡Ri Rb¨ wk¶v_x‡K cwiKíbv †gvZv‡eK c‡qvRbxq DcKiYmn c¯wZ wb‡q †ei n‡Z nq| GRb¨ Aek¨B cwZwU wk¶v_x‡K Wv‡qix msi¶Y Ki‡Z n‡e|

cwZdwjZ Wv‡qix (Reflective Diary)

cwZdjb Abykxj‡bi Rb¨ cwZdjb Wv‡qix LyeB KvhKi| wk¶v_x wk¶K A_ev KgiZ wk¶K‡`i avivewnK †ckvMZ Dbq‡bi Rb¨ G c×wZwU LyeB Rbwcq| G cwµqvq cwk¶Yv_x wk¶K A_ev KgiZ wk¶KMY Zv‡`i cvZ¨nK cvVmsµvš– mKj Dbqbgj‡K w`K mbv³ Ki‡Z cv‡ib Ges m¤ve¨ mgvavb Wv‡qix‡Z wj‡L cieZx cvV`vb Dbq‡bi Rb¨ Wv‡qix †_‡K Z_¨ wb‡Z cv‡ib|

gj¨vqb:

1. AskMnYgj‡K wk¶Y-wkLb ej‡Z wK †evSvq- e¨vL¨v Ki“b|
2. AskMnYgj‡K wk¶Y-wkLb †Kŝkj msMV‡bi Dcvqmgn- eYbv Ki“b|
3. Kwl.wk¶v wk¶v`v‡bi †¶‡Î AskMnYgj‡K wk¶Y-wkLb c×wZi Dc‡hvMZv wbi¦cY Ki“b|

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